

## Notice of Race

### 2023 FWBC Cowtown Freeze Regatta

Hosted by:

Nolan Catholic High School Sailing Team  
and the Fort Worth Boat Club  
10000 Boat Club Road, Fort Worth Texas  
February 25 – 26, 2023

#### 1. Rules

- 1.1. The regatta will be governed by the current Racing Rules of Sailing 2021-2024 (RRS), the Prescriptions of US Sailing, the ISSA Procedural Rules, The SEISA District & West League Rules, this Notice of Race and the Sailing Instructions.
- 1.2. The Organizing Authority (OA) is the Fort Worth Boat Club and Nolan Catholic High School Sailing Team, in conjunction with SEISA.

#### 2. Event

- 2.1. The fleet racing regatta will be a 2-division high school format.
- 2.2. The team racing regatta will be in a round robin format.
- 2.3. Two schools may be combined to form a team eligible to compete in the fleet racing event.
- 2.4. Schools may enter more than one team; competitors may not switch between teams.
- 2.5. Format of the regatta will depend on number of teams registered. The format will either be one or two fleets with Fleet Racing on Saturday and Team Racing on Sunday.
- ~~3.0. This regatta will be a single division high school format.~~
- ~~4.0. Schools may enter more than one team; competitors may not switch between teams.~~
- ~~5.0. Format of the regatta will depend on number of team registered. The format will either be one or two fleets with Fleet Racing on Saturday and Team Racing on Sunday.~~

#### ~~7.3.~~ Eligibility

- ~~7.1.3.1.~~ This is a SEISA Level 1 open regatta event, which is limited to students in grades 8-12 associated with a high school team.
- ~~7.2.3.2.~~ Responsible Adult – Please see ISSA PR 1.3. Each high school team must have a designated adult chaperone to accompany competing sailors, who may be an adviser, coach or parent. The chaperone should be onsite at all times during racing/sailing and should be versed in the school's policies and requirements regarding concussions and medical emergencies as well as RRS 4 (Decisions to Race).

#### 8.4. Entry

8.1.4.1. Eligible schools must enter by fully completing registration forms for each sailor by 1700 on Monday, February 20, 2023.

8.2.4.2. Liability Release Forms executed by their parents or legal guardians will be required for all sailors.

8.3.4.3. Both registration forms and liability release forms can be emailed to [myounger81612@me.com](mailto:myounger81612@me.com)

8.4.4.4. Entry fee is \$35.00 per sailor, cash or check, payable to Fort Worth Boat Club. Fee is due Saturday morning prior to racing. Lunch will be provided to competitors (Sandwich, chips, cookie, Fruit). Additional lunch can be purchased at \$12 via the registration link.

8.5.4.5. Damage Deposit is \$500/team, by check, payable to Fort Worth Boat Club, due Saturday morning prior to racing. The deposit check will be destroyed or returned to you assuming no damage to the boats occurs during the event. If damage occurs to a boat(s) and cannot be attributed to a team, an equal portion will be taken from all deposits with the remainder refunded.

#### 9.5. Schedule

##### Friday, February 24

0400 Team Racing Seminar – FWBC Doggie Room

##### Saturday, February 25 – Fleet Racing

0830 Check in / rigging – FWBC Doggie Room

0915 Mandatory Competitors Meeting – FWBC Doggie Room

1000 First warning signal

1700 No warning signal will be given after this time

##### Sunday, February 26 – Team Racing

0800 Report time

0900 First warning signal

1300 No race will be started after this time

#### 10.6. Boats / Rotations

10.1-6.1. Boats are FJs provided by FWBC, 12 births.

10.2-6.2. Rotations will be posted on TechScore.

10.3-6.3. Standard rigging may not be adjusted by sailors. Mainsheets may be used 4:1 or 3:1.

~~6.4.~~ Intentionally changing boat settings or otherwise “sabotaging” boats to impede competitors during rotations is prohibited and may result in disqualification.

~~10.4.~~

#### ~~11.7.~~ Race Area

~~11.1.7.1.~~ The race area will be on Eagle Mountain Lake. Boats shall not sail between the marker buoys surrounding the Azle water pump station because of the Regulations of the Tarrant Regional Water District. This area is considered an Obstruction.

~~14.1.8.1.~~ US Coast Guard approved type III or V life jackets must be worn while on docks and boats at all times except for a brief period of time in order to add or remove clothing.

~~14.2.8.2.~~ Except for team pinnies, life jackets shall be worn outside of all clothing. Pinnies are encouraged, but not required at this event.

~~16.1.9.1.~~ The Race Committee will determine courses in accordance with ISSA Procedural Rules.

~~18.1.10.1.~~ The regatta will be scored using ISSA Procedural Rules. There will be no throw outs. Protest procedures will be per ISSA Procedural Rules with amplifying details outlined in the Sailing Instructions.

#### ~~19.11.~~ Coaching

~~19.1.11.1.~~ Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or a location on the water to be designated at the Competitors’ Meeting. Spectators are permitted to go on the water, but must remain outside the course and start area. All personnel are encouraged and expected to render assistance to any boat in need, regardless of Team affiliation. [Modifies ISSA PR 8(a)].

~~21.1.12.1.~~ No competitor shall use, either on or off the water, marijuana or any other controlled substance (as defined in the 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841, or alcoholic beverages (distilled spirits, wine and beer, each as defined in chapter 51 of the U.S. Internal Revenue Code and intended for

beverage use). An alleged breach of this procedural rule shall not be grounds for a protest. However, when a report is received from any source alleging such a breach, a protest committee consisting of the regatta chairperson, a member of the ISSA Board of Directors and the chairperson of the protest committee shall follow the process described in RRS 69.1. If a hearing under RRS 69.1 is held, a competitor found to have breached this procedural rule shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. Additional penalties consistent with RRS 69.1(b) may be imposed on the competitor or the competitor's team.

21.2.12.2. Temporary FWBC Memberships may be obtained by contacting FWBC at (817) 236-8393 or by filing out the registration link.

#### 22.13. Right to Use Name and Likeness

22.1.13.1. By participating in this event, competitors automatically grant the Organizing Authority and the event sponsors the right in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure without compensation.

#### 23.14. Regatta Contacts

23.1.14.1. Regatta Chairman is Michael Younger, [myounger81612@me.com](mailto:myounger81612@me.com), 340-201-7314.

23.2.14.2. SEISA Contact: Dan Zwerg 228-327-4557.