

Northshore Cup

High School Regatta
Hosted By: Pontchartrain Yacht Club

March 4, 2023
(One Day Event)

NOTICE OF RACE

1. RULES

The regatta will be governed by the Official Procedural Rules for Interscholastic Sailing Competition 2021-2024, the Racing Rules of Sailing 2021-2024, and the class rules of the class as appropriate.

1.1 ALTERED RULES	SI 3.2	RRS 90.2 C
	SI 10.1	RRS 26, ISSA Procedural Rule 7.9 (b)
	SI 10.3	RRS 29.1
	SI 10.4	RRS 29.2
	SI 10.5	RRS A4, A5
	SI 13, NOR 8	RRS 44.1
	SI 16, NOR 9	RRS A2, A8, ISSA Procedural Rule 11 C i

2. ELIGIBILITY AND ENTRY

The regatta is a SEISA Level 3 open event. It will be 420 (non-spinnaker and no trapeze). Competitors must represent a school that is a current member of ISSA and SEISA or be currently enrolled in any public or private junior high or high school, in the seventh (7th) through twelfth (12th) grades. Sailors must supply their own boats and may enter multiple boats to be sailed for the entire regatta. There will be no boat rotation.

PLEASE EMAIL: Matthew Dupuy Sailing Director @ sailingdirector@pontyc.org to advise of attendance and number of sailors and boats expected. The Northshore Cup Entry Form must be completed online. This must be completed online (no in house registration). In addition, all participants must complete Parents Consent Form and Photo Release on file with the organizer prior to participating.

3. FEES

Entry fees are \$25.00 per sailor. All registrants have to register online, before March 4, 2023. The fee includes a continental breakfast as well as bagged lunches for all competitors. Hot food will also be for sale after racing at the Yacht Club.

4. SCHEDULE

4.1	Saturday, March 4, 2023	Check-In	Opens	0830
		Skippers Meeting		1000
		Leave Dock		1100
		First Warning Signal		1145
		No start After		1630
		Awards after racing		

Bagged lunches will be provided and will be handed out after the skippers meeting.

- 4.2 Number of races: The Race Committee will attempt as many races as possible.
5. **SAILING INSTRUCTIONS**
Sailing Instructions will be available at the check-in table after 0900 on March 4, 2023.
6. **VENUE**
The sailing area will be in Lake Pontchartrain east of the Lake Pontchartrain Causeway and south of the Pontchartrain Yacht Club, in the vicinity of mark M-1.
7. **COURSES**
Courses will be windward/leeward, with a gate, as outlined in ISSA 7.8(A). LA2 course as shown in attached chart be in the Sailing Instructions will used.
8. **PENALTY SYSTEM**
For all classes, Appendix V1 applies. This changes RRS 44.1.
9. **SCORING**
The low point scoring system of RRS Appendix A will be used. All scores will count. This changes RRS A2. Ties will be broken using ISSA Procedural Rule 11(c)(i). This changes RRS A8. Three races per division constitute a series. There will be two divisions for each class: Boats sailed by ISSA High School teams/sailors will be one division and will be scored separately per ISSA Procedural Rules. All boats sailed in each class (both ISSA High School teams and non-ISSA teams) will be scored as an overall division. Divisions need not have the same number of races completed.
There is no limitation on the number of boats from a given school. A “team” for our purposes is a boat.
Three races are required to be completed to constitute a series. Classes will be scored separately.
10. **TROPHIES**
Trophies will be awarded to boats placing 1st, 2nd, and 3rd in each class. The Overall Class Skippers’ names and schools will be added to the Northshore Cup Trophy. Trophies will be handed out underneath the club after sailing.
11. **COACHING**
On water is coaching is encouraged for all teams. All coaches must check in personally with the registration desk. We ask all coaches to assist all teams from all schools.
12. **OFFICIAL NOTICE FOR ALL PARTICIPANTS:**
ISSA Rule 5.1, “Conduct,” is modified as follows.

No competitor shall use, either on or off the water, marijuana or any other controlled substance, as defined in 21 U.S. Code 802, the possession of which is unlawful under U.S. Code 841, or alcoholic beverages (distilled spirits, wine, and beer, each as defined in Chapter 51 of the U.S. Internal Revenue Code and intended for beverage use). An alleged breach of this procedural rule shall not be grounds for a protest. However, when a report is received from any source alleging such a breach a protest committee consisting of the regatta chairperson, three adults, and the chairperson of the protest committee, shall follow the process described in RRS 69.1. If a hearing under RRS 69.1 is held, a competitor found to have breached this procedural rule shall be excluded from the remaining races of the series and, where practical, be removed from the regatta venues and sent home. Additional penalties consistent with RRS 69.1(b) may be imposed

on the competitor or the competitor's team. This regulation is in effect during the entire event from the date and time of arrival through the date and time of departure from the regatta site.

13. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Disclaimer "By taking part in any of the events covered by this notice of race, each competitor agrees and acknowledges that they are responsible for complying with any rules and/or regulations in force from time to time with respect to COVID-19 and for complying with the [venue/OA/sailing club] COVID-19 procedures. Competitors and other participants (eg support persons) shall comply with any reasonable request from an event official. Failure to comply may be ruled as misconduct. Reasonable actions by event officials to implement COVID-19 guidance, protocols or legislation, even if they later prove to have been unnecessary, are not improper actions or omissions."

14. ACCOMMODATIONS

Area Hotels

Comfort Inn & Suites	Covington, LA 985-809-1234
Courtyard Marriot	Covington, LA 985-871-0244
Hampton Inn	Covington, LA 985-809-0019
Holiday Inn & Suites	Covington, LA 985-893-3580
Homewood Suites	Covington, LA 985-809-6144
La Quinta Inn & Suites	Covington, LA 985-871-0356

Bed & Breakfast

Mar Villa Guest House	2013 Claiborne Street, Mandeville, LA 70448 985-626-5975, www.marvilla.com
Pontchartrain Winds	434 Girod Street, Mandeville, LA 70448 225-939-8098, www.pontchartrainwinds.com
de LaBleau B & B	124 Lafitte St, Mandeville, LA 70448 (985) 629-4646, www.delableau.com
Blue Heron B & B	510 Girod Street, Mandeville, LA 70448 985-373-8902, www.blueheronmandev

15. FURTHER INFORMATION

For further information, please contact
Co- Chairmen:

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