

SEISA District 2021 Single Handed Championship
(Qualifier for the Cressy High School Singlehanded Championship)
ILCA 6 and ILCA 7
October 23-24, 2021
Organizing Authority: SEISA Hosted by:
Houston Yacht Club (HYC)

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the prescriptions of US Sailing, the ISSA Procedural Rules, the ISSA **Cressy** Championship Conditions, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.
- 1.2. The Organizing Authority (OA) is the South East Interscholastic Sailing Association (SEISA) in conjunction with Houston Yacht Club.
- 1.3. RRS Appendix P may be enforced and will be modified by ISSA Procedural Rule 14(c).

2. NOTICE TO COMPETITORS: Official notices including changes to sailing instructions will be posted on the official notice board located adjacent to office. Changes to the sailing instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. SCHEDULE of Events:

3.1	Friday, October 22,	1200	Entry and Waiver Deadline via electronic or regular mail
3.2	Saturday, October 23,	1100 – 1200	Registration and Check-in
		1230	Competitors' Meeting
		1300	Harbor Start
		1730	No Races will be started after this time

Sunday, October 24, 2021

1000	Competitors' Meeting
1100	Harbor Start
1500	No Races will be started after this time
ASAP	Results Presentation

3.2 Changes to the Schedule will be posted on the official notice board no later than 1900 the day before the change is in effect.

4. COURSES AND MARKS:

- 4.1. Courses will be in accordance with ISSA PR 7.8, primarily windward-leeward with gate.
- 4.2. The race committee may designate course selection orally.
- 4.3. All marks will be yellow, orange tetrahedrons, and orange and white balls.
- 4.4. In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

5. START, FINISH, AND SIGNALS:

- 5.1. Races will start in accordance with ISSA PR 7.8(a), RRS Appendix U, Sound Signal Starting System
- 5.2. Individual recalls will be made in accordance with ISSA PR 7.9 (b).
- 5.3. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(c) (Changes RRS 30.1).
- 5.4. The start line will be between a staff displaying an orange Flag on the port side of the Signal boat and an orange mark at the port end of the start line.
- 5.5. The finish line will be between a staff displaying a blue flag on the starboard side of the Signal boat and a yellow mark to the starboard of the Signal boat (see Diagram of Course, Attachment A).

6. BREAKDOWNS:

- 6.1. Breakdown requests shall be filed in the same manner as protests.
- 6.2. Breakdowns shall be scored in accordance with ISSA PR 9 (e) for Cressy. Compensation shall be consistent with ISSA PR Appendix 3.

7. PROTESTS:

- 7.1. Protests procedure will be in accordance with ISSA PR Part VI.
- 7.2. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

8. **SCORING:** RRS Appendix A will apply except as changed by ISSA PR 9 (a), (b) and (c). Scoring will be in accordance with ISSA PR 9, no races scored will be excluded from the total of races scored.

9. COACHING:

- 9.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 9.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or to leeward of the Start Finish lines until a Warning Signal for the next race. Coaches may motor, without creating wake, only up the starboard side of the course to be adjacent to the weather mark during a race. Race committee may further restrict observation areas.

10. SAFETY:

- 10.1. Competitors shall wear USCG approved lifejackets as outlined in Procedural Rule 2.2.
- 10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

11. RACING FORMAT:

ILCA 6 and ILCA7 fleets will start and race as separate fleets with ILCA 6 (Laser Radial) fleet starting first and ILCA7 (Laser Standard) fleet starting second.

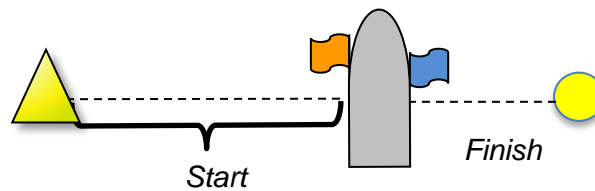
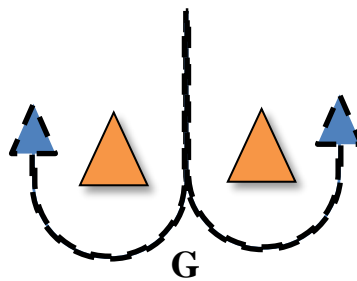
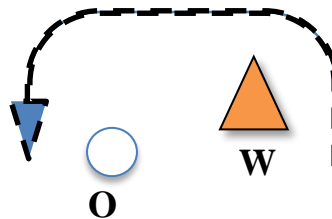
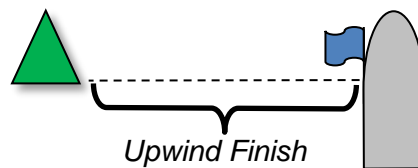
12. TROPHIES:

- 12.1. Prizes will be awarded to top finishers in each division.
- 12.2. Top finishers in the ILCA 6 (Radial) and ILCA 7 (Standard) fleets will be eligible to represent SEISA at the ISSA Singlehanded National Championship for the Cressy Trophy scheduled for December 17-19 in Key Biscayne.

Courses

Marks of the course shall be left to port

Course	Marks
W3	Start – W – O – G – Upwind Finish
W4	Start – W – O – G – W – O – Downwind Finish
W5	Start – W – O – G – W – O – G – Upwind Finish



Coaching Area Restricted to this area
below S/F per ISSA PR8