

**Spring Fling and Green Fleet  
Middle School and High School Regatta  
Jackson Yacht Club  
April 29<sup>th</sup> and 30<sup>th</sup> 2023**

**SAILING INSTRUCTIONS**

**1. RULES:**

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the prescriptions of US Sailing, the ISSA Procedural Rules, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.
- 1.2. The Organizing Authority (OA) is the Interscholastic Sailing Association (ISSA) in conjunction with the Jackson Yacht Club (JYC).

- 2. NOTICE TO COMPETITORS:** Official notices including changes to sailing instructions will be posted on the official notice board (Chalk Board Door) located in the John McGowan Sailing Center. Changes to the sailing instructions shall be posted no later than one half hour prior to the first warning signal on the day it will take effect.

**3. COURSES AND MARKS:**

- 3.1. Courses will be in accordance with ISSA PR 7.7 as further described in these Sailing Instructions.
- 3.2. The race committee may designate course selection orally.
- 3.3. All marks will be orange or yellow tetrahedrons.
- 3.4. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

**4. START, FINISH, AND RECALLS:**

- 4.1. Races will start in accordance with ISSA PR 7.8(a) which prescribes that RRS Appendix S Sound Signal Starting System shall be used. The RC plans to use an iStart Pro (horn signals), but reserve the right to use whistles.
- 4.2. Individual recalls will be made in accordance with RRS Appendix S6.
- 4.3. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).
- 4.4. The start line will be between a Sailing Team flag on the Race Committee Boat and a mark. The Race Committee will display the St. Andrew's Sailing Team.
- 4.5. The finish line will be as described in 5.4 above.

**5. BREAKDOWNS:**

- 5.1. Breakdown requests shall be filed in the same manner as protests.
- 5.2. Breakdowns shall be scored in accordance with ISSA PR 12.2. Compensation shall be consistent with ISSA PR Appendix 3.

**6. PROTESTS:**

- 6.1. Protests procedure will be in accordance with ISSA PR Part VI.
- 6.2. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

**7. SCORING:**

7.1 Scoring will be in accordance with ISSA PR 9.

**8. COACHING:**

8.1. A competitor may receive coaching, assistance, equipment or sustenance only while on shore or on the dock. When boats do not return to the dock after each race, the Race Committee may designate an area where all of the above may take place, provided that at least one coach from each team has equal access to the area, which may be a boat or a float. Support Person(s) may go afloat in the sailing area but contact with the sailors shall be limited as directed at the Skipper's meeting.

**9. SAFETY:**

9.1. Competitors shall wear USCG approved lifejackets as outlined in Procedural Rule 2.2.

9.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

**10. FORMAT:**

The racing format will be fleet racing. The race committee will attempt to complete at least one Round Robin.

**11. TROPHIES:**

11.1. Prizes will be awarded to individuals placing 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in the A and B Division as well as two "Eye of the Tiger" trophies.

**SCHEDULE OF EVENTS**

**Saturday, April 29<sup>th</sup>**

0830-0930 – Continental breakfast (Complementary; downstairs of JYC, Rigging of Boats at John McGowan Sailing Center)

0930 - Competitors Meeting (Mandatory) – (John McGowan Sailing Center)

1000 - First Warning. Races will continue throughout the day, weather permitting.

1200 – Hot dogs and burgers available under the club. Sailors eat free; parents can charge if they would like to partake.

**Sunday, April 30<sup>th</sup>**

0800-0900 – Continental breakfast (Complementary; downstairs of JYC, check in and Rigging of Boats at John McGowan Sailing Center)

0930 - First Warning. Races will continue throughout the day, weather permitting.

1600 – Awards (John McGowan Sailing Center)