NOTICE OF RACE

ORGANIZING AUTHORITY: South Atlantic Interscholastic Sailing Association in conjunction with Bow to Stern Boating Center.

SITE: Bow to Stern Boating Center, 290 Blackwell Point Loop Rd, Oriental, NC 28571

1. RULES:
   1.1. The regatta will be governed by the Racing Rules of Sailing 2017-2020, the prescriptions of US SAILING, the ISSA Procedural Rules, the SAISA Supplemental Rules, this Notice of Race, and the Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.
   1.2. RRS Appendix P is in effect modified per ISSA Procedural Rule 14(c).

2. ELIGIBILITY:
   2.1. Competing schools must be current members of ISSA and SAISA and meet eligibility rules as prescribed in the Procedural Rules, and Supplemental Rules.
   2.2. Registration is on a first paid/first allowed basis. Registration will be confirmed via mail or phone, if email is not available.
   2.3. Composite teams and Junior Varsity teams may be permitted to register at the Host's discretion. Such Teams will be scored for the regatta and the League Series in accordance with the Supplemental Rules.
   2.4. Teams must be accompanied by a designated adult team leader, who may be an advisor, coach or parent recognized by the school. The team leader must have the authority to authorize medical care for all sailors on their team.

3. FORMAT
   3.1. This will be a three-division regatta. Varsity A, B and Composite/JV. Varsity A and B will sail on fleet of 18 FJs and Composite/JV teams will sail on fleet of 10 420s. Teams will rotate per a rotation chart distributed at the Competitor’s Meeting Three races in each division must be completed to constitute a regatta. Regatta chair has the ability to combine Composite/JV with varsity as needed.
   3.2. Bow to Stern Boating Center will provide 18 FJs for varsity A and B teams and 10 420s for Composite/JV teams.
   3.3. If more than 18 varsity or 10 Composite/JV teams register each additional school team will be notified that their entry may be contingent upon their ability to bring their own FJ/420 sailboat to add to the rotation.

4. ENTRY AND COMMUNICATIONS:
   4.1. Eligible schools and sailors must enter by submitting an official entry form and check with the regatta chairperson by Friday, September 22, 2017. Teams may register online at http://bowtosternboating.com/register?c=programs. Sailors may also complete the waiver online at this link as well. Send all forms and checks to: Bow to Stern Boating Center, PO Box 596, Oriental, NC 28571.
   4.2. Inquires to jim@BowtoSternBoating.com, or 252-474-6000.

5. ENTRY FEE:
   5.1. The entry is $50.00 per team. Lunch Saturday and Sunday can be reserved for $12/lunch (Saturday and Sunday). Breakfast can be reserved Saturday and Sunday for $10.00/person (Saturday and Sunday). Dinner can be reserved for $12/person (Low Country Boil, Bonfire, Local Band and social). Vegetarian and Vegan Options will be available for all meals.
   5.2. Reservations for all breakfasts/lunches/Dinner MUST BE MADE by September 27. Alternate locations for lunch are available within walking distance, but will take longer than the normal rotation schedule. There are no fast food restaurants in Oriental. If you reserve food, you will be responsible for paying even if you cancel after the deadline.
5.3. Make checks payable to: Bow to Stern Boating Center and can be paid at time of check-in on Saturday.

6. **DAMAGE DEPOSIT:**
6.1. A damage deposit of $100 must be submitted with each entry. Actual cost of damage repairs will be charged which may exceed the $100 deposit. This deposit is refundable if the boat and gear are returned undamaged. In the event damage cannot be attributed to a particular team, the repair costs will be divided evenly amongst all the competing teams.
6.2. Make a separate check payable to: Bow to Stern Boating Center. To be collected at the time of check-in Saturday.

7. **BOATS:**
7.1. The host will provide Eighteen (18) FJs for varsity A and B and ten (10) 420s for JV teams.
7.2. Teams which register after the total number of provided boats has been allocated will be required to provide a boat and sails of comparable condition to be entered into the rotation.

8. **SCHEDULE:**

**Saturday September 30, 2017** (Note on registration if you plan to attend mixer)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9:30-10:00</td>
<td>Registration at Bow to Stern Boating Center</td>
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<tr>
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<td>Rigging</td>
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<tr>
<td>10:00</td>
<td>Competitor’s Meeting</td>
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<td>Directly after</td>
<td>First Warning Signal</td>
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<td>(approx 10:40)</td>
<td>Lunch will be on shore (Stallings House), between rotations.</td>
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6:30 (est) Regatta dinner will be provided at the Red Rooster, an outdoor venue with band ($12/person).
Mixer for all sailors with bonfire, music, activities.

**Sunday April 23, 2017**

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9:00</td>
<td>First Starting gun</td>
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<td>1:00</td>
<td>No races start after</td>
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<td>Awards - After boats are furled and protests heard.</td>
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<td>Departure</td>
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8.2 Changes to the schedule will be posted on the official notice board located at Bow to Stern Boating Center.

9. **RACING AREA:**
9.1. All races will be sailed in the Neuse River close to the breakwaters and Lou Mac Park for easy viewing.
9.2. Conditions can vary from light air to 18+ kts and flat to 2-3’ seas. Consideration will be taken in determining the location to sail and may be moved under the bridge if needed and space allows.

10. **COURSES:**
10.1. Based on conditions, the Race Committee will determine the courses as prescribed in ISSA PR 7.7. Windward/Leeward courses with 2 to 5 legs depending on conditions.

11. **SCORING:**
11.1. The regatta will be scored in accordance with ISSA Procedural Rules.
12. DIRECTIONS:
   Oriental, NC. Please use GPS. Once on Blackwell Point Rd. Follow the sailing marks to Bow to Stern Boating Center. Parking will be onsite or next door. Please park close together and where directed. Directions to watch races will be provided at captains meeting. Just over 1 mile away.

13. HOUSING:
13.1. There are many options for housing in town. Arrangements have been made at Camp Caroline (5 Miles) away for sailors and families (groups of 8 in bunk/cabin setup starting at $21/person/night). Camping is also available at Camp Caroline and/or Bow to Stern for $5/person. Accommodations are also available on some of our vessels (22’, 24’, 25’, 32’, 38’ and 45’ sailboats). Other options can be found at the following link... [http://www.sailingcapitalofnc.org/lodging.html](http://www.sailingcapitalofnc.org/lodging.html). New Bern is the closest “big city” (40 Minutes). Please contact Jim Edwards, 252-474-6000, for more information and assistance on housing. Camping (onsite) is also an option. (No open fires or pets will be allowed)

14. COACHING SPECTATOR BOATS:
14.1. Coaches and spectators will not be allowed to go afloat in the sailing area during racing unless explicitly permitted by the regatta chairperson.

15. OFFICIAL NOTICE:
15.1. No contestant shall use, either on or off the water, marijuana or any other controlled substance, as defined in 21 U.S. Code 802, the possession of which is unlawful under U.S. Code 841, or alcoholic beverages (distilled spirits, wine, and beer, each as defined in Chapter 51 of the U.S. Internal Revenue Code and intended for beverage use). An alleged breach of this procedural rule shall not be grounds for a protest. However, when a report is received from any source, alleging such a breach a protest committee consisting of the regatta chairperson, a member of the ISSA Board of Directors, and the chairperson of the protest committee, shall follow the process described in RRS 69.1(b). If a hearing under RRS 69 is held, a competitor found to have breached this procedural rule shall be excluded from the remaining races of the series and, where practical, be removed from the regatta venues and sent home. Additional penalties consistent with RRS 69.2 may be imposed on the competitor or the competitor’s team. This regulation is in effect during the entire event from the date and time of arrival through the date and time of departure from the regatta site.

16. RIGHTS TO USE NAME AND LIKENESS:
16.1. By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

17. WAIVER OF LIABILITY:
17.1. Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.
17.2. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor’s participation in this event to the fullest extent permitted by law.

18. SPECIAL CLOTHING:
18.1. While on the Rotation Boats and on the water, competitors shall wear clothing appropriate for the conditions. Competitors are required to wear special clothing when the water temperature drops below 60 degrees F or when the combination of air temperature and water temperature is below 120 degrees. “Special Clothing”
can include either dry suits, or wet suits, or a mid-weight thermal polyester layer covered by a windproof layer. Cotton clothing, including jeans, sweat pants, jackets or suits and t-shirts are prohibited. **This will be strictly enforced due the sailing venue possibly being very rough and most sailors are not familiar with the stability of the FJ.** This time of year is on the cusp of warm weather. I would encourage all coaches to have their sailors prepared just in case.

19. **REGATTA CONTACTS:**

19.1. For additional information, contact, Regatta Chair
Jim Edwards, 252-474-6000, Jim@BowtoSternBoating.com

2017 Entry Form

This form must be received by Sept 22nd. Please return to:
Jim Edwards, PO Box 596, Oriental, NC  28571 or
Complete online @ www.Bowto sternboating.com/register?c=programs

School Data:
School’s Name: _________________________________________________________________
Address: ______________________________________________________________________
Town/City: ________________________________ State: _________ Zip Code: _____________
ISSA District: ___________________________________________________________________

1. **Projected Team Roster** Nine max, including alternates. Roster may be changed at registration. Please fill out one copy of the waiver below for each competitor.

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<thead>
<tr>
<th>Name:</th>
<th>Graduation Year:</th>
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2. **Contact/ Chaperon/ Coach Information:**
Team Contact (Traveling with team), Coach (If you will have one with you):
______________________________________________________________________________

Cell Phone: (____) _______________________ E-Mail: ________________________________

3. **Food:** I would like to purchase ____ lunches @ $12.00 per lunch (Sat and Sun)
I would like to purchase ____ breakfasts @ $10.00 per breakfast. (Sat and Sun)
Meals must be reserved by Sept 22nd. May be paid for at time of registration.

4. **Entry fee and Damage deposit:**
Entry fee ($50 – must be paid to confirm registration) and damage deposit ($100 – may be paid at registration), as prescribed in the Notice of Race are enclosed. (Make both checks payable to: Bow to Stern Boating Center)
IN CONSIDERATION of being permitted to participate in any way in Bow to Stern Yacht Services, Inc., Bow to Stern, Inc. Programs ("Activity") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of sailing and other boating activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) SAILING and OTHER BOATING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE Bow to Stern Inc., Bow to Stern Yacht Services, Inc., Pamlico Coastal Activities Council, ASA, ASA Certified Instructors, any of the preceding respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises or equipment on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT. THIS WAIVER AND RELEASE WILL BE INTERPRETED AND ENFORCED PURSUANT TO NC LAW.

PRINTED NAME OF PARTICIPANT:____________________________________________________________________________________________
ADDRESS:____________________________________________________________________________PHONE:__________________________
(Street)                                                                (City)                                 (State)      (Zip)
PARTICIPANT’S SIGNATURE:________________________________________________________DATE:____________________________

MINOR RELEASE

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF SAILING AND OTHER BOATING ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEE'S FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

PRINTED NAME OF PARTICIPANT:____________________________________________________________________________________________
ADDRESS: _____________________________________________PHONE:__________________________
(Street)                                                                (City)                                 (State)      (Zip)
PARENT/GUARDIAN SIGNATURE:____________________________________________________DATE:___________________________
(only if participant is under the age of 18)