



Notice of Series

2022/2023 NorCal One-Day Series

- Richmond Yacht Club; Saturday, September 24, 2022
- Richmond Yacht Club; Sunday, September 25, 2022
- Encinal Yacht Club, Saturday, November 5, 2022
- Encinal Yacht Club, Sunday, November 6, 2022
- Other Dates may be announced

1 ORGANIZING AUTHORITY

The Organizing Authority (OA) is the Pacific Coast Interscholastic Sailing Association (PCISA), together with the host of each regatta listed above.

2 Rules

The regattas will be governed by the rules as defined in The Racing Rules of Sailing, as modified by the current ISSA and PCISA Procedural Rules, this Notice of Series, The Notice of Race for each Event, and the Sailing Instructions for each regatta.

3 ELIGIBILITY AND FORMAT

- 3.1 Each team must consist of at least two sailors who attend the same school, with the following exception: One "borrowed sailor" is allowed as a crew in order to complete a Silver Fleet team. Any borrowed sailor must be a registered member of a PCISA Team in accordance with PCISA District Rule 2.
- 3.2 8th grade students attending a feeder school to the high school entered may sail.
- 3.3 There is no limit on substitutions within a team/boat, although after competing, an individual shall not sail for another team/boat in either division during that event.
- 3.4 Each team must provide their own class legal CFJ, including sails and all rigging. Boats will not be rotated. Bow numbers may be provided by PCISA and shall be affixed in accordance with the Sailing Instructions.
- 3.5 Coaching on the water is permitted between races.
- 3.6 As with all High School Regattas, competitors must have an adult coach or advisor at the regatta site at all times. Coaches will be asked to help run the regattas by combining with other coaches on coach boats to provide fleet, course and safety boat support. The host for each event will provide a minimum of coaching/support boats, but participating teams from the local hosting area should endeavor to provide additional boats, and all coaches should expect to help with general event support. A team that brings a large number of competitors should either bring or make arrangements with a local sailing facility to provide a coach boat. Please contact NorCal Coordinator T.J. Connelly or the contact listed on the event Notice of Race if you have questions about coaching, coach boats and/or coordinating your involvement. (i.e. to notify that you need or will bring a coach boat.)

4 ENTRY AND REGISTRATION

- 4.1 At least 24 hours before registering for their first individual NorCal One Day or PCISA regatta of the 2022-23 school year, each team must:
 - 4.1.1 Complete registration for the 2022-23 season through the ISSA/PCISA Online Registration System (HERE). Approx. 24 hours after school registration is completed (including roster names and payment), the team's status will be moved to "Active."
 - 4.1.2 Establish a TechScore account, which is used to score regattas and track sailors (https://ts.hssailing.org/). Please note that individual Team Techscore accounts will not become active until 24 hours after the Team has completed the annual ISSA/PCISA registration, per above and then as much as another 24 hours or more after requesting a new Techscore account.
- 4.2 Each Team (Boat) must register and pay for each NorCal One Day Regatta using the PCISA Online Registration System found in the PCISA Upcoming Events list at http://www.pcisa.org

- 4.3 Registration closes at 1700 Pacific on the Thursday prior to each Regatta. Late registrations may be accepted at the discretion of PCISA. There is no limitation on the number of teams/boats that can be entered by each school.
- 4.4 Each boat must enter in either Gold or Silver fleet, including sailor names. Fleet selection is the responsibility of the Coaches and the competitors. It is recommended that competitors who have reasonable prior experience in High School and Club racing select the Gold Fleet. Those competitors who are newer to the sport of sailboat racing, High School Sailing or less familiar with the Racing Rules of Sailing, should select the Silver Fleet. PCISA may make recommendations to the Coaches on individual fleet selection. A PCISA NorCal Representative, the PCISA Executive Director and/or the President of PCISA are available to discuss individual selections. Boats may be asked (by PCISA) to switch fleets during the NorCal One Day Series based on observed performance and results.
- 4.5 The regatta hosts will pre-load registered teams and sailor names in Techscore using the entry data provided. HOWEVER, each team is responsible for ensuring the completeness and accuracy of their participating sailor names by reviewing, and updating as necessary, the skipper/crew names listed in TechScore by 10:00 AM on the day of each event.

5 FEES

The fees for each one-day Regatta are \$50 dollars per boat per individual regatta. Each day is an individual regatta.

6 Schedule

- 6.1 Planned Schedule (subject to modification by event Notices of Race)
 - 0930 Check-in and Rig
 - 1030 Check-in closes
 - 1030 Competitor's meeting and Coaches Meeting
 - 1130 First Warning
 - 1630 No first warning after this time
 - 1700 Awards (or soon as possible after racing)
- 6.2 Venues are noted above.

7 AWARDS

- 7.1 Awards will be provided for the top finisher in both fleets in each Regatta.
- 7.2 A series award will be awarded to the top series competitors in the Gold Fleet.

8 DISCLAIMER OF LIABILITY

Competitors participate in the regattas entirely at their own risk. See RRS 4, Decision to Race. The team coach/parent/adult is the final authority for each team. The OA will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

9 For more Information

Individual competitors should contact their Coach(s) and/or Team Parent before contacting the Organizing Authority. In the event they do not have the answers to your questions, please have them (Coaches or Team Parent) contact the NorCal One Day Series Representative:

T.J. Connelly

Cell: 917.696.0708; email: terrencejconnelly@gmail.com