

# Pacific Coast Interscholastic Sailing Association ([www.pcisa.org](http://www.pcisa.org))

## 2019 NorCal High School Championships

### Notice of Race

March 30-31

Redwood City, California

Peninsula Youth Sailing Foundation

#### 1. ORGANIZING AUTHORITY

The Organizing Authority (OA) is the Pacific Coast Interscholastic Sailing Association (PCISA).

#### 2. RULES

This regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, and as modified by the ISSA Procedural rules, the PCISA District Rules, this Notice of Race and the Sailing Instructions.

#### 3. ELIGIBILITY AND FORMAT

3.1 The NorCal High School Championships are open to all Northern California District schools registered with the ISSA. All sailors shall be registered with their school through the ISSA. All teams shall have a TechScore account to track sailors at the regatta on RP forms.

3.2 This regatta will use a divisional format. Club FJs shall be used. Each team shall bring one boat with NorCal assigned sail numbers and equipment. Boats will not be rotated. Sails will not be provided.

3.3 All competitors shall be full-time students, in 8th grade or higher, of the school they represent, and subject to the academic and discipline requirements of that school. An 8th grade student attending a feeder school to the high school may sail.

3.4 When an eligible school can field only three sailors, they will be allowed one "borrowed sailor" in order to complete a four-person team (A & B Division). This sailor must be an eligible sailor registered to another PCISA Team and may sail as a crew only. "Borrowed sailors" must be noted on the RP Forms (TechScore) including the name of the school with whom he/she is registered with on the ISSA Online Database.

3.5 Combined Teams: When an eligible school can field only a single dinghy crew (comprised of two individuals from the same school) for the NorCal Championship Regatta, that team may compete in either A or B division, under the following conditions: (a) They must register as a combined team on the online entry form. PCISA reserves the right to approve/deny combined teams in accordance with District developmental principles. (b) Combined teams are eligible to compete in Silver Fleet only. However PCISA reserves the right to make specific exceptions based on competitive and fleet size considerations. (c) Combined teams will be scored individually based on the division they are competing in, and shall be scored a DNF for the other division.

3.6 Additional Teams: A school may register more than one team. During a regatta, sailors who have competed in any division for one team may not transfer to any division for any other team, including a different team from the same school.

3.7 As with all high school regattas, competitors must have an adult, coach or advisor at the regatta site at all times.

**4. REGATTA ENTRY**

- 4.1 Registration opens on March 8, 2018 at 5:00pm.
- 4.2 Registration closes on March 23, 2018 at 5:00pm
- 4.3 Teams are not required to enter sailor names at the time of registration
- 4.4 Each team must enter in either Gold or Silver fleet but may be moved by a PCISA Representative.

**5. FEES**

The entry fee for this event is \$100 per team.

**6. SCHEDULE**

SATURDAY March 30	SUNDAY March 31
9:30-10:30 Report Time/Check In	10:00 Report Time
11:00 Competitors Meeting	11:00 Competitors Meeting
12:00 First Warning	12:00 First Warning
	3:30 No Warning after this time

**7. SAILING INSTRUCTIONS**

Sailing Instructions will be available online via [scores.hssailing.org](http://scores.hssailing.org).

**8. SCORING**

- 8.1 This regatta will be scored in accordance with ISSA PR 9 combining A & B divisions. All races will count towards a team's final score.
- 8.2 Gold and Silver fleets will be sailed and scored separately.

**9. COACHING**

Coaches are not permitted on the water, unless specifically asked by the race committee. Coaches may speak to their sailors during rotations from the shore where able.

**10. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or deal sustained in conjunction with or prior to, during, or after the regatta.

**11. FURTHER INFORMATION**

Regatta Organizer: Molly Vandemoer  
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