



**MT BAKER OPEN FLEET RACE REGATTA
4/15/18**

**STAN SAYRES PARK/MOUNT BAKER ROWING AND SAILING CENTER (MBRSC)
SEATTLE, WA**

NOTICE OF RACE

1. RULES:

- 1.1. The regatta will be governed by the Racing Rules of Sailing for 2017-2020, the prescriptions of US SAILING, the ISSA Procedural Rules, the NWISA District Rules, this Notice of Race, and the Sailing Instructions.
- 1.2. The US Sailing prescriptions to rule 60, 63.2 and 63.4 are deleted and will not apply.
- 1.3. Under rule 70.5(a), the right of appeal is denied.

2. ELIGIBILITY:

- 2.1. This is an 'Open Regatta' as described in the NWISA District Rules. 'Active' and 'Mixed' teams may attend.
- 2.2. Teams shall be comprised of a minimum of 4 sailors. Multiple teams per school are allowed (limited by boat availability).
- 2.3. Teams shall be accompanied by a designated adult team leader, who may be an advisor, coach or parent recognized by the school.

3. ENTRY AND ENTRY FEE:

- 3.1. Eligible schools shall register through the NWISA website link. Registration is on a first come, first served if berths are limited. Registration opens 4/2/18 at 1100.
- 3.2. Registration closes 4/9/2018 at 2200. Additional registrations are allowed after this time, but teams may be turned away if event capacity is reached.
- 3.3. Teams unable to compete once registration closes, shall notify the regatta chair as soon as possible.
- 3.4. Each competitor must have a signed **City of Seattle Risk and Release** on file (ATTACHED).
- 3.5. An entry fee of \$10 payable to: "City of Seattle" per sailor will be collected at check in (programs bringing multiple teams must pay per team). Cash, check, and credit card (Visa, MC, and Amex) are accepted.
- 3.6. Each competing program must have a damage deposit on file with NWISA per District rule 7.3.

4. BOATS AND FORMAT:

- 4.1. Flying Juniors.
- 4.2. The regatta will be a Silver Fleet level event with an A and B division.

5. SCHEDULE:

Sunday, April 15th, 2018

0830	<u>Report time.</u>
0915	Skippers Meeting
1000	First warning; sailing will continue throughout the day.
1600	No race will be started after this time,

Any changes to the schedule will be posted on the Official Notice Board located outside the main office.

6. RACING AREA:

- 6.1. All races will be sailed on Lake Washington, north of Stan Sayres Memorial Park, south of the I-90 Floating Bridge and between Seattle and Mercer Island.
- 6.2. Boat rotations will occur from the finger piers north of MBRSC, on the west side of the parking lot. Piers on the east side of the parking lot are part of an active public boat ramp and are not available for boat rotations.

7. COURSES:

Short collegiate style races in accordance with ISSA Procedural Rules.

8. SCORING:

The regatta will be scored in accordance with ISSA Procedural Rules.

9. HOUSING:

9.1. Billeting is not available; please call MBRSC if you require advice on places to stay.

10. TRAVEL AND TRANSPORTATION:

10.1. Teams are responsible for their own transportation. The address of the regatta site is: [3800 Lake Washington Blvd S, Seattle, WA 98118](#).

10.2. For trailers, we recommend transferring from I-5 to I-90, exit on Rainier, then turning east on Genessee and north on 42nd Ave S. Please review your routes thoroughly to accommodate for any over height/large equipment.

11. COACHING:

11.1. Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from Saturday morning to the end of racing Sunday unless an exception has been explicitly permitted by the regatta chair. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

11.2. Competitors may receive coaching including instructions, assistance, equipment or sustenance only while on the designated rotation float or on shore.

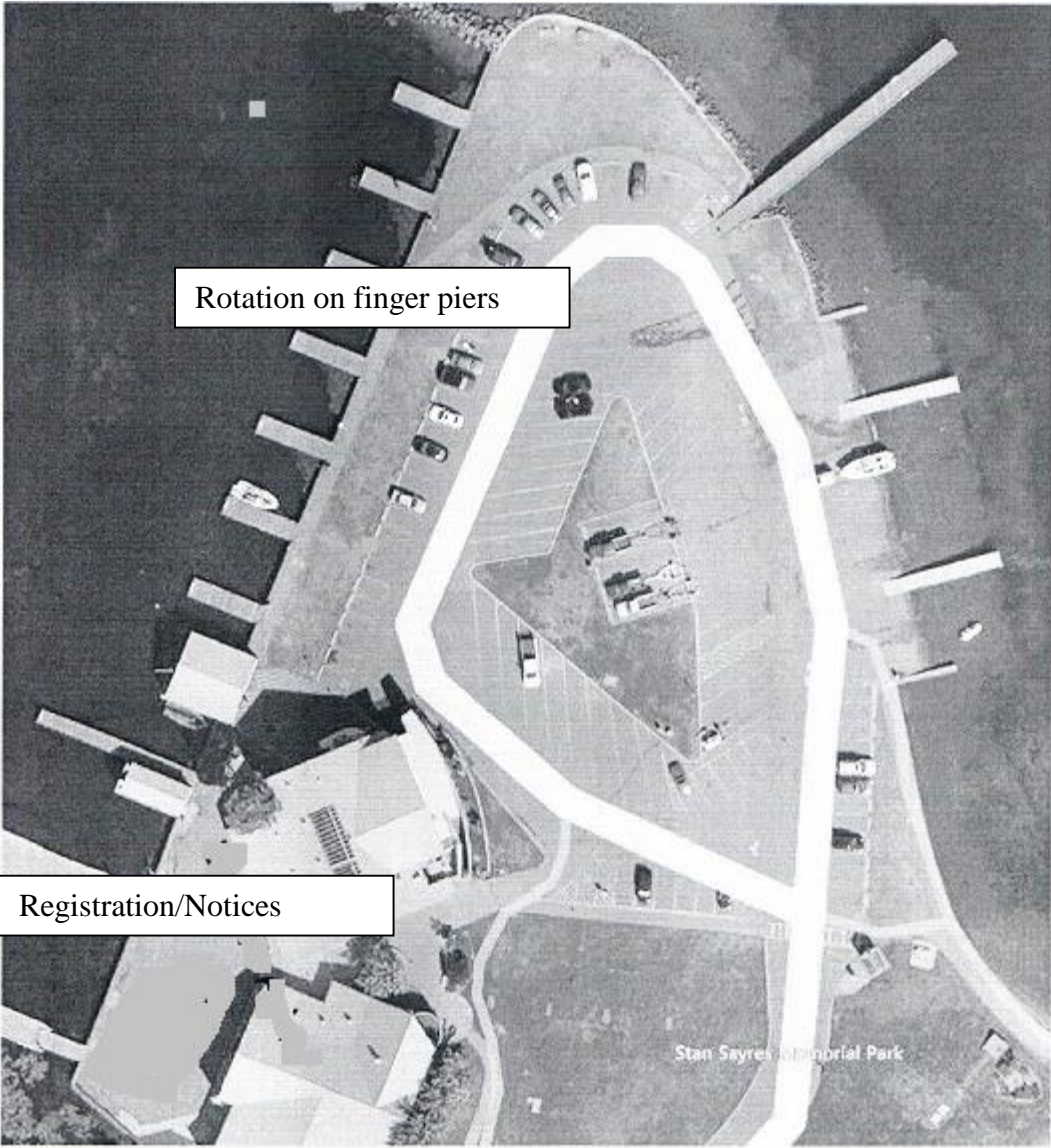
12. CONDUCT:

12.1. No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841.

12.2. Infringements of this regulation and/or other inappropriate conduct occurring during the regatta, may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall, at a time and place selected by it, meet to hear said protest, and it may impose scoring penalties, or other sanctions that it deems appropriate, including summary removal from the regatta.

13. REGATTA CONTACTS:

	Name	Telephone	Email
Regatta Chair:	Kaitlyn Van Nostrand	206-386-1913	mtbakersailingteam@gmail.com



Rotation on finger piers

Registration/Notices

Seattle Parks and Recreation
Small Craft Programs

ASSUMPTION OF RISK AND RELEASE FORM

Participant Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone-home: () _____ Phone-work/cell: () _____
E-mail _____
(All addresses are kept under strict confidentiality)
Emergency Name _____ Emergency Phone () _____

Sex: M F Birthdate: _____ Ethnic Origin** _____

****ETHNIC ORIGIN:** Information is used for statistical purposes and is not required for participation. A=Asian; B=Black/African American; H=Hispanic; M=Mixed, N=Native American; P=Pacific Islander, W=Caucasian; O=Other.

Injuries to participants in small craft programs may occur from risks inherent in the sports or activities; from placing stress on the body that it has not been prepared for; from accidents in learning or practicing techniques; from failing to follow training, safety or racing rules; from the use of transportation to and from regattas, races and other events and from administration of first aid. For example, I might slip and fall; I might be struck by part of a boat; my boat might capsize or I might be thrown overboard into cold water; it may hit another boat or run into an obstruction or the shore, and the collision injure me. The severity of the injury can range from minor cuts, scrapes, or muscle strains to catastrophic injury such as paralysis or even death. I will be exposed to the weather, including rain, wind, cold, and sun, I might become ill through chill or suffer sunburn and heat exhaustion. In order to avoid injuries, I will obey the directions of my instructors and will follow all safety rules. I will tell my instructor about any limitations or medical restrictions on my participation.

In consideration for my acceptance as a participant, I agree to assume the risks, release and hold the City of Seattle, its advisory councils, and sponsoring organizations, and their employees and agents harmless from claims for injuries and damages, which may occur from or as a result of my participation in the program. I agree that this assumption of risk and release shall bind my heirs and my estate.

Participation authorized; risks assumed; and release granted. Authorizing signature below acknowledges having read all statements above. Participant's signature required, or the signature of a parent or guardian is required for participants under 18 years of age.

Signature of Participant (if 18yrs and older): _____ Date: _____
Parent or Guardian signature required for participants under the age of 18. _____

Seattle Parks and Recreation, the Associated Recreation Council, Boating Advisory Council may use stills/video photography of this participant for use in publications. Yes___ No___ Initial Here___

How did you hear about our facility or programs? Drive/Walk by___ Word of Mouth___
Brochure___ Parks Web-site___ Other – please specify: _____