



Islands Cup 2018

Roche Harbor, San Juan Island
April 14-15, 2018



Hosted by the Northwest Interscholastic Sailing Association
in conjunction with the San Juan Sailing Foundation

AMENDED 4-3-18

1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing for 2017-2020, the prescriptions of US SAILING, the ISSA Procedural Rules, the NWISA District Rules, this Notice of Race, and the Sailing Instructions. However,
 - A. the US Sailing prescriptions to rules 60, 63.2, and 63.4 will not be in effect; and
 - B. under rule 70.5(a), the right of appeal is denied

2. ELIGIBILITY & FORMAT

- 2.1 The regatta will consist of one Varsity fleet with A & B divisions.
- 2.2 This regatta is the backup regatta to the NWISA Doublehanded Championships. If necessary, teams from other districts will be removed from the final rankings for the purpose of determining the NWISA qualifiers to the Mallory Trophy.
- 2.3 This regatta may only be attended by active teams registered with ISSA.
- 2.4 A responsible adult leader must accompany teams at all times
- 2.5 Teams shall be comprised of a minimum of 4 and a maximum of 8 sailors who are full time students in the 9th grade or higher, attending the same high school.
- 2.6 NWISA would like to invite ISSA teams from all districts of ISSA to our annual Islands Cup. The Islands Cup is held each year on one of our great San Juan Island venues. We have room for 6 NON-NWISA teams and will determine those 6 teams first come first serve based on registration order. NON-NWISA teams may also combine with students from other teams to form a full team. However, priority will be given to full teams not combining. If you would like to combine with one of our local teams please contact the NWISA President, Scott Wilson, 360-303-1759 or scottjwilson@gmail.com.

3. ENTRY AND COMMUNICATIONS

- 3.1 Registration can be found here:
https://docs.google.com/spreadsheets/d/1d08CgmQw6GTy5COsJ2Ri05kyHAvCR_vHeer0UVdqN5w/edit#gid=1287198509
- 3.2 Eligible schools shall register through the NWISA website link. Registration is on a first come, first served if berths are limited. Registration opens April 2, 2018 at 1100.
- 3.3 Registration closes April 9nd, 2018 at 2200. Additional registrations are allowed after this time, but teams may be turned away if event capacity is reached.
- 3.4 Eligible schools shall fill in the appropriate sections of the NWISA Registration spreadsheet, their intent to participate, number of additional boats, and total number of sailors attending no later than 4/9/2018.
- 3.5 Entry fee includes dinner Saturday April 14, and breakfast and lunch Sunday April 15.

Entry Fee:	\$30 per person
Damage Deposit:	\$250.00 per team must be on deposit with NWISA Non-NWISA Teams shall provide a damage deposit.

Make checks payable to: **NWISA**

If your team wishes to opt out of dinner you must contact Gib Black by email at gibblack@gmail.com on or before April 4th, 2018, in which case the Entry Fee shall be \$15.00 per person. No individual opting out – it's by team only.

FERRY RESERVATION HIGHLY RECOMMENDED: We recommend booking a reservation on the Saturday 0830 sailing from Anacortes to Friday Harbor. Because this ferry continues to Sidney B.C. we recommend logging into [WSDOT's ferry reservation system](#) at 0700 Thursday, April 12, when Friday Harbor reservations are first available. The 0930 sailing from Anacortes to Friday Harbor may arrive too late to complete registration and rigging.

4. BOATS

- 4.1 Races will be sailed in FJs. Boats will be provided for out of NW teams.

5. SCHEDULE

Friday, April 13, 2018

1500 Practice – RC will run short races as time allows.

Saturday, April 14, 2018

1030 Report Time, Rigging and Registration
1145 Competitors Meeting
1215 First Warning: Racing will continue throughout the day.
Eat during boat rotation – no lunch break.
Racing will continue until late, weather permitting and daylight permitting.
1800 - 2000 Pizza Dinner Served in Friday Harbor, at [San Juan Island Brewing](#), which is family friendly.

Sunday, April 15, 2018

0830 Report Time & Breakfast
1000 First Warning: Racing will continue throughout the day.
Eat during boat rotation – no lunch break.
1500 No Warning after this time.
1630 Awards presentation, or after completion of racing.

Any changes to the schedule will be posted on the Official Notice Board.

6. RACING AREA

6.1 The racing area will be just northwest of the Roche Harbor docks.

6.2 Rotations will be located on G dock.

7. COURSES

7.1 Based on conditions, the Race Committee will determine the courses. Short collegiate style courses will be used.

8. SCORING

8.1 The regatta will be scored in accordance with ISSA Procedural Rules.

9. FORMAT

9.1 The format will consist of two races in A division, followed by boat rotation, and two races in B division.

10. LODGING

10.1 Housing is available at Friday Harbor High School gym and provided free of charge **Saturday** evening. Bring sleeping bag and pad. Showers are available. Please contact Gib Black at gibblack@gmail.com as soon as possible if your team intends to use the gym, and if it needs assistance in finding lodging for Friday Night.

Each team is responsible for supervising their sailors at all times during the regatta and while at provided housing. At least one adult must accompany each team while at Roche Harbor and the Friday Harbor High School.

11. TRAVEL

11.1 Directions to sailing venue from I-5 can be found at <https://goo.gl/maps/yyNdq38E6Yq>

11.2 Teams should make ferry reservations for both directions on the WSDOT website here: <https://secureapps.wsdot.wa.gov/Ferries/Reservations/Vehicle/default.aspx>. Make reservations for the Anacortes to Friday Harbor crossing.

11.3 Directions to Friday Harbor High school for overnight lodging can be found at: <https://goo.gl/maps/5sfeL1w3jDS2>

12. COACHING

12.1 Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from the start of racing Saturday to the end of racing Sunday UNLESS an exception has been explicitly permitted by the regatta chair or PRO.

12.2 Competitors may receive coaching including instructions, assistance, equipment or sustenance only while on the designated rotation float or on shore.

13. PRIZES

13.1 Prizes will be awarded to the teams placing first, second, and third in Gold ~~and Silver fleet~~.

14. OFFICIAL NOTICE FOR ALL PARTICIPANTS

14.1 No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits), or use any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful. An alleged breach of this rule and/or other disciplinary matters that occur may be the basis for a hearing under rule 69.1. The protest committee for such a hearing will be the Regatta Chairperson, a member of the NWISA Board of Directors and the chairperson of the protest committee.

15. REGATTA CONTACTS

Regatta Chair: Scott Boye

ISLANDS' CUP SAILING REGATTA
Liability Waiver & Hold Harmless Agreement:

I understand that sailing, and all activities involved around and during the Islands Cup Regatta of any nature are inherently dangerous, and may lead to injury, harm or death. In consideration of my child, or myself if I am over the age of 18, participating in the Island Cup Regatta, as a guest, participant or student, I agree to accept all risk of injury to myself or my child, to hold the San Juan Island Sailing Foundation, San Juan Island School District, and Roche Harbor, and all of their officers, directors, employees, and members harmless, released, and indemnified from any claims, of any nature whatsoever arising out of the activities of Island Cup.

Should myself or my child be in need of medical treatment, my signature below confirms my permission for this to be done in the event that I cannot be reached promptly.

By signing this document I confirm that I have read, understood and agree to all the terms and conditions stated in the waiver and hold harmless agreement.

Participant's Name (print): _____

Participant's Signature: _____

Parent/Guardian Name (print): _____

Parent/Guardian Signature: _____

Date of Signatures: _____