



# Islands Cup 2019

Orcas Island  
April 13-14, 2018



Hosted by the Northwest Interscholastic Sailing Association  
in conjunction with Sail Orcas & OIYC

## 1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing, the ISSA Procedural Rules, and the NWISA District Rules. However,
  - 1.1.1. the US Sailing prescriptions to rules 60, 63.2, and 63.4 will not be in effect; and
  - 1.1.2. under rule 70.5(a), the right of appeal is denied.
  - 1.1.3. Appendix P, Special Procedures for Rule 42, as modified by ISSA Procedural Rule 14(c) will be in effect.

## 2. ELIGIBILITY & FORMAT

- 2.1 This is the third and final Ranking Regatta as described in the NWISA District Rules. 'Active' teams may attend. There will be one 'Gold' fleet. Mixed teams will not be permitted. Only one team per school is allowed. This changes NWISA District Rule 2.2.
- 2.2 This regatta will serve as the back up regatta in the event the NWISA Doublehanded Fleet race regatta is not completed.
- 2.3 Competing teams shall be members of NWISA and meet ISSA eligibility rules as prescribed in the Procedural Rules (unless modified by District Rule 4.2).
- 2.4 The top EIGHT teams not previously qualified will qualify for a berth at the NWISA Fleet Race Championship per District Rule 6.2.

## 3. ENTRY AND COMMUNICATIONS

- 3.1 Eligible schools shall register through the NWISA website link. Registration is on a first come, first served basis if berths are limited. Registration opens Monday, April 1, 2019 at 1100. Registration closes Monday April 8, 2019 at 2200. Additional registrations are allowed after this time, but teams may be turned away if event capacity is reached.
- 3.2 An entry fee of \$20 per sailor payable Sail Orcas will be collected at check in. Entry fee includes snacks, lunch, dinner Saturday and snacks, lunch on Sunday.
- 3.3 Each competing program must have a damage deposit on file with NWISA per District Rule 7.3.

**FERRY RESERVATION HIGHLY RECOMMENDED:** We recommend booking a reservation on **Saturday 7:30am** departure from Anacortes to Orcas and the **Sunday 5:15pm** departure from Orcas to Anacortes.

#### **4. BOATS**

4.1 Races will be sailed in FJs.

#### **5. SCHEDULE**

##### **Saturday, April 13, 2019**

0900 Report Time, Rigging and Registration

1000 Competitors Meeting

1030 First Warning: Racing will continue throughout the day.

Eat during boat rotation – no lunch break.

Racing will continue until late, weather permitting and daylight permitting.

##### **Sunday, April 14, 2019**

0800 Report Time & Breakfast

0930 First Warning: Racing will continue throughout the day.

Eat during boat rotation – no lunch break.

1430 No Warning after this time.

1600 Awards presentation, or after completion of racing.

Any changes to the schedule will be posted on the Official Notice Board.

#### **6. RACING AREA**

6.1 The racing area will be the waters of West Sound.

#### **7. COURSES**

7.1 Based on conditions, the Race Committee will determine the courses. Short collegiate style courses will be used.

#### **8. SCORING**

8.1 The regatta will be scored in accordance with ISSA Procedural Rules.

#### **9. FORMAT**

9.1 The format will consist of two races in A division, followed by boat rotation, and two races in B division.

#### **10. LODGING**

10.1 Orcas High School gym floor(all teams must be accompanied by an adult a chaperone)

#### **11. TRAVEL**

11.1 Map to OIYC <https://oiyc.org/forums/index.php?page=6>

## **12. COACHING**

12.1 Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from the start of racing Saturday to the end of racing Sunday UNLESS an exception has been explicitly permitted by the regatta chair or PRO.

12.2 Competitors may receive coaching including instructions, assistance, equipment or sustenance only while on the designated rotation float or on shore.

## **13. OFFICIAL NOTICE FOR ALL PARTICIPANTS**

13.1 No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits), or use any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful. An alleged breach of this rule and/or other disciplinary matters that occur may be the basis for a hearing under rule 69.1. The protest committee for such a hearing will be the Regatta Chairperson, a member of the NWISA Board of Directors and the chairperson of the protest committee.

## **14. REGATTA CONTACTS**

Regatta Chair: Burke Thomas  
[orcassailingcoach@gmail.com](mailto:orcassailingcoach@gmail.com)  
360 317 6427

# Sail Orcas

## Participant Information & Liability Release Form

Name of participant \_\_\_\_\_

### Emergency Contact Information:

Contact First \_\_\_\_\_ Relationship \_\_\_\_\_

Allergic Reactions/Medications \_\_\_\_\_

### Waiver of Liability Agreement

I recognize boating can be a hazardous sport that can result in serious injury or death. I accept the risks inherent in boating and its environment. **Since I may be signing on behalf of a minor**, I recognize that I may not release any claims the minor may have. However, I accept full responsibility for all medical expenses and claims incurred as a result of participation in any activity of Sail Orcas, and the Orcas High School Sailing Club. I also agree to **release, hold harmless and indemnify** Sail Orcas, the Orcas High School Sailing Club and the Orcas Island Yacht Club, their advisory councils, officers, members, agents, employees, and insurers for any claims brought by the minor for any injury or damage resulting from any cause, including negligence, which arise out of participation in these programs. This release is binding as to any other persons including family members, heirs, and executors. This release does not apply to gross negligence or intentional acts. I also authorize the program organizers or their employees to sanction emergency treatment if none of the above named contacts can be reached at the time of an emergency. We also permit Sail Orcas to use photos and quotes of our child in publications.

Please note that this event is taking place on an island where emergency medical services may require air transport, you may consider a vacation membership for \$25 with Island Air ambulance, you must purchase membership at least 3 days prior to event. <https://islandairambulance.com>

Airlift NW offers vacation membership for \$60 <https://www.uwmedicine.org/airlift-nw>

**My signature below means I have read, understood, and agree to the conditions and responsibilities as outlined in this Agreement**

Signature (Parent if under 18) \_\_\_\_\_ Date \_\_\_\_\_