



**2018 Cascadia Cup
October 20-21, 2018**

**Sail Sand Point
Notice of Race**

Amended 10/17/2018

1. RULES

- 1.1 The regatta will be governed by the current ISSA/ICSA Procedural Rules, the Racing Rules of Sailing, the prescriptions of US Sailing, the Sailing Instructions and this Notice of Race, however:
 - 1.1.1 The US Sailing prescriptions to rules 60, 63.2, and 63.4 will not be in effect; and
 - 1.1.2 Under rule 70.5(a), the right of appeal is denied.
 - 1.1.3 ICSA Procedural Rule 7.4 shall apply. (Changes RRS 42.2(c), 42.3(b) and ISSA Procedural Rule 14(a))
 - 1.1.4 In the event of a conflict between Procedural Rules, the protest committee will apply the rule it believes to be the fairest.

2. ELIGIBILITY

- 2.1 All NWISA and NWICSA sailors in good standing are eligible to compete. Current NWISA/NWICSA membership is required.
- 2.2 This regatta is designated as a 'promotional' event for high school and college sailors; 'Silver' fleet high school teams can be 'active' or 'mixed,' but high school teams in 'Gold' fleet should be comprised of a majority (3/4) of sailors from the registered school.
- 2.3 One berth per registered school (high school and college) is allowed in the 'Gold'/Varsity fleet, plus one All - Women's team (high school and college). Unlimited berths per school are allowed in the 'Silver'/Junior Varsity fleet.

3. ENTRY

- 3.1 Eligible schools must enter by registering on the NWISA/NWICSA spreadsheet/matrix.
- 3.2 Registration opens 10/8/18 at 11:00am PST. Eligible schools shall submit their intent to participate, total number of sailors attending and total number of teams/boats to the NWISA/NWICSA registration spreadsheet no later than 10/15/18 at 10:00pm.
- 3.3 There is NO entry fee at this event for high school or college teams. **A food truck will be onsite Saturday for sailors, coaches and parents to purchase lunches. Sunday please pack your own.**
- 3.4 All competitors must have a signed 2018 SSP Regatta Participation Agreement (see attached) on file. This form must be signed by a parent/guardian (not a coach) if they are under 18 years of age. If a sailor has competed in a regatta at SSP during the calendar year, they do not need to resubmit this form.

4. BOATS

- 4.1 This regatta will be sailed in FJs.
- 4.2 Teams are responsible for bringing their own boats. This regatta will not have a round robin boat rotation, A/B fleets of both Gold and Silver will sail their boat continuously.

- 4.3 Sail Sand Point FJs are being split between UW and SSP high schools, if applicable any remaining boats will be available to charter at no cost (BYO sails).
- 4.4 Teams requiring a chartered boat should contact the regatta chair after registration opens but before registration closes. Preference given to teams without FJs and teams competing in the 'Gold'/Varsity fleet.
- 4.5 Please notify the regatta chair if you can bring more boats than your team needs and would like to offer them as charter boats.

5. SCHEDULE OF EVENTS

	Saturday, October 20, 2018		Sunday, October 21, 2018
0930	Registration and rigging begins	0900	SSP 'opens,' rigging begins
1045	Competitors' meeting	1030	First warning
1130	First warning	1530	No starts after
1700	College sailing forum		

5.1 COLLEGE SAILING FORUM

- 5.1.1 After racing on Saturday time (or during postponement) will be set aside for the college team reps to give a 5-minute presentation and field questions, in a forum setting, about your team from attending high school sailors and parents.

6. RACING AREA

- 6.1 The racing area will be off the pier at Sail Sand Point.
- 6.2 Rotations will happen from the Sail Sand Point docks.

7. COURSES

- 7.1 Based on conditions, the Race Committee will determine the courses. Short collegiate style courses will be used.

8. SCORING

- 8.1 The regatta will be scored in accordance with ISSA/ICSA Procedural Rules.

9. FORMAT

- 9.1 The format will consist of two races of both 'Gold' fleet A and 'Silver' fleet A, followed by boat rotation with 'Gold' B and 'Silver' B. High School and Collegiate Sailors will race alongside each other in an A/B division fleet racing format.

10. HOUSING

- 10.1 Limited housing for high school teams will be available with local sailing families. Please contact Regatta Chair to request housing for HS teams by 10/15/18. Each high school team must be accompanied by a responsible adult.
- 10.2 Limited college housing will be provided with UW team members.

11. COACHING

- 11.1 Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area UNLESS an exception has been explicitly permitted by the regatta chair.

11.2 Competitors may receive coaching including instructions, assistance, equipment or sustenance only while on the designated rotation float or on shore.

12. OFFICIAL NOTICE FOR ALL PARTICIPANTS

12.1 No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits), or use any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful. An alleged breach of this rule and/or other disciplinary matters that occur may be the basis for a hearing under rule 69.1. The protest committee for such a hearing will be the Regatta Chairperson, a member of the NWISA Board of Directors and the chairperson of the protest committee.

13. REGATTA CONTACTS

Regatta Chair: Nino Johnson nino@sailsandpoint.org or (206) 525-8782

-Charters, HS housing

UW Sailing Team Captain: Karl Skeel / Farzana Mohamedali huskysailing@gmail.com

-College inquiries

UW Sailing Team housing coordinator: Jo Garcia joanna.r.garcia@gmail.com

-College housing

2018 Regatta Participation Agreement – Sail Sand Point

Only valid for the calendar year noted and for regatta participation at SSP

PARTICIPANT DETAILS (please print)

LAST NAME: _____ FIRST NAME: _____ BIRTH DATE: _____

PHONE: _____ E-MAIL: _____

What you are about to read and are requested to sign is a waiver and release of liability. Upon signing it, you will give up your right to sue Sail Sand Point ("SSP") or anyone associated with SSP for injuries or losses you suffer while using SSP's facilities or equipment, or while participating in activities or programs administered by SSP.

- 1) I recognize the risk of serious injury, death, or other damages inherent in sailing and other watersport activities, and in my use of SSP facilities and instruction relating to these activities. There is no way to completely eliminate the risk of serious injury or death in our aquatic environment.
- 2) I agree to **release, hold harmless and indemnify** Sail Sand Point, the City of Seattle, their advisory councils, officers, members, agents, employees, and insurers for any claims brought by the minor for any injury or damage resulting from any cause, including negligence, which arise out of participation in these programs. This release is binding as to any other persons, including family members, heirs, and executors. This release does not apply to gross negligence or intentional acts.
- 3) I authorize the program organizers or their employees to sanction emergency treatment.
- 4) I permit Sail Sand Point to use photos and quotes of the participants in their publications.

Signature: _____ Date: _____

(parent/legal guardian if under 18)

TO BE SIGNED IF THE PARTICIPANT IS A MINOR

I represent that I am the parent or legal guardian of the above individual and hereby consent to their participation in SSP activities or programs. In consideration of SSP allowing access to the above-named participant, I agree to be bound by the terms and conditions of this release. On behalf of myself and my spouse or domestic partner, **I hereby knowingly, intentionally, and voluntarily waive and release**, indemnify, hold harmless and forever discharge Sail Sand Point, including without limitation its officers, directors, employees, volunteers, advisors and guests of and from any and all claims, demands, debts, contracts, expenses, causes of action, lawsuits, damage and liabilities, of every kind and nature, whether known or unknown, in law or equity, that said minor ever had or may have, arising from or in any way related to such minor's participation in activities or programs administered by SSP.

Name of Parent or Legal Guardian (print): _____

Signature: _____ Date: _____