

Notice of Race
2019 CAPE ELIZABETH TEAM RACE REGATTA
Host: Cape Elizabeth High School
Regatta Chair: Bill Marshall, Cape Elizabeth Coach
Venue: SailMaine
58 Fore Street, Portland, ME 04101
Date: SATURDAY, March 23rd, 2019

1. RULES

- 1.1. The event will be governed by rules as defined in the Racing Rules of Sailing, including Appendices D and S, the prescriptions of US Sailing, The ISSA Procedural Rules, this Notice of Race and the Sailing Instructions.
- 1.2. Protest Hearings will follow a 3-minute justice format as described in the Sailing Instructions

2. ELIGIBILITY

- 2.1. Competing schools shall be members of NESSA and meet NESSA eligibility rules as prescribed in the Procedural Rules.
- 2.2. Teams shall be accompanied by a designated adult team leader, who may be an advisor, coach or parent recognized by the school.
- 2.3. Selection of competing schools will be on a first come first serve basis via email to the regatta contact person. Non-Host School spots will first be available to Non-SailMaine teams. SailMaine teams will be selected if spots remain vacant after March 1st, 2019.

3. ENTRY AND COMMUNICATIONS

- 3.1 Register by emailing the Parent Coordinator, Lauren Bodenski at jetsonfood@gmail.com. Include name of school, contact person, e-mail address and phone number.
- 3.2 Registration closes on March 9th (two weeks prior to the event). If a late opening occurs it will be filled from the waiting list.
- 3.3. A team that has secured a berth, but is then unable to attend shall notify the regatta contact person ASAP.
- 3.4. If a school should need to back out they may do so without penalty before midnight March 21st. If a school should back out after the March 21st deadline, they will be reported to NESSA and may be placed on probation.
- 3.5. Only schools that are up-to-date with their NESSA dues may compete.

4. BOATS

Races will be sailed in Turbo 420s provided by SailMaine.

5. SAFETY

Appropriate cold water sailing gear (drysuits, hats, gloves) and USCG Approved Type III PFDs are mandatory for all competitors.

6. SCHEDULE

Saturday March 23rd, 2019

9:00- Report time

9:20- Coaches meeting

9:30- Skippers meeting

10:30- First start

* We estimate the finish of racing by 4pm, there is no cut off time.

Any changes to the schedule will be communicated via coaches.

7. RACING AREA

The racing area will occur on 1 course in Portland Harbor off Fish Point. The course will be marked by **orange** and **yellow** buoys.

8. COURSES

The Race Committee will run a Digital "N" course or a modified Digital "N" course.

9. SAILING INSTRUCTIONS

The event will use 2019 SailMaine HS Team Race Sailing Instructions posted at the event.

10. TRAVEL AND TRANSPORTATION

SailMaine has no parking. Call SailMaine at (207) 772-7245 or email to www.sailmaine.org for info.

11. COACHING

11.1 Support boats will be provided for coaches, sailors and extras per the SailMaine policy and the Sailing Instructions.

11.2 Notice to coaches: A concomitant open (non-NESSA) team race will be conducted on a separate digital "N" race course. Non-NESSA-qualifying teams may apply following the same procedure noted in this NOR.

12. CONDUCT

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other inappropriate conduct occurring during the regatta when reported to the race organizers, may result in the protest committee and the regatta chair holding a hearing under RRS 69.1 to determine if and what penalty(s) to impose.

13. LIABILITY EXCLUSION

13.1 Competitors are entirely responsible for their own safety, whether afloat or ashore, and nothing reduces this responsibility.

13.2 By going out to race, competitors confirm that they are competent to sail and compete in the prevailing conditions.

13.3 Nothing said or done by the organizers can reduce the responsibility of competitors, nor will it make the organizers responsible for personal injury or death, however it may have occurred, as a-result-of competitors taking part in the racing. The term organizers encompass everyone helping to run the event.

13.4 The provision of patrol boats does not relieve competitors of their responsibilities.

14. PARKING

SailMaine does not have any parking. Competitors, coaches and parents are asked to use metered parking or nearby parking garages.

15. RIGHT TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the Organizing Authority and event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

16. FOOD

All sailors should bring a reusable water bottle.

There will be lunch provided by SailMaine host parents and volunteers.

17. HOUSING

Housing may be available, provided by SailMaine host families. Contact the Event Chair for further details if interested.

18. REGATTA CONTACT

Lauren K. Bodenski

Cape Elizabeth HS Parent Coordinator

jetsonfood@gmail.com