



Lawrence A. White Invitational

U.S. Coast Guard Academy
New London, CT
October 8-9, 2022



Notice of Race

1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing (2021-2024), the prescriptions of US SAILING, the ISSA Procedural Rules (PR), this Notice of Race, and the Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.
- 1.2. The Organizing Authority (OA) is the United States Coast Guard Academy.

2. ELIGIBILITY

- 2.1. Competing schools must be members of ISSA and meet ISSA eligibility rules as prescribed in the Procedural Rules.
- 2.2. Teams must be accompanied by a designated adult team leader, who may be an advisor, coach, or parent recognized by the school.
- 2.3. All participants must complete a USCGA Release of Liability Waiver, signed by a legal parent or guardian, which will be provided by the OA after the selection process. All waivers shall be submitted to the OA by the adult team leader no later than Wednesday 5 October prior the event.

3. ENTRY

- 3.1. Schools will apply to the organizers by sending an email to David Thompson (David.r.thompson@uscga.edu) by September 1, 2022.
- 3.2. A list of selected schools will be published on September 5 with the remaining schools put on a wait list. Selected schools will then have until September 15 to accept or decline their berth. Any open berths will be filled by teams on the wait list.
- 3.3. Although every attempt will be made to distribute berths to each conference, it will be at the sole discretion of the OA to select teams for this event.
- 3.4. Due to ongoing COVID concerns, each team shall have a maximum of 7 sailors and 2 coaches. Full rosters will be provided by each adult team leader with the waiver submissions.

4. SCHEDULE OF EVENTS

Saturday	0930	Report Time
	1000	Competitors Meeting
	ASAP	First Warning Signal
	1800	No Starting Signal After
Sunday	0930	Report Time
	1010	First Warning Signal
	1500	No Starting Signal After

5. FORMAT

- 5.1. The regatta will be sailed in two divisions in a single round robin format. The intent is to use two fleets of boat at all times. However, if the conditions warrant switching to one fleet the OA will do so.

6. RACING AREA

- 6.1. All races will be sailed on the Thames River in close proximity to the Jacobs Rock Sailing and Seamanship Center.

7. BOATS & EQUIPMENT

- 7.1. Z420s and FJs will be provided for all competitors.

8. COURSES

- 8.1. A description of courses will be provided with the Sailing Instructions and will be posted on the Official Notice Board

9. SCORING

- 9.1. The regatta will be scores in accordance with PR 9 and 11.

10. SAFETY

- 10.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 10.2. Starts will not be delayed to accommodate capsized boats.
- 10.3. At the discretion of the Regatta Chairman, a race may be abandoned at any point if there is submarine traffic approaching in the Thames River. When a race is abandoned, competitors shall sail toward Jacobs Rock floats and the rotation area. Failure to comply with SI 12.3 will result in disqualification from the regatta. This changes RRS 32.1.

11. COACHING

- 11.1. Coaching will be done from shore at the Jacobs Rock Sailing and Seamanship Center. Equal access to coaching will be provided for all teams when time allows between races.

12. WATER AND WATER BOTTLES

- 12.1. Competitors shall bring their own reusable water bottles. There is one water fountain located in Jacobs Rock. Teams are encouraged to bring 2.5 gallon jugs in order to refill reusable water bottles. Drinking water will be provided for all competitors and coaches.

13. SPECTATING

- 13.1. Indoor use of the sailing center at Jacobs Rock and all floats will be limited to competitors and official coaches only. There will be very limited spectating on the causeway and we ask that teams (parents) consider this before deciding to travel to CGA.

14. TRAVEL AND PARKING

- 14.1. All participants must have a valid ID to present upon entering the Academy.
- 14.2. This year the Larry White Trophy coincides with the Coast Guard Academy Parents Weekend. In addition, there is major construction ongoing at the Academy Waterfront. As such, teams may be limited to one vehicle per school on campus with additional vehicles parked off campus. Information will be provided to all teams prior to the event with specific instructions on your arrival and parking. We very much appreciate everyone's full cooperation on what may be a logistically complicated weekend.

15. PRIZES

- 15.1. The winner will have its name engraved on the perpetual Lawrence A. White Trophy.