

THE 2022 CONNECTICUT HIGH SCHOOL FLEET RACING STATE CHAMPIONSHIP

TWO DIVISION FLEET RACE



SAIL BLACK ROCK

Captain's Cove Seaport, Black Rock, CT
Sunday, April 24, 2022

SAIL BLACK ROCK, which hosts the teams of Sacred Heart University and Fairfield University, is pleased to offer a one day, two division, interscholastic fleet racing invitational.

1. RULES:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the ISSA Procedural Rules, and the NESSA Procedural & District Rules
- 1.2. In accordance with RRS rule 70.5(a), decisions of the protest committee are final. US SAILING's permission has been granted.
- 1.3. ISSA PR 5.1 (Conduct) shall be in effect for the entire regatta. This rule applies to all invitees, including, but not limited to; sailors, coaches and parents. All invitees are expected to display proper manners and positive attitudes at all times. No barefoot sailing is permitted.
- 1.4. The Organizing Authority (OA) is the Fairfield County Sailing League and the CT League in conjunction with SAIL BLACK ROCK. SAIL BLACK ROCK hosts the intercollegiate sailing teams of Fairfield and Sacred Heart Universities.

2. SCHEDULE:

1000 – Special Mini Presentation – TBA In the past, we have had Dave Perry, Dave Dellenbaugh and Dawn Riley speak, amongst others.

- 2.1. 1030 -Competitors' Meeting – mandatory attendance

1600 - No first warning for any race will start after this time, except if the regatta is not "official" yet, in accordance with the ISSA PR in which case, racing can continue until the regatta is official. 2.2. Changes to the schedule will be posted on the official notice board located in the sailing school classroom.

3. **RACING AREA:** The race area will be defined at Competitors' Meeting but will be most likely be in the vicinity of St. Mary's Point at the western entrance to Black Rock Harbor, on Long Island Sound
4. **COURSES:** The Race Committee will determine the courses as prescribed in ISSA PR 7.7. Courses will be defined at Competitors' Meeting but may be modified at any time by RC. RC will make auditory announcements of course changes, if any, to all sailors on race course.
5. **SCORING:** The regatta will be scored in accordance with ISSA Procedural Rules. TechScore will be updated in real time.

6. COACHING:

- 6.1. Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from the time they arrive at the regatta site until the regatta is done unless explicitly permitted by the regatta chair. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

SUBSTITUTES AND POSSIBLY SOME SPECTATORS WILL BE STAGED NEAR THE STARTING LINE ON SUPPORT BOATS. ALL TEAMS MUST PROVIDE HEAD COUNTS FOR SUBSTITUTES, COACHES AND SPECTATORS PRIOR TO THE REGISTRATION DEADLINE. Send counts to event chair via email. dave@dhwhiterealestate.com. On the water coaches are limited to one per team and must remain in a designated common coach boat(s).

ISSA PR 8 defines other coaching limitations and obligations.

WAIVER OF LIABILITY:

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other affiliated organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

REGATTA CONTACTS/REGATTA CHAIRS:

Dave White – SAIL BLACK ROCK – Event Chair - dave@dhwhiterealestate.com (203) 249-4434

Henry Millette – GREENWICH COUNTRY DAY SCHOOL VARSITY SAILING/FAIRFIELD COUNTY
SAILING LEAGUE – Event Contact - henry.millette@gcds.net (914) 552-7405

Deus ventum movet, hominis velum aptarat

LOGISTICS

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Pizza Party – Immediately following racing; pizza will be served compliments of Sail Black Rock. Awards will be presented for placing skippers and crew.

Shore Access and Departure – No sailors will have access to shore after first warning. All sailors will be on the water 1.5 miles offshore for the entire day. No sailor will be brought back to shore except for an emergency. Departures from shore venue at end of regatta will be approximately 1730 hours.

Parking – Abundant parking around the Sailing School Building, which is larger white building on the boardwalk. Lock cars.

Gear/Dressing – Dress in Sailing School classroom or in Sailing School heads. Please keep gear and gear bags in cars. Nothing is to be left on boardwalk, outside on deck of sailing school building or in classroom.

Lunch – Bring your own for on the water nourishment. Seaport Restaurant is not open. New Stop and Shop is two blocks away, McDonald's, Popeye's, Wendy's, Subway and Dunkin' Donuts are 5 minutes by car. Chipotle and Five Guys are 10 minutes away in Fairfield. Lunches will be stored on support powerboats.

Water – Plastic water bottles are banned. Refill stations are available on shore in Sailing School head and at water stations on powerboats on race course.

Drysuits – Please have dry suits or full wet suits available, RC will announce if required at Competitors' Meeting.

Safety – Harbor has occasional commercial traffic consisting of large oil and gravel barges with tugs. They have the right of way and cannot change course or stop quickly. Keep clear of commercial channel to permit their transit. All sailors, coaches and spectators on the water must be wearing an approved PFD, unless directed otherwise by RC. Proper boat shoes/boots to be worn by all sailors, coaches and spectators at all times.

Heads – Our sailing school building has heads, showers and washer/dryer. Support powerboats including Mini-barge, RC, Grand Banks and Pelican Trawler have heads for on the water access.

Boat Launch – (18) Z420s are dry stored on floats on island dock across the harbor. Competitors are ferried in inflatables – 12+ passengers at a time.

Equipment- (18) Z420s (2014) with new Blue Ribbon North Sails.

Racing Area – Black Rock Harbor, Bridgeport, CT on Long Island Sound. Harbor can be shallow in areas and there are rocks. We have several racing areas but most likely we will be racing off St. Mary's Point on Long Island Sound at the western side at the mouth of Black Rock Harbor. Racing areas may change in afternoons, dependent upon wind strength and direction, sea conditions and tide. Please pay attention in Competitors' meeting concerning hazards in the racing areas.

Rotations – Rotations will be available with real time updates on TechScore. Rotations are off hull and sail number, which should match. Rotations will be made on the water off Grand Banks and/or Pelican Trawler flanked by mini barge and pontoon platform, conditions permitting after 2 races. All boats must stay in channel in harbor and stay close in along docks for adequate water depth. Do not cut across cove, as you may run aground.

Power Boats – We have an 18' red lobster boat (Beach Plum) for RC. It has a cabin, head and holds 4-6 adults, a 22' grey RIB which holds 16 for rescue/coach, a 13' Whaler for marks, and a 18' white Avon RIB which holds 6 as chase boat. Grand Banks 32 and/or Pelican Trawler with pontoon and mini-barge will be anchored for offset staging of sailors and division rotations.

Capsize – White Avon RIB is typically rescue boat. It is important to move quickly to right the boat and avoid turtling because the bottom is thick, smelly black mud.

HOTELS–

Inn at Fairfield Beach, Fairfield, CT – updated motel across from Fairfield Beach, nautically decorated studios & suites for 2-4 persons (add. guests on air mattresses) - \$140-\$250 -ask for 10% university discount, additional person \$25- book side away from bar - recommended

Inn at Long Shore, Westport, CT – only 12 rooms and suites on waterfront golf course and marina. River and Long Is. Sound views from classic 1890 European style mansion with fine dining restaurant. Complementary continental breakfast. Expansive lawn leading to private beach \$159-\$259 – 2-4 persons per room. 15 minute drive, - highly recommended

Black Rock Inn/Best Western, Fairfield, CT - \$139 (2 in room) - suites available for 4-6 – hot breakfast included- do not book first floor, I-95 side or any pet friendly rooms – adequate business hotel

Fairfield Circle Inn, Fairfield, CT - \$159 (2 in room) – suites available, Circle Diner on site– new outdoor pool, - 2015 fully renovated motel into 3 star first class facility – book pool side - highly recommended

Delamar Southport – Southport, CT - \$289+ luxury 5 star hotel with spa/fitness center and artisan fine dining, suites available, book side away from I-95, highly recommended as best luxury hotel within 25 miles

Après Sail– Downtown Fairfield is just a few miles away. Also dining and nightlife along Fairfield Avenue in nearby Black Rock section of Bridgeport. Sacred Heart University and Fairfield University campuses are less than 10 minutes away in the Town of Fairfield.

Contacts–

Program Director, Dave White 203 249-4434 dave@dhwhiterealestate.com

Event Contact, Henry Millette 914 552-7405 henry.millette@gcds.net

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