



NYISA-SE League Fleet Race Championship
Saturday, April 7th, 2018

SAILING INSTRUCTIONS

The WaterFront Center
1 West End Avenue
Oyster Bay, NY
11771

**This event qualifies teams for the
Silver and Gold Fleet Championship**

NOTICE OF RACE

1. RULES:

- 1.1. This regatta will be governed by the Racing Rules of Sailing (2017-2020), the ISSA Procedural Rules, this Notice of Race, and the Sailing Instructions. In the event of a conflict between the Notice of Race and the Sailing Instructions the latter shall take precedence (this changes RRS 63.7).
- 1.2. RRS Appendix P is in effect modified per ISSA Procedural Rule 14(c).
- 1.3. "In accordance with rule 70.5(a), decisions of the protest committee are final. US SAILING's permission has been granted."
- 1.4. The Organizing Authority (OA) is the New York Interscholastic Sailing Association Southeast League (NYISA-SE) in conjunction with the host, The WaterFront Center.

2. ELIGIBILITY:

- 2.1. Competing teams to be official must be registered and dues-paid members of ISSA and MASSA and meet ISSA eligibility rules as prescribed in the Procedural Rules.
- 2.2. A designated adult team leader must accompany teams. This person may be an advisor, coach or parent recognized by the school or team parents. A competitor may not fill this role.
- 2.3. Selection of competing schools will be by sign-up on the League Website.
- 2.4. Unofficial composite teams (teams comprised of sailors from more than one school) may compete if none of the schools represented have an official team as well.

2.5. Second teams from any school will not be allowed to compete on the course with first teams.

3. ENTRY AND COMMUNICATIONS:

3.1. Eligible schools and sailors must enter on the league website.

3.2. Berths will be allocated on a first-serve basis.

4. ENTRY FEE and MEALS:

4.1. There will be a \$75 fee payable to The WaterFront Center. This fee does not include meals, snacks, t-shirts, or hats. Sailors will meet at The WaterFront Center main building at 1 West End Avenue, Oyster Bay, NY. Team leaders, coaches and/or parents can buy meals at local vendors.

4.2. Make fee checks payable to: **The WaterFront Center**

5. DAMAGE DEPOSIT:

5.1. There is no damage deposit. Teams will be responsible for damage that they cause beyond normal wear. In the event damage cannot be attributed to a particular team, the repair costs will be divided evenly amongst all the competing teams.

6. BOATS:

6.1. Eighteen Zim 420s will be provided by The WaterFront Center. Boats will be sailed as provided. No changes are to be made to standing rigging.

6.2. Boats will be rotated according to a provided schedule. Normally, these rotations will occur after each of the two divisions (A & B) does two races.

7. SCHEDULE for Saturday, March 25:

9:00 AM - Check in/registration at the Main Building

9:15 AM - Competitor's Meeting

9:30 - 10:00 AM - Rigging

10:00 AM-Division A Launches

10:30 AM - First warning and schedule for the day.

After two races, Division B will rotate in and do two races. There will be no break for lunch. At the end of the regatta, one race may be done in each division if remaining time does not permit two. An equal number of races must be sailed by both divisions.

5:00 PM - If three races have been sailed in each division by this time, this will constitute an official result and no race will be started after this time. If three races per division have not been sailed by this time, the regatta will continue until this requirement is met or 6 PM, whichever comes first.

5:30 PM - De-rigging of Fleet

6:00 PM - Announcement of results

7.1. Changes to the schedule will be posted on the official notice board located at the Main Building until 11:30 and then in the rotation area.

8. RACING AREA:

All races will be sailed in the waters of West Harbor in Oyster Bay.

9. COURSES:

Based on conditions, the Race Committee will determine the courses as prescribed in ISSA PR 7.7. The preferred course will be a modified windward/leeward (start/finish in the middle) with a gate for the leeward mark. All course marks will be orange buoys. Final course selection will be announced at the competitors' meeting.

10. SCORING:

The regatta will be scored in accordance with ISSA Procedural Rules.

11. TRAVEL DIRECTIONS & SITE DETAILS:

Directions from the West: Take I-495 east to exit 40E for Rt. 25 E toward Syosset. Exit right onto NY 106/107 north to Oyster Bay/Glen Cove. Use the right three lanes to take NY 107 north to Oyster Bay for 5.2 miles. Turn left onto Lexington Avenue in the village of Oyster Bay. At the end, take a left onto W Main Street, then take the right onto Larrabee Avenue. Cross the train tracks into Theodore Roosevelt Memorial Park, and take the next left onto West End Avenue. The main building is on the left at its terminus.

Directions from the East: Take I-495 west to exit 41N for NY 106/107 north to Oyster Bay/Glen Cove. Use the right two lanes to turn right onto NY 106/107 north, then use the right three lanes to take NY 107 north to Oyster Bay for 5.2 miles. Turn left onto Lexington Avenue in the village of Oyster Bay. At the end, take a left onto W Main Street, then take the right onto Larrabee Avenue. Cross the train tracks into Theodore Roosevelt Memorial Park, and take the next left onto West End Avenue. The main building is on the left at its terminus.

Check-in Location: The main building as described above, at the end of West End Avenue.

12. COACHING:

Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area unless explicitly permitted by the league director. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

13. OFFICIAL NOTICE:

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other discipline expectations occurring during this event may be the basis for a hearing under RRS 69.1 The protest committee for such a

hearing shall be the regatta chairperson, a member of the ISSA BOD, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

14. RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

15. REGATTA CONTACTS:

Contact: Brent Bomkamp
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NYISA-SE

New York Interscholastic Sailing Association



MASSA

MidAtlantic Scholastic Sailing Association

NYISA-SE League Fleet Race Championship

Saturday, April 7th, 2018

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020, the prescriptions of US SAILING, the ISSA Procedural Rules, MASSA Procedural Rules with the following exception: red flags will not be required for protests.
- 1.2 Racing Rules listed below will be changed as indicated.
 - a. Rule 63.7 will be replaced with: "If there is any conflict between the Sailing Instructions and the Notice of Race, the Sailing Instructions shall apply."

2 NOTICE TO COMPETITORS

Notices will be posted on the official notice board at the main building until 1130 and thereafter on the rotation dock, or as described at the Competitors' Meeting. RC will broadcast announcements over VHF ch19.

3 CHANGES TO SAILING INSTRUCTIONS

Changes to the Sailing Instructions will be announced at the Competitors' Meeting or broadcast over VHF ch19.

4 SCHEDULE OF RACES

0900 Check-In at the Main Building, 1 West End Avenue, Oyster Bay, NY

0915 Competitor's meeting

0930 Rigging

1000 Launching and racing

- 1700 If 3 races have been completed in each division, no race after this time. Racing will continue until 1800 or until 3 races have been completed in each division.
De-rigging, results and departure after racing

5 RACING AREA & SPECTATOR LOCATIONS

- 5.1 All racing will take place in West Harbor, Oyster Bay.

6 COURSES

- 6.1 Courses to be sailed will be a modified windward leeward with a leeward gate, or as described at the Competitors' Meeting. RC will signal W1 or W2 to designate the number of laps. A windward offset mark may be used.
- 6.2 A leeward gate will be used. Boats shall sail between the gate marks from the direction of the windward mark and round either gate mark. If only one gate mark is in position, round that mark to port.
- 6.3 Any changes to the course or additional courses to be sailed will be announced at the Competitors' Meeting, and/or announced by the RC.

7 MARKS

- 7.1 Rounding marks will be orange marks.
- 7.2 The Start/Finish line will be between a flag on the RC signal boat at the starboard end and a mark on the port end.
- 7.3 Boats may pass through the Start/Finish line while on downwind legs.

8 THE START

- 8.1 Races will be started using Appendix S, "Sound-Signal-Starting-System". This changes rule 26.
- 8.2 A series of short sounds will be used to call attention just before each warning signal.

9 RECALLS

- 9.1 An individual recall will be signaled with the X flag and 1 sound signal following the starting signal.
- 9.2 When an individual recall is signaled, the RC will attempt to hail the sail numbers of boats that are OCS. The failure to hear a hail, the order in which sail numbers are hailed and the timeliness of a hail shall not be grounds for redress. This changes RRS 62.
- 9.3 A general recall will be signaled by two sound signals and hoisting of the first substitute. After a general recall, the round the ends provision of RRS 30.1 shall apply except that the flag will not be displayed. This changes RRS 30.1

10 PROTESTS and REQUESTS FOR REDRESS

- 10.1 Immediately after finishing a race, without consultation with coaches or spectators, a boat shall notify the RC boat at the finish of her intention to protest and provide the sail number of the protested boat.
- 10.2 A boat intending to protest shall file a protest within 10 minutes of arrival at the rotation dock. The protestor shall be responsible for notifying the protestee that he has filed a protest immediately after doing so. Filing procedures will be defined at the Competitors' Meeting.

11 BOATS, RACES, ROTATION and SCORING

- 11.1 420s provided by WFC will be sailed with no changes allowed to standing rigging. Any and all equipment concerns, damage or breakdowns must be reportedly to the regatta organizer. Sailors will be responsible for any and all damage caused by their actions.
- 11.2 A fleet will race first, then B, with rotations every two races, or as determined by the RC. RC will announce any changes to the set rotation.
- 11.3 The regatta will be scored in accordance with ISSA Procedural Rules for fleet racing.

12 SAFETY

- 12.1 Competitors and anyone going afloat on the racecourse are required to wear a properly fastened USCG approved Type III lifejacket.
- 12.2 Competitors must wear a drysuit or 3/4mil wetsuit while sailing.
- 12.3 All teams must be accompanied by a designated adult team leader, as defined by the NOR.
- 12.4 The RC and Regatta Organizers reserve the right to send any competitor to shore with concern for their safety.

13 COACHING

All coaching will be done on the rotation docks or on-shore. Team leaders, chaperones, coaches, parents, advisors, spectators or other support personnel shall not go afloat unless permitted by the regatta organizer.

14 OFFICIAL NOTICE

- 14.1 Competitors' attention is drawn to ISSA Procedural Rule 5.1, which prohibits the use of all alcoholic beverages and controlled substances for the duration of the regatta, and sets forth severe penalties for such use.
- 14.2 Competitors, parents and coaches shall comply with any reasonable request from any regatta official including attendance at official functions. Breaches of this SI may be referred to the PC. Any penalty imposed will be at the discretion of the PC. Penalties imposed for breaches by coaches or parents will be imposed against the team with whom the coach or parent is associated.

15 DISCLAIMER OF LIABILITY

Competitors' attention is drawn to RRS 4, Decision to Race. Competitors participate in the regatta entirely at their own risk.

16 REGATTA CONTACTS

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