

**2021 Fall Atlantic Coast Championship**  
**Hosted by**  
**Old Dominion University**  
4551 Powhatan Ave.  
Norfolk, VA 23529  
Nov. 13-14, , 2021

**NOTICE OF RACE**

**1. RULES:**

1.1. The Organizing Authority (OA) is the Mid-Atlantic Interscholastic Sailing Association in conjunction with the Virginia Interscholastic Sailing Association, and Old Dominion University.

1.2. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS), the prescriptions of US SAILING, the ISSA Procedural Rules, the MASSA District Supplemental Rules (includes SI's) and Code of Conduct, this Notice of Race, and Addendum to the Sailing Instructions. In the event of a conflict, the Sailing Instructions Addendum will take precedence.

1.3. RRS Appendix P is in effect modified per ISSA Procedural Rule 14(c).

1.4. In accordance with rule 70.5(a), decisions of the protest committee are final. US Sailing's permission has been granted.

**2. ELIGIBILITY:**

2.1. Competing schools must be members of ISSA and MASSA, and meet ISSA and MASSA eligibility rules as prescribed in the Procedural Rules, and the District Rules.

2.2. In accordance with ISSA PR 1.3, teams must be accompanied by a designated adult team leader, who may be an advisor, coach or parent recognized by the school.

2.3. The regatta has **18 berths**. Selection of competing schools will be by District elimination or other selection methods designed to select the top teams from each District. Schools should contact their district directors to find out details on district qualifiers. District allocations: MASSA - 6; MISSA - 4; NESSA - 4; At-large - 4 berths.

2.4. At-large berths - Any team may apply to the MASSA Director for an at-large berth. Additional at-large berths will be awarded if any District does not fill all of its allocated berths by Monday, Nov. 1, 2021. The open berths will be filled from the list of teams waiting on the "at-large" list, unless the District makes special arrangements for qualifiers scheduled after the deadline. Any berths not filled by the at-large method shall be allocated to the host District.

### **3. ENTRY AND COMMUNICATIONS:**

3.1. Eligible schools must enter by submitting contact information on the district google document commitment form, and by confirming registration with the regatta chairperson by 5:00 PM on Monday, Nov. 1, 2021. If the elimination for your district is to be held after this date, please contact the MASSA Director immediately so special arrangements can be made.

3.2. Teams unable to compete must notify the regatta chairperson and the MASSA Director as soon as possible.

3.3. Any berth not filled by eligible schools by the deadline in 3.1, or thereafter vacated, will be reallocated by the MASSA director. The first open allocation will go to the host league.

3.4.

### **4. ENTRY FEE & DAMAGE DEPOSIT:**

4.1. There is no damage deposit or entry fee for this event.

### **5. BOATS:**

5.1. FJ's will be provided by ODU. Boats will be sailed as provided. Bow lines shall not be used for any other purpose other than for towing.

5.2 Collisions causing damage will be dealt with by jury in accordance with RRS rules 14, 67, & 69.

### **6. SCHEDULE OF EVENTS:**

#### **Saturday**

8:30 - Report time/Rigging of Boats

9:00 - Rigging of boats

First Warning - as soon as reasonably possible after launching.

There will be no cut off time for racing.

#### **Sunday**

8:30 - Rigging of boats

First Warning - as soon as reasonably possible after launching.

2:00 - Racing ends at the earlier of this time or completion of specified rounds, whichever comes first, with the exception of any sail-off.

Awards - immediately after all gear is properly stowed.

6.1 Changes to the official schedule will be posted on the official notice board.

**7. RACING AREA:** All races will be sailed Elizabeth River off the shores of Old Dominion University.

**8. COURSES:** Based on conditions, the Race Committee will determine the courses as prescribed in ISSA PR 7.7.

**9. FORMAT:** Format will be detailed in the SI Addenda.

**10. SCORING:** The regatta will be scored in accordance with ISSA Procedural Rules.

**11. RECORD OF PARTICIPATION:** Teams must complete the online RP forms in Tech Score before noon on the Monday, after the regatta. Failure to comply will result in penalties as outlined in ISSA Procedural Rule 4.3 (20 pts/division in fleet racing or + 2 losses and -2 wins in team racing). This modifies the deadline time in ISSA PR 4.3(b).

**12. SAFETY/EQUIPMENT:**

11.1 Competitors shall wear inherently buoyant personal flotation devices designated as USCG “wearable” in accordance with ISSA PR 2.2. Inflatable type PFDs are not permitted.

11.2 The race committee may require the use of drysuits or full-length wetsuits if the combined air and water temperature is below 120 degrees. This may be announced at the daily competitors’ meeting, and need not be signaled.

11.3 Failure to comply with 11.1 or 11.2 above will be grounds for disqualification from all races sailed in contravention of those instructions.

11.4 Team pinnies must be worn per ISSA PR 2.4. A 20-point penalty will be applied to the division in which the sailors did not comply. No hearing is required.

11.5 Competitors shall supply the equipment to meet the requirements of 11.1, 11.2, and 11.4 above.

11.6 At its discretion, the Race Committee or Organizing Authority may require a competitor to retire from racing if the competitor is determined to be a risk to their own or others’ safety.

11.7 The current MASSA COVID Protocols will be in effect.

**14. COACHING:**

14.1 Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from 0600 Saturday to after racing has ended on Sunday unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this

requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

14.2 If the Organizing Authority allows coaching to occur from the water, support persons are required to wear a USCG approved PFD at all times. The host will NOT provide PFDs

**15. PRIZES: Trophies.** Prizes will be awarded to the schools placing 1st, 2nd, and 3rd in the regatta. Prizes may be mailed to winners after the event.

**16. OFFICIAL NOTICE:** No contestant shall use, either on or off the water, marijuana or any other controlled substance, as defined in 21 U.S. Code 802, the possession of which is unlawful under U.S. Code 841, or alcoholic beverages (distilled spirits, wine, and beer, each as defined in Chapter 51 of the U.S. Internal Revenue Code and intended for beverage use). An alleged breach of this procedural rule shall not be grounds for a protest. However, when a report is received from any source, alleging such a breach a protest committee consisting of the regatta chairperson, a member of the ISSA Board of Directors, and the chairperson of the protest committee, shall follow the process described in RRS 69.1(b). If a hearing under RRS 69 is held, a competitor found to have breached this procedural rule shall be excluded from the remaining races of the series and, where practical, be removed from the regatta venues and sent home. Additional penalties consistent with RRS 69.2 may be imposed on the competitor or the competitor's team. This regulation is in effect during the entire event from the date and time of arrival through the date and time of departure from the regatta site.

**17. RIGHTS TO USE NAME AND LIKENESS:** By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

**18. WAIVER OF LIABILITY:** Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

**19. REGATTA CONTACTS:**

Dr. Randall Nunn

MASSA District Director - [MASSADistrict@gmail.com](mailto:MASSADistrict@gmail.com), 732-581-1100

Joan Patterson

*VISA League Director* - [virginiahssailing@gmail.com](mailto:virginiahssailing@gmail.com), 757-325-7603

Mitch Brindley

*ODU Head Coach, Regatta Chair* - [mbrindle@odu.edu](mailto:mbrindle@odu.edu), 757-287-1201

Gary Bodie

*PRO* - [garybodie@gmail.com](mailto:garybodie@gmail.com), 757-342-4252

Attachment 1 - MASSA District Supplemental Rules including SI's.

Attachment 2 - MASSA COVID Protocols

Attachment 3 - MASSA Code of Conduct