



**2025 Allstate Sugar Bowl
Great Oaks Invitational Regatta
November 22-23, 2025
Southern Yacht Club
New Orleans, Louisiana**

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the *Racing Rules of Sailing* (RRS), including the prescriptions of the US Sailing Association, and the Procedural Rules of the Interscholastic Sailing Association (ISSA).
- 1.2 The US Sailing Association prescriptions to RRS 63.1(b) and the preamble to Part 5, Section B are deleted.
- 1.3 RRS Appendix P is in effect, modified per ISSA Procedural Rule 13(c).
- 1.4 ISSA Procedural Rule 15(b) states that a boat shall inform the Race Committee finish boat of his/her intention to protest, immediately after finishing. This changes RRS 60.2 and RRS 60.4.

2. FORMAT OF THE REGATTA

- 2.1 Boats will be divided into two fleets for each day of racing.
- 2.2 Qualification races will be sailed on the first day in two fleets, **green** and **red**. Boats will be assigned alphabetically by the scoring program, TechScore. The green and red fleets will be started separately. The class flag for the green fleet will be green, and the class flag for the red fleet will be red.
- 2.3 At the end of the first day of racing and the hearing of any protests, the teams will be divided into a Gold and Silver fleet. The top half of Green and Red will constitute the Gold Fleet and the rest of the teams will sail in Silver. If there is an odd number of boats in the red and/or green fleets, the team finishing in the middle of its fleet will be included in the gold fleet. The gold and silver fleets will be started separately. The class flag for the gold fleet will be yellow, and the class flag for the silver fleet will be white.
- 2.4 Fleet assignments and boat rotation details will be posted on the Notice Board no later than the conclusion of the Competitors' Meeting each morning for that day's races. This information will also be available online at scores.hssailing.org.

3. BOATS, EQUIPMENT, SUBSTITUTIONS

- 3.1 Club 420s, without trapeze or spinnaker gear, will be chartered from Community Sailing New Orleans, Inc. or provided by Southern Yacht Club. Teams shall not modify any boat or cause them to be modified in any way.
- 3.2 ISSA Procedural Rules regarding equipment shall apply. Procedural Rule 7.11 is amended to add that "Teams sailing on boats equipped with through-hull bailers must keep them closed at all times while

racing.” Hand or scoop bailers and sponges are allowed and are the responsibility of the team; SYC will not supply bailers. Mainsheets may be rigged with a 3:1 or 4:1 purchase.

3.3 Competitors shall report any damage to boats and equipment or loss of equipment, however slight, to the Race Committee immediately upon completion of the race in which it occurs. The penalty for infringement of this instruction, unless the protest committee is satisfied that the competitor made a determined effort to comply, may be disqualification of the team or team members from the race or the series at the discretion of the protest committee.

3.4 Competitors shall report any problem with the boat they are rotating into after inspection of the boat and prior to leaving the rotation dock to the Rotation Dock Official, who will be introduced at the Competitors Meeting.

4. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located in the lobby on the ground floor of the SYC clubhouse.

5. CHANGES IN SAILING INSTRUCTIONS

5.1 Any change to the sailing instructions will be posted no later than 60 minutes prior to the first warning signal on the day it will take effect.

5.2 Any change to the schedule will be posted by 1900 hours the day before it takes effect.

5.3 At the discretion of the Race Committee, oral instructions may be given on the water by loud hailer.

6. SIGNALS MADE ASHORE

6.1 Signals made ashore will be displayed from a flag halyard affixed to the “A” frame structure located near the launching area west of the main club building.

6.2 When code flag “AP” is displayed ashore, it means “Races not started are postponed. Do not leave the harbor area.” The time of the next warning signal will be posted on the Official Notice Board prior to lowering AP. This changes Race Signal “AP”.

7. SCHEDULE OF RACES

Saturday, November 22, 2025

0800 – Check-in. Rigging of Boats

0830 – Mandatory Competitors Meeting in the East Dining Room on the third floor at SYC. ***Teams not represented during roll call will be scored DSQ for the first race of the day without a hearing.***

1000 – First Warning Signal. Racing will continue throughout the day.

Sunday, November 23, 2025

0800 – Rigging of Boats

0830 – Mandatory Competitors Meeting in the East Dining Room on the third floor at SYC. ***Teams not represented during roll call will be scored DSQ for the first race of the day without a hearing.***

0930 – First Warning Signal. Racing will continue throughout the day.

1500 – No race will be started after this time.

8. SAFETY

8.1 Competitors shall provide and wear USCG approved personal flotation devices as specified in ISSA Procedure Rule 2.2. Only a team pinnie may be worn on the outside of a lifejacket.

8.2 Competitors shall not protest one another over compliance with instruction 8.1; however, the Race Committee and/or Judges may initiate a protest over compliance. This changes RRS 60.1.

- 8.3 A boat that retires from a race or intends not to start a race shall notify the Race Committee before leaving the course area, or if that is impossible, it shall notify the SYC office and/or on-shore Race Committee immediately upon reaching shore. Failure to report may subject the skipper of the infringing boat to disqualification from either the race or the series.
- 8.4 The Race Committee reserves the right to assist competitors, who in the opinion of the Committee require assistance, regardless of the wishes of the competitor.
- 8.5 As per Procedural Rule 2.4, Team Uniforms should be worn while sailing (Pinnies).

9. RACING AREA

The racing area will be on Lake Pontchartrain north of the Southern Yacht Club.

10. MARKS

- 10.1 Rounding marks #1, #2S and #2P will be orange tetrahedron marks.
- 10.2 The starting and finishing marks will be a race committee boat and a spherical orange or red mark.
- 10.3 There will be an offset mark at the Windward mark #1. The offset mark will be an orange or red ball.

11. THE COURSE

- 11.1 The course diagram in **Addendum 1** shows the course, and the order and the side on which each mark is to be left. The course is windward-leeward once around, and it includes an offset mark at the windward mark as well as a gate at the leeward mark.
- 11.2 The gate formed by the start/finish mark and the race committee boat is **closed** to all boats not starting or finishing. The starting and finishing marks are not marks of the course except when starting or finishing.

12. THE START

- 12.1 Races will be started in accordance with ISSA Procedural Rule 7.9 and RRS US Sailing Prescription Appendix U – Audible Signal Racing System.
- 12.2 The starting line will be between a staff displaying an orange flag on a Race Committee boat and the adjacent mark.
- 12.3 The fleet whose warning signal has not been made shall avoid the starting area.
- 12.4 A boat starting later than three (3) minutes after her starting signal shall be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1, and A5.2.

13. RECALLS

- 13.1 As provided in Procedural Rule 7.9(b), the Race Committee will display flag X and attempt to verbally hail the sail numbers of those boats identified as OCS. Failure of a boat to hear a hail, the order of the hail, or a failure to hail shall not be grounds for a boat to request redress.
- 13.2 Per ISSA Procedural Rule 7.9(c), the race committee shall signal a general recall with multiple sounds and the hail of “general recall.” Flag “First Substitute” will not be displayed. Following a general recall, the warning for any subsequent start may be initiated at any time.
- 13.3 Per ISSA Procedural Rule 7.9(c), the “round an end” provisions of RRS 30.1 will apply for a start following a general recall. Code flag “I” need not be displayed.

14. ABANDONMENT

In accordance with ISSA Procedural Rule 7.8(d), races will not be shortened, but they may be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee.

15. THE FINISH

- 15.1 The finishing line will be between a staff displaying an orange flag on a Race Committee boat and the adjacent mark, or as described at the Competitors' meeting. This changes Race Signals.
- 15.2 If a boat is delaying the completion of a race, the Race Committee may, at its sole discretion, award that boat a finish and score her points equal to last place.

16. ON-WATER PROTEST COMMITTEE

There may be on the water judging. Judge boats will display either a US Sailing Judge flag or another distinctive flag making the judge boat easy to identify.

17. PROTESTS, SCORING REVIEWS, REDRESS REQUESTS, AND PENALTIES

17.1 General

Protest forms will be available on the Official Notice Board. Completed protest and request for redress forms shall be delivered to the protest desk in the 2nd floor lobby within the appropriate time limit.

- 17.2 The protest time limit is 30 minutes after the race committee signal boat docks after the last race of the day. The protest time limit (filing deadline) will be posted on the Official Notice Board as soon as practical.

- 17.3 The protest notices required by RRS 63.1(a), and the notification of protests by the race committee or the protest committee required by RRS 60.2(a)(2), will be posted on the official notice board as soon as possible after a protest has been delivered, but not later than 30 minutes after the protest time limit.

- 17.4 Hearings will be held **at the Board Room on the 2nd floor of the club as soon as practical.** Representatives of boats who are parties to a hearing and their witnesses shall remain in the vicinity of the Board Room until their hearing is held.

17.5 Redress Requests

If the race committee posts a list of boats scored OCS, ZFP, NSC or BFD on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than 30 minutes after the protest time limit. This changes RRS 61.2(b).

18. BREAKDOWNS

- 18.1 Breakdown points will be administered using the principles outlined in ISSA Procedural Rule 9(e). Redress requests seeking breakdown points shall be filed in the same manner as protests. Compensation shall be consistent with ISSA Procedural Rule Appendix 5.
- 18.2 If a boat breaks down in a race and cannot be repaired or replaced in time for the subsequent race(s), the school(s) assigned to that boat shall be awarded BYE(s) for the race(s).

19. SCORING

- 19.1 Scoring will be in accordance with ISSA Procedural Rule 9. All races will be scored; there will be no throw-outs.
- 19.2 **Teams failing to attend the Competitors' meetings shall be scored DSQ without a hearing for the first race of the day in which the meeting was not attended.** This changes RRS A5.1, and A5.2.
- 19.3 A minimum of three races must be sailed in the green and red fleets to qualify for gold and silver fleets.
- 19.4 Only scores from the gold and silver races will be used to determine finish positions in the gold and silver fleets. A minimum of three races constitute a series in the gold and silver fleets.

- 19.5 In the event that only Qualification Races are completed or that an insufficient number of gold and silver races are completed, the winning teams from the green and red fleets shall be awarded “equal firsts”, the next teams shall be awarded “equal seconds”, etc.
- 19.6 In accordance with ISSA Procedural Rule 4.3, Record of Participation (RP Forms) must be completed online by each team in TechScore at **ts.hssailing.org** before the close of protest time at the end of **EACH** regatta, both Qualifying and Championship regattas. Please note, **EACH DAY**, the penalty for teams failing to complete the Record of Participation Form within the time limit will be to have 20 points added to their total team score by the Regatta Chairperson.

20. DAMAGE DEPOSITS

If damage to a boat or boats cannot be attributed to a specific team or teams, the deposits of all teams may be used to cover the cost of repairs with the unused portion being returned to each team.

21. AWARDS

Prizes will be awarded to the top three finishers in the gold fleet and to the top three finishers in the silver fleet. The school name of the top gold finisher will be engraved on the permanent Great Oaks trophies. The Babs and Larry White Perpetual trophy will be awarded for the outstanding performance of a first-time team. The Kelly Lockwood Alfortish trophy will be awarded to the team with the best overall finish skippered by a female sailor (2 races minimum each day).

Addendum 1:

