

# CONNECTICUT STATE CHAMPIONSHIP

## TWO DIVISION FLEET RACE

### *Connecticut State Champs*



**SAIL BLACK ROCK**  
Captain's Cove Seaport, Black Rock, CT  
Sunday, May 16, 2021

***SAIL BLACK ROCK***, which hosts the teams of Sacred Heart University and Fairfield University, is pleased to offer a one day, two division, interscholastic fleet racing championship.

## Notice of Race

### **1. RULES:**

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the ISSA Procedural Rules, and the NESSA Procedural & District Rules
- 1.2. In accordance with RRS rule 70.5(a), decisions of the protest committee are final. US SAILING's permission has been granted.
- 1.3. ISSA PR 5.1 (Conduct) shall be in effect for the entire regatta. This rule applies to all invitees, including, but not limited to; sailors, coaches and parents. All invitees are expected to display proper manners and positive attitudes at all times. No barefoot sailing is permitted.
- 1.4. The Organizing Authority (OA) is NESSA in conjunction with SAIL BLACK ROCK. SAIL BLACK ROCK hosts the intercollegiate sailing teams of Fairfield and Sacred Heart Universities.

### **2. SCHEDULE:**

- 2.1. 1030 -Competitors' Meeting – mandatory attendance  
1600 - No first warning for any race will start after this time, except if the regatta is not "official" yet, in accordance with the ISSA PR in which case, racing can continue until the regatta is official.
- 2.2. Changes to the schedule will be posted on the official notice board located in the sailing school classroom.

3. **RACING AREA:** The race area will be defined at Competitors' Meeting but will be most likely be in the vicinity of St. Mary's Point at the western entrance to Black Rock Harbor, on Long Island Sound

4. **COURSES:** The Race Committee will determine the courses as prescribed in ISSA PR 7.8. Courses will be defined at Competitors' Meeting but may be modified at any time by RC. RC will make auditory announcements of course changes, if any, to all sailors on race course.
5. **SCORING:** The regatta will be scored in accordance with ISSA Procedural Rules. TechScore will be updated in real time.

**6. COACHING & SUBSTITUTES:**

- 6.1. Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from the time they arrive at the regatta site unless explicitly permitted by the regatta chair. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

**On the water coaches are limited to one per team and must remain in designated common Sail Black Rock Race Management coach boat or boats.** ISSA PR 8 defines other coaching limitations and obligations.

**Teams are limited to a total of 6 sailors and one coach.**

**WAIVER OF LIABILITY:**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

**CV19 RESTRICTIONS: Masks must be worn inside all enclosed spaces including but not limited to; sailing classroom, heads, boat cabins, sail storage shed, etc. No Z420 rotations between different teams shall take place. Coaches and staged sailors on powerboats to wear masks when deemed appropriate by each individual and make social distancing best efforts.**

**Teams will be allotted two boats each (one for A Division & one for B Division). A & B Divisions will have separate starts. Boats and sails are matching and equal.**

**REGATTA CONTACTS/REGATTA CHAIRS:**

Henry Millette – Regatta Organizer - [henry\\_millette@greenwich.k12.ct.us](mailto:henry_millette@greenwich.k12.ct.us) (914) 552-7405

Dave White – SAIL BLACK ROCK – Event Chair - [dave@dhwhiterealestate.com](mailto:dave@dhwhiterealestate.com) (203) 249-4434

# LOGISTICS

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**Shore Access and Departure** – No sailors will have access to shore after first warning. All sailors will be on the water 1.5 miles offshore for the entire day. **Except for an emergency, no sailor will be brought back to shore.** Departures from shore venue at end of regatta will be approximately at 1700 hours.

**Parking** – Abundant parking around the Sailing School Building, which is larger white building on the boardwalk.

**Gear/Dressing** – Dress in Sailing School classroom or in Sailing School heads. Please keep gear and gear bags in cars. Nothing is to be left on boardwalk, outside on deck of sailing school building or in classroom.

**Lunch** – Bring your own for on the water nourishment. Seaport Restaurant is open. New Stop and Shop is two blocks away, McDonald's, Popeye's, Wendy's, Subway and Dunkin' Donuts are 5 minutes by car. Chipotle and Five Guys is 10 minutes away in Fairfield. Lunches will be stored on support powerboats.

**Water** – Plastic water bottles are banned. Refill stations are available on shore in Sailing School head and at water stations on powerboats on race course.

**Drysuits** – Please have dry suits or full wet suits available, RC will announce if required at Competitors' Meeting.

**Safety** – Harbor has occasional commercial traffic consisting of large oil and gravel barges with tugs. They have the right of way and cannot change course or stop quickly. Keep clear of commercial channel to permit their transit. All sailors, coaches and spectators on the water must be wearing an approved PFD, unless directed otherwise by RC. Proper boat shoes/boots to be worn by all sailors, coaches and spectators at all times.

**Heads** – Our sailing school building has heads, showers and washer/dryer. Support powerboats including Mini-barge, RC, Grand Banks and Pelican Trawler have heads for on the water access.

**Boat Launch** – (18) Z420s are dry stored on floats on island dock across the harbor. Competitors are ferried in inflatables – 12+ passengers at a time.

**Equipment-** (18) Z420s (2014) with new Blue Ribbon North Sails.

**Racing Area** – Black Rock Harbor, Bridgeport, CT on Long Island Sound. Harbor can be shallow in areas and there are rocks. We have several racing areas but most likely we will be racing off St. Mary’s Point on Long Island Sound at the western side at the mouth of Black Rock Harbor. Racing areas may change in afternoons, dependent upon wind strength and direction, sea conditions and tide. Please pay attention at Competitors’ meeting concerning hazards in the racing areas.

**Rotations** – There will be no boat rotations.

**Power Boats** – We have an 18’ red lobster boat (Beach Plum) for RC. It has a cabin, head and holds 4 adults, a 22’ grey RIB which holds 18 for rescue/coach, and a 12’ red RIB which holds 3 for mark management. Grand Banks 32 and/or Pelican Trawler with pontoon and mini-barge will be anchored in starting area for offset staging of sailors.

**Capsize** – A designated rescue boat with rescue swimmer will be identified at Competitor’s meeting. It is important to move quickly to right the boat and avoid turtling because the bottom can be thick, smelly black mud.

**HOTELS** –

Inn at Fairfield Beach, Fairfield, CT – updated motel across from Fairfield Beach, nautically decorated studios & suites for 2-4 persons (add. guests on air mattresses) - \$140-\$250 -ask for 10% university discount, additional person \$25- book side away from bar - recommended

Inn at Long Shore, Westport, CT – only 12 rooms and suites on waterfront golf course and marina. River and Long Is. Sound views from classic 1890 European style mansion with fine dining restaurant. Complementary continental breakfast. Expansive lawn leading to private beach \$159-\$259 – 2-4 persons per room. 15 minute drive, - highly recommended

Black Rock Inn/Best Western, Fairfield, CT - \$139 (2 in room) - suites available for 4-6 – hot breakfast included- do not book first floor, I-95 side or any pet friendly rooms – adequate business hotel

Fairfield Circle Inn, Fairfield, CT - \$159 (2 in room) – suites available, Circle Diner on site– new outdoor pool, - 2015 fully renovated motel into 3-star first class facility – book pool side - highly recommended

Delamar Southport – Southport, CT - \$289+ luxury 5-star hotel with spa/fitness center and artisan fine dining, suites available, book side away from I-95, highly recommended as best luxury hotel within 25 miles

**Après Sail** – Downtown Fairfield is just a few miles away. Also dining and nightlife along Fairfield Avenue in nearby Black Rock section of Bridgeport. Sacred Heart University and Fairfield University campuses are less than 10 minutes away in the Town of Fairfield.

**Contacts** –

Henry Millette – Regatta Organizer	(914) 552-7405	<a href="mailto:henry_millette@greenwich.k12.ct.us">henry_millette@greenwich.k12.ct.us</a>
Dave White – Event Chair	203 249-4434	<a href="mailto:dave@dhwhiterealestate.com">dave@dhwhiterealestate.com</a>
Jamie Fales - PRO	203 722-6534	<a href="mailto:jamie.fales@gmail.com">jamie.fales@gmail.com</a>

*Deus ventum movet, hominis velum aptarat*