



2023 High School Singlehanded National Championships for the Cressy Trophy

Hosted by
Southern Yacht Club
October 28-29, 2023

SAILING INSTRUCTIONS

1. RULES:

The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the [ISSA Procedural Rules](#) and the [ISSA National Championship General Conditions](#), the [Scholastic Dinghy Class Rules](#), the NOR, and these SI's. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.

2. NOTICE TO COMPETITORS:

- 2.1 Official notices will be posted on the official notice board located on Techscore. Order of protests and other jury action may be posted on the notice board on the first floor of SYC.
- 2.2 Changes to the sailing instructions shall be approved by the chief judge and the ISSA representative and shall be posted on the official notice board, with an announcement prior to taking effect.

3. SCHEDULE:

- 3.1 Report times each day are listed in the NOR.
- 3.2 The number of races each day will be at the discretion of the regatta chair and the ISSA Rep.

4. COURSES AND MARKS:

- 4.1 The courses will be announced before each race and will be taken from the Course Diagram on the Notice Board.
- 4.2 All marks will be orange round spheres, except the finishing mark which will be yellow.

5. START/FINISH AND SIGNALS:

- 5.1 Races will start in accordance with ISSA PR 7.9(a).
- 5.2 The starting line will be between an orange staff on the signal boat and an orange or yellow sphere. The finish line will be between a blue staff on the signal boat and an orange or yellow sphere.
- 5.3 The ILCA 7 fleet class flag is a white flag. The ILCA 6 Boys fleet class flag is a yellow flag. The ILCA 6 Girls fleet class flag is a green flag.

6. FORMAT:

- 6.1 The committee will attempt to complete 12 races.

7. **PROTESTS:** Protests shall be filed within 30 minutes of the last boat reaching shore at the end of the day or any other breaks in racing taken ashore. Changes ISSA PR 16d. Protest forms will be available in the 1st floor lobby area of SYC and should be handed to a protest committee official.
- 7.1 Video, data and/or photographs taken from any source shall not be presented by the competitors as evidence at protest hearings. This changes RRS 63.6.
8. **SCORING:** Scoring will be in accordance with ISSA PR 9.
9. **COACHING:** ISSA PR 8 will apply. Coaching will take place from shore or a host provided boat.
10. **SAFETY:** A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
11. **REGATTA CONTACTS:**

Donald McKoin

Race Committee Chairman, donaldmckoin3@gmail.com, 504-259-0112

Dan Zwerg

SEISA District Director/ISSA Rep, dzwerg@ststan.com, 228-327-4557

Course Diagram

W4: START-W-O-G1 or G2-W-O-G2-FINISH

W3: START-W-O-G1 or G2-UPWIND FINISH

