

SAILING INSTRUCTIONS

ISSA NATIONAL HIGH SCHOOL DOUBLEHANDED CHAMPIONSHIP for

The Mallory Trophy

May 12-13, 2018

Lakewood Yacht Club

1. RULES:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the prescriptions of US Sailing, the ISSA Procedural Rules, the ISSA Mallory Championship Conditions, the Notice of Race, and these Sailing Instructions.
- 1.2. The Organizing Authority (OA) is the Interscholastic Sailing Association in conjunction with hosts Lakewood Yacht Club & Bay Access. Host school is Clear Falls High School.
- 1.3. RRS Appendix P is in effect modified per ISSA Procedural Rule 14(c).

2. NOTICE TO COMPETITORS:

- 2.1. Official notices including changes to sailing instructions will be posted on the official notice board located at Seahorse Lounge Patio.
- 2.2. Changes to the sailing instructions may be made by the Race Committee, approved ISSA rep and posted no later than one half hour prior to the first warning signal on the day it will take effect.
- 2.3. The Race Committee will make signals ashore at the flagpole in front of the LYC Opti Launch ramps.

3. SCHEDULE:

Friday, May 11, 2018

1200 – 1700 – Registration/check in at Seahorse Sailing Center

1500 – 1800 – Practice time – boats will be available at the sailing center. One boat per team.

Saturday, May 12, 2018

0800 – 0900 Late Check in/registration

0830 – 0930 Rigging of boats

0900 – Competitor's Meeting

1000 – Warning Signal

As soon as possible following racing - Dinner

Sunday, May 13, 2018

0845 – 0930 Rigging of boats

1000 – Warning Signal

1600 – No race will start after this time, with the exception of any sail off, if needed.

Trophy presentation – Following completion of racing

4. COURSES AND MARKS: (refer to course diagrams in Addendum 1)

- 4.1. Courses will be in accordance with ISSA PR 7.7.
- 4.2. The race committee will display the course designation on a whiteboard or placard, and may designate course selection orally.

- 4.3. Marks will be yellow tetrahedrons. Offset mark will be an orange ball. Start/Finish marks will be an orange ball or orange flags.
- 4.4. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

5. START, FINISH, AND RECALLS:

- 5.1. Races will start in accordance with ISSA PR 7.8(a), which states: RRS US Sailing Prescription Appendix U - Sound-Signal Starting System shall be used.
- 5.2. Individual Recall - Individual recalls shall be signaled by 1 additional sound, and hailing the sail/bow number(s); Flag X will not be displayed. (Changes RRS 29.1 and U1).
- 5.3. General Recall - The race committee shall signal a general recall with multiple sounds and the hail of "general recall" and need not display the First Substitute. Following a general recall, the warning for any subsequent start may be initiated at any time. (Changes RRS 29.2).
- 5.4. After a general recall, RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).
- 5.5. The start line will be between the staff from which an orange flag is displayed on the race committee Signal Vessel and the staff from which an orange flag is displayed on the race committee Pin Vessel or the course side of the start/finish mark.
- 5.6. The finish line will be between the staff from which an orange flag is displayed on the race committee vessel and the leeward side of the Finish mark.
- 5.7. Boats whose warning signal has not been made shall stay clear of the starting & racing areas during the starting sequence & races for other division.

6. BREAKDOWNS:

- 6.1. Redress requests for breakdowns shall be filed in the same manner as protests.
- 6.2. Breakdowns shall be scored in accordance with ISSA Procedural Rule 9(e). Compensation shall be consistent with ISSA PR Appendix 3.

7. PROTESTS:

- 7.1. Protests procedure will be in accordance with ISSA Procedural Rule Part VI.
- 7.2. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.
- 7.3. The Race Committee will make protest forms available near the Official Notice Board.

8. SCORING:

- 8.1. Scoring will be in accordance with ISSA Procedural Rule 9.

9. BOATS:

- 9.1. Boats – FJs will be provided by the host, boats will be sailed as provided. Purchase ratio of mainsheet may be 3:1 or 4:1.
- 9.2. Damage to any boat must be reported as soon as practical to a Race Committee representative.
- 9.3. Boats must be turned over to the next rotation in ready-to-race condition.
- 9.4. Any problems with a boat received in rotation should be immediately reported to **Race Committee Dock Rep**, including time needed to repair/bail/drain a boat.

10. RECORD OF PARTICIPATION

- 10.1. ISSA PR 4.3 – Record of Participation applies. It is each team's responsibility to complete the Record of Participation through Tech Score at ts.hssailing.org within the time limit.

11. COACHING:

11.1. PR 8 is in effect. A competitor may receive coaching, assistance, equipment or sustenance only while on shore or on the dock. When boats do not return to the dock after each race, the Race Committee may designate an area where all of the above may take place, provided at least one coach from each team has equal access to the area, which may be a boat or float. Support Person(s) shall not go afloat in the sailing area on personal craft unless also acting as a member of the race committee in which case contact with a competitor shall also be limited to a designated area; otherwise that Support Person shall be allowed to perform duties necessary in running the regatta. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

12. SAFETY:

12.1. ISSA PR 1.3 – Responsible Adult applies.

12.2. All competitors must wear USCG approved wearable lifejacket as outlined in Procedural Rule 2.2.

12.3. A team uniform *is required*, per ISSA PR 2.5 Team Uniforms. This may be a team pinnie worn on the outside of the lifejacket.

12.4. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

13. FORMAT:

13.1. The race committee will attempt to complete a full rotation.

13.2. Rotation schedule will be available after the Competitors' Meeting, as well as on the Tech Score website at scores.hssailing.org, and will be posted to the Official Notice Board.

14. TROPHIES:

Prizes will be awarded to schools placing 1st, 2nd and 3rd in the regatta. The top school will have its name engraved on the perpetual Mallory Trophy. Trophies will also be awarded to first place skipper and crew in A and B divisions.

15. WAIVER OF LIABILITY:

15.1. Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

15.2. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

16. RIGHTS TO USE NAME AND LIKENESS:

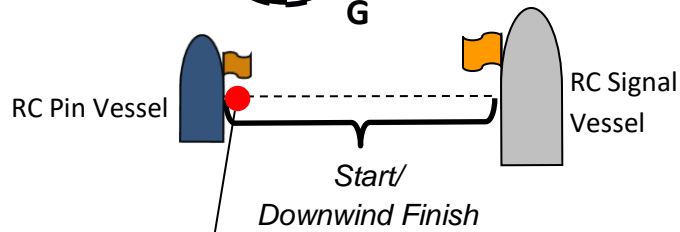
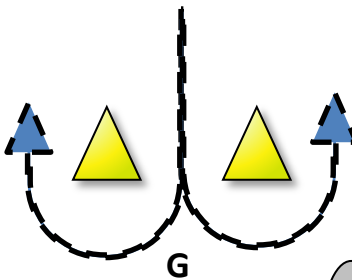
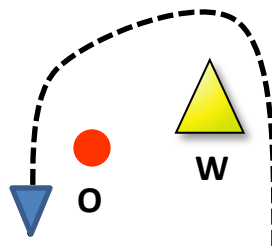
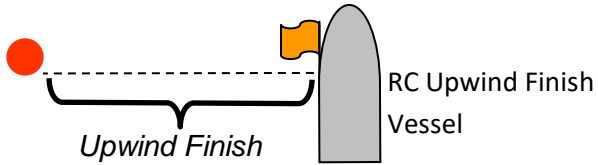
16.1. By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

Addendum 1

Course Card

Marks of the course shall be left to port

Course	Marks
W3	Start – W – O – G – Upwind Finish
W4	Start – W – O – G – W – O – Downwind Finish
W5	Start – W – O – G – W – O – G – Upwind Finish



Orange pin ball is optional finish end.