

ISSA NEWS



**Newsletter of the
INTERSCHOLASTIC
SAILING
ASSOCIATION
Founded 1930**

A Supporting Member of US SAILING

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Nevin Snow and Ian Barrows win Cressy Trophies

October 30 -31: 36 of the top high school Laser and Laser Radial sailors in the country, each representing one of 7 districts arrived in St. Petersburg, Florida to compete for the ISSA 2010 Singlehanded Championship. Host district for the regatta was the South Atlantic Interscholastic Sailing Association (SAISA) and St. Petersburg Yacht Club was the regatta venue sailing out of the St. Petersburg Sailing Center. Twelve races were completed in the Laser division and eleven in the Radials in two days on Tampa Bay in a variety of conditions. Principal Race Officer, Carole Bardes, and Regatta Chairman, Tom Wallace with an army of race committee volunteers did a fantastic job of getting all the races completed in sometimes challenging conditions.

Practice races were held on Friday in a very light breeze (4 - 6 knots). At the start of racing on time at 10:30 AM Saturday, the wind velocity was 14 - 16 knots and slowly decreased in the morning. The breeze held at 5 - 7 knots until mid-afternoon out of the northeast. Support Coaches and Parents watched the racing from the St. Pete Pier and sailors were allowed to approach from the finish to the pier to communicate after each race. Sailors were back at the dock by about 5:00. 9 races were completed in the Radial class and 10 in the Laser class the first day. At the end of the first day of racing, Nevin Snow of Cathedral Catholic High School, PCISA was winning the Lasers and Ian Barrows of Antilles School, SAISA was on top of the Radial fleet.

A regatta banquet was held Saturday evening at the St. Petersburg Yacht Club.

On Sunday morning the wind conditions were too light to start racing and the fleet was postponed on shore until 12:16 when there was sufficient breeze to send them back out. A southeasterly wind increased from 5 - 9 knots and provided for 2 more races in each fleet before the cutoff time of 3:00 pm.

In every race, there was intense competition between the leading sailors in each division. In the end, Nevin Snow of Cathedral Catholic High School, PCISA won the Laser fleet in a tie breaker over Chris Stocke of Sarasota High School, SAISA in second and Michael Sonnenberg, H.B. Plant High School, SAISA was a close third. Only eight points separated the top two competitors in the Radial division with Ian Barrows of Antilles School, SAISA winning first, J.Mitchell Kiss of Black River Public School, MWISA in second and Jack Swikart of Rumson-Fair Haven High School, MASSA.

Thank you to Laser Performance for supplying the boats for this event and to St. Petersburg Yacht Club for their hospitality and excellent race management.

Full Results on Page 4

Mark Your Calendar...

2011

May 7-8, 2011

The Clifford D. Mallory Championship for the doublehanded fleet title will be held at Austin Yacht Club, Austin, TX hosted by SEISA.

May 20-22, 2011

The Toby Baker Championship for the national team racing championship will be held at Norfolk Yacht and Country Club in Norfolk, VA hosted by MAISA

October 29-30, 2011

The Cressy Championship for singlehanded titles will be held at Chicago Yacht Club - Belmont Station, hosted by MISSA.

November 19-20, 2011

Great Oaks Regatta held at Southern Yacht Club, New Orleans, LA, hosted by SEISA

**Get more news from
ISSA Districts through site links on
www.highschoolsailingusa.org**



Photos from the Cressy Championship held in St. Petersburg, Florida. Courtesy of Tom Monkus.

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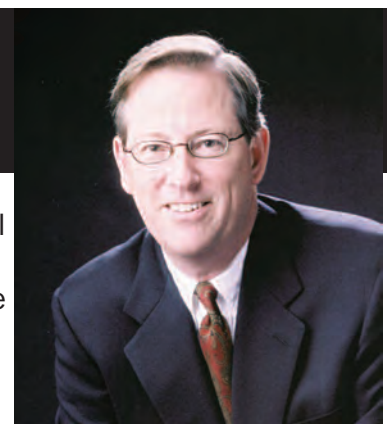
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President's Message



I'll begin my first "President's Letter" with the following statement: High school sailing is in great shape. As of the end of February ISSA reported over 400 high schools as members, a number that continues to grow every year. We are seeing growth in every district and some innovative regattas beginning. Rob Hurd has been a driving force behind the two year old Atlantic Coast Challenge. The San Diego Yacht Club hosted the inaugural Girls National Regatta last Spring. We have a lot of friends to thank for events like these in every district. At every high school sailing venue, sailing school and community sailing center and so many yacht clubs, there are many people and volunteers who help support this wonderful sport. And their efforts are helping our student athletes become better sailors.

As we look forward there are a lot exciting developments to report:

- ◆ISSA received an application for membership submitted by the Saltus school in Bermuda;
- ◆We have a very active board of directors that has many lively discussions about our mission, our membership and how the national organization can better serve all our member schools.
- ◆The 2011 Mallory (hosted by SEISA) and 2011 Baker (hosted by MASSA) championships are in great hands and promise to be wonderful events.
- ◆We are actively seeking teams to attend the British School Dinghy Racing championships in July. US Sailing has offered its annual grant to help offset the cost of travel.

There are a lot of good things going on in high school sailing.

I want to extend a special "Thank you" to Tim Hogan, whom I have succeeded in this position. I've known Tim since my first board meeting in 2002. I can confidently state that Tim is a true advocate for high school sailing. From his support of the Newport Harbor HS (CA) team, to his commitment to the California International Sailing Association (CISA) and their fantastic annual clinic, to his enthusiastic involvement with ISSA at the national level, Tim has been at the forefront helping this sport develop and thrive. He took over for Larry White five years ago and continued Larry's work for the sport. Tim stepped down last Fall as president of ISSA but remains a member at large on the board of directors. I welcome his continued participation and am very glad to have his experience and counsel on our board.

One last note, and a sad one, a good friend of high school sailing passed away over the winter - Sam Anderson. Sam was involved in NESSA and worked with Toby Baker (Past ISSA president) helping Toby while he was coaching Taft. According to Toby, Sam was "he was a Master learner and teacher. He was conscientious and devoted to working with [high school] groups." Our sympathies and remembrances to Sam's family

As we get ready for the Spring season, we wish all teams Fair Sailing.

Don Shea, ISSA President

GRESSY CHAMPIONSHIP RESULTS

Full Rig Laser

	Sailor	School	District	Total
1	Nevin Snow	Cathedral Catholic	PCISA	50
2	Christopher Stocke	Sarasota HS	SAISA	50
3	Michael Zonnenberg	HB Plant HS	SAISA	66
4	Lucas Adams	Portsmouth Abbey	NESSA	77
5	William Bailey	Antilles School	SAISA	89
6	Scott Houck	Severn School	MASSA	90
7	Morgan Merrill	Mid-Pacific Institute	PCISA	92
8	Greg Martinez	Kinkaid School	SEISA	99
9	Dan Nickerson	The Williams School	NESSA	103
10	Olin Paine	Pt Loma HS	PCISA	112
11	Michael Madigan	Corona del Mar HS	PCISA	124
12	Philip Lozier	Portsmouth Abbey	NESSA	130
13	Teddy Warner	Gig Harbor HS	NWISA	137
14	Connor Corgard	Blaine HS	MISSA	158
15	Kyle Swenson	St. Stephen's	MASSA	159
16	Joseph Paggi	Monsignor Donovan	MASSA	160
17	Ian Ikeda	Duxbury HS	NESSA	161
18	Robbie Allen	Minnetonka HS	MISSA	199



Nevin Snow, Christopher Stocke, Michael Zonnenberg.
Photo by T. Monkus

Radial

	Sailor	School	District	Total
1	Ian Barrows	The Antilles School	SAISA	52
2	Mitchell Kiss	Black River HS	MISSA	60
3	Jack Swikart	Rumson-Fair Haven	MASSA	72
4	Erika Reineke	St. Thomas Aquinas	SAISA	76
5	Matthew Morris	Pt. Loma HS	PCISA	76
6	Carson Crain	St. John's School	SEISA	87
7	Keiran Chung	Newport Harbor HS	PCISA	89
8	Alex Post	Loyola Academy	MISSA	100
9	Tyler MacDonald	Corona del Mar HS	PCISA	105
10	Pearson Potts	St. George's	NESSA	106
11	OJ O'Connell	East Lyme HS	NESSA	110
12	Gary Prieto	Southold HS	MASSA	114
13	Benjamin Buhl	Deep Run HS	MASSA	122
14	Erik Weis	St. Thomas Aquinas	SAISA	124
15	Catherine Shanahan	Portsmouth Abbey	NESSA	135
16	Patrick Snow	Cathedral Catholic	PCISA	144
17	Jake White	Orcas Island	NWISA	152
18	Sarah Stubbs	Greenwich Academy	NESSA	164



Ian Barrows, Mitchell Kiss, Jack Swikart. Photo by T. Monkus

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Reports from ISSA Districts

NESSA

The 2011-2012 spring sailing season is upon us and all area teams are itching to scrape off the ice, shovel out the snow and get our teams back on the water. NESSA has seen a steady influx of new starter teams this year, and expects its organization numbers up over 90 schools before the start of the season.

NESSA Fall Recap:

NESSA was successful in running 4 Great Oaks Regatta Qualifiers within the fall season. N. Kingstown (RI), Falmouth HS (ME), Duxbury HS (MA) and Winchester HS (MA) all were successful in making the trip to Southern Yacht Club for this year's awesome event. NESSA also had 45 schools compete in single-handed championship (Healy Trophy). Winning the Radial Division was Sarah Stubbs, followed by OJ O'Connell, Pearson Potts (St. Georges School - RI), and Catherine Shanahan. Winning the Full Division was Lucas Adams, followed by Dan Nickerson, Philip Lozier and Ian Ikeda. NESSA also had 4 teams represented at the 1st annual Fall ACC's. Daniel Hand, Marblehead, Falmouth (ME) and Duxbury made the trip to NJ.

NESSA Spring Qualifiers:

The O'day Trophy, NESSA's Fleet Qualifier, will be held on April 17th at Tabor Academy. The NESSA Team Racing Championship (The Fritz Mark Trophy) will be held at the UNH sailing center in Dover, NH during the weekend of May 14th and 15th.

2012 Baker Information:

MIT will be the host site for the 2012 Toby Baker Trophy. The official NOR for this event will be posted around the beginning of April. Please be on the look out for it on the ISSA website. Fran Charles, MIT's Head sailing coach and director, along with the Massachusetts Bay League, and their affiliates are excited to begin this process and are looking forward to a great competitive weekend.

NWISA

NWISA had a busy fall season of sailing, starting off with our Cressy qualifier with sixteen races completed over Labor Day weekend on Orcas Island. Racing continued thru Halloween with a costume filled McCurdy Cup team race weekend at Seattle Yacht Club. When the weather changed to winter in the Northwest, teams took advantage of regattas out of district, traveling to Great Oaks, Hawaii IMU, Anteater and Rose Bowl regattas. The district continues to grow with more regattas on the schedule and better participation by schools each season.

John Vandemoer was the speaker at our fourth annual coaches clinic presented by The Sailing Foundation and hosted at the Seattle Yacht Club Elliot Bay Outstation this January. Over fifty people took advantage of this daylong event. Ten weekend regattas are on the NWISA 2011 spring schedule. For more information about NWISA please visit us at <http://www.nwisa.org/>



NWISA Sailors at the 2010 McCurdy Cup hosted by Seattle Yacht Club on Halloween.

NEW ENGLAND ISSA

States: Maine, New Hampshire, Massachusetts, Rhode Island, Connecticut and Vermont
Contact: Director Andrew Nugnes, 508-360-0576
E-mail: alnuggs@hotmail.com

NORTHWEST ISSA

States: Washington, Oregon, Idaho and Alaska
Contact: District Director Burke Thomas, 360-376-2926
E-mail: woodsong7@centurytel.net
District website: geocities.com/newcanvas

MASSA

The five leagues in the MASSA district hosted many local team and fleet racing sailing events, including JV events to give the teams a maximum sailing experience without excessive travel. Each league reported the number of their active fall season fleet and team racing schools to the MASSA director in time for allocation numbers for the District championships to be calculated and then submitted the names of their teams that had qualified locally to participate in the championships. The **top qualified fleet racing** teams from the leagues were: **Northwest:** 1. Mercy/McQuaid, 2. Canisius, & 3. Brighton; **Northeast:** The Stony Brook School, & 2. St. Anns; **East:** 1. Toms River South, 2. Rumson - Fair Haven, 3. Monsignor Donovan, 4. Point Pleasant Beach, & 5. Southern Regional; **Central:** 1. Severn, 2. Broadneck, 3. Annapolis HS, 4. Archbishop Spalding, & 5. Severna Park; and **South:** 1. Norfolk Collegiate, 2. Christchurch, & 3. Walsingham.

The **top qualified team racing teams** from the leagues were: **Northwest:** Mercy/McQuaid; **Northeast:** Harborfields; **East:** 1. Toms River South, & 2. Rumson - Fair Haven; **Central:** 1. Annapolis, & 2. Severn; and **South:** 1. Norfolk Collegiate, & 2. Christchurch.

The **2010 Cressy Qualifier** was held at Brant Beach Yacht Club, September 18 - 19th. 59 competitors from around the Mid-Atlantic Scholastic Sailing Association were greeted with great weather at the Jersey Shore. Sailors from New York, New Jersey, Pennsylvania, and Virginia saw winds ranging from 5 to 10 knots for the entire event and had a variety of wind condition. Northerlies started the regatta off and as the day went on clocked around towards the Atlantic Ocean. Tide and current changed throughout the day.. Air temps were in the mid 70's - about the same as the water. This year the Cressy Qualifier had the largest number of Radial sailors in district history, 47 boys and girls competed for the chance to compete in the ISSA High School Singlehanded National Championship for the Cressy Trophy held at the St. Petersburg Yacht Club in St. Petersburg, FL on October 30-31, 2010.

In the Radial fleet, Gary Prieto of Southold High School in New York won by thirty point finishing the regatta with sixty -two points. In second was Jack Swikart of Rumson - Fair Haven High School in New Jersey and Ben Buhl of Deep Run School in Glen Allen, Virginia finished third. These top 3 sailors qualified to attend the Cressy Nationals. Alternatives, if the top 3 could not attend the nationals, were 4. Matthew Mollerus, Rye Country Day School, NY, and 5. Victor Thuroe, Mantituck-Cutchogue High, NY.

In the 12 boat Full Rig fleet, after twelve races, Scott Houck of the Severn School in Severna Park, MD finished the regatta in first place with 45 points. Second place was Kyle Swenson of St. Stephen's & Agnes in Alexandria, VA and third was Joseph Paggi of Monsignor Donovan High School in Toms River, NJ. At

the end of the day, the top six sailors in the full rig fleet were separated by less than ten points. These top 3 sailors qualified to attend the Cressy Nationals. Alternatives, if the top 3 could not attend the nationals, were 4. Dylan Finneran, Randolph High, NJ, and 5. Mike Carr, Severna Park High, MD.

The **2010 Fall MASSA District Fleet Racing Championship** was held on the Lafayette River in Norfolk on October 23 and 24 under sunny skies in southwest winds of 10 - 15 knots. Eighteen teams qualified and competed. Thirteen races were held in both the A and B Divisions. Christchurch School won with 119 points. Norfolk Collegiate was second with 140, and Severn School third with 151.

Norfolk Collegiate Skipper Teddy Stokes with Crews Andrew Prohaska and Kira Jersild won A Division with 35 points. Christchurch Skipper Blake Burgess with Crews Kyle Burgess and Emily Bowman finished second with 47. Severn Skipper Scott Houck with Crew Kelly DeDtefano finished third with 81. Archbishop Spaulding Skipper Megan Yeigh with Crews Katie Scheidt and Reid Webb finished first in B Division with 56 points. Toms River South Skipper Ryan Baily with Crew Shelby Jacobs finished second with 60 points. Severn Skipper Kaylee Schwitzer with Crew Katlyn Flynn finished third with 70 points

The **2010 Fall MASSA District Team Racing Championship** was held at the new Sailing Center Chesapeake on October 30 and 31 as organized and conducted by Stovy Brown, a long time MASSA board of directors member. (Halloween costumes were not required for this event.) They had two complete round robins of 28 races each and championship and consolation rounds of 6 race each. The weather cooperated although it was a bit chilly at first, the winds were good: on Saturday - building south south westerly ending at about 15 knots at about 5 pm for the last race of the day, and on Sunday - southwesterly and westerly at about 4 to 12 knots. Last race finished at about 2:40 pm. Norfolk Collegiate won followed by Severn School which was one point ahead of Christchurch. Annapolis was fourth in the Championship group. Toms River South won the Consolation Group.

The **2010 Fall Atlantic Coast Championship** was held at the Toms River Yacht Club & Ocean County College, November 13-14, as organized by Brian Hull, the MASSA East League Director. Saturday: Beautiful sunny day in Toms River, New Jersey with the temperatures in the mid-60s. The wind came out of the NNE ranging from 6-12 mph which gave the sailors a variety of shifty and challenging conditions on the Toms River. Christchurch of Virginia/MASSA jumped out to a quick lead on the first day of ACCs. Saturday ended with some extremely tired sailors and A-Division having finished 10 races.

Sunday: B-Division started with race 9B where the fleet experi-

enced light winds for most of the morning. During race 10B, the race committee postponed the event due to no wind. Around 11:30, the wind finally came in for the rest of the event.

Congratulations to Falmouth High School of Maine who finished third, Norfolk Collegiate of Virginia who placed second and to Christchurch for winning 2010 Atlantic Coast Championship.

MID-ATLANTIC ISSA

States: New York, New Jersey, Pennsylvania, Delaware, Maryland and Virginia

Contact: District Director Bill Schneider, 410-757-4729

E-mail: director@massasailing.org

District website: www.massasailing.org

SEISA

Fall was a busy season in SEISA with several new schools joining and several new events on the calendar. The Cressy Qualifier was held in September at TCYC in Kemah, TX. After two great days of racing, Greg Martinez and Carson Crain came out on top and represented SEISA at the Cressy Nationals in St. Petersburg. Two new events in November helped to round out the season. The Gulfport Yacht Club in Gulfport, MS hosted the Mississippi State Championships and Texas A&M Galveston ran a regatta / clinic for new teams. The Great Oaks Regatta at Southern Yacht Club in New Orleans is always the highlight of the Fall season and SEISA had 11 schools participating this year. Congratulations to Brother Martin High School for winning the High School Sugar Bowl Regatta in early December. The Spring season will start on March 5 - 6 with the Roadrunner Regatta in Austin. All high school teams are invited to participate. Our District Qualifier for Mallory and Baker Nationals will also be held at Austin Yacht Club on April 16 - 17. Winners from each event will go on to Nationals. Our district will host Mallory Nationals this year at Austin Yacht Club on May 7 - 8. It should be an excellent event and we look forward to seeing everyone there.

SOUTHEAST ISSA

States: south Alabama, Florida Panhandle, Mississippi, Louisiana, Arkansas, Kansas, Oklahoma and Texas

Contact: District Director Malinda Crain

E-mail: cra1917@aol.com

District website: seisa.org

MISSA

The Midwest High School Interscholastic Sailing Association ended the 2010 fall high school sailing season in very good condition. With a record number of teams registered with ISSA, and active participation from all three regions of our district, we enter 2011 with the anticipation of a very strong and competitive spring season.

Our district, which extends from Minnesota in the west, to Ohio in the east, to Traverse City, MI in the north, a span of some 900 miles, presents some unique challenges to foster active participation among all our district teams. In spite of these geographic challenges, we had teams willing to travel long distances on multiple weekends to make our major regattas not just well attended, but very competitive and successful.

The western region, focused on Minnesota schools and Lake Minnetonka, and the Milwaukee area schools, held a full slate of regattas, including single-handed, doublehanded, and team events, featuring the Minnesota State Single-handed Championships and the highly regarded Fall Colors Regatta on Lake Minnetonka in October – a more scenic venue for a regatta is not to be had anywhere.

In the eastern region, Culver Academy, with the Great Oaks Qualifier, and Grosse Ile both hosted well-attended regattas, and the Traverse City area teams hosted a well-received Cressy Qualifier, which was a great success, in spite of some nasty late September conditions that Lake Michigan served up.

Our stronghold, in the central part of our district is centered around our Chicago area schools, with multiple regattas being hosted out of Chicago Yacht Club, Sheridan Shores Yacht Club, and Lake Forest Sailing Center.

The 2010 fall MISSA season culminated with the Great Lakes Championships, hosted by Chicago Yacht Club, where the top 20 teams in the district competed in late November in Chicago Harbor in the shadows (both sun and wind) of the downtown Chicago skyline. This regatta is the highlight of the season for many teams, as the lure of district-wide competition is as enticing to the sailors as the lure of Michigan Avenue shopping and restaurants is to their parents.

This year's regatta proved to be no exception, with exciting competition in both 420 A and B divisions, as well as the Laser Radial division. The sailors were challenged by the puffy, windy conditions and cold air and water temperatures, with multiple capsizes throughout the two days of competition into the 45 degree Lake Michigan water. The regatta came down to the last rotation, as New Trier pulled out the regatta win over Lake Forest High School, with Loyola Academy finishing a close third.

Our district sent four teams to the Great Oaks regatta in New Orleans, with White Bear Lake High School from northern Minnesota finishing a close second overall in the gold fleet on a controversial decision in scoring.

By the time this goes to press, our first regatta of the spring season, the CYC Icebreaker Regatta, will be in the books (provided the ice has melted!). Lake Minnetonka Sailing School will host our Baker qualifier in mid April, and Chicago Yacht Club will be host to the Mallory qualifier a week later

Our web site www.missa.net, continues to be upgraded and improved, thanks to the diligence of district Vice President Sharon Garber, who has raised the bar in standards for HS sailing web sites. Of special interest to the sailors is the weekly ranking system for district wide teams, patterned after the ICSA ranking system, where sailors check in weekly to see where their teams ranks in the district.

Cause for excitement within the district is the surge in interest for high school sailing in the southeast lower Michigan area. From early estimates, the area will be adding 5-8 new teams to the district before the fall 2011 season.

MIDWEST ISSA

States: Ohio, Indiana, Illinois, Michigan, Wisconsin, Minnesota, and Iowa

Contact: District President Matt DuBois, 734-282-4838

E-mail: msdubois@sbcglobal.net

District website: [<missa.net>](http://missa.net)

PCISA

PACIFIC COAST ISSA

States: California and Hawaii

Contact: District Director Mike Segerblom, 562-433-7939

E-mail: mikesego@ussclb.org

SAISA

SOUTH ATLANTIC ISSA

States: North Carolina, South Carolina, Tennessee, Georgia, north Alabama, Florida (except Panhandle), and the island of the Caribbean

Contact: District Director Tom Monkus, 727-821-2628

E-mail: tpmonkus@saisa.org

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Rapid Response Program - US Umpire Committee to Answer High School Team Race Rule Questions

Have you ever been stumped by a team racing rules question? If you are a high school coach with an active team racing program, you have.

Team Race Coaches can now get rule questions answered at the highest level. The US Sailing Umpire Committee has finalized a "Rapid Response Program" to answer team race questions for high school coaches. ISSA and the US Umpire Committee hope the Rapid Response Service will improve the quality of coaching and team racing in the high school world.

The process is simple. When a scenario comes up that you cannot answer, email your question to the ISSA Umpire Committee Chair (currently, rstokes721@gmail.com). The ISSA Umpire Committee will frame your question in the manner requested by the US Umpire Committee and send it on to the US Committee. The US Committee will provide a prompt answer. The answer will be sent to you and will be published on the ISSA Web Site. If the question raises an issue that needs to be clarified for all of the team racing world, the US Committee will forward the question to the ISAF Rapid Response Committee. ISAF Rapid Response Calls usually end up in the Call Book for Team Racing, and so your question may make history. We currently have a high school sailor's question headed to the ISAF Rapid Response Committee.

The Volunteers for the ISSA Umpire Committee show that High School Team Racing is supported at the highest levels. Mitch Brindley (ICSA President) and David Pyron (International Umpire and RRC Member) have volunteered to serve on the ISSA Committee. They will help set up your questions so that your questions can be promptly and appropriately answered by the US Umpire Committee. We hope this service will prove to be a benefit to your team.

Need More Information? THESE CAN HELP ...

ISSA offers plenty of material to help organize a sailing team, drum up support, improve competitiveness, run a regatta, etc.

STARTING YOUR OWN HIGH SCHOOL SAILING TEAM

Look for this on the ISSA website this fall!

ISSA PROCEDURAL RULES - The official procedures for competing in school sailing and running a regatta; a must for coaches \$ 5.00

SIMPLIFIED RACE MANAGEMENT - A handbook for race committee chairmen on how to run a regatta \$ 5.00

COACHING A HIGH SCHOOL SAILING TEAM - A guide on the role of a sailing coach, organizing practices, descriptions of effective drills - what it takes to coach sailing and what techniques to use. \$10.00

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Small Boat Sailing Level 1 Instructor Course Goals

The US SAILING Small Boat Sailing Level 1 Instructor Course is designed to provide sailing instructors with information on how to teach more safely, effectively, and creatively. The goal of the program is to produce highly qualified instructors.

Small Boat Sailing Level 2 Coach Workshop Goals

The US SAILING Small Boat Sailing Level 2 Coach Workshop is designed to provide coaches with information on how to effectively develop performance boat handling and racing skills and to instill in athletes the importance of ethical behavior and sportsmanship in the sport of sailing.



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All-American Offshore Team

A Dynamic New Way for Young Sailors to Reach the Next Level

With the recent establishment of the All-American Offshore Team (AAOT) <<http://allamericanoffshoreteam.org/>>, young American sailors have a unique opportunity to expand their sailing horizons. The AAOT, an extension of the non-profit U.S. Merchant Marine Academy (USMMA) Sailing Foundation <<http://www.usmmasailingfoundation.org/>>, is committed to providing "high-performance offshore training opportunities for an upcoming generation of American ocean racing leaders" and is currently fund raising and recruiting a team to campaign the Foundation's STP 65 Vanquish in four key 2011 events: the 66th annual Storm Trysail Club Around Block Island Race; the Annapolis to Newport Race; the Transatlantic Race (Newport, R.I. to the Lizard, U.K.) and the Rolex Fastnet Race (Cowes, U.K. to Plymouth, U.K.).

The AAOT effort is led by Charlie Enright (Bristol, R.I.), Mark Towill (Kaneohe, Hawaii), Jesse Fielding (Wickford R.I.), Chris Branning (Sarasota, Fla.) and Matt Noble (San Francisco, Calif.), who is captain of Vanquish. Enright, Towill, Fielding and Branning helped lead Disney's Morning Light team, which competed in the 2007 Transpac Race under the tutelage of the late Roy Disney. (Walt Disney Pictures produced a documentary that followed the TP52 Morning Light and its 15-person crew of young sailors, hand-picked from hundreds of resumes, through six months of training and the race itself.)

USMMA Sailing Foundation President Ralf Steitz hatched the idea for AAOT early in January, 2011, when his long-time desire to create a youth-driven effort in the sport of ocean racing was re-awakened by a German youth team entering the Transatlantic Race aboard the Andrews 56 Norddeutsche. "I thought 'if they can do it, why can't we?'" said Steitz, whose concept was endorsed by USMMA and other leaders in the sailing world, including Oakcliff Sailing Center and the Storm Trysail Club. Steitz added that among the members of a newly forming AAOT Advisory Board are himself, Oakcliff Sailing Center's Executive Director Dawn Riley and USMMA's Waterfront Director Chris Gasiorek.

Combined, Enright, Towill, Fielding and Branning have over 40,000 miles of ocean racing experience aboard private yachts and 20,000 sailing as a team on Morning Light, which in effect was their own doorway to high-performance offshore racing. "This core team has already been tested and has come out the other side great friends and better teammates," said Jesse Fielding, who serves as operations and logistics manager for AAOT. "Roy Disney gave us the opportunity to learn the skills needed to race on the ocean, and we have continued building on those skills."

Enright, a four-time Inter-Collegiate Sailing Association All-American at Brown University recently competed in team race championships in Australia and England and took home top marks in the 2010 Caribbean 600. Towill, a senior at Brown University, is an active member of the Brown Sailing Team and after his Morning Light career he sailed in the 2008 Pacific Cup and 2009 Transpac Race. Fielding skippered his University of

Rhode Island keelboat team in the 2009 Collegiate World Cup in France and has competed in numerous ocean races including the 2009 Transpac and the 2010 Caribbean 600 Race. Branning, a star navigator in the 2009 IRC East Coast Championships and the 2010 Newport to Ensenada Race, recently took home first place in the 2010 Rolex Middle Sea Race.

Selection of the 2011 AAOT Team

The All-American Offshore Team for 2011 is currently accepting resumes (deadline March 1) from sailors between the ages of 18 and 30. A minimum of 10 sailors will be selected and Enright, Towill, Fielding, Branning and Noble will round out Vanquish's crew.

In late-May 2011, prior to the Storm Trysail Club Around Block Island Race, the full team will congregate at USMMA headquarters (New York, N.Y.) to participate in a Safety at Sea Seminar and begin practice. In early June, the 2011 AAOT will relocate to Annapolis, Maryland for the start of the Annapolis to Newport Race. Following that, in late June, will be an offshore training session held in Newport, R.I., as the final preparation for the 2,975 nautical mile Transatlantic Race, which takes place in late June 2011 and finishes in the U.K. In August 2011, the team will remain in the U.K. to prepare for the Rolex Fastnet Race, which starts in Cowes.

"Positive support from all corners of the sailing community is needed to get this team off the ground and on to the water," said Charlie Enright, AAOT's sailing team manager. "We finally have the chance to shine light on a new generation of offshore sailors and need to seize the opportunity."

To learn more about the All-American Offshore Team, visit <http://allamericanoffshoreteam.org/> or contact Jesse Fielding, jessefielding@gmail.com, 401-741-3166. Tax-deductible contributions can be sent to the USMMA Sailing Foundation at Yokum Sailing Center, 300 Steamboat Road, Kings Point, New York, NY 11024. Checks can be made out to the USMMA Sailing Foundation with All-American Offshore Team in the memo.

Management Team for the 2011 All-American Offshore Team Campaign:

Sailing Team Manager:	Operations and Logistics Manager:
Charlie Enright	Jesse Fielding

General Project Manager:	Technical Director and Navigator:
Mark Towill	Chris Branning

Boat Captain:
Matt Noble

Editor's Note: All these sailors were members of ISSA sailing for their High School teams.



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The Right Path for Top Youth Sailors: Is it College Sailing?

This is the first in an **AirWaves** Series on Youth-to-College-to-Olympic sailing. *Reprinted courtesy of Sail1Design and Joe Morris*

The correct path for the nations top youth sailors after their junior sailing days are over has recently come to be a hotly contested debate. In the past, the youth sailing circuit in the United States provided an organized, linear path, but most often ending as the sailors graduate from high school. Many of course then go on to college sailing, but lose touch with any guided framework for competing outside of the strict bubble of college-style sailing.



Fortunately, over the last few years US Sailing has recognized this disconnect in international racing experience and worked hard to bridge

the gap. Teams have been created like the US Sailing Developmental Team (USSDT) to aide sailors onto the US Sailing Team Alphagraphics. However, from these efforts the debate between college sailing and Olympic sailing has grown larger, and begs the question: ***is it possible to be successful at both?***

Youth yachtsmen and women would graduate from the Optimist or Sabot classes and move on to the three most favored junior classes of the 420, 29er, or laser. For those fortunate enough to have a team, short course high school sailing would supplement the longer course racing featured in most youth regattas. By the end of this four-year junior circuit, many sailors crave the next step of intensely competitive collegiate sailing, often leaving their hikers and trapeze harnesses behind. The repetition, competition, and organization of college sailing undeniably leads to a steep learning curve for almost all sailors, yet quite often collegiate all-stars, graduating with Olympic aspirations, were left without the speed, experience, and technical skills of the rest of the Olympic sailing world.

The benefits of Olympic sailing almost need not to be detailed. It is arguably the most competitive racing a dinghy sailor can do. The technicalities of classes like the 470 and 49er forces sailors to understand the characteristics of mast bend, sail design, hull construction etc. Although every class has its own unique specificities, the vast majority of these concepts apply to boats of all shapes and sizes. Additionally, the international aspect of Olympic sailing is extremely valuable, and vital, to a team or individual's improvement. The recently introduced ISAF Sailing World Cup Series has unified and organized previously separate Olympic class events into an overall series, making it easier for sailors to consistently race against the best international teams and gauge their performances throughout the year. This Olympic circuit exposes sailors to every different condition sailing has to offer, ranging from the warm waters of Biscayne Bay at the Miami OCR to the blustery cold of Weymouth, England at the Sail for Gold regatta. This system also teaches the high level of professionalism that is demanded by Olympic level sailing, pushing the athletes to be fitter, smarter, and better prepared. Despite all of these benefits, Olympic sailors face

many challenges off the water. These challenges, however, are not truly cons but rather lessons to be learned and obstacles to be overcome. Olympic sailors learn how to be disciplined, organized, and of course, fund-raise.



While Olympic sailing is the goal of many, few are able to commit to it immediately after high school. The alternative, some might say, would be college sailing. Aside from the palpable benefit of a degree at the end of a four year college career, collegiate sailing holds some advantages scarcely seen in any other area of sailing. Simply put, college sailing offers more time on the water, with the least amount of cost, than almost any other type of sailing. In no other sphere will you round as many marks, do as many drills, and have the opportunity to have 5-20 boats on a starting line six days a week. Additionally, the varsity programs, more of which are arising every year, offer student athletes the benefit of structured training, fitness regiments, and full time coaching. Regardless of team size and depth, sailors are able to compete against and learn from the best in the nation virtually every weekend. Working within a team atmosphere promotes leadership skills, collective learning, and a unique camaraderie that can bring the most intense rivals together. The opportunity to practice and race against the best sailors of one's generation on a daily basis is extremely valuable but the lessons that are learned along the way are often invaluable assets that extend far beyond the four-year period of college sailing. Student athletes don't just practice and improve individually, they learn *how* to practice and *how* to improve, as a group.

Each type of racing undoubtedly has its pros and cons and neither style is right for every sailor out there. Within the United States, many college sailors have gone on to have successful Olympic careers after graduation and many Olympians never sailed in college. However, the increases in funding, full time sailors, and professionalism within the sport has made it necessary for medal hopefuls to start sailing Olympic classes earlier, begging the question, ***how can both be done successfully?***

There are many examples past and present of how the balance between collegiate sailing and Olympic sailing can be struck, and one such example is Stuart McNay. McNay graduated from Yale University in 2005 with a BA in Architecture as a three time All-American and a finalist for the College Sailor of the Year award. Along with his college sailing accomplishments, McNay is a USSTAG member and was the men's 470 representative at at 2008 Olympics in Beijing along with Graham Biehl.

Comments are welcome: email us at: webmaster@sail1design.com or go to: www.sail1design.com

Joe Morris is a Junior at Yale and captain of the sailing team. Competing for the Yale team he was the NEISA Rookie of the Year and an ICSEA All-American his Freshmen and Sophomore years. In high school Joe sailed for the the Severn School sailing team in Annapolis, MD, winning the ISSA Singlehanded Nationals Cressy Trophy, the ISSA Doublehanded Nationals Mallory Trophy, and A-Division at the Mallory Trophy. Joe is currently on the US Sailing Developmental team campaigning in the 49er class, looking toward the 2016 Olympics. Joe follows up this piece, below, with a great interview with Yale alum and Olympic 470 campaigner **Stu McNay**.

1) How and when did you get involved in sailing? What is the background of your youth sailing before college? I started sailing in Opti's when I was 11, and sailed each summer from then on. Before college sailing, I sailed laser radials mostly, but dabbled in 420's in the cape cod youth circuit.

2) When did you first realize that you would like to sail in college? When did you first realize that you wanted to sail Olympic classes? I knew that I wanted to sail in college almost as soon as I was aware of sailing as an Olympic sport. Jay Kehoe was coaching me in Youth sailing and he did a really good job of making me aware of the olympic path and college sailing, and how they can go together..

3) What were your reasons for choosing Yale over other schools that compete in sailing inter-collegiately? Yale is one of the strongest academically so it was at the top of my list. I grew up in Boston, so did not want to go to college in my backyard, but wanted to go to college in NEISA or MAISA. I looked at Brown, Dartmouth, Georgetown, and Yale. Of those schools Yale had the best Olympic tradition, and, even though the team was in a bit of slump, I felt that it would help my sailing more than the others, and I would be able to sail varsity right away at Yale.

4) Was it difficult balancing an academically demanding school like Yale, and the intense competition of college sailing? Yes, it was very difficult and once I graduated my life became so much less stressful. College sailing takes up a lot of time, and requires a very different mind-set than academics. For sailing you need to be patient, wait for wind, spend all day, and laugh with friends. But for academics, you have to plan carefully, work efficiently, and waste no time. I felt like I had to shift my values as I switched between each activity.

5) How and when did you train in 470's during your college career? I sailed in 470's over the summer between years of college, and once each winter in Miami for the Rolex Miami OCR. I did not sail during the college, but got in time when I could over the summer.

6) What skills were you able to transfer from college sailing to 470's, and 470's to college sailing? 470's taught me a lot about boat speed, and after sailing 470's I always came back much stronger to college sailing. It taught me to listen to the boat. College sailing taught me a lot about powerful boat handling, tactics in tight situations (ends of beats, runs, after a bad start), how to be aggressive with position, and starts.

7) Do you think that either discipline ever had a negative impact on the other? I think the interaction was mostly positive. They reinforced each other. At the end of the day, college sailing



is not an end, but a means to an end. Where the End is professional sailing or Olympic sailing.

8) What do you see as the three biggest benefits of college sailing? The three biggest cons of college sailing?

PROS	CONS
-college sailing is a lot of fun. You make lifelong friends, and you spend a lot of time with people who are normally outside of the sailing world. It diversifies you.	-college sailing can make people become disinterested in sailing from too much sailing.
-college sailing teaches team racing	-college sailing can be very insular and sometimes is hard to see the sailing world beyond it.
-college sailing gets kids to do more races in 4 years than most people do in their lives.	-college sailing can be very hard on crews, because they go from being in high demand within college, to not having a niche in the sailing world after college sailing.

9) Do you feel that college sailing is a necessary stepping stone, or do you feel that it is an unnecessary sphere to spend so much training time in, when campaigning for the Olympics? It depends on the person. Some kids from the west coast all ready have what they would have learned in college sailing, because of high sailing. For them college sailing does not bring them any closer to the Olympics. For kids who did not sail year round growing up, college sailing is great as they can catch up to kids who did sail year round. College sailing is a different discipline from Olympic sailing... and if colleges had 'Olympic sailing programs' that would be best, but that is not the case yet! So the best option is to do college as it has a lot of great things to offer.

10) If you were to go back, would you combine your college sailing and Olympic sailing differently? I was one of those kids who really needed college sailing because I did not sail as much as some others while growing up. It was a great chance to learn some fundamentals, and to catch up on lost time. I am so glad Zack Leonard got me sailing in 470's over the summers and at Miami OCR in the winters. It got me a head start on my US piers in Olympic dinghies and that proved really valuable later on.

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Final Allocations Set for 2010-11 Championship Regattas

District	Mallory	Baker	Cressy full	Cressy Radial
New England	4	2	4	4
Mid-Atlantic	4	2	3	3
South Atlantic	3	2	3	3
Midwest	2	1	2	2
Southeast	1	1	1	1
Northwest	1	1	1	1
Pacific	5	3	4	4
	20	12	18	18

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In what capacity? _____

Individual Dues \$ 25.00

Student Dues \$ 5.00

(Note: All Schools Join through their District)

Tax Exempt Donation to ISSA: \$ _____

Total enclosed: \$ _____

Complete and return this form, with your check payable to: ISSA, 2812 Canon Street,
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ISSA Web site: <http://www.highschoolsailingusa.org>





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NOTICE OF RACE
ISSA HIGH SCHOOL DOUBLEHANDED CHAMPIONSHIP
For the
MALLORY TROPHY
To be held at
AUSTIN YACHT CLUB

RULES:

The regatta will be governed by the Racing Rules of Sailing 2009-2012, the prescriptions of US SAILING, the ISSA Procedural Rules <http://www.highschoolsailingusa.org/PRs/Q9Jan01proceduralRules.pdf>, the ISSA Mallory Championship Conditions <http://www.highschoolsailingusa.org/Forms/regattaOrganizer/malloryConditions.pdf>, this Notice of Race, and the Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.

RRS Appendix P is in effect modified per ISSA Procedural Rule 14(c).

The Organizing Authority (OA) is the Interscholastic Sailing Association in conjunction with host Austin Yacht Club.

ELIGIBILITY:

Competing schools must be members of ISSA and meet ISSA eligibility rules as prescribed in the Procedural Rules.

Teams must be accompanied by a designated adult team leader, who may be an advisor, coach or parent recognized by the school.

Selection of competing schools will be by district elimination. The regatta has **20 berths**. Allocations will be determined by the ISSA Board. Schools should contact their district directors to find out details on district qualifiers.

ENTRY AND COMMUNICATIONS:

Eligible schools and sailors must enter by submitting and official entrform and two separate checks, one for entry fee, and one for boat damage deposit, with the regatta chairperson by April 29th, 2011. If the elimination for your district is to be held after this date, please have the district director contact the regatta chairperson immediately so special arrangements can be made.

Send all forms and checks to:

Steve Gay,
11808 Buggy Whip, Austin, TX 78750.
(512) 257-2386 or (207) 460-1843 (cell),
segay1@myfairpoint.net

Teams unable to compete must notify the regatta chairperson and ISSA as soon as possible.

ISSA will reallocate vacant district quotas. The first open allocation will go to the host district. A berth becomes vacant when the qualifying district becomes unable to fill the berth.

ENTRY FEE:

The entry is **(\$400)** per **school**. This includes **meal package and T-shirts for up to 8 sailors**.

Team leaders, coaches and parents can buy additional meal packages for **\$40**.

Make checks payable to: **SEISA - Malinda Crain**

DAMAGE DEPOSIT:

A damage deposit of **\$300** must be submitted with each entry. This is refundable if the boat and gear are returned undamaged. In the event damage cannot be attributed to a particular team, the repair costs will be divided evenly amongst all the competing teams.

Make checks payable to: **Austin Yacht Club**

BOATS:

FJ's provided by **Austin Yacht Club, University of Texas and Texas A&M University Galveston.**

Boats will be sailed as provided.

6.2 . There will be a rotation of boats, schedule will be provided.

SCHEDULE:

Friday, May 6, 2011	1200	Registration/check in at AYC
	1500	Practice Race
Saturday, May 7, 2011		
	0800 – 0900	Check-in/registration/breakfast
	0915	Mandatory Competitors Briefing
		Racing to Follow
approximately	1800	Dinner at Austin Yacht Club
Sunday, May 8, 2011	0800 - 0900	Breakfast provided
	0845	Mandatory Competitors Briefing
		Racing to Follow
	1600	No races after this time
		Awards to follow ASAP

Changes to the schedule will be posted on the official notice board located under the Clubhouse .

RACING AREA:

All races will be sailed on Lake Travis near AYC point.

COURSES:

Based on conditions, the Race Committee will determine the courses as prescribed in ISSA PR 7.7.

SCORING:

The regatta will be scored in accordance with ISSA Procedural Rules.

HOUSING: Visit <http://austinyachtclub.net/> and click on Information. Specific hotel suggestions and pricing information will be posted soon.

TRAVEL AND TRANSPORTATION:

Competitors should use **Austin-Bergstrom International (AUS)**. An alternative airport is San Antonio (SAT) . Once in Austin follow Hwy 71 to RR 620 then left on Hudson Bend and right on Beacon Dr. You will dead-end at our gate.

COACHING:

Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from **(reporting Friday to ending Sunday)** unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

PRIZES:

Prizes will be awarded to schools placing 1st, 2nd and 3rd in the regatta. The top school will have its name engraved on the perpetual Mallory trophy.

Trophies will also be awarded to first place skipper and crew in A and B divisions

Competitors shall wear USCG approved Type III lifejackets. Inflatable types are not permitted.

OFFICIAL NOTICE:

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other discipline expectations occurring during **6-8 May, 2011 may be the basis for a hearing under RRS 69.1 The protest committee for such a hearing shall be the regatta chairperson, a member of the ISSA BOD, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.**

RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

WAIVER OF LIABILITY:

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

REGATTA CONTACTS:

Regatta Co-Chair

Steve Gay

(512) 257-2386

(207) 460-1893 cell

Regatta Co-Chair

Eric Rochard

(512) 535- 0181

(713) 254-6451 cell

SEISA District Director

Malinda Crain

(713) 840-9904

Segay1@myfairpoint.net

ericrochard@yahoo.com cra1917@aol.com

NOTICE OF RACE

ISSA HIGH SCHOOL TEAM RACING CHAMPIONSHIP for the TOBY BAKER TROPHY

RULES:

The regatta will be governed by the Racing Rules of Sailing for 2009-2012, including Appendix D, the prescriptions of US SAILING, the ISSA Procedural Rules, the ISSA Championship Conditions, the ISSA Team Race National Championship Conditions, this Notice of Race, and the Sailing Instructions.

Rule D2.3(b), Races with Limited Umpiring, (i) will apply to a race when Code Flag L over Code Flag U is displayed during the starting sequence of that race, and (ii) if announced at the Competitors' Meeting will apply without display of flags to races as announced at the Competitors' Meeting.

Rule D2.4(b), regarding protests and requests for redress, will apply.

Rule 82, Indemnification and Hold Harmless Agreements, is deleted and will not apply.

ELIGIBILITY:

Competing schools shall be members of ISSA and meet ISSA eligibility rules as prescribed in the Procedural Rules.

Teams shall be accompanied by a designated adult team leader, who may be an advisor, coach or parent recognized by the school.

Selection of competing schools will be by district elimination. The regatta has 12 berths. Allocations of those berths to schools will be determined by the ISSA Board. Schools should contact their district directors for details on district qualifiers.

ENTRY AND COMMUNICATIONS:

Eligible schools and sailors shall enter by submitting an official entry form (attached at the end of this Notice of Race) and two separate checks, one for entry fee, and one for boat damage deposit, by May 13, 2011. Send all forms and checks to:

Randy Stokes
Baker Registration
1501 Powhatan Court
Norfolk, VA 23508
Phone: 757-640-7212

Make checks payable to "Virginia High School Sailing Foundation." If the elimination for your district is to be held after this date, please have your district director contact Randy Stokes immediately so special arrangements can be made.

A team allocated a berth but unable to compete shall notify Randy Stokes and ISSA as soon as possible. ISSA will reallocate vacant berths. The first open berth will go to the host district. A berth becomes vacant when the qualifying district becomes unable to fill the berth.

ENTRY FEE:

The entry is \$425.00 per school. This includes continental breakfast, lunch and drinks on the water, snacks after racing for up to 9 team members. Additional team members, team leaders, coaches and parents can buy additional meal packages for \$25 each. Make checks payable to: "Virginia High School Sailing Foundation".

DAMAGE DEPOSIT:

A damage deposit of \$200.00 shall be submitted with each entry. This is refundable if the boats and gear are returned undamaged. In the event damage cannot be attributed to a particular team, the repair costs will be divided evenly amongst all the competing teams. Make checks payable to "Virginia High School Sailing Foundation".

BOATS:

Races will be sailed in Club FJ's provided by the host district.

SCHEDULE:**Friday, May 20, 2011**

1400 – 1800 Registration and practice at NYCC. Competitors shall have completed registration to get a boat for practice. Boats are available for practice on a first-come-first-served basis; however, practice time will be limited to 90 minutes, and each team practicing may use only three boats.

Saturday, May 21, 2011

0830 – 0900 Continental breakfast and last-minute registration. Rig boats.

0900 Competitors Meeting – MANDATORY. Starting time for first race will be announced at Competitors Meeting; sailing will continue throughout the day.

Sunday, May 22, 2011

0830 – 0900 Continental breakfast. Rig boats.

0900 Competitors Meeting – MANDATORY. Starting time for first race will be announced at Competitors Meeting; sailing will continue throughout the day.

1600 No race will be started after this time, with the exception of any sail off, if needed.

ASAP After-race snack and Trophy Presentation.

Any changes to the schedule will be posted on the Official Notice Board located front window of the Skipper's Lounge or on the float where boat swaps will occur.

RACING AREA:

All races will be sailed on the Lafayette River, in the waters off Norfolk Yacht. Boat swaps will occur from the Norfolk Yacht floating docks in the vicinity of the starting and finishing lines.

COURSES:

Based on conditions, the Race Committee will determine the courses as prescribed in ISSA PR 7.7.

SCORING:

The regatta will be scored in accordance with ISSA Procedural Rules.

HOUSING:

No housing is provided. A list of hotels is included with this notice of race.

TRAVEL AND TRANSPORTATION:

Competitors should use Norfolk International Airport ("ORF"). Teams are responsible for their own transportation. The address of the regatta site is: Norfolk Yacht and Country Club, 7001 Hampton Boulevard, Norfolk, Virginia 23505

COACHING:

Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from the end of practice sessions Friday to the end of racing Sunday UNLESS they are on the boat-swap dock or an exception has been explicitly permitted by the one of the regatta co-chairs. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

PRIZES:

Prizes will be awarded to schools placing 1st, 2nd and 3rd in the regatta. The top school will have its name engraved on the perpetual Toby Baker Trophy.

CONDUCT

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other inappropriate conduct occurring during May 20-22, 2011, may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall include a member of the ISSA Board of Directors, the Chief Umpire of the event, and at least one other person. This protest committee shall, at a time and place selected by it, meet to hear said protest, and it may impose scoring penalties, or other sanctions that it deems appropriate, including summary removal from the regatta.

DISCLAIMER OF LIABILITY. Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority and host will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

REGATTA CONTACTS:

Regatta Chairman:
Randy Stokes (757) 640-7212 rtokes@stbv.net

Note: please access the forms on the ISSA website: www.highschoolsailingusa.org

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ISSA CHAMPIONSHIP REGATTA ROTATIONS

ISSA National Championships are rotated through the seven districts. The Mallory and Baker regattas are rotated in an attempt to equalize travel costs and a predictable cycle of assignments. The Cressy rotation follows the college (ICSA) schedule since ISSA shares a fleet of Lasers provided by LaserPerformance with ICSA. The composite schedule taxes no district with more than one national championship in any school year. Cressy regattas are dates for the school year and sailed in the previous fall and are usually within a week of the collegiate singlehanded championship.

Regatta	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
Cressy	MA	SE	SA	MW	PC	NE	NW	MA	SE	SA	MW
Mallory	SA	NE	SE	NW	MW	PC	MA	SA	NE	SE	NW
Baker	PC	NW	MA	NE	SA	SE	MW	PC	MA	NW	SA