

VOLUME 19 - ISSUE 2

Fall 2010

IN THIS ISSUE...

- ◆ISSA Mallory Championship Report ...Front Page
- ◆President's Message......PAGE 2
- ◆ISSA Baker Championship...PAGE 3
- ◆District Reports....PAGE 6
- ◆Interview with Vlastimil Kunc....PAGE 12
- ◆PCISA Women's Regatta....PAGE 15
- ◆Hawaii Invitational NOR....PAGE 16
- Allocations set for 2010-2011 year.. PAGE 17

CATHEDRAL CATHOLIC WINS MALLORY

Indian Harbor Yacht Club, May 8-9 2010

REGATTA HIGHLIGHTS: The sailors all arrived to perfect New England Spring weather on Friday for the practice/registration day.

Unfortunately, Saturday brought thunderstorms and no wind, at least for a while. Then we had wind and lots of it. The Race Committee was only able to complete two races on Saturday and one was the subject of a redress hearing. The jury eventually allowed the race to stand.

Undaunted, everyone returned on Sunday morning to chilly, breezy weather (18-22 kts of wind, 50 degrees, and a wind chill in the 40s). The race committee moved the course closer to shore in order to complete racing. And while it was puffy, shifty, and cold, the competitors embraced the conditions. Ten B-division and 8 A-Division races were sailed. Races 4A and 4B were skipped so that the race committee could get in the required three races per division early in the day.

Many thanks to Jonathan Nye and his great crew from the Indian Harbor YC, who ran a great series despite the conditions. Also thanks to Chief Judge Ron Hopkins and his cadre of judges for keeping the competitors honest. Most of the praise has to go to the competitors and coaches who battled each other as well as the conditions. There were several capsizes, and many cold sailors, but everyone handled the elements with poise and grace.

Full Results on Page 3





President's Message

With my five year term as president of ISSA coming to an end, I believe we have accomplished many things. My first objective was to continue the direction of ISSA as Larry White put in place. Larry White was a strong proponent of providing an opportunity for our High School sailors to learn how to sail and to learn how to have fun sailing.

Secondly, we created an open forum for communication with the ISSA board members, district directors, sailing team coaches and sailors. This open dialogue has given us the ability to improve the governance of ISSA and increase the quality of our major championships. As an example, Burke Thomas from NWISA and all his members hosted an outstanding Baker Championship this year on Lake Washington. With Burke's strong leadership and an enormous amount of work provided 90 quality races.

Lastly, I would like to thank all of the ISSA members that have volunteered their time to make ISSA a first class organization. With 7 districts, 380 schools, and 4000 sailors, hosting this many regattas takes a lot of work.

Good Sailing

Tim Hogan, President

INTERSCHOLASTIC SAILING ASSOCIATION. INC.

OFFICERS

President: Tim Hogan

949-251-0625

thogan@tphenterprises.net

Vice President: Wayne Cutler

865-388-0338 wcutler@utk.edu

Secretary: Don Shea

847-251-7371

donshea2@sbcglobal.net

Treasurer: Scott Mason

949-325-0224

smason@advbenesys.com

The Cressy Championship for singlehanded titles will be held at University South Florida, Tampa, Florida hosted by SAISA.

Mark Your Calendar...

November 20-21, 2010

October 30-31, 2010

Great Oaks Regatta held at Southern Yacht Club, New Orleans, LA, hosted by SEISA

May 7-8, 2011

2010

The Toby Baker Championship for the national team racing championship will be held at Austin Yacht Club, Austin, TX hosted by SEISA.

May 21-22, 2011

The Clifford D. Mallory Championship for the doublehanded fleet title will be held at Norfolk Yacht and Country Club in Norfolk, VA hosted by MAISA.

Get more news from ISSA Districts through site links on www.highschoolsailingusa.org



POINT LOMA WINS BAKER CHAMPIONSHIP

May 21-23, 2010
Sail Sand Point and
Northwest High School Sailing
Seattle, WA

Twelve of the best high school sailing teams came to Seattle to compete for the title of ISSA HS Team Racing Champions. After 90 races, Point Loma High School emerged as the 2010 Baker Trophy Champions.

Sailors arrived at Sail Sand Point in Seattle Friday afternoon for a day of practice on the waters of Lake Washington. Teams enjoyed a solid 5-7 knot Southerly that shifted slowly to the East during the afternoon practice session.

Saturday morning, racing started promptly at 10:00 in a light South breeze that built to 8 knots by 2:00. At about 6:30, the wind shut off for good and sailors were sent in for the day with 59 races complete, just 7 races shy of a complete round robin.

Sunday morning the breeze was waiting for the sailors first thing. A 10 knot South breeze was in place and racing was started at 9:30. With the steady breeze, races were sailed right off the Sand Point pier. Gold sailed a double round robin, Silver and Bronze both completed a single round.

Racing kept moving all weekend thanks to a spectacular race committee led by PRO Carl Buchan and the amazing group of umpires led by Chief Umpire Rob Overton.

Check out video from the event thanks to Chris Love and Sailgroove at http://www.sailgroove.org/

Event photos from Sean Trew can be found at http://www.pacificfog.net/

Congratulations to Point Loma High School the 2010 ISSA High School Team Racing Champions!

Point Loma HS: Skippers: Kevin Laube, Jake LaDow, Olin Paine, Shone Bowman, Jake Reynolds. Crews: Claire Bagg, Will Herrin, Reece Bernet, Kyle Sutter. Coach: Steve Hunt.

Final Standings:

Point Loma
 Tabor
 St. Georges
 Newport Harbor
 Corona Del Mar
 HB Plant
 Severn
 Antilles
 Lake Forest
 Broadneck
 St. Bainbridge Island
 HB Plant
 St. Stanislaus

Complete results can be found at http://www.nwisa.org/nationals.html

The regatta would not be possible without such an amazing group of volunteers:



PRO: Carl Buchan. Brendan Fahey, Anthony Boscolo, Scott Boye, Lisa Marsaudon, Abbie Finney, Chuck Asper, Jon Kelch, Kyle Eaton, Matt Mikkleborg, Ron Severs, Dez Bridgeman, Glen Stellmacher, Felipe Lopez, Bill Symes, Hannah Darrin and Lindsay Bergan, Scott Wilson, Ellie Wilson, Dockmasters Steve and Sheila Trunkey, Kerrie Sanson and her food crew Mallory Fontenot, Lynsey Walker, Josh Citron, and countless NW High School sailing parents, Pete and Kathy Ozinek, Bob Selzler George Yioulus and West Coast Sailing were major sponsors of the event.

Thanks to the generosity of Jay Leon for the use of his boat the *Maris Pearl*, and the amazing tug support and shuttle crew Taylor and Jake from Orcas Island HS.

And of Course, thanks to Morgan Collins, Executive Director at Sail Sand Point..

Alex Jones and Burke Thomas

Regatta Chairs

Mallory Results - from page 1

 Cathedral Catholic HS Pt LomaHS 	111 123
Newport Harbor HS	132
4. Lake Forest HS	133
5. Broadneck HS	152
6. Coronado HS	153
7. Severn HS	163
8. Antilles School	177
9. Sarasota HS	200
10. Darien HS	219
11. Norfolk Collegiate	227
12. St Thomas Aquinas	231
13. St Georges School	233
14. Loyola Academy	236
15. The Branson School	239
16. Portsmouth abbey	245
17. The Hotchkiss School	250
18. HB Plant HS	289
19. North Kitsap HS	310
20. Lake Travis HS	382

Scenes from Mallory 2010



All photos courtesy of Tom Monkus

Scenes from Baker 2010









Reports from ISSA Districts

NESSA

The 2010-2011 spring sailing season was a huge success, especially with the weather being so advantageous and tame. NESSA's membership climbed to a strong 91 schools to cap off this year's numbers. We hope for even more schools to join in the next few seasons. Our New School Blog site has been a huge help as well providing those start up programs with essential information needed to register with ISSA/NESSA, how to score events, how to subscribe to the league's email address, how to follow your teams success via the website, how to access pertinent information about the spring season, etc...This blog site is being kept up by St. George's assistant coach Beth Holland.

NESSA Spring Recap: 2010 National Fleet Qualifier

NESSA was successful in running 5 Fleet qualifiers to advance 15 teams to the 2010 National Fleet Qualifier on April 24th. The O'day Championship (Mallory Qualifier) was held the very next day. We would like to thank Hyannis Yacht Club, Ida Lewis Yacht Club, The Hotchkiss School, Boston College High School, and SailMaine for hosting over 60 NESSA schools for the 2010 O'day qualifier. Tabor Academy, Sharon HS, and Duxbury HS qualified respectively from Hyannis. The three qualifiers from Ida lewis were St. George's School, East Lyme HS and Darien HS. At the Lakeville, CT site the Hotchkiss School, the Williams School, and Fairfield LudloweHS qualified for the O'Day finals. Qualifying from the BC High site were Portsmouth Abbey, Milton Academy and Marblehead HS. Finally, rounding off the top 15, Falmouth (ME), St. John's Prep and Green Farms Academy qualified respectively from the SailMaine site.

The 2010 New England Fleet Championship (Mallory Qualifier) was held the next day at Indian Harbor YC, Greenwich, CT, the same site as the 2010 Mallory Trophy. Special thanks to Jonathan Nye and his crew of scorers and RC members that helped make this weekend a huge success. Fifteen schools sailed in 12 races, 6 in each division to declare a fleet champion. The Portsmouth Abbey School won their 2nd consecutive championship in a row and brought 2nd place finisher the Hotchkiss School, 3rd place St. Georges, and 4th place Darien HS with them to the 2010 Mallory Trophy also held at Indian Harbor YC on Mother's Day Weekend.

Mallory Recap:

REGATTA HIGHLIGHTS: The sailors all arrived to perfect New England Spring weather on Friday for the practice/registration day. Unfortunately, Saturday brought thunderstorms and no wind, at least for a while. Then we had wind and lots of it. The Race Committee was only able to complete two races today, one

was the subject of a redress hearing. The jury eventually allowed the race to stand. Undaunted, every returned on Sunday morning to typical New England weather (18-22 kts of wind, 50 degrees, and a wind chill in the 40s). The race committee moved the course closer to shore in order to get some racing in. And while it was puffy, shifty, and cold, the competitors embraced the conditions. Ten B-division and 8 A-Division races were sailed. Races 4A and 4B were skipped so that the race committee could get in the required three races per division early in the day. Many thanks go to Jonathan Nye and his great crew from the Indian Harbor YC, who ran a great series despite the conditions. Also thanks to Chief Judge Ron Hopkins and his cadre of judges for keeping the competitors honest. Most of the praise has to go to the competitors and coaches who battled each other as well as the conditions. There were several capsizes, and many cold sailors, but everyone handled the elements with poise and grace.

2010 NESSA Team Race Championship:

Over 40 schools competed to qualify for this year's NESSA Team Racing Championship and a chance to make it to the 2010 Baker Trophy. After narrowing the numbers down using the NESSA ranking system 8 schools sailed in the Wild Card Weekend round looking to join the 6 schools who had already qualified for the 2010 New England Team Championship, which was hosted by MIT. We had a beautiful day of perfect wind direction and sunshine allowing us to coordinate over 60 races. The RC conducted an 8 team single round robin to narrow the field to the top 4 teams. Tabor Academy, St. Georges, the Hotchkiss School and Darien HS advanced to the double round robin second round. Tabor Academy would ultimately prevail. winning the day with the St. Georges School coming in second and also qualifying for the 2010 Baker Trophy, where they finished second and third. The Hotchkiss School, Darin HS, and 5th place finisher North Kingstown HS represented NESSA at the Atlantic Coast Challenge (ACCs) in Wayzata, MN, where Darien beat Hothckiss on a tie-breaker.

NESSA looks to continue to educate our coaches and spectators through providing racing, rules, and team racing seminars next fall. We are excited about the upcoming fall season and our Great Oaks Qualifiers and also looking down the road to hosing the 2012 Baker Trophy and the Cressy in the fall of 2013.

NEW ENGLAND ISSA

States: Maine, New Hamprshire, Massachusetts, Rhode

Island, Connecticut and Vermont

Contact: Director Andrew Nugnes, 508-360-0576

E-mail: alnuggs@hotmail.com

NWISA

Doublehanded Fleet Racing Championships

The 11 team regatta took place on Dyes Inlet on Puget Sound in V15s. This is a shallow bay without any major obstructions. Saturday racing started in a stiff southerly in the hgih teens and gusts to the mid twenties. With a two mile fetch over shallow water the waves were steep and numerous in the 2 foot range. Two races were sailed in A division, and two m ore in B divisionh before a postponement was called due to increaseing wind velocity and multiple simultaneous capsizes. After a 5 hour delay racing resumed and each division completed two more races in a gradually decreaseing breeze. The final race on Saturday was sailed in 8 to 10 konts of breeze that had shifted to the west and had become very patchy. Sunday racing started at 11am in a light southerly and flat water. Each division completed four races before the wind complete died at 2pm where-upon the regatta was ended.

1st: North Kitsap HS 2nd Orcas Island HS 3rd Bainbridge Island HS

NORTHWEST ISSA

States: Washington, Oregon, Idaho and Alaska

Contact: District Director Burke Thomas, 360-376-2926

E-mail: woodsong7@centurytel.net

District website: <geocities.com/newcanvas>

MASSA

The 2010 winter meeting of the MASSA Board of Directors met at the Norfolk Yacht & Country Club in Norfolk, Virginia on January 9th, 2010. There are now five leagues in MASSA now that the former Northeast League has divided into two leagues which evens up the member numbers for each league and allows more localized seasonal sailing for the member school teams. Each league has its own director, who is on the MASSA Board of Directors, and these directors are selected by their leagues. The leagues are now named Southern: (generally schools from Virginia, Director: Randy Stokes), Central: (generally schools from Maryland, DC area, and Delaware, Director: Joel Labuzetta), Northwest: (generally schools from western New York including Canadian schools, Director: Jon Faudree), Northeast: (generally schools from Long Island and surrounding area of Southeast New York state, Director: George Linzee), and East (generally schools from New Jersey and eastern PA, Director: Brian Hull). The board developed rotation schedules for the district fall and spring championships, the spring and fall 2010. Following the meeting, the board of directors agreed that the 2011 Baker would be hosted by the Southern League using its impressive facilities at the Norfolk Yacht & Country Club, and the MASSA Board also nominated and elected its officers for 2010: Director: Bill Schneider, Assistant Director: Geoff Schneider, Director of Sailing: Stovy Brown, and the second representative to the ISSA Board of Directors: Randy Stokes.

The 2010 Spring MASSA District Fleet Racing Championship



and Mallory National Qualifier was held on the Lafayette River at Norfolk Yacht and Country Club on April 17 & 18, 2010. Saturday morning winds were light and variable and built to 18 knots Saturday afternoon and evening. Racing concluded at 7:00 pm. Sunday winds were moderate, shifty, and built to 15 knots by 2:50 pm, when racing concluded. Fourteen races were completed in each division. The top three teams that qualified to attend the National Mallory Championship in Greenwich, Connecticut, were 1. Broadneck High, Annapolis, Maryland, 2. Norfolk Collegiate School, Norfolk, Virginia, and 3. Severn School, Severna Park, Maryland.

The results for the remaining teams that had qualified as the best in their leagues were 4. Christchurch, 5. Annapolis High, 6. Monsignor Donovan, 7. Rye Country Day School, 8. Toms River South, 9, Princeton, 10. Rumson-Fairhaven, 11. Key School, 12. Severna Park, 13. Shelter Island, 14. Mercy/McQuaid, 15, Norfolk Academy, 16. Canisius High, 17. Pittsford High, 18. St. Anthony.

The 2010 Spring MASSA District Team Racing Championship and Baker National Qualifier was held on the Severn River by the Annapolis Yacht Club and the Severn River Sailing Association on April 24th and 25th. Teams were initially seeded and split into two even groups, competing in either AYC or SSA 420s on the same course. Races were postponed Saturday morning due to no wind. Light and variable winds in the early afternoon made racing possible, but kept the race committee busy with constant course adjustments. 30 races were completed to finish the first 2 seeded rounds of racing. Teams were placed into Gold and Silver fleets based on these results. Racing was again postponed Sunday morning due to no wind. The breeze eventually filled, but was light and variable. The silver round was cancelled after only 3 races in order to facilitate finishing the gold round. The wind settled to 5-7 kts from the NE for the second half of the gold round. 1 sail-off was held to break a tie for 4th, and another at the end of the final four to break a tie for 1st. Thanks very much to the race committee, with PRO Jay Kehoe, for running great races despite the very challenging conditions. Also thanks to the umpires who volunteered their weekends for this event, including chief umpires Liz Hall and Jonathan Bartlett. One protest was heard on shore, resulting in one DSQ. Also thanks to the Eastport Yacht Club for offering their facilities and docks for rotations and spectating. Severn School from Severn Park, Maryland, won the regatta, and Broadneck High School

from Annapolis, Maryland, finished second. They both qualified to attend the Baker National Championships in Seattle, Washington.

The results for the rest of the participating teams that had qualified from their leagues to attend were: 3. Annapolis High School, 4. Christchurch, 5. Norfolk Collegiate, 6. Toms River South, 7. Monsignor Donovan, 8. Rye Country Day School, 9. Point Pleasant Beach, 10. Archbishop Spalding, 11. Mercy/McQuaid, and 12. Key School.

MID-ATLANTIC ISSA

States: New York, New Jersey, Pennsylvania, Delaware, Maryland and Virginia

Cotnact: District Director Bill Schneider, 410-757-4729

E-mail: director@massasailing.org District website: <www.massasailing.org>

SHSA

SEISA had an exciting spring season that culminated with the Mallory and Baker Qualifiers at Austin Yacht Club. Many thanks to Steve Gay, the Rochards, the Hawks and many others for making this event run smoothly. Lake Travis High School won both events and attended Mallory Nationals in May. St. Stanislaus represented SEISA at the Baker Nationals.

Additionally, the Austin Roadrunner Regatta on March 6-7 saw 18 boats participating in excellent racing.

Check the SEISA website (www.SEISA.org) for the fall schedule of regattas and clinics and don't forget that out district is hosting the Mallory National Championships in Austin in the spring. A couple of key dates:

Sept. 25 - 26 Cressy (singlehd) Qualifier. Location TBD

Nov. 20 - 21 Great Oaks Regatta at Southern Yacht Club

Check the website often for additional dates. If your club would like to host a regatta or a clinic this year, please contact me.

SOUTHEAST ISSA

States: south Alabama, Florida Panhandle, Mississippi, Louisiana, Arkansas, Kansas, Oklahoma and Texas

Contact: District Director Malinda Crain

E-mail: cra1917@aol.com District website: <seisa.org>

MISSA

Midwest High School sailing is at an all time high, both in terms of numbers and performance.

This spring saw a record 18 teams compete in our Mallory qualifying regatta hosted by Wayzata High School on Lake Minnetonka, with Lake Forest High School, led by coach Hunter Ratliff, taking the top spot in a highly contested regatta, that saw Loyola Academy of Chicago eking out the second place spot, and the trip to Mallory Nationals, over arch rival New Trier, who took the third spot. The battle between these two perennial Midwest powerhouses was not decided until the last race.

In the Region's Baker qualifier, hosted by Grosse Pointe North, Lake Forest High School made it a clean sweep, dominating the 11 team regatta while losing only one race during the two day event, which saw 75 races completed on Lake St Clair in the two days of racing.

The Midwest saw it's best ever National finish this spring, as the Lake Forest HS team finished 4th at the Mallory Nationals, with skipper Will Haeger and crews Katie Hall and Ian Sharpe taking first overall in the highly competitive A division.

Grosse Ile HS sent a team to the first ever PCISA Women's Regatta in San Diego on Memorial Day Weekend, the only team from east of California to participate, and the GI girls got a bonus, as the regatta was part of a weekend long celebration of women in sailing. As part of the regatta, the HS girls had the opportunity to sail with the Women of America3, the only all female America's Cup program, who were celebrating their 15 anniversary with a reunion weekend. The girls got a chance to sail, not just sail on, but actually sail, America3, with the HS girls taking turns steering the 85-foot boat, while also getting a chance to trim sails and grind the pedestal winches. It was a once in a lifetime opportunity for the Grosse Ile girls, who finished 12^{th} in the regatta.

The region saw strong participation and competition throughout the region all spring, as well attended regattas were hosted on Lake Minnetonka in the west, Milwaukee and Chicago in the central, and Grosse Pointe in the east. Of our 32 registered schools, over 85% participated in at least one regatta this spring. Especially exciting for the region is the emergence of two new areas, Milwaukee and Traverse City, as hotbeds of high school racing in the region. Milwaukee has added four new teams to the region, and Traverse City three, and Traverse City will be hosting the Cressy qualifier on Grand Traverse Bay next fall, the first time the region has traveled to Northern Michigan for an event.

We are also proud of our alumni, who are populating college racing teams throughout the country. Former MISSA high school sailors participated in all of the 2010 collegiate national championships this year, while representing Connecticut College, Boston College, Boston University, College of Charleston, Old Dominion, Eckerd College, Hobart, The Coast

Guard and Naval Academies, along with Minnesota, Wisconsin, Michigan, Michigan State, Notre Dame, Northwestern, Northern Michigan, Ohio State, Toledo, and Western Michigan, among others, in collegiate events this year. Former MISSA alumni are the captains the sailing teams at Connecticut College, the US Coast Guard Academy, the University of Michigan, and Michigan State University, displaying the leadership qualities that are bred in the competition of MISSA and HS sailing.

Finally, we had a change in MISSA leadership this year, as our long time president, Mr. Don Shea, has stepped down from the post of president of MISSA. Don led our region for nine years, doing an outstanding job of growing and organizing the region, and spreading the gospel of HS sailing. His shoes will be hard to fill, and he will be missed, but fortunately, he hasn't gone far, as he has taken over as the Executive Secretary of ISSA, so his knowledge and expertise will continue to benefit HS sailing.

All in all, we are excited in MISSA for our continued growth and emergence as a force in HS Sailing. We look forward to an exciting and busy 2010-2011 season.

MIDWEST ISSA

 $States:\ Ohio,\ Indiana,\ Illinois,\ Michigan,\ Wisconsin,\ Minnesota,\ and$

Iowa

Contact: District President Matt DuBois, 734-282-4838

E-mail: msdubois@sbcglobal.net District website: <missa.net>

PCISA

2009-2010 was another awesome year for High School Sailing in the PCISA. With schools from our district winning three of the four ISSA National Championships we are thrilled with the results. Starting with Nevin Snow's win for Cathedral Catholic High School at the Cressy Radial Rig Championships last fall and then a PCISA "Sweep" of the top three places at the Mallory Championships by 3rd place Newport Harbor HS, 2nd Place Point Loma HS and 1st time Mallory National Champions Cathedral Catholic HS. And then finishing the season with Point Loma HS winning the Baker Team Racing Nationals in Seattle, WA. Special congratulations to Point Loma High School for winning the PCISA Roy Disney Award for the year's best performance across all in district events and to Cathedral Catholic High School for winning two ISSA National Championships this year.

But, possibly more important than top end results this was an incredibly positive year for growth and development at all levels in the PCISA and in several special ways. With ultimately 92 schools joining our association (PCISA & ISSA) this matched our largest number of participating schools ever. With 60 of these schools participating in our primary dinghy series events (See: http://pcisa.org/results.htm) throughout the year the competition and camaraderie were excellent. All three of our leagues (Hawaii, NorCal and SoCal) also hosted very successful regional regatta series involving a broad spectrum of High School Teams

and sailors.

The first ever Hawaii Invitational over the Thanksgiving weekend was a great success and we look forward to this event growing and becoming a annual event for High School Teams from throughout the USA.

And, thanks to the San Diego Yacht Club and Chairman/Founder Mary Brigden-Snow we hosted the first ever PCISA Women's Invitational on Memorial Day Weekend. This event is scheduled for the same weekend next year and we hope for its expansion.

PACIFIC COAST ISSA

States: California and Hawaii

Contact: District Director Mlke Segerblom, 562-433-7939

E-mail: mikesego@ussclb.org District webstie: <pcisa.org>

SAISA

SAISA membership is at 71 school teams. Regional representatives have made great strides to get all participants in their area out on the water: Wayne Cutler (AL/TN), along with Craig Millikan (NC), LCDR Robert Spencer (Lower Coastal area from GA through North FL), Greg Walters in his new position in the Charleston area (Upper Coastal), Shep Barrows (Caribbean) and John Wright (So. FL). Greg had to fill some big shoes in assuming George Scarborough's slot in Charleston and has done a great job.

In our March Gold Regatta leading to the district fleet racing championship, the top eight Inland and Coastal teams had an opportunity to compete in Charleston as run by Greg Walters. The top 7, Ashley Hall, joined by Wando, Lake Norman, Porter-Gaud, Richmond Hill, Bishop England and Chapel Hill, went on to the district championship to be joined by 2 teams from the caribbean (Antilles & Country Day) and 7 from FL (Sarasota, Lakewood, St. Thomas Aquinas, HB Plant, Pine View, Tampa Jesuit, Ft. Lauderdale).

Additionally, SAISA teams along with those from SEISA and MAISA had the opportunity to compete in our Spring Intersectional regatta, March 27-28 at Lake Norman YC organized by Craig Millikan. Teams were composed of 8-12th grade school sailors sailing in a single division regatta. Wando won both first place and was the top 8-11 grade team. Thus qualifying for a berth to next seasons Great Oaks regatta in New Orleans. They were followed by Richmond Hill and Venice HS. Also participating was Brother Martin and Maury High Schools from our adjoining districts.

Fleet racing (Mallory) district championship, held in April, was hosted jointly by the Savannah Sailing Center & Golden Isles Community Sailing Center at Sunbury Crab Co in Sunbury GA. The regatta was organized by LCDR Robert Spencer and Carrie Rohde, plus their many volunteers and a talented race committee led by George Hero, PRO and Judges, Mike Posey, Means Davis, Carl Owens and Tom Hudson. With one drop out from the

Ft. Lauderdale area due to conflicting travel plans, all 30 races for a full round robin were completed. Congratulations went to Antilles School closely followed by Sarasota and to St. Thomas Aquinas and Plant who all won the four berths for Nationals. The scores for 3rd through 6th place were separated by only 11 points.

At ISSA Mallory Nationals hosted at Indian Harbor YC (Greenwich, CT), in a test of endurance and skill, in a chilly high wind regatta, the top 3 places were earned by CA PCISA schools with SAISA's Antilles School at 8^{th} , Sarasota HS 9^{th} , St. Thomas Aquinas HS 12^{th} , and H.B. Plant HS 18^{th} out of a fleet of 20 from across the US.

The final regatta in our series was the District Team Racing Championship held for the first time at Sarasota Sailing Squadron in Sarasota FL on April 17. This regatta was also the Qualifier for the ISSA Baker Trophy held over Memorial Day weekend in Seattle WA. Two of the seven teams that participated, Antilles School and HB Plant, earned a berth to sail in the championship the following month. At Baker Nationals the regatta was won by Point Loma (CA), 1St in the Gold Round; the SAISA teams finished in the Silver round where HB Plant was 6th and Antilles 8th in a fleet of ISSA's top 12 teams.

SOUTH ATLANTIC ISSA

States: North Carolina, South Carolina, Tennessee, Georgia, north Alabama, Florida (except Panhandle), and the island of the Carribean

Contact: District Director Tom Monkus, 727-821-2628

E-mail: tpmonkus@saisa.org District website: <saisa.org>



Need More Information? THESE CAN HELP ...

ISSA offers plenty of material to help organize a sailing team, drum up support, improve competitiveness, run a regatta, etc.

STARTING YOUR OWN HIGH SCHOOL SAILING TEAM

Look for this on the ISSA website this fall!

ISSA PROCEDURAL RULES - The official procedures for competing in school sailing and running a regatta; a must for coaches \$5.00

SIMPLIFIED RACE MANAGEMENT - A handbook for race committee chairmen on how to run a regatta \$5.00

COACHING A HIGH SCHOOL SAILING TEAM -

A guide on the role of a sailing coach, organizing practices, descriptions of effective drills - what it takes to coach sailing and what techniques to use.

\$10.00

SAILING DRILLS MADE EASY -

Geoff Becker's complete guide to running effective sailing drills

\$10.00

ISSA PATCHES - NEW!

Perfect for jackets, life jackets and bags. \$10.00

ISSA BURGEES -

Small: (12"x18:) USA made \$ 30.00

Small: one-sided, unreinforced

\$ 15.00



ISSA MEDALS (Gold, Silver, Bronze)each\$20.00ISSA CAPS (embroidered)each\$12.00ISSA MUGSeach\$15.00

-All Prices Post-Paid PLEASE MAKE CHECKS PAYABLE TO ISSA
To Order, write: ISSA, 2812 Canon Street,
San Diego, CA 92106
or, download order form off ISSA website:
www.HighSchoolSailingUSA.org



Inverview with Coach Vlastimil Kunc

Finding the right coach for a high school program is a challenge all teams face at one point or another. The HS program in Knoxville, TN was fortunate to have an exchange student from the Czech Republic who was a internationally competitive sailor, stay on for a professional career with the flexibility to coach the local sailors. Read on about how the coach, sailors and ISSA's Vice President Wayne Cutler have all benefitted from this exchange.

What brought you to the United States – what line of work are you in?

VK: I came to the United States as an exchange student in 1998. My intention was to stay for six months, improve my English and return to Europe. My plans changed after one of my professors offered to pay for the rest of my studies if I worked on his research project. Since the project focused on composite materials, I thought that I could not pass it up. Most sailboats are made of composite materials like fiberglass or carbon reinforced composites, so you can see why I was interested. Now I work in the Polymer Matrix Composites group at Oak Ridge National Laboratory.

ISSA VP WC: How did you find Vlastimil? Shortly after moving to East Tennessee Vlasta looked into sailing opportunities at Concord Yacht Club, host for our high school sailing program in Knoxville. I'm so glad that he found us. As high school sailing coordinator and faculty adviser to the Sailing Club at the University of Tennessee, I recruited Vlasta to our instructional team, which is made up of UT sailors with U.S. Sailing instructional certification.

What did you sail at home (in the CZE Republic) and what do you sail currently.

VK: I sailed primarily in the Europe class (E-dinghy). Europe was the Olympic class for women at that time, so it was a good way for a junior to be exposed to high level competition. Practicing and traveling around the old continent with Lenka Smidova, who later won the silver Olympic medal, did not hurt my sailing skills. In the US, I ventured into catamaran sailing, many types of monohulls including the Thistle class and most recently the 49er class. I was also fortunate enough to sail a few offshore races on keelboats.

ISSA VP WC: How does Vlastmil apply his 49er sailing to the HS team? Soon after bringing his 49er into CYC Vlasta recruited Chris Smith, then president of the University of Tennessee Sailing Club and high school sailing instructor, to crew for him. Our high school sailors watched Vlasta and Chris sail the 49er and wished they could take her out; but after observing a few tacks and jibes concluded the required skill level was beyond their reach. I was greatly relieved that our youngsters knew themselves that well.

How did you come about being a High School Coach?

VK: High school program is very active at Concord Yacht Club despite the unfortunate geographic and wind conditions of Knoxville, Tennessee. People like Wayne Cuttler go to great lengths to ensure that high school sailors can get on the water and sail. I was asked to help out with coaching by Wayne and other people who deserve a lot of credit for keeping the program going. I hope to get more involved in the future as it is a lot of fun to work with high school sailors.

What do you enjoy most about coaching the sailors?

VK: The challenge of helping individual sailors improve their skills is quite appealing to me. I think that the key is to pick one specific skill or area to work on instead of trying to correct every mistake I see. Anything that makes people more comfortable in handling the boat usually translates to visible and measurable improvements in performance and more fun for the sailors. It is rewarding to see people improve.



Vlastimil Kunc and crew Petr Fiala on their 49er at the 2010 Worlds, Freeport,

Grand Bahamas. Photo: Fried Elliott: www.friedbits.com

ISSA VP WC: What does Vlastimil bring to the HS sailors that may be different than other coaches? Vlasta has all but perfected the art of inland sailing, not just with his 49er but with his Thistle as well. He has really helped the high school dinghy sailors learn to time the pre-start wind shifts and take the advantaged place on the starting line. His chalk talks are also a great help to us not-so-young skippers.

What experiences are you able to share with the sailors?

VK: I can use some real life examples to explain general concepts and I can talk about the way boat should feel to sailors in certain situations. This may be helpful; however what I really try to share is the enjoyment and fulfillment you can get from sailing. I hope it just comes through.

Is there anything like this in your country or in Europe to compare to?

VK: When I left Europe, there was no similar program that I knew of. I saw some impressive Opti and junior programs in Sweden, but nothing quite as available as high school sailing program. I hope that high school sailors appreciate this opportunity. Easy access to equipment, coaches and competition is something I could not imagine when I was in high school. If sailors in this program take full advantage of what is offered to them, they can acquire skills only the richest can get in the rest of the world.

ISSA VP WC: Anything you can add here? Vlasta 's record commands respect, of course; but his winsome personality also attracts the young sailors to model his quiet yet strong sense of purpose. He teaches without trying to impress; the youngsters want to be like Vlasta as well sail like Vlasta.





exclusive offer for high school sailing teams

Receive significant discounts on a variety of Patagonia® products when outfitting your crew.

For Team ordering, guidelines and special pricing, contact: alison_ferguson@ patagonia.com, (805) 667 4872

For more details, search **team sales** at **patagonia.com**



PCISA HOLD SUCCESSFUL WOMEN'S EVENT

Sixty-five high school sailors convened on San Diego Yacht Club over Memorial Day Weekend for the first ever High School Sailing Championship held just for girls. The inaugural PCISA Girls High School Sailing Championship saw teams from as far away as Michigan and Washington State and was a resounding success. "It was rewarding to see thirteen teams. When we first thought about creating the event, most high schools were questioning whether or not they would be able to field a team at all", said Mary Brigden, Regatta Chairman for the event. In order to field the requisite two divisions, a team would have to supply two girl skippers and two girl crews. This was a tall order for some schools, where they had only two or three girls sailing on the team.

"What we found happened instead, was that it was a real enticement for more girls to get involved with their high school sailing teams. One school even sent two full teams!", she added. "This is a great sign of the potential interest in adding girls regattas to the High School sailing schedule." The regatta had terrific conditions, despite the typical Memorial Weekend activity. Breezes varied from 7-15 knots and the courses were tucked up at the end of Shelter Island, providing great spectator viewing. SDYC Junior Program coaches supplied the race management and many of the top notch high school boy sailors supported the event through race management and coaching. The "Boat Boys", as they were affectionately called, were eager to volunteer and were a popular addition for the competitors.

The racing was very tight with close competition between all the competitors. Over five teams held the lead at different times over the weekend, but Cathedral caught fire in the stronger breeze on Sunday. A string of bullets in both A Division (skipper

Mallory Schluter, crew Shelby Hamilton) and eventual B Division winner (skipper Georgie Ryan with crews Erica Parker & Bree Baldino) enabled CCHS to pull away in first place overall. Francis Parker capitalized on their A Division win (skipper Marly Isler, crews Kaitlin Driscoll & Carissa Crawford) to take second place, while Newport Harbor Blue, one of two teams NHHS fielded, finished third, only two points out of second.

Friday featured an opportunity for the sailors to join the women's America3 reunion in a spectacular sail aboard America's Cup Class Stars & Stripes. "It was so rewarding to see the girls go out with such topnotch women sailors and actually sail the boat. I can only hope there was inspiration for some of these girls to continue with their sailing, as it may lead them to something similar in the future," said Nancy Davidson, a parent with the Corona del Mar team.

The event included pink fleece headbands for the competitors, pizza night and trophies (hot pink embroi-

PCISA Women's Invitational Division A Division B 1. Francis Parker Cathedral Catholic 2. Cathedral Catholic Newport HHS Blue 3. Tamalpais Long Beach Wilson 4. The Bishops School Newport HHS Grey 5. Corona del Mar Francis Parker 6. Long Beach Wilson **Tamalpais** 7. Newport HHS Blue Corona del Mar 8. Newport HHS Grey Coronado HS 9. San Clemente HS San Clemente HS 10. Sehome HS Sehome HS 11. Grosse IIIe HS Grosse IIIe HS 12. Coronado HS The Bishops School 13. La Jolla HS La Jolla HS

dered beach towels) were delivered by Commodore Bill Campbell on the Yacht Club deck. Delivering such a high quality event was a team effort supported by many of local area high schools, including The Bishop's School, Coronado, Francis Parker and Cathedral Catholic as well as strong support from San Diego Yacht Club. Everyone was excited by the opportunity for great racing and fun camaraderie. The most common question was – "when are we doing this next year?"





1st Place Cathedral Catholic with SDYC Commodore Bill Campbell and Chris Snow. Photos courtesy of the Schluters.



 $2\mbox{nd}$ Place B division - Newport Harbor HS Cathedral Catholic with Chris Snow.



1st Place A division Lady Lancers of Frances Parker HS. Below; all sailors & boat boys gather at SDYC.



The Boat Boys volunteered to help the girls rig, launch, de-rig and even helpedwith Race Committee duty.



Hawaii High School IMU' Invitational Regatta



November 27 & 28, 2010
PCISA, HYSA" & the Hawaii Yacht Club
Honolulu, Hawaii
NOTICE OF RACE



Sat. & Sun., November 27-28

Saturday, November 27, 2009 Sunday, November 28, 2009

RULES

The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*

The prescriptions that may require advance preparation by teams are stated in full below.

The ISSA Procedural Rules

The Supplemental Rules of the PCISA

Class rules requiring CFJ or Club 420 class membership shall not apply. All boats must use sails provided by HYSA and enter in any designated round robin rotation.

ADVERTISING

2.1 Under ISAF Rule 20.3 this is a no advertising event, except that 2.2 Under ISAF Rule 20.4.1 '...The Organizing Authority or an event has the right to make use of the following spaces according to the following terms: ...' under this rule boats may be required to display advertising chosen and supplied by the organizing authority.

ELIGIBILITY & ENTRY

The regatta is open as follows: Qualifying Schools from every member District are eligible for this event. A school qualifies when they meet ISSA Rule 1. ELIGIBILITY

Eligible schools enter by completing the entry form and sending it, together with

the required fee, to: HYSA C/O Katie Merrill 515 Iolani Avenue

Honolulu, HI 96813-1869 Phone: (808) 864-3486

Fax: (808) 847-1901 E-Mail: Katie@pdfhawaii.com

All entries must be received by 1700 hours Monday, October $25^{\mbox{th}}$, 2010. Exceptions may be made at the discretion of HYSA.

Liability and medical release forms will be required at the time of registration. The following restrictions on the number of boats apply. The regatta has boats available for 12 berths each in the Gold (Varsity/Advanced) and Silver

(JV/Intermediate Skill) Series (See Section 5.).

Teams unable to compete must notify Bob Ale of HYSA as soon as possible so that vacancies may reallocated (see No. 15.)

FEES

Required fees are as follows:

Entry Fee \$125.00 (See Entry form)
Charter Fee \$100.00 (See Entry form)

Damage Deposit \$250.00 (Separate check, returned at end of

regatta per no damage)

GOLD AND SILVER FLEETS

The regatta will consist of a Gold Fleet and a Silver Fleet (depending upon the total number of entries).

5.1 The Gold Fleet will be for Varsity level sailors with advanced skills competing in FJ's.

5.2 The Silver Fleet will be for JV sailors with introductory to intermediate skills competing in 420's.

5.3 Each Team will sail one boat and rotate every second race if desired. This is a one division event for both fleets. Thus a team is two sailors (Skipper & Crew) plus alternates if desired. A school may send more than one team in either or both fleets (Gold & Silver).

SCHEDULE

Regi	stration:	Saturday, November 27, 2010	0830 - 0930
6.2	Inspection	Saturday, November 27, 2010	0830 - 0930
6.3	Skippers Meeting	Saturday, November 27, 2010	0930 - 1000
6.4	Dates of & Racing	Saturday & Sunday November :	27-28, 2010

6.5 Number of races is expected to be approximately 8-12 races per day, with a minimum of 3 races that must be completed to constitute a series.

6.6 The scheduled time for the first race each day is:

SAILING INSTRUCTIONS

1100

1500

1600

First Race

Last Race

Last Race

The Sailing Instructions will be available after 0830 on Saturday, November 27, 2010 at registration.

SCORING

The regatta will be scored in accordance with ISSA and PCISA Procedural rules.

VENUE

Attachment 1 shows the directions and map to the Marine Education & Training Center
University of Hawaii – Honolulu Community College. The small gray
square to the left of the word 'Boat Parking Lot' will be the registration area.

Attachment 2 shows a satellite view of the Marine Education & Training Center and boat launch ramp.

Attachment 3 shows chart 19367 with the racing area (Honolulu Harbor "Kalihi Channel" & "Emergency Turning Basin").

THE COURSES

Courses will be Windward Leeward variations detailed in an attachment to the Sailing Instructions.

SCORING

The regatta will be scored in accordance with ISSA and PCISA procedural rules.

SUPPORT BOATS

Support boats shall be marked with a flag as indicated in the Sailing Instructions.

PRI7FS

DISCLAIMER OF LIABILITY & MEDICAL RELEASE FORMS

14.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

 $14.2 \ \mbox{Liability}$ and Medical Release forms will be required at the time of registration.

INFORMATION

For more information please contact:

Bob Ale, HYSA Commodore

Mobile (808) 223-1413 E-mail: bale@insurancefactors.com

Additional information will be posted on the web at $\underline{\text{www.hyra.us}}$ see the HYSA pulldown menu.

- * IMU is the name for an underground oven favored in the Hawaiian *Kalua* cooking method used for the Saturday evening dinner.
- ** HYSA is the Hawaii Youth Sailing Association



Final Allocations Set for 2010-11 **Championship Regattas**

District	Mallory	Baker	Cressy full	Cressy Radial	
New England	4	2	4	4	
Mid-Atlantic	4	2	3	3	
South Atlantic	3	2	3	3	
Midwest	2	1	2	2	
Southeast	1	1	1	1	
Northwest	1	1	1	1	
Pacific	5	3	4	4	
	20	12	18	18	

Individual Membership Coupon - Complete & Mail Today!

Please support school sailing with your individual membership in ISSA

Schools belong to ISSA with membership in their district associations. However, individual memberships and donations help ISSA continue to bring the benefits of healthy and sportsmanlike competition to more young people and continue our nationwide growth.

We are exempt from Federal income tax under Section 501 (c)3 of the Internal Revenue Code. Donors may deduct contributions to ISSA as provided in Section 170 of the Code subject to applicable provisions.

Your Name:					
Your Address:					
Your Town:	State: _		Zip Code:		
Your Telephone Number(s)Home:		Business:	E-ma	nil:	
Are you affiliated with a school? If so, when the school is a scho	nich one?:				
. 1	In what capacity?	ndividual Dues		25.00	
		Or I - D	Ψ	5.00	



Student Dues 5.00

(Note: All Schools Join through their District)

Tax Exempt Donation to ISSA: Total enclosed:

Complete and return this form, with your check payable to: ISSA, 2812 Canon Street, San Diego, CA 92106 - 619-222-0252

ISSA Web site: http://www.highschoolsailingusa.org

NOTICE OF RACE

ISSA HIGH SCHOOL SINGLEHANDED CHAMPIONSHIP For the CRESSY TROPHY

Hosted by

South Atlantic Interscholastic Sailing Association St Petersburg YC, Florida October 30-31, 2010

1 RULES

1.1 The regatta will be governed by the *rules* as defined in the 2009-2012 edition of *The Racing Rules of Sailing 2009-2012* and the Interscholastic Sailing Association of North America (ISSA) Procedural Rules, this Notice of Race and the Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.

1.2 RRS Appendix P will apply as changed by ISSA Procedural Rule 14(c).

1.3 The Organizing Authority (OA) is the ISSA.

2 ELIGIBILITY

2.1 Competing schools must be current members of ISSA and meet ISSA eligibility rules as prescribed in the Procedural Rules.

2.2 The selection of competitor schools will be by district elimination. The ISSA Board will allocate the berths for the 18 Full Rigs and 18 Radial Rigs.

2.3 Teams unable to compete must notify Coach Molly Doyle and ISSA as soon as possible.

2.4 ISSA will re-allocate vacant district quotas per the ISSA National Championship General Conditions. The first open allocation will go to the host district. A berth becomes vacant when the qualifying district becomes unable to fill the berth.

2.5 A designated adult team leader must accompany each school team. This person may be an advisor, coach or parent recognized by the school.

3 ENTRY

3.1 Entry Forms and Waivers will be available on the St. Petersburg Yacht Club website; www.spyc.org and the ISSA website www.highschoolsailingusa.org

3.2 Completed Entry Forms and all fees should be sent to: SPYC - Cressy Regatta, Attn: Coach Molly Doyle, 11 Central Avenue, St. Petersburg, FL 33701 and received no later than October 23, 2010.

3.3 E-mail receipts will be sent as completed entries are received. These entries will be posted on the sites listed in 3.1. Entry lists will be updated as new entries are received.

4 FEES

4.1 The Entry is \$125. This includes 2 continental breakfasts, 2 lunches, 1 banquet, and a regatta t-shirt. Team leaders, coaches and parents may purchase additional meal packages at Competitor Check-In for \$45.00.

4.2 The Damage Deposit is \$250. A check to LaserPerformance must be submitted with each entry, and is refundable if the boat and gear are returned undamaged. In the event damage cannot be attributed to one competitor, the repair cost will be divided evenly among all competing teams.

5 BOATS

5.1 LaserPerformance will supply 18 Laser Full Rigs, and 18 Laser Radial Rigs.

5.2 There will be no rotation of boats. Boats will be sailed as supplied.

5.3 Competitors may bring telltales for sails, and an elastic cord to tie up the hiking strap.

6 SCHEDULE

Friday, October 29

1200-1600 Competitor Check-in St. Petersburg Sailing Center classroom (SPSC), 250 Second Avenue SE 1200-1630 Individual Practice 1430 First warning, Practice Race

Saturday, October 30

0800 Competitor Check-in - SPSC Classroom

0800 Rigging of boats 0900 Competitors' Meeting 1030 First warning Race #1 Lunch on water

1900 Banquet at SPYC

Sunday, November 1

0900 Rigging of boats

1000 First Warning, first race of the day 1500 No race will start after this time.

Lunch on water

Trophy presentation ASAP after racing and/protest hearings

7 VENUE

7.1 Launching will take place at the SPSC on Demen's Landing, 250 Second Avenue SE, St. Petersburg.

7.2 Racing will take place on Tampa Bay, east of the St. Petersburg Municipal Pier.

8 SAILING INSTRUCTIONS

Sailing Instructions will be available at the Competitor Check-In on Friday and Saturday.

9 COURSES

Courses will be determined by the Race Committee as prescribed in ISSA PR 7.7.

10 PENALTY SYSTEM

Scoring Penalties, RRS 44.1 and 44.2 will apply.

11 SCORING

11.1 The Low Point Scoring System, RRS Appendix A will apply as modified by ISSA Procedural Rule 9, except that no score will be excluded.

11.2 The race committee will attempt to run 18 races. Three races will constitute a regatta.

12 COACHING

Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area on personal crafts. All coaching, including instruction, assistance, equipment and sustenance shall be provided only on shore or from a designated coach boat. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

13 PRIZES

Prizes will be awarded to schools placing first through third places in both the Full rig and Radial rig Divisions and have their names engraved on the perpetual Cressy trophy.

14 ANNOUNCEMENT

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other discipline expectations occurring during October 29 through October 31, 2010 may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall be the regatta chairperson, a member of the ISSA BOD, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

15 REGATTA CONTACTS:

Molly Doyle, Coach Telephone 727-896-8101 E-address: coaches@spyc.com

Carole Bardes, PRO Telephone 727-894-0049

E-address: pbardes@tampabay.rr.com

For information regarding ISSA or SAISA contact: Tom Monkus, P.O. Box 7277 St. Petersburg, FL 33734-7277.

St. Petersburg, FL 33/34-72/7. Telephone: 727-821-9080 E-address: tpmonkus@saisa.org

Notice of Race

The Allstate Sugar Boal

Great Oaks Invitational Trophy

November 19-21, 2010

Hosted by SEISA at Southern Yacht Club
New Orleans. LA

1. Rules

1.1 The regatta will be governed by the Racing Rules of sailing 2009-2012, the Prescriptions of US SAILING, the ISSA Procedural Rules, this Notice of Race and the Sailing Instructions. This regatta is classified as a Category A event.

2. Eligibility

2.1 A school that has been a continuous member of ISSA and has not qualified for the Mallory or Baker regattas in the past four years, or one that joins this year

for the first time, is eligible to enter the selection process in its district. Selection of schools is by district initiative.

2.2 A team is comprised of no fewer than two or more than four sailors who are full time students in the school they represent. Each team will sail one boat. Competing schools must be current members of ISSA. Eighth grade students are

eligible to compete. Seventh grade students or below are not eligible. Sailors must be accompanied by a designated adult chaperone, who may be an advisor, coach or parent.

- 2.3 The regatta has 36 berths which will be allocated by ISSA.
- 2.4 Entries should be sent to Yvonne Pottharst, Great Oaks Regatta Chair c/o Southern Yacht Club, 105 N. Roadway Drive, New Orleans, LA. 70124. Home # 504-304-5464, Cell # 504-421-3819, E-Mail: Tern4True@aol.com.

3. Entry and Communication

3.1 Eligible schools and sailors must enter by filing an entry form with entry fee and damage deposit with Yvonne Pottharst prior to November 5, 2010.

Liability and medical release forms will be required at the time of registration.

Make one check for entry fee and one check for damage deposit payable to Southern Yacht Club.

- 3.2 ISSA membership will be verified at registration.
- 3.3 Invited teams that are unable to compete must notify Yvonne Pottharst at Southern YC, as well as ISSA as soon as possible. ISSA will reallocate the vacancies.

4. Entry Fee and Damage Deposit

- 4.1 There will be an entry fee of \$60.00 per team. Four food packages are included with the entry fee.
- 4.2 A damage deposit of \$100.00, separate check, must accompany the entry form.

5. Schedule

Friday November 19, 2010

1400-1700 Registration at Southern YC, boats available for practice after completing registration.

Free Evening.

Saturday November 20, 2010

0830 Continental breakfast at Southern YC.

0830-0900 Last minute registration.

0900 Mandatory skippers meeting.

1030 First warning. Racing throughout the day. Lunch on the water.

1900 New Orleans Style Dinner at the home of Howard and Lydia Schmalz.

Sunday November 21, 2010

0830 Continental breakfast at Southern YC.

1030 First warning. Racing throughout the day. Lunch on the water.

1600 **FIRM** No race will be started after 1600.

1700 After race snack and trophy presentation.

6. Race Area

 $6.1\,\mbox{The}$ race area will be on Lake Pontchartrain northeast of the SYC clubhouse. 7. Courses

7.1 The Race Committee will determine courses in accordance with ISSA Procedural Rules. Short college style courses are expected.

8. Scoring

8.1 The regatta will be scored using ISSA Procedural Rules. There will be no throw outs. Protest procedures will be per ISSA Procedural Rules with amplifying details outlined in the Sailing Instructions.

9. Housing

9.1 Housing will not be provided. Contact Yvonne Pottharst for Hotel Information.

10. Food and Beverages

10.1 Four packages are included in the entry fee. A food package will be available to additional sailors, coaches and chaperones at \$25.00 each. The package will consist of 2 continental breakfasts, 2 boxed lunches, and a snack after the last race of each day. On the water beverages will be furnished as part of the package as well.

11. Travel and transportation

11.1 New Orleans International Airport is by far the most convenient airport. Teams are responsible for their own transportation.

12. Coaching

12.1 No coach or parent boats will be allowed. Spectator boats will be provided. If weather conditions will allow, a floating dock will be towed out to the race course to facilitate on the water boat rotation. Once this floating dock is anchored, it is considered an extension of the land. Coaching will be allowed on the floating dock.

13. Prizes

13.1 Prizes will be awarded for teams first thru fifth place.

14. Official Notices

No competitor shall use, either on or off the water, marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841, or alcoholic beverages (distilled spirits, wine and beer, each as defined in chapter 51 of the U.S. Internal Revenue Code and intended for beverage use). An alleged breach of this procedural rule shall not be grounds for a protest. However, when a report is received from any source alleging such a breach, a protest committee consisting of the regatta chairperson, a member of the ISSA Board of Directors and the chairperson of the protest committee shall follow the process described in RRS 69.1. If a hearing under RRS 69.1 is heal, a competitor found to have breached this procedural rule shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. Additional penalties consistent with RRS 69.1(b) may be imposed on the competitor or the competitor's team.

INTERSCHOLASTIC YACHT RACING ASSOCIATION, INC DBA/ INTERSCHOLASTIC SAILING ASSOCIATION, INC. C/O ONE DESIGN MANAGEMENT 2812 CANON STREET SAN DIEGO, CA 92106

Nonprofit
Organization
U.S. Postage
PAID
San Dimas, CA
Permit No. 410

CHANGE SERVICE REQUESTED

ISSA CHAMPIONSHIP REGATTA ROTATIONS

ISSA National Championships are rotated through the seven districts. The Mallory and Baker regattas are rotated in an attempt to equalize travel costs and a predictable cycle of assignments. The Cressy rotation follows the college (ICSA) schedule since ISSA shares a fleet of Lasers provided by LaserPerformance with ICSA. The composite schedule taxes no district with more than one national championship in any school year. Cressy regattas are dates for the school year and sailed in the previous fall and are usually within a week of the collegiate singlehanded championship.

Regatta	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
Cressy	MA	SE	SA	MW	PC	NE	NW	MA	SE	SA	MW
Mallory	SA	NE	SE	NW	MW	PC	MA	SA	NE	SE	NW
Baker	PC	NW	MA	NE	SA	SE	MW	PC	MA	NW	SA