

VOLUME 18 - ISSUE 1

Spring 2009

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Cressy Championship

Lawrence & Stocke win respective classes

The regatta site was excellent with launching from the Cornell beach on Cayuga Lake. The new Merrill Sailing Center was not quite ready for use but good temporary facilities were provided. There really wasn't much wind on Saturday or Sunday mornings, but fortunately it filled in (with whitecaps on Saturday) in the late mornings so that 17 very competitive races were held for each class. The water was a bit warmer than the air, but the competitors did have to spend some time first thing each morning scraping a layer of frost off their boats (enough to throw a few snowballs). The regatta was well run by the Regatta Chairperson, Andrew Davis, and the competitors were very well behaved with only one protest all weekend. The Principal Race Officer Charles Cook and the many support people, including team members from Cornell and Hobart handled the regatta very efficiently. Full Rig: Luke Lawrence held an overwhelming command of 1st place throughout the regatta. He said he was mainly was trying to catch the wind shifts and was reaching off as much as possible to beat the others to the next shift. Second and Third Finishers, Caleb Paine and Will Howard exchanged places a bit during the regatta until Caleb pulled ahead at the end. During much of the regatta, Tom Fink looked like he would have third place, but faded a bit in the last two races and ended up 5th. Radial Rig: After the 1st couple of races, Christopher Stocke stayed ahead the entire regatta for an uncontested 1st place finish. He said he mainly tried for consistency and also used the full rig fleet in front of them to help predict the shifts. Third place finisher Chris Barnard stayed ahead of the second place finisher Ian Heausler during most of the regatta but Ian passed him in race 14 and stayed ahead. Edgar Diminich looked like he would clearly have second place, but also slowed up a bit toward the end and fell back to 5th place at the end of the regatta. Full results and pictures are posed on the ISSA website, www.highschoolsailingusa.org/NationalsResults/09CressyResult s.htm, and other information including videos are posed on the Cornell website, www.cornellsailing.org.

Full results & more photos on page 3.





President's Message

ISSA is in full swing. All the districts are actively running regattas, planning for the Spring season and for the push toward the districts championships and the Mallory and Baker Championships. I look forward in seeing everyone at these regattas. The ISSA board is committed to providing an environment that promotes quality sailing.

Financially ISSA is covering it's expenses at the same time building an Endowment Fund to assure our stability in the future. Each district has different cash needs with purchasing sails, regattas expenses etc. and we need everyone's help to continue the success for high school sailing.

This years Cressy was very successful and well organized with the help of the team at Cornell. This relationship with College sailing is so important for our success and we appreciate the assistence. Again the Great Oaks regatta was terrific event for our emerging schools. Congratulations to St. Edward High School in winning and Ft. Lauderdale High School for winning the Larry and Babs White Trophy for the top first year team. Thank you Chris Clement and Southern Yacht Club for organizing the event.

At our last board meeting we discussed a movement to have more Intersectional regattas. PCISA has opened the Rose Bowl regatta for 5 out of districts teams. A new fall intersectional on the east coast is also being considered.

Good luck to all the sailors this year.

Tim Hogan, President

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2009

May 10-11, 2009

The Clifford D. Mallory Championship for the doublehanded fleet title will be held at St. Petersburg Yacht Club, St. Petersburg, FL - Tampa Bay, hosted by SEISA.

May 23-24, 2009

The Toby Baker Championship for the national team racing championship will be held in Palo Alto, California.

September 26, 2009

Annual General Meeting, site to be determined

October 31-November 1, 2009

The Cressy Championship for singlehanded titles will be held in Corpus Christi, TX, hosted by SEISA.

November 2009

Great Oaks Regatta held at Southern Yacht Club, New Orleans, LA, hosted by SEISA

Get more news from ISSA Districts through site links on www.highschoolsailingusa.org





Celebrating

Full Fig - FINAL RESULTS

Radial Rig - FINAL RESULTS

	TOT			TOT	
1. Luke Lawrence	56	Martin County HS	1. Christopher Stocke	85	Sarasota HS
2. Caleb Paine	90	Point Loma HS	2. Ian Heausler	105	Plant HS
3. Will Howard	106	Lake Forest HS	3. Chris Barnard	113	Newport Harbor HS
4. Cleve Hancock	112	St. Petersburg HS	4. Oliver Toole	118	Santa Barbara HS
5. Tom Fink	119	Ransom Everglades School	5. Edgar Diminich	119	St. Edward's School
6. Matt Gowell	133	East Greenwich HS	6. Kevin Laube	126	Point Loma HS
7. Dan Nickerson	138	The Williams School	7. Mateo Vargas	130	Lakewood HS
8. Wade Hatton	151	Newport Harbor HS	8. Claire Dennis	142	Woodside Priory
9. Andrew Fox	157	Pine Crest School	Michael Schalka	155	Dartmoor School
10. Max Hutcheson	159	Francis Parker	10. William Haeger	163	Lake Forest HS
11. Patrick Mignon	176	Morristown Beard School	11. Max B.W. Lopez	164	Tabor Academy
12. John Renehan	177	Garfield HS	12. Chase Shaw	179	Clear Creek HS
13. Matthew Schoene	183	Broadneck HS	13. Nathan Fast	191	The Williams School
14. Mac Mace	184	Sage Hill	14. OJ O'Connell	203	East Lyme HS
15. Peter Flood	223	Flour Bluff HS	15. Eliza Richartz	206	St. George's School
16. Gabriel Salk	232	Providence Country Day	16. Kyle Swenson	217	St Stephans & St Agnes School
17. Griffin Orr	253	McQuaid Mercy	17. Jack Swikart	227	Rumson-Fair Haven Regional
18. AJ Murphy	259	Willow Bank Academy	18. Justin Bell	261	Gunston Day



Awards, Left to Right: Christopher Stocke, Ian Heausler, Caleb Paine, Will Howard, Luke Lawrence, & Chris Barnard. Photo credits, Tom Monkus and Gloria Lawrence.





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Sea hiking pands

Sea hiking pants are the original and still the best performing wetsuits for Laser Sailors.

Sea hiking pants have the following features:

- · Non-flex fibreglass battens
- · Reinforced small diamond seat
- Reinforced kneepads
- Super stretch neoprene
- Functional designs





Allows for restriction free movement of the upper body while providing you with a little extra support to make hiking more comfortable. The elasticised back has a wide covering band that can be pulled in tight and Velcro locked to give support. You can quickly adjust the level of support you want and to customise the fit and feel around the waist and back



All Sea sailing tops incorporate a Performance ^{Design} Fit making them functional and comfortable to wear.

Sea-HP004



Sailing Tops

The selection of Sea Sailing tops includes:

- Lycra Singlets
- Lycra Wetshirts • Lycra Fleece
- Neo Lycra Short & Long Sleeve
- Metalite Hottop • Ultra Warm



Sea-LP011

Promotional Simplets

Sea Promotional singlets are ideal for customisation. These items can be embroidered or screen printed to match your school, event, company or personal logo. Colours: white, yellow, light blue, pink, orange, green, maroon, navy & black.

Also available for customisation - long sleeve wetshirt colour white.

Metalite skiff pants

Are super light and flexible the. The skiff pants are made from 0.5mm Metalite neoprene and 3mm small diamond reinforced seat. Can be used for hiking or trapeezing.

Super light and flexible the skiff pants are made from 0.5mm Metalite neoprene and 3mm Small Diamond reinforced seat.

Can be used for hiking or trapeezing. Also available metalite shorts and neo skiff pants.



• Designed for performance & comfort.

Republia boot

- 5mm insulated neoprene with rubber outer extended to stop wear to sides of boot
- Reinforced toe & heel cap inside & out
- Ankle support
- · Laser cut non marking sole
- Side zipper entry with velcro lock
- Neoprene gusset behind zip to reduce



Sea

Sail Equipment Australia

www.sailequipment.com.au

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www.highschoolsailingusa.org

Loyola Academy wins Inaugural Midwest Keelboat Championships, hosted by Grosse Ile High School

The Grosse Ile High School varsity sailing team played host to the first ever Midwest High School Championships sailed in keelboats, November 1-2. Teams from Loyola Academy and Lake Forest High School in Illinois, along with two teams of Grosse Ile High School varsity sailors participated in the inaugural Midwest Interscholastic Sailing Association Keelboat Championships in the waters of western Lake Erie, just south of Grosse Ile.

The Loyola Academy team of Davis Porter, Tommy Holmberg, Kevin Kennedy, Clara McHugh, Alex Post and John Kinzel were the winners after two days of close racing, taking an eight point win after 16 races, with the two Grosse Ile High School teams finishing in a tie for second place. The ISSA tiebreaker procedure was implemented, with the Grosse Ile 2 team of Peter Polgar, Alex Karrar, Nick Burr and Libbi Miklos taking second over Grosse Ile 1, skippered by Patrick Duffett, with crew Catherine Plischke, Kathlyn Lyons and Montana Pruett, on the basis of having finished ahead in more races, nine to seven. Lake Forest High School was in the hunt for the entire regatta, but the team of Ben Howard, Ian Schappe, Lindsey Taylor, Conner Adams and Reagan Morehouse came up just out of the money in fourth.

The event, the brainchild of the Grosse Ile coaching staff and the MISSA leadership, was sailed in J-22 keelboats, graciously donated for the weekend by J-22 Fleet 76 out of Grosse Ile Yacht Club. The boats provided the sailors, who normally sail 14-foot dinghies in high school competition, the opportunity to experience the feel of racing "big boats".

In addition, with a crew of four, instead of the 1-2 persons dinghies they normally sail, the event provided the crews a chance to work together as a team as part of a larger crew – an experience they don't normally get in high school competition Sailing conditions were ideal for the regatta. Unusually warm 60-degree temperatures, sunshine and 5-12 knot winds provided a perfect backdrop for the close racing that ensued throughout the two days. Races consisted of windward-leeward courses with a leeward gate, and most races were completed in about 20 minutes. Boat rotation after every two races equalized boat differences, but each hull had at least two first place, and two last place, finishes, confirming that all four boats were very equally matched. Loyola Academy secured the victory by sailing more consistently than their competition.

10 races were sailed on Saturday, which began in light air and calm seas. The wind never picked up above 5-6 knots, which gave all the teams a good chance to get the feel of the larger keelboats in comfortable conditions. Although unfamiliar with the boats, the sailors quickly put their knowledge to work, and adapted to the bigger boats quickly. The races were run without spinnakers to equalize the competition, and the sailors quickly learned that just as in 420's, windward heel and holding out the main downwind was fast and effective. A leeward gate insured the opportunity for tactical decision-making, and mark roundings were typically close. At the end of day one, Loyola

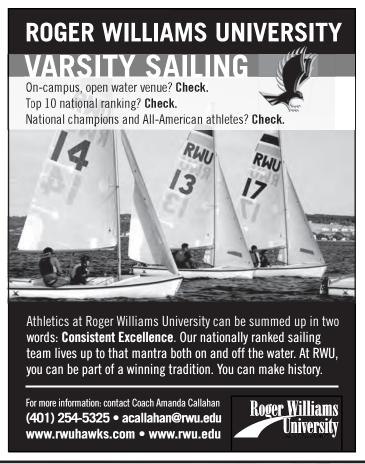
held a slim 2 point lead over the Grosse Ile 1 team, with Lake Forest and Grosse Ile 2 tied, only 4 points back. Sunday produced more wind, with sailors seeing up to 12 knots, which allowed the teams to learn hiking skills on the small keelboats, and getting the feel of the weather helm produced on keelboats which doesn't often occur in dinghies.

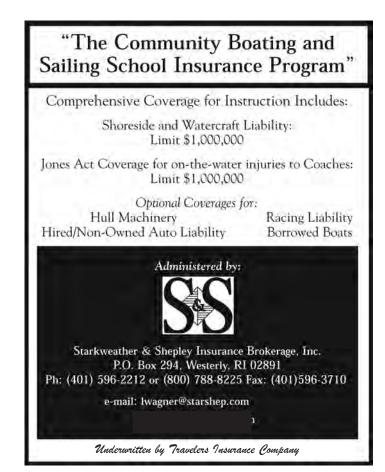


Starts were typically close, and as the sailors became more comfortable with the handling of the J-22's, they became more and more comfortable with being in close quarters, and pushing each other around.

Loyola did not secure the win until the final two races, and there was only a two-point separation between second and fourth place going into the final rotation. All four teams had at least two first place finishes, and every team finished last at least twice also. As the sailors climbed the learning curve of the unfamiliar boats, the races became closer and closer. By the end of the regatta, all four boats were finishing within seconds of each other, and many of the races finished with all four boats overlapped - a testament to the skill level shown by the sailors. Based on the reactions of the sailors, the event was a huge success. The abundance of smiles and positive comments during and after racing were a testament to that fact. From the reaction of both sailors and coaches, MISSA has scheduled this event again and it will become an annual event on the MISSA schedule. The students got exposure to a new level of sailing, and the experience in a different part of the sailing world. At the end of the day, this will be an annual event because, in a word, the kids had a blast.









Reports from ISSA Districts

NESSA

FALL SEASON 2008

After a slow start with storms during early september, the NESSA fall season gained speed with invite regattas and Great Oakes Qualifying regattas from Maine to Conneticut during most weekends until November. NESSA hosted 2 popular events including The Healy Trophy in Wickford RI, and the Fall FunFest on the Charles River in Boston. 4 NESSA schools won berths from qualifying regattas to represent NESSA in New Orleans for the Great Oakes Regatta. Fall results have been posted on the NESSA website: http://nessa-sailing.org/race.htm

HEALY TROPHY

The NESSA Single-handed District Qualifier for the Healy Trophy was held September 23rd at Wickford YC, Rhode Island, with Skip Whyte as PRO. 30 radial and 15 full sailors raced on Narragansett Bay with a tropical storm looming in the mid atlantic. .

Winning the radial division and the Healy Trophy plus representing NESSA at the cressy was Eliza Richarz (St Georges, RI), followed by Nathan Fast (Williams-CT), Max Lopez (Tabor-MA), and OJ O'Connell (East Lyme-CT).

Qualifying for the Cressy in the full division were Dan Nickerson (Williams-CT), Matthew Growell (East Greenwich-CT), William Hutchings (Milton Academy-MA) and Gabriel Salk (PCD-RI).

FALL FUNFEST

Despite the light and variable winds, 4 races were held in each division with Duxbury HS (MA) taking the gold. Stonington HS (CT) followed by North Yarmouth (ME), then Cambridge Rindge & Latin (MA).

NESSA ANNUAL MEETING

During The first weekend in November, the NESSA Officers held the NESSA Annual meeting. The meeting was well attended with much discussion about membership value, By-Law changes, and a change in the fee structure for NESSA Teams district qualifier.

The Officers and membership are interested in creating additional events and services that will benefit and grow all levels of our membership. A goal would be a wider competitive bracket that reaches the second tier schools and offers more competition and championship opportunities at all levels.

2010 MALLORY

The NOR for the 2010 Mallory, being held in NESSA on the Charles River in Boston, MA, has been drafted and will be finalized by the summer of 2009. Fran Charles, MIT Head Coach, will serve ae PRO, Peter Johns, President of the Southern Mass Sailing Assoc., has committed to be Chief Judge and Carl Zimba,

President of the Mass Bay League will be Event Chair. We are confident this event is in good hands and we are looking forward to a spectacular regatta.

SPRING 2009

The spring racing season will get underway the end of March. Dates and venues are set. The NORs for the spring 2009 NESSA Championships are posted as of Febuary 1 and can be found at http://nessa-sailing.org/race.htm.

NEW ENGLAND ISSA

States: Maine, New Hampshire, Massachusetts, Rhode Island,

Connecticut and Vermont

Contact: District Director Doug Heil, 508-265-3322

E-mail: dougheil22@hotmail.com

MASSA

The MASSA Board of Directors met for their annual winter meeting, all day on January 24, 2009, at Andrew Cole's home in Eastport Annapolis. The Board includes representatives from the 4 leagues in MASSA. The leagues provide most of the sailing for the teams and select teams to attend the MASSA district Championship events. The league directors represented their leagues in discussing many issues including those raised by their league members, and passed many motions including the following. A new board position, Director of Sailing, was created to oversee sailing and regatta issues. Our rules were modified to require all district-level championship regattas and qualifiers for national championships to be 2 day regattas. A request from the Central League to have a full membership meeting was accepted and it was scheduled for Saturday at the spring MASSA Mallory qualifiers after the racing concludes for the day. 8th graders from feeder schools were allowed to continue to sail in district team and fleet events other than the spring National Championship Qualifiers. Teams to attend the Great Oaks will be selected from the eligible teams sailing in the fall district fleet racing championships and the board also approved developing intersectional regattas with neighboring districts. The district regatta rotation schedule was updated and revised to better distribute regatta around the leagues. The spring Mallory Qualifier will be held in the Northeast League on April 18-19 and the Baker Qualifier will be in the Southern League on April 25-26. The fall schedule was drafted too. Elections were held and the following positions were approved. Randy Stokes will continue as the 2nd district representative on the ISSA board. Bill Schneider will continue as the MASSA Director and Geoff Schneider will continue as the Assistant Director. Stovy Brown will fill the new Director of Sailing position and Brian Hull will replace Mike Sparks, who retired, to represent the New Jersey area of the Northeast League. The League Directors, who are automatically on the board, are John Faudree for the Northwest League, George Linzee for the Northeast League, Joel Labuzetta

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for the Central League, and Randy Stokes for the Southern League.

The 2008 MASSA Cressy Qualifier was held at Severn Sailing Association, September 27th, 4 races were completed for both the full rig and the radial rig classes. There were 20 radial rig and 15 full rig contenders at the regatta. The sailors did well in difficult conditions, with bursts of downpours interspersed with very light winds. The top 3 finishers in the radial rig class qualified to attend the Cressy National Championships and they were: 1. Kyle Swenson, St. Stephens & St. Agnes School, Alexandria, VA 2. Jack Swikart, Rumson Fairhaven, NJ, and 3. Justin Bell, Gunston Day School, MD. Alternatives, if the top 3 could not attend the nationals, were 4. Dylan Finneran, Randolph High, NJ, 5. Killian Corbishley, Irondequoit High, NY, and 6. Paul Stevens, Monsignor Donovan High, NJ. For the full rig class, the top 3 qualifiers to attend the Cressy Nationals were: 1. Patrick Mignon, Morristown Beard School, NJ, 2. Matt Schoene, Broadneck High, MD, and 3. A.J. Murphy, Willow Bank Academy, NY. The 3 alternatives were 4. Ryan Bailey, Toms River South, NJ, 5. Griffin Orr, McQuaid/Mercy, NY, and 6. R.J. Bay, Key School, MD.

The Cressy National Championship, described elsewhere in this newsletter, was held at Cornell University on October 17-19, 2008. Chuck Sinks of ISSA and Andrew Davis of Cornell were invaluable in organizing this regatta and Andrew did a fantastic job running the regatta. Everyone had a great time that weekend

The 2008 Fall MASSA District Fleet Racing Championship was held at Annapolis Yacht Club on November 1st. 18 District schools were qualified to attend this regatta by their leagues. There were early concerns that there would not be enough wind. Fortunately, the winds filled in from the southwest by late morning so that 5 races were completed in each division. The new AYC Waterfront Director, Jay Kehoe, and the 420/High School coach Mattie Farrar did a fine job in organizing and efficiently completing the regatta and Severn Sailing Association provided a good viewing and coaching site from their seawall. The top 6 teams were: 1. Christchurch, Southern League, 2. Archbishop Spalding, Central League, 3. Severn School, Central League, 4. Rumson/Fairhaven, Northeast League, 5. Broadneck High, Central League, and 6. Norfolk Collegiate, Southern League The 2008 Fall MASSA District Team Racing Championship was held at St Mary's College of Maryland by head varsity coach Adam Werblow. The Fall Team Racing Championship was held at St Mary's College in their new Sailing Center featuring a well appreciated viewing deck and fireplace indoors. Despite light breezes and a fair bit of rain, the event was nice. There were eight umpires that were a mix of ages and experience including three college undergraduates and a newer judge learning from the pros: Barbara Herbig (Chief Umpire), Stovy Brown, & Rob Rowlands. 24 races were completed. Unfortunately, the regatta needed 28 races to complete the round robin. There was a shore side postponement mid-day and then the breeze was lost all together at 3:45 and the racing was called off. In accordance with the posted Sailing Instructions, although a full round robin was not sailed, the best course of action was determined to be an analysis of races sailed, which revealed

that whatever happened in the remaining races, the first five places would not change. Therefore, the regatta was declared as complete. First, second, and third trophies were awarded based on this reasoning: 1. Norfolk Collegiate, Southern League, 2. Severn School, Central League, 3. Christchurch, Southern League, 4. Annapolis High, Central League, and 5. Monsignor Donovan, Northeast League. The remaining three participating teams were Pittsford, Northwest League, St. Anthony's, Northeast League, and Toms River South, Northeast League

MID-ATLANTIC ISSA

States: New York, New Jersey, Pennsylvania, Delaware, Maryland and Virginia

Cotnact: District Director Bill Schneider, 410-757-4729

E-mail: massa@toadmail.com District website: <mariners@toad.net>

NWS:

NWISA started the 09 season on January 31st, with an all day coach's clinic, sponsored by the Sailing Foundation and hosted at the Seattle Yacht Club. This all day clinic featured guest speaker Steve Hunt, who presented an excellent morning workshop on team racing, and a practical afternoon session on how to coach a high school team. Dick Rose also presented an afternoon session on rule changes. Forty coaches and sailors attended what has become an annual coach's clinic for NWISA. High School sailors take to the water on March 7 for the annual NWISA kick-off regatta hosted by the Seattle Yacht Club. This year looks to be the busiest season NWISA has ever experienced, with more schools participating in sixteen district-wide regattas scheduled up and down the I-5 corridor. This spring Orcas Island and Sail Sandpoint are set to host double handed and team race district champs respectively. Columbia Gorge Racing Association at Cascade Locks is set to host single handed districts in September. http://www.nwisa.org/schedule.htm

NORTHWEST ISSA

States: Washington, Oregon, Idaho and Alaska

Contact: District Director Burke Thomas, 360-376-2926

E-mail: woodsong7@centurytel.net

District website: <geocities.com/newcanvas>

SEISA

Our district is back on its feet after Hurricane Ike and looking forward to a great spring season. Congratulations to Chase Shaw (Clear Creek High School) and Peter Flood (Flour Bluff High School) for a great showing at the Cressy National Championships in the fall. Mark you calendars for several upcoming events: March 7 -8 Austin Roadrunner Regatta, March 28 -29 Mallory and Baker Qualifying Regatta at Southern Yacht Club in New Orleans and April 4 - 5 White Rock Regatta in Dallas. These are all supplied boat regattas so check the website www.seisa.org and contact the regatta organizer to reserve boats early. Get your school team together and get to the Qualifier in New Orleans it will be fun for all! The winner of the Mallory Qualifier (fleet racing) and the winner of the Baker Qualifier (team racing) will attend the National Championships

in May. I am looking for clubs who are willing to host a clinic this spring or early next fall. Please contact me if your club is interested and can supply boats. I look forward to seeing you all this spring!

SOUTHEAST ISSA

States: south Alabama, Florida Panhandle, Mississippi, Louisiana, Arkansas, Kansas, Oklahoma and Texas

Contact: District Director Malinda Crain

E-mail: cra1917@aol.com District website: <seisa.org>

PCISA

PCISA's action-packed 2008/2009 schedule got off to a fast start in the fall season, as deep fields and competitive racing at the early regattas heralded what promises to be tight competition all the way to spring's Pacific Coast and National ISSA championships.

The PCISA season got underway on September 27-28 with the Cressy Eliminations, hosted in "Hurricane Gulch" by the Cabrillo Beach Yacht Club. Senior Caleb Paine from Point Loma High School won 10 of the 13 races to dominate the Full Rig, and he was joined by Max Hutcheson from Francis Parker (2nd), Philip Lozier from Coronado (3rd) and Wade Hatton from Newport Harbor (4th) qualifying to compete the ISSA Single-Handed Nationals in Ithaca, New York. Meanwhile, the Radial racing was very tight among the top competitors dueling for four qualifying spots, and the eventual winner was determined tie-breaker. Chris Barnard, Newport Harbor; Claire Dennis, Woodside Priory; Oliver Toole, Santa Barbara; and Kevin Laube, Point Loma, emerged as the PCISA's qualifiers for nationals. All eight sailors represented PCISA very well with a strong showing at the ISSA Singlehanded Nationals, in Ithaca, New York in October, led by Caleb Paine of Point Loma HS, who finished second in the Full Rig Division, and Chris Barnard of Newport Harbor HS and Oliver Toole of Santa Barbara HS, who finished third and fourth, respectively, in the Radial division.

The PCISA doublehanded season began on October 11-12, with Sea Otter Regatta on hosted by the Cal State Monterey Bay Sailing Team and the Monterey Peninsula Yacht Club on Monterey Bay. Forty seven teams raced, with 27 in Gold fleet and 20 in Silver fleet. Teams were tested on day 1 with windy conditions, 20 knot puffs and 6 - 8 foot swells. Mother Nature changed things up on Sunday with light, shifty 5-10 knot breezes. After tight, clean racing, Pt. Loma HS emerged as the Gold fleet winner, and the Corona Del Mar JV2 team handily won the Silver fleet.

Next up was the Anteater regatta, December 13-14, hosted by the University of California – Irvine Sailing Team and the Newport Harbor Yacht Club. Organizers did not let the challenge of dealing with flooding and extreme tides prevent them from running a terrific regatta. Twenty-six teams in Gold division and twenty Silver division teams competed in variable, 5-15 knot breezes, with the home team Newport Harbor High School eventually claiming victory in the Gold division, while

Chadwick/Redondo HS team won the silver division.

The final PICSA regatta of the fall season was the Rose Bowl Regatta on January 3-4, hosted by the University of Southern California Sailing Team and the Alamitos Bay Yacht Club in Long Beach, California. The Rose Bowl is the largest combined high school and college event in the country, and this year's event saw 24 colleges, 26 high school gold teams, and 26 high school silver teams battle it out on Alamitos Bay. Very light breezes on both days kept the sailors and the Race Committee on their toes and eventually produced worthy champions. Led by two former PCISA sailors, Tyler Sinks and Briana Provancha, Boston College went on to win the college division. In the gold division Point Loma HS went on to win their second regatta of the fall season, while San Clemente HS won the silver division.

Throughout the Fall, supportive California yacht clubs hosted eight additional regional "NorCal" and "So Cal" high school regattas, enabling broad participation from over 80 PCISA high schools. The Hawaii high school season swings into gear in the spring, so we look forward to saying "aloha" to our western most members at the upcoming Cardinal Regatta (February 21-22), Gaucho Regatta (March 21-22), and season ending Gold and Silver Championship regattas (April 18-19).

Special note: In the spirit of "mixing it up" with High School teams from around the country prior to Nationals, the PCISA board has decided to allocate a limited number of berths to enable out-of-district-teams to compete at our five major regattas (Sea Otter, Anteater, Rose Bowl, Cardinal, and Gaucho), beginning in the 2009-2010 season. To view the schedule of these events visit www.pcisa.org. Any out of district team wishing to compete in one of these events should contact PCISA President, Mike Segerblom (mikesego@ussclb.org), at least 30 days in advance of the event.

PACIFIC COAST ISSA

States: California and Hawaii

Contact: District Director MIke Segerblom, 562-433-7939

E-mail: mikesego@ussclb.org District webstie: <pcisa.org>

MISSA

Another season is complete and ice has formed on all our lakes. It is incredibly cold all over the Midwest and rumor has it that the Minnesotan teams and coaches are sailing on the ice (again!)

I'm pleased to report the Midwest District had a terrific Fall 2008 season and welcomed several new schools to the District. Among them:

Glen Lake HS - Glen Lake. MI Grand Haven - Grand Haven, MI Mahtomedi - Mahtomedi, WI Minnehaha Academy - Minneapolis MN North St Paul - St Paul, MN St Thomas - Mendota Heights, MN Suttons Bay - Suttons Bay, MI Thomas HS - Minneapolis, MN
Traverse City Central High School - Traverse City, MI
Traverse City West High School - Traverse City, MI
Trinity Academy - Pewaukee, WI
Univ. Lake School - Hartland, WI
Univ. Liggett School - Grosse Pointe Woods, MI

Each of these schools participated in at least one regatta this past season and we look forward to seeing more of them. Participation has never been better: the end of season championship featured record participation: 29 squads representing 19 schools and nearly 200 sailors competed at the Chicago Yacht Club. Since the end of the season, I have met with a number of schools in new areas for the District – Muskegon and Spring Lake, MI. We also have new inquiries from a school in Sheboygan, WI. For the 6th year in a row MISSA will have over thirty teams registered and active; my estimate for Academic Year 2008-2009 is that we will have over 40 teams!

This Fall the District conducted 10 regattas beginning in September with the Grosse Ile Regatta (Grosse Ile, MI) and ending with the Great Lakes High School Championship in November at the Chicago Yacht Club. We were active in four states and visited all areas of the District. All results and photos are posted at www.MISSA.net. We also had a new format introduced – led by Matt DuBois (MISSA VP) the Grosse Ile Yacht Club conducted the first ever MISSA Keelboat Championship. Several schools attended and the regatta, sailed in J-22s, was won by Loyola Academy (Wilmette, IL). The students really enjoyed this event and it will become a fixture on future MISSA schedules.

MISSA Representatives at the Cressy Single-handed Championship:

The MISSA Cressy Qualifier was hosted by the Pewaukee Yacht Club in Wisconsin. The winds were light and fluky (real lake sailing conditions) but the race committee got 11 races off in both fleets. The MISSA qualifiers were (for the second year in a row) Will Haeger (Junior, Lake Forest HS) in the Radial division and Will Howard (Junior, also from Lake Forest HS) in the Full Rig class. The boys traveled to Cornell University in upstate New York to represent the District in a very competitive field. The highlight for MISSA was Will Howard's terrific performance – placing 3rd in a very tough Laser fleet. In the Radials Haeger improved on his finish in last year's regatta and finished 10th in an equally tough fleet.

The Great Lakes Championship Regatta:

The highlight of the MISSA Fall Season is the season finale, the Great Lakes Championship hosted by the Chicago Yacht Club. This year a record 19 high schools, 29 squads and 200 sailors participated. The event was held at the Monroe Street Station, always a great place to watch the on-water action from the comfort of Club's dining room. With shifty winds and changing wind velocities, the race committee did a great job with course adjustments and spectators were treated to a day full of very competitive racing. The 420 A Division was won by New Trier High School (Skipper: Stephanie Hudson, Crew: Cole Rice and Kim Johnson); the 420 B Division was won by Loyola Academy

(Skipper Alex Post, Crew: Cirra McHugh). The Laser Division was won by New Trier HS Junior Drew Shea. This year the overall team trophy was taken by New Trier High School (118 pts), followed by Loyola Academy (147 points) and Lake Forest High School (174 points).

The Spring Season 2009:

The schedule is now posted online at the District's website, www.missa.net. As MISSA tradition dictates, the Spring Season begins with the aptly named Ice Breaker at the Chicago Yacht Club. Water temps will be around 38 degrees F, winds will be fluky and spirits will be high. Enthusiasm for team racing is high so the District will introduce another team racing regatta. This will bring our total team racing events to three: the International School of MN Team Racing Regatta, the Baker Qualifier and the CYC Team Racing Regatta. On April 25th, the District's qualifier for the Mallory Trophy Fleet Racing National Championship will be held at the Grosse Pointe Yacht Club (Grosse Pointe, MI, Dan Braciano, Regatta Chair.) The MISSA Qualifier for the Baker Team Racing Nationals will be held on May 2 at the Chicago Yacht Club (Frank Ustach, regatta chair).

MIDWEST ISSA

States: Ohio, Indiana, Illinois, Michigan, Wisconsin, Minnesota, and

Iowa

Contact: District President Donald Shea, 847-833-8572

E-mail: donshea2@sbcglobal.net District website: <missa.net>

SAISA

Currently there are 71 school teams registered in SAISA with 30 regattas scheduled for the school year. Four are a combination of District Championships and ISSA Qualifiers for the Great Oaks, Cressy, Mallory and Baker Regattas plus the ISSA Mallory Championship. Included was a new sailing area developed with the assistance of Dan Russell at Lake Crabtree, NC.

Regional reps, Wayne Cutler (AL/TN) was elected to the ISSA VP position, and Ted Mellnik (NC) retired and was replaced by Craig Millikan. Craig will also be working on setting up our Silver regatta for those teams that do not qualify for the Gold or district championship. This year it is planned that the Silver Regatta will become an intersectional event including not only the south and Caribbean teams but also teams from our 2 neighboring districts, SEISA and MASSA.

George Scarborough (SC), & Bob Spencer (North FL/GA), have made great strides to get all participants in their area out on the water. Bob is also running our Gold Regatta in which 7 teams will go on to qualify for the championship in St. Pete. As reported last year, John Wright is active in South Florida and is now into his 2nd year as ISSA's Director-at-Large position.

In an effort to decrease travel time and enhance the sailing experience for our local grass roots teams, we are in the third year of our realignment structure for the north end of the district. Composed of two regions, Coastal and Inland, where the Coastal Region is further divided into an Upper Coastal and a

Lower Coastal Area. In turn, the number of local regattas has been increased approximately 2-fold. Two larger intermediate regattas were also created & are into their 3rd year; one (Gold Regatta) will lead teams to the current District Championship and the other (Silver Regatta) to a berth in the Great Oaks Invitational Regatta in the following school year. New this year, the Silver regatta is slated to become larger in scope involving other districts.

In addition, following the suggestion of Wayne Cutler and anticipating future race committee work by George Scarborough, a new regatta will be added next year which will tentatively be named the Charleston Open.

On September 13 & 14, the Clearwater Yacht Club hosted our first qualifier of the season. The SAISA singlehanded District Championship & Qualifier for the ISSA Cressy Trophy was chaired by David Billing, who organized the event at the Clearwater Community Sailing Center, with racing in the Gulf of Mexico. The CYC race committee assisted the Principal Race Officer Fairlie Brinkley, and on the water judges were Chief Judge Ann Newton, US Sailing Certified Umpire and Judge, Stephen Van Dyck, Senior Judge Carrie Greene and Sarah Beth Reeves.

Ten Laser Full rigs and forty-six Laser Radials competed for the honor of representing SAISA and their school at the National Championship. On Saturday, racing started with a southeasterly breeze, gradually shifting to the west and building to a steady ten knots for the rest of the day. The morning saw a rolling swell left over from Hurricane Ike, but it subsided by mid-afternoon. Sunday's racing conditions were nearly perfect with ten knot southwesterly and nearly flat seas.

A total of fifteen races for the radials and sixteen for the Lasers (34 starts) were completed over the weekend with all but a few of the races completed in a very tight range of 17 to 18 minutes. Live updates were posted on the event web site during racing and the provisional results were available on-line after each race.

Invited to compete in the Cressy Trophy hosted by Cornell University were:

Laser Full Rig: 1st/Luke Lawrence, Martin County High School; 2nd/Andrew Fox, Pine Crest School; 3rd/Cleve Hancock, St. Petersburg High; 4th/Tom Fink from Ransom Everglades. Radial Rig: 1st/Edgar Dominich, St. Edwards School; 2nd/Mateo Vargas, Lakewood High School; 3rd/Ian Heausler, Henry B. Plant High School; 4th/Christopher Stocke from Sarasota High School.

The following month at Cornell the SAISA teams did very well winning 1st place in both divisions:

Full Rig Division: 1st/Luke Lawrence (Martin County HS), 4th/Cleve Hancock (St. Petersburg HS), 5th/Tom Fink (Ransom Everglades School), 9th/Andrew Fox (Pine Crest School). In the Radial Rig Division: 1st/Christopher Stocke (Sarasota HS), 2nd/Ian Heausler (HB Plant HS), 5th/Edgar Diminich (St. Edwards School), 7th/Mateo Vargas (Lakewood HS).

With Allison Jolly serving as Regatta Chair, our 10th Great Oaks District Championship was held at the University of South Florida Haney Landing Sailing Center, St. Petersburg Campus. On 11-12 October, 20 teams competed and first place went to Ransom Everglades School (Miami/Coconut Grove, FL). RES was joined by St. Croix Country Day School (USVI), St. Edwards School (Vero Beach, FL), Ft. Lauderdale HS (FL), St. Petersburg Catholic HS (FL), Tampa Jesuit HS (FL) and they were joined by our 1st alternate, Seminole HS (FL), traveling in place of last seasons' 2008 Silver Regatta winner, First Baptist Church School (Charleston, SC) who was unable to travel due to prior commitments in the new school year.

The following month in New Orleans, teams from across the US and Hawaii competed for both the Great Oaks Trophy and the Barbara and Larry White Trophy for the Outstanding Performance of a First Time Team. Due to high winds sailing was postponed until Sunday and in a coaches meeting it was decided to deviate from the norm and sail continuously together as "one" in place of a split fleet.

SAISA teams finished in the top 5 positions with 1st place Saint Edwards School (Vero Beach, FL) winner of the Great Oaks Trophy with Edgar Dominich and Sam Walker sailing, were 25 points ahead of the 2nd place team Ft. Lauderdale HS (FL) who went on to win the Babs and Larry White Trophy for the Outstanding Performance of a First Time Team. The FLHS team was composed of Mac and Alec Agnese, Nike Hedrik, and Gregory Schreiber (photo attached).

Currently we are midway through our doublehanded Mallory Fleet Racing Championship series with Inland, Coastal, South Point and Caribbean teams all competing.

The North Point Gold and Silver Intersectional regatta will be run in March followed by the Mallory fleet racing and Baker team racing qualifiers in April. Additionally, SAISA will be hosting the ISSA National Fleet Racing Championship for the Clifford D. Mallory Trophy in St. Petersburg, FL.

Sailing for the ISSA Mallory championship will take place in both the FJ and 420 boats leaving from the St. Petersburg Sailing Center on Saturday and Sunday. The Skippers Meeting is scheduled for Friday evening at the St. Petersburg Yacht Club and a dinner and pool party Saturday evening at the University of South Florida, all within a very short distance of each other.

SOUTH ATLANTIC ISSA

States: North Carolina, South Carolina, Tennessee, Georgia, north Alabama, Florida (except Panhandle), and the island of the Carribean

Contact: District Director Tom Monkus, 727-821-2628

E-mail: tpmonkus@saisa.org District website: <saisa.org>

St. Edwards wins Great Oaks Regatta

Held Novermber 15-16 at Southern Yacht Club in New Orleans, LA, this years edition of the Great Oaks regatta threw some challenges at not only the sailors, but the organizers.

No Races were sailed on Saturday due to too much wind. The sustained winds went below 20 knots long enough for some of the sailors to venture out on to Lake Pontchartrain, but the breeze did not lay down long enough to allow the Race Committee to attempt a race.

28 teams from around the United States and the Caribbean are sailing in the 2008 Great Oaks Regatta. Teams from as far away as Hawaii and St Croix are in attendance.

All of the sailors, parents, coaches, and regatta management personnel are invited to a buffet dinner this evening at the antebellum home of Howard and Lydia Schmalz.

16 Races were sailed on Sunday between 9am and 4pm with all 28 420's were on the line at one time. The breeze was light and shifty from the North West all day with a moderate to heavy chop. Only two protests were filed and quickly resolved. We suspect all 200 of the young high school sailors went home tired!

Congratulations to the St Edwards High School team from Vero Beach Florida on their 25 point victory and also winning the Babs & Larry White Trophy for a first time team.

A big thank-you to SEISA, Malinda Crain, Yvonne Pottharst and all volunteers who helped host the 2008 Great Oaks Regatta.

above: First place team St. Edwards accepts the Great Oaks Trophy. Photos by Tom Monkus



above: Second place Ft. Lauderdale accepts their medals.









Need More Information? THESE CAN HELP ...

DOCUMENTS FOR STARTING A TEAM

Available on the ISSA website!

ISSA PROCEDURAL RULES - The official procedures for competing in school sailing and running a regatta; a must for coaches \$5.00

SIMPLIFIED RACE MANAGEMENT - A handbook for race committee chairmen on how to run a regatta \$5.00

COACHING A HIGH SCHOOL SAILING TEAM -

A guide on the role of a sailing coach, organizing practices, descriptions of effective drills - what it takes to coach sailing and what techniques to use. \$10.00

SAILING DRILLS MADE EASY -

Geoff Becker's complete guide to running effective sailing drills

\$10.00

ISSA PATCHES - NEW! Perfect for jackets, life

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ISSA BURGEES -

Small: (12"x18:) USA made	\$ 30.00
Small: one-sided, unreinforced	\$ 15.00

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-All Prices Post-Paid PLEASE MAKE CHECKS PAYABLE TO ISSA
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or, download order form off ISSA website:
www.HighSchoolSailingUSA.org



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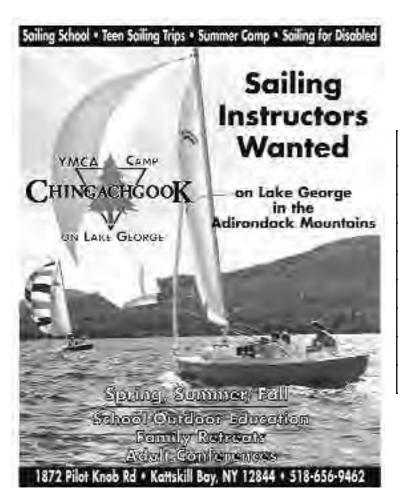
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www.highschoolsailingusa.org



Final Allocations Set for 2008-9 Championship Regattas

District	Mallory	Baker	Cressy full	Cressy Radial	
New England	4	2	4	4	
Mid-Atlantic	3	2	3	3	
South Atlantic	4	2	4	4	
Midwest	2	1	1	1	
Southeast	1	1	1	1	
Northwest	1	1	1	1	
Pacific	5	3	4	4	
	20	12	18	18	



NOTICE OF RACE

ISSA High School National Doublehanded Championship

Clifford D. Mallory Trophy

St. Petersburg, Florida

May 8-10, 2009

1. RULES

1.1 The regatta will be governed by the Racing Rules of Sailing 2009-2012, the prescriptions of US SAILING, the ISSA Procedural Rules, this Notice of Race, and Sailing Instructions. The regatta is classified as a Category A event.

2. ELIGIBILITY

- 2.1 Competing schools must be members of ISSA and meet ISSA eligibility rules as prescribed in the Procedural Rules.
- 2.2 Teams must be accompanied by a designated adult team leader, who may be an advisor, coach or parent recognized by the school.
- 2.3 Selection of competing schools will be by district elimination. The regatta has 20 berths. Allocations will be determined by the ISSA Board. Schools should contact their district directors to find out details on district qualifiers.

3. ENTRY AND COMMUNICATIONS

3.1 Eligible schools and sailors must enter by submitting and official entry form and two separate checks, one for entry fee, and one for boat damage deposit, with the regatta chairperson by April 28, 2009. If the elimination for your district is to be held after this date, please have the district director contact the regatta chairperson immediately so special arrangements can be made.

3.2 Send all forms and checks to:

Phyllis Eades, Sailing Secretary

St. Petersburg Yacht Club

- 11 Central Avenue
- St. Petersburg, FL 33701
- 3.3 Teams unable to compete must notify the regatta chairperson and ISSA as soon as possible.
- 3.4 ISSA will reallocate vacant district quotas. The first open allocation will go to the host district. A berth becomes vacant when the qualifying district becomes unable to fill the berth.

4 ENTRY FEE

- 4.1 The entry is \$200 per School (6 Sailors and 1 Coach). This includes after sailing snacks, and a pool party / lasagna dinner on Saturday for each sailor. Additional sailors are \$30 each.
- 4.2 Make checks payable to: St. Petersburg Yacht Club

5 DAMAGE DEPOSIT

- 5.1 A damage deposit of \$200.00 must be submitted with each entry. This is refundable if the boat and gear are returned undamaged. In the event damage cannot be attributed to a particular team, the repair costs will be divided evenly amongst all the competing teams.
- 5.2 Make checks payable to: St. Petersburg Yacht Club 6 BOATS
- 6.1 420's and FJ's provided by St. Petersburg Yacht Club, University of South Florida, Sarasota Youth Sailing Program and Davis Island Youth Sailing Foundation. Boats will be sailed as provided.

7 SCHEDULE

Friday, May 8th

1200 Registration / check in at the St. Petersburg Sailing Center

1230 - 1730 Practice Schedule

1800 Reception at St. Petersburg Yacht Club

1900 Skipper's Meeting at St. Petersburg Yacht Club

Saturday, May 9th

0830 Report Time

0930 First warning and schedule for the day

Following races lasagna dinner / pool party at the University of South Florida Waterfront facility

Sunday, May 10th

0830 Report Time

0930 First Warning and schedule for the day

1500 No race will start after this time, with the exception of any sail

off, if needed

1600 Trophy presentation St. Petersburg Yacht Club

7.2 Changes to the schedule will be posted on the official notice board located in the St. Petersburg Sailing Center.

8 RACING AREA

8.1 All races will be sailed on Tampa Bay near the St. Petersburg Municipal Pier.

9.1 Based on conditions, the Race Committee will determine the courses as prescribed in ISSA PR 7.7.

10 SCORING

10.1 The regatta will be scored in accordance with ISSA Procedural Rules.

11 HOUSING

11.1 Limited housing will be provided. Please see following link for Hotel accommodations:

http://www.spyc.org/club/scripts/library/view_document.asp?CLNK=1&GRP=5 564&S=NAV&NS=PR&DID=11679&APP=80

12 TRAVEL AND TRANSPORTATION

12.1 Competitors should use Tampa International Airport (TPA) It is approximately 30 minutes to downtown St. Petersburg via I-275.

13.1 Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from May 8th- May $10^{\mbox{th}}$, 2009 unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

14.1 Prizes will be awarded to schools placing 1st, 2nd and 3rd in the regatta. The top school will have its name engraved on the perpetual Clifford D. Mallory trophy. Trophies will also be awarded to first place skipper and crew in A and B divisions

15 OFFICIAL NOTICE

15.1 No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other discipline expectations occurring during (May 8-May 10, 2009) may be the basis for a hearing under RRS 69.1 The protest committee for such a hearing shall be the regatta

chairperson, a member of the ISSA BOD, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

16 REGATTA CONTACTS

16.1 Regatta Chair

Tom Wallace

(727) 896-1610

St. Petersburg Yacht Club

twallace@bigdutchamnla.com

16.2 District Contact

Tom Monkus

South Atlantic Interscholastic Sailing Association (SAISA) (727) 821-9080

tpmonkus@saisa.org

16.3

Organizer

Todd Fedyszyn

St. Petersburg Yacht Club (727) 896-8101

Allison Jolly

University Of South Florida (727) 560-5505 abjolly@stpt.usf.edu

spyccoaches@spyc.org

NOTICE OF RACE ISSA HIGH SCHOOL TEAM RACING CHAMPIONSHIP **TOBY BAKER TROPHY** PENINSULA YOUTH SAILING, SEQUOIA YACHT CLUB AND THE PORT OF REDWOOD CITY, CALIFORNIA

May 22-24, 2009

1.1. The regatta will be governed by the Racing Rules of Sailing 2009-20012, including Appendix D, the prescriptions of US SAILING, the ISSA Procedural Rules, this Notice of Race, and the Sailing Instructions.

1.2. D2.3 (b), Races with Limited Umpiring, shall apply.

1.3. D2.4 (b), regarding protests and requests for redress applies to all protests.

2. ELIGIBILITY:

- 2.1. Competing schools must be members of ISSA and meet ISSA eligibility rules as prescribed in the Procedural Rules.
- 2.2. Teams must be accompanied by a designated adult team leader, who may be and advisor, coach or parent recognized by the school.
- 2.3. Selection of competing schools will be by district elimination. The regatta has 12 berths. Allocations will be determined by the ISSA Board. School teams may only qualify through their district qualifiers.

3. ENTRY AND COMMUNICATIONS:

3.1. Eligible schools and sailors must enter by submitting an official entry form and two separate checks, one for entry fee, and one for boat damage deposit, with the regatta chairperson by May 10, 2009. If the elimination for your district is to be held after this date, please have the district director contact the regatta chairperson immediately so special arrangements can be made. Registration and forms will be available online at http://www.pysf.us/ March 1, 2009.

Send forms and checks to:

Eric Anderson Baker Team Racing Championship 120 N. Balsamina Way Portola Valley Ca. 94028 650 854-1048 or cell 650-224-2488

Make checks payable to "Peninsula Youth sailing Foundation or PYSF".

3.2. Teams unable to compete must notify the regatta chairperson and ISSA as soon as possible. ISSA will reallocate vacant district quotas. The first open allocation will go to the host district. A berth becomes vacant when the qualifying district becomes unable to fill the berth.

4. ENTRY FEE:

4.1. The entry is \$400 per school. This includes continental breakfast Sat. May 22, two lunches, dinner Sat night, full Breakfast Sun May 24. Drinks on the water, snacks after racing for up to 9 team members and Regatta shirts for up to 9 members per team Additional team members, team leaders, coaches and parents can buy additional meal packages for \$25 each. And regatta shirts for \$12.00.

4.2. Make checks payable to: "PYSF".

5. DAMAGE DEPOSIT:

5.1. A damage deposit of \$300 must be submitted with each entry. This is refundable if the boat and gear are returned undamaged. In the event damage cannot be attributed to a particular team, the repair costs will be divided evenly amongst all the competing teams.

5.2. Make checks payable to "PYSF".

6. BOATS:

6.1. CFJs provided by "Peninsula Youth Sailing Foundation"

6.2. Boats shall be sailed as provided.

7. SCHEDULE:

Friday, May 22, 2009

1500-1700: Registration at Peninsula Youth Sailing Foundation. Competitor must have completed registration to get a boat for practice. Boats are available for practice on a first-come-first-serve basis however, practice slots will be limited to 90 minutes and each team practicing may use only three boats.

Saturday, May 23, 2009

0830 - 0900: Continental breakfast at Check in and last-minute registration. Rig boats.

0900:

Competitors Meeting - MANDATORY. Starting time for first race will be announced at Competitors Meeting; sailing will continue throughout the Sunday, May 24, 2009

0800-0900 Full breakfast. Rig boats.

:Competitors Meeting - MANDATORY. 0930

Starting time for first race will be announced at Competitors Meeting; sailing will continue throughout the

day.

1600: NO RACE will be started after this time. 1700: After-race snack and Trophy Presentation.

7.1. Any changes to the schedule will be posted on the Official Notice Boards located at the rotation dock and Sequoia Yacht Club

8. RACING AREA:

8.1. All races will be sailed in the Redwood City Turning Basin.

9. COURSES:

9.1 Based on conditions, the Race Committee will determine the courses as prescribed in

ISSA PR 7.7. Preferred courses are outlined in ISSA PR Appendix 6.

10. SCORING:

10.1. The regatta will be scored in accordance with ISSA Procedural Rules.

11. HOUSING:

11.1 Limited housing may be available. A list of hotels is included on this NOR and will be posted on the event website.

12. TRAVEL AND TRANSPORTATION:

12.1. Competitors should use San Francisco International Airport "SFO" or Minetta San Jose International Airport "SJC". Teams are responsible for their own transportation.

13. COACHING:

13.1. Team leaders, chaperones, coaches, parents, advisors and other support personnel

shall not go afloat in the sailing area from the end of practice sessions Friday to

end of racing Sunday UNLESS explicitly permitted by the regatta chairperson.

penalty for failing to comply with this requirement may be the disqualification of all

boats, competitors and teams associated with the infringing support personnel. 14. PRIZES:

14.1. Prizes will be awarded to schools placing 1st, 2nd and 3rd in the regatta. The top

school will have its name engraved on the perpetual Toby Baker Trophy.

15. OFFICIAL NOTICE:

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or

distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and

for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21

US Code 802), the possession of which, by that contestant is unlawful under 21

841. Infringements of this regulation and/or other discipline expectations occurring during May 22-24, 2009, may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall be the regatta chairperson, a

member of the ISSA BOD, and the

protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

16. REGATTA CONTACTS:

Name Telephone Email:

Regatta Chair: Eric Anderson

Regatta PRO: Jenn Lancaster 650 854-1048

cell 650-224-2488 Registration: Online @ WWW.PYSF.US

Email: hiker4u@aol.com

www.highschoolsailingusa.org -

Free evening.

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INTERSCHOLASTIC YACHT RACING ASSOCIATION, INC DBA/ INTERSCHOLASTIC SAILING ASSOCIATION, INC. C/O ONE DESIGN MANAGEMENT 2812 CANON STREET SAN DIEGO, CA 92106

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ISSA CHAMPIONSHIP REGATTA ROTATIONS

ISSA National Championships are rotated through the seven districts. The Mallory and Baker regattas are rotated in an attempt to equalize travel costs and a predictable cycle of assignments. The Cressy rotation follows the college (ICSA) schedule since ISSA shares a fleet of Lasers provided by LaserPerformance with ICSA. The composite schedule taxes no district with more than one national championship in any school year. Cressy regattas are dates for the school year and sailed in the previous fall and are usually within a week of the collegiate singlehanded championship.

Regatta	2009	2010	2011	2012	2013	2014	2015
Cressy	MA	SE	SA	MW	PC	NE	NW
Mallory	SA	NE	SE	NW	MW	PC	MA
Baker	PC	NW	MA	NE	SA	SE	MW