

VOLUME 16 - ISSUE 2 - Summer/Fall 2006

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Lakewood HS Helps City of New Orleans with Recovery



By Renee Athey

At the end of May, 2007, the Lakewood High School Sailing Team from St. Petersburg, Florida - one of 12 teams headed for the Baker Cup Team Racing Nationals at Southern Yacht Club over Memorial Day weekend - decided to head over early and volunteer a day of their time in the City Park of New Orleans before the regatta. Almost two years after the storm, City Park, an urban park twice the size of New York City's Central Park, still suffers from the effects of Katrina. The Lakewood students donned their work gloves and took on projects such as the unpacking, assembly, and placement of donated fitness equipment; the scraping and preparation for painting of lamp posts still rusty up to the point where they stood in floodwater; the scrubbing off of high water marks on the walls of a multipurpose educational structure; and the painting of the cabinets and doors of that same building. As they worked throughout the day, the sailors learned much from the local coordinators about what the city had been through since the hurricane, and certainly were sobered by the amount of work still to be done, not only in City Park, but throughout the city of New Orleans to regain pre-storm status. This volunteer effort was decidedly valuable for everyone involved. and will hopefully be the first of other such endeavors.





President's Message

Mark Your Calendar...
2007-08

September 29, 2007

Annual General Meeting of ISSA, Chicago Yacht Club, Monroe St. Station, Chicago, IL

October 27-28, 2007

The Cressy Championship for singlehanded titles will be held at Corinthian Yacht Club, Seattle, WA, hosted by NWISA

November 9-11, 2007

The Great Oaks Championship - held back at it's home, Southern Yacht Club, New Orleans, LA, hosted by SEISA.

May 10-11, 2008

The Clifford D. Mallory Championship for the doublehanded fleet championship trophy will be held at the US Naval Academy in Annapolis, MD, hosted by SAISA

May 24-25, 2008

The Toby Baker Trophy for the national team racing championship will be held at Minnetonka Yacht Club, Minnetonka, MN hosted by MWISA.

Get more news from ISSA Districts through site links on www.highschoolsailingusa.org



After attending both the 2007 Mallory (Long Beach, California) and Baker (Baton Rouge, New Orleans), I'm very excited with the quality of sailing.

Both regattas were sailed in favorable breezes with excellent race management. ISSA is very grateful to the US Sailing Center in Long Beach, California and Southern Yacht Club in New Orleans for hosting the events.

This summer Newport Harbor High School, Newport Beach, California competed and won the British Team Racing Championship (BSDRA) in England. Congratulations to Newport Harbor in winning and representing ISSA in the UK. Additionally, we have many sailors competing in international regattas in Europe and South America. It's very gratifying to see that ISSA has helped in the development of these sailors.

I look forward to the upcoming ISSA regattas in Seattle (Cressy) and New Orleans (Great Oaks).

Tim Hogan, President

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Newport Harbor Wins Mallory

May 12-13, 2007

LONG BEACH, Calif.—Newport Harbor won the National High School Doublehanded Championship for the fourth time in 12 years dominating a competitive field showing that sailboat racing in America has a promising future. The event was hosted the US Sailing Center.

In a weekend that showed varying winds (8-15 knots on Saturday and 6-9 on Sunday) 20 teams sailed 40 races with only a few minutes rest between each race. Under challenging circumstances, they demonstrated the highest level of team spirit, strong character and good sportsmanship.

When complimented on their success, coach Caleb Silsby said, "It's these guys", pointing to his skippers and crews, "they did it", pointing to his team members: skippers Charlie Buckingham and Michael Menninger and crew of Blair Belling, Brooke Thomson, Caitlin Beavers and Chris Segerblom.

Each school team is divided into A and B divisions, with one skipper and one crew in A and one skipper and one crew in B. After the first day, Newport Harbor's B sailors had scored better than their A sailors.

Even though at the end of Saturday's races Newport Harbor had a commanding lead over the rest of the field, Silsby was determined not to let his team relax its intensity.

"We're going to treat today as a separate regatta, and work on improving our standings in our own divisions," Silsby said.

As a typical demonstration of good sportsmanship, before Sunday's races it was announced St. Johns School had suffered a loss of one of its crew due to a minor injury. By a unanimous vote, all the coaches present agreed to let St. Johns use its remaining crew person for both divisions.

For many teams, this was their first visit to Long Beach and the usually predictable breezes. Arriving early, some used Friday as a practice day. John Faudree, coach of Duxbury High from Massachusetts, said, "We practiced for about four hours Friday this being our first visit".

Steve Hunt of Point Loma had a more high-tech approach to improving his team's performance. "We watched videos of [Saturday's] races," Hunt



said. "We have to get better at our starts."

They did get better. After a fifth place standing at the end of day Saturday, they returned to finish second for the event.

After the awards ceremony, Silsby, a gold medal winner at the 2006 ISAF World Sailing Games, was asked for any final thoughts.

"This is a goal we've had all year long," Silsby said.
"I'm extraordinarily proud of this awesome group.
They're a great team.





National High School Mallory Mallory Championship US Sailing Center - Long Beach, CA May 12-13, 2007

1	Newport Harbor HS	Α	92	В	51	total	143	
2	Point Loma	Α	49	В	130	total	179	
3	Severn School	Α	185	В	67	total	252	
4	Pine View	Α	143	В	131	total	274	
5	HB Plant	Α	163	В	138	total	301	
6	Milton Academy	Α	146	В	156	total	302	
7	Corona Del Mar	Α	160	В	154	total	314	
8	Cathedral Catholic	Α	177	В	147	total	324	
9	Sage Hill School	Α	189	В	151	total	340	
10	Tabor Academy	Α	149	В	231	total	380	
11	Antilles School	Α	158	В	232	total	390	
12	Naval Academy Prep	Α	205	В	195	total	400	
13	St. George's School	Α	184	В	217	total	401	
14	Broadneck	Α	187	В	231	total	418	
15	Monsignor Donovan	Α	236	В	251	total	487	
16	Duxbury	Α	277	В	217	total	494	
17	Int'l School of Minn	Α	262	В	263	total	525	
18	New Trier	Α	278	В	252	total	530	
19	St. Johns School	Α	267	В	266	total	533	
20	Orcas	Α	281	В	309	total	590	

Winning Team

Newport Harbor HS Skipper Charlie Buckingham, Michael Menninger, Blair Belling, Brooke Thompson, Caitlin Beavers, Chris Segerblom

Baker Team Race Championship New Orleans, LA Final Results

Final Rankings	W	L	
1 Tabor Academy		15	2
2 Newport Harbor	' HS	13	4
3 H.B. Plant HS		10	7
4 Lake Forest HS		8	9
5 Severn School		9	5
6 Milton Academy	/	8	6
7 Point Loma HS		6	8
8 Lakewood HS		5	9
9 Corona del Mar	HS	6	8
10 Jesuit HS		6	8
11 Annapolis HS		4	10
12 Bainbridge HS		0	14



Thanks to Tom Monkus for the majority of photos in this issue.

Tabor sailors:

Skippers: Coleman Bowen, Sean Ross, Sean Bouchard, Sam Harrison

Crews: Alyssa Aitken, Sarah Burks, Schuyler Hemmerdinger, Cory DeCollibus

Tabor Academy captures 7th National Title

By Rob Hurd

New Orleans, LA - Tabor Academy finished their season with a wire-to-wire win at the 2007 ISSA Team Racing Nationals (Baker Trophy) sailed out of the Southern YC in New Orleans, LA. This is the school's 7th national team title and first since 1997.



The other winner this weekend was the Southern YC that announced to the world that they are back in business. The regatta was well organized and the race committee was efficient in getting through the 90-race format, plus three re-sails ordered by the jury. And the "temporary YC" (which rivals most yacht clubs) served as an excellent venue for spectators.

On the first day, Tabor Academy (MA) swept the twelve team qualifying round robin with a hard-fought 11-0 record. This placed them in the final four with Lake Forest HS (IL) 8-3, Newport Harbor HS (CA) 8-3, and HB Plant HS (FL) 7-4. Those four schools sailed a double championship round robin on Sunday. The Tabor Seawolves started strong, beating HB Plant, but lost to Newport Harbor before rallying to beat Lake Forest in the first championship round. Newport swept all three of their races while HB Plant beat Lake Forest. This left Tabor's record at 13-1 with Newport Harbor right on their heels at 11-3. Lake Forest and HB Plant were tied at 8-6.

At the start of the second championship round, Tabor again beat HB Plant and Newport Harbor beat Lake Forest. This set up a must win for Newport in their final race with Tabor. The Seawolves were controlling the race up the final leg, but failed to convert to a 1-2 and lost. The championship, as it so often does in sports, came down to final set of race. A Tabor victory against Lake Forest would seal the championship. Newport Harbor needed a win over HB Plant and a Tabor loss to move the Baker trophy to the west coast. The Seawolves quickly ended the drama by jumping to a quick lead. They converted to a 1-2-3 by the leeward offset mark, and sailed away

from the Lake Forest Scouts for the victory. The HB Plant Panthers ended up beating Newport Harbor in the final race to finish third in the regatta.

In the Silver fleet, the Severn School swept their three races against Milton Academy (MA), Point

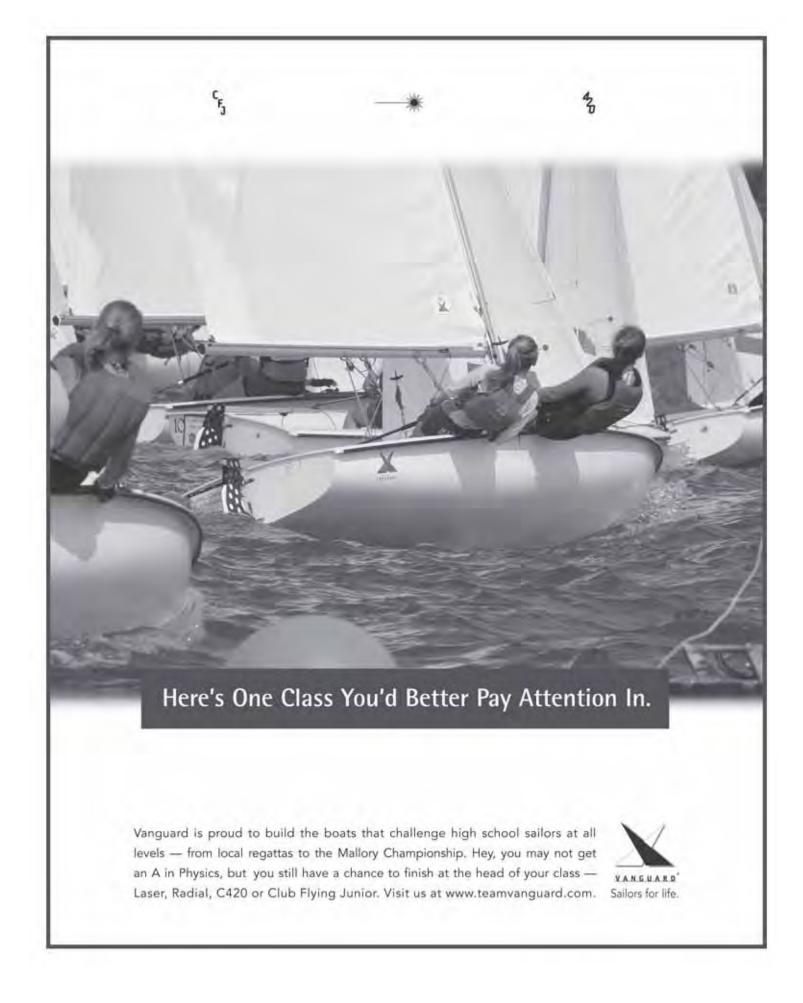
Loma (CA), and Lakewood HS (FL) to finish 5th. Severn was on the verge of making the final four on Saturday but lost both re-sails Sunday morning and dropped into the Silver fleet.



In the Bronze fleet, Corona del Mar HS (CA) went 2-1 to finish 9th winning the tiebreaker over local host Jesuit HS (LA). Annapolis HS (MD) and Bainbridge Island HS (WA) rounded out the fleet.

This was the 19th time the Baker has been sailed and perhaps the first time that all four schools in the championship round came from different districts demonstrating the true balance in high school sailing. Next year the Baker moves to Lake Minnetonka, MN.





Reports from ISSA Districts

NESSA

The New England district continues to be strong both in numbers and participation. There were again 85 schools in the region this spring. The big area of interest is our northern region - Vermont, New Hampshire, and Maine. Many school boards and athletic departments see the benefits of a school sailing team. It continues to be our job to help them walk through the process of joining NESSA and ISSA.

On the water, we had a very active spring season. Fifty-two schools eventually participated in the O'Day trophy. There were five qualifying regattas scattered across New England on Saturday, with the top teams from each site advancing to the finals which was held at Tabor Academy on Sunday. The weather was nice – not always the case this spring – and the sailing was tight, but Milton Academy lead by coach Brent Jansen and Captain Ben Whitman '07 were the dominate squad. They finished strongly on Saturday and never looked back on their way to capturing the schools third O'Day trophy since 1991.

The NESSA Team Racing Championship (Mark Trophy) was held at Duxbury Bay Maritime School under cold, dizzily conditions that tested both the sailors and the race committee. Jon Faudree (head coach of Duxbury HS) and his staff did a great job running a full 8-team qualifying round robin followed by a championship double round robin for the top four schools. To qualify for the New England Championship, NESSA selected 12 schools from the 32 resumes that were submitted based upon seasonal records. Once again, the on-line result posting and a computer scoring program, combined with a coaches poll kept the action transparent and allowed everyone to know roughly where they stood all season. While the top four schools received automatic berths to the Championship, eight others battled it out during "wild card weekend" for the final slots. This format was new in 2006 and in November, the membership voted to keep it for another year. The top seeds held serve with North Kingstown HS (RI), Dartmouth HS (MA), Portsmouth Abbey (RI), and BC High (MA) joining top seeds Milton Academy (MA), St. George's (RI), Tabor Academy (MA), and the Hotchkiss School (CT) at the finals. Tabor emerged from the tight pack during the qualifying round and held on to win the school's 22nd NE Championship.

The NESSA Women's invite for the Rebecca Herreshoff trophy was sailed at Nantucket HS. Nick Judson and the staff put on a great show battling high winds and ferry traffic to make the event spectator friendly and competitive. They also treated everyone to a big BBQ afterwards before sending the fleet home on the ferry tired and satisfied. In the end, St. George's nipped Tabor Academy and Manchester-Essex RHS to win this event.

There were several other regattas this spring in the district. Complete results from these or any of the NESSA events can be found on the NESSA website (http://www.nessa-sailing.org/race.htm)

NEW ENGLAND ISSA

States: Maine, New Hamprshire, Massachusetts, Rhode

Island, Connecticut and Vermont

Contact: Director Rob Hurd, 508-748-2000 x 2327

E-mail: rshurd@hotmail.com District website: <nessa-sailing.org>

PCISA

89 high school teams competed in the PCISA this year as high school sailing in the Pacific Region is in full bloom. 2006-2007 was another successful year for schools in the Pacific region. While there are many successes on the race course, the biggest highlight of the year is the number of high school kids now engaged in competitive sailing as a result of the efforts of the ISSA and PCISA. Hundreds of young people have caught 'the bug' and are on-the-water, making new friends, having a blast and sailing competitively. The racing highlights from the second half of the year include the PCISA Pacific Coast Championships (Gold and Silver), the Baker Eliminations, the Disney Trophy and the ISSA Mallory Finals. For complete regatta results, calendar and announcements please visit the updated and information packed PCISA website at www.pcisa.org

PCISA Pacific Coast Championships - Gold

In a warm-up to the ISSA Mallory Finals, the U.S. Sailing Center Long Beach hosted the PCISA Gold Pacific Coast Championships April 21-22. Newport Harbor and long time rival Point Loma duked it out for the top spot with the strong Newport Harbor Team securing the region's championship. Anchored by seniors Charlie Buckingham, Michael Menninger, Blair Belling, Cole Hatton and Brooke Thompson NHHS captured the PCC's and locked up the season long PCISA Disney trophy with an impressive regatta, capping a near perfect season in PCISA regional events. Point Loma, Sage Hill, Corona del Mar and Cathedral Catholic rounded out the top five positions in the Gold PCC's and advanced to represent the PCISA at the Mallory Finals. For complete results go to www.pcisa.org.

PCISA Pacific Coast Championships - Silver

Sequoia Yacht Club and the PYSF hosted the PCISA Silver Pacific Coast Championships April 21-22 in the San Francisco Bay Area. 16 races were fired off in each division with 20 schools sending teams. The breeze was generally light early in the day building to 15 knot range in the afternoon with a strong (up to 2 knot) current running. Newport Harbor 1 captured the event with Dan Buttera and Lindsay Beavers capturing the A Division and Randell Hause and Jeff Aschieris winning the B Division. Francis Parker, Pacific Grove Newport Harbor 2 and Punahou Bluff Hawaii rounded out the five. Again, www.pcisa.org is the place to go for complete results.

PCISA Baker Eliminations

San Diego Yacht Club played host to the 2007 Baker Eliminations April 28-29 in CFJ's. Nine schools completed two complete round-robins over the two day event held in picturesque La Playa Cove. The top three schools advanced to the Baker Finals in New Orleans. The very deep Newport Harbor High School team ran the table posting a 16-0 record on the 'digital N' courses. Point Loma finished a strong second posting a 12-4 record. The real battle was for the final berth at the Baker Finals between Corona del Mar and Sage Hill – each team posting equal 10-6 records. In the end CDM won our on the tie breaker and advanced to the finals. A big thank you to PRO Danielle Richards and Chief Judge Bill Campbell.

PCISA Disney Trophy

The Roy E. Disney Trophy Award is determined using the composite results of the PCISA Cressy Full Rig Qualifier, Cressy Radial Rig Qualifier, Sea Otter, Anteater, Rose Bowl, Cardinal and Gaucho Regattas, Pacific Coast Championship and Baker Eliminations. The Disney award is emblematic of the PCISA championship for the year. For the second consecutive year, Newport Harbor High School captured the Disney by way of a full team effort and the consistent sailing by a very solid senior class. Congratulations and well done NHHS.

Mallory Finals - Newport Harbor High School Crowned ISSA Doublehanded Champions PCISA Schools Finish 1-2 Overall, Snare 5 of top 10 Overall

In conjunction with the United States Sailing Center in Long Beach the PCISA hosted a phenomenal Mallory Finals May 12-13. The fantastic 'stadium seating' arrangement on the Belmont Pier made for unmatched spectator viewing of the 20 schools from across the United States and the Virgin Islands that were competing. A fleet of brand new CFJ's, new PCISA standardized sails, crisp race management and a cooperative mother nature made this an A+ event.

In a weekend that showed varying winds (8-15 knots on Saturday and 6–9 on Sunday) 20 teams sailed 40 races with only a few minutes rest between each race. Newport Harbor won the National High School Doublehanded Championship for the fourth time in 12 years. PCISA's Point Loma finished second overall in this year's Mallory with Cathedral Catholic, Corona del Mar and Sage Hill all in the top 10 – a very strong showing from the PCISA

Under challenging circumstances, PCISA powerhouse Newport Harbor demonstrated the highest level of team spirit, strong character and good sportsmanship. When complimented on their success, coach Caleb Silsby said, "It's these guys", pointing to his skippers and crews, "they did it", pointing to his team members: skippers Charlie Buckingham and Michael Menninger and crew of Blair Belling, Brooke Thomson, Caitlin Beavers and Chris Segerblom.

Point Loma's Tyler Sinks with Shone Bowman and Briana Provancha captured the A Division. Newport Harbor's Michael Menninger with Brooke Thompson and Chris Segerblom captured the B Division title.

Even though at the end of Saturday's races Newport Harbor had a commanding lead over the rest of the field,

Silsby was determined not to let his team relax its intensity. "We're going to treat today as a separate regatta, and work on improving our standings in our own divisions," Silsby said.

The re-designed PCISA web-site looks terrific and is the 'one-stop' information stop. Go to www.pcisa.org for calendar, results, pictures and more. See you next year!

PACIFIC COAST ISSA

States: California and Hawaii

Contact: District Director Mlke Segerblom, 562-433-7939

E-mail: mikesego@ussclb.org District webstie: <pcisa.org>

SEISA

Southern Yacht Club graciously hosted our qualifying regatta for the Mallory and Baker Championships in April. The winner of the Mallory Elimination - St. John's School of Houston - went on to represent SEISA in the Mallory Nationals in California. The winner of the Baker Elimination - Jesuit High School of New Orleans - went on to represent SEISA in the Baker Championships in New Orleans.

Southern Yacht Club did a fabulous job of hosting all ISSA districts for the Baker Team Racing Championships in May. Thank you to Chris Clement, Shawn Ryan and their crew for making this regatta a success.

Stay tuned this Fall for a series of clinic/fun regatta weekends across the district. Our plan is to have a Saturday clinic and a Sunday fun regatta for high school sailors. Look for one near you. So far, we have Corpus Christi, Austin, Dallas, New Orleans and Ft. Walton Beach on tap to host one of these. Please let me know if you can think of other areas with available 420s and possible instructors for these events. The idea is to show new high school aged sailors what high school sailing is all about and get them excited about participating.

Finally, tentatively mark your calendars for September 22 - 23 for the SEISA Cressy Eliminations at Houston Yacht Club. This is a regatta to choose one Laser Full Rig and one Laser Radial sailor from our district to represent us at the Cressy National Championships in Seattle, Washington in October. More on this to follow. If you have questions or suggestions, please contact me at cra1917@aol.com.

SOUTHEAST ISSA

States: south Alabama, Florida Panhandle, Mississippi, Louisiana, Arkansas, Kansas, Oklahoma and Texas

Contact: District Director Malinda Crain

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NWISA

NORTHWEST ISSA

States: Washington, Oregon, Idaho and Alaska

Contact: District Director Burke Thomas, 360-376-2926

E-mail: woodsong7@centurytel.net

District website: <geocities.com/newcanvas>

MWISA

What a great Spring Season we had! From a frigid start at the Ice Breaker at the Chicago Yacht Club (water temp: 38 degrees Fahrenheit!) to an exciting finish at the Baker Qualifier at Geneva Lake Sailing School, WI (a tie score going into the last race of the championship round!), Spring 2007 was one of the most competitive seasons ever.

State of the District:

At the end of the season MISSA had 33 schools, up slightly from last year. This growth took place at the beginning of the Academic Year and we didn't add any new schools in the Spring. However, we have received interest from two new schools and expect our growth to continue.

Ice Breaker Regatta:

Venue - Chicago Yacht Club: Grosse Pointe North (1); New Trier (2),

High School Invitational Regatta:

Venue - Chicago Yacht Club: Grosse Pointe North (1), Lake Forest High School (2)

International School of MN Team Race Regatta:

Venue - Lake Minnetonka Sailing School: New Trier (1),

Minnetonka HS (2), ISM (3)

Mallory Qualifying Regatta

Venue - LMSS New Trier (1), ISM (2)

New Trier High School (Winnetka, IL) and the International School of Minnesota (Deephaven, MN) qualified at the regatta to represent MISSA at the Nationals held in Long Beach CA. ISM's qualifying marks a major milestone for the school: this is the first time that ISM has sent a team to a national championship. When New Trier qualified for the regatta it was the first time in Midwest Interscholastic Sailing Association history that a school has qualified for a national regatta four years in a row. Congratulations to New Trier High School

Baker Qualifying Regatta

Venue – Geneva Lake Sailing School: Lake Forest HS (1), New Trier (2)

Lake Forest High School (Lake Forest, IL) qualified to represent MISSA at Southern Yacht Club, (New Orleans, LA). This was the first visit to a national regatta for the team and marks their emergence within MISSA.

MIDWEST ISSA

States: Ohio, Indiana, Illinois, Michigan, Wisconsin, Minnesota, and

Iowa

Contact: District President Donald Shea, 847-833-8572

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ISSA NEWS

SEND NEWS FROM YOUR DISTRICT!
Mail photos, regatta and other news or articles
to:

ISSA, 2812 Canon Street, San Diego, CA 92106 e-mail: office@highschoolsailingusa.org

MASSA

The top three finishers of the 18 teams in the April 22 spring season Fleet Racing Championship hosted by Toms River Yacht Club and Ocean County College were:

1. Severn School, 2. Annapolis High School, and 3. Archbishop Spalding

All three of these teams qualified to attend the 2006 Mallory National Championships.

2007 Fall Pre-Qualifier Team Race at the US Naval Academy

The April 14th spring season Team Racing qualifier was hosted by the US Naval Academy. The breeze was relative steady and the two courses could be held off the seawall to allow full observation and equal access coaching. Fourteen teams sailed in the event, with 21 420s and 21 FJs so that no boat changing was necessary. The teams were seeded according to their results in their league qualifiers (thanks to Stovy Brown for the organization help). The top four teams in each division qualifed to attend the 8 team finals at ODU on April 28th. The sailing was very close in the 420 division, resulting in a 3-way tie between Broadneck, Brighton, and Christchurch for 3rd (and 4th), which finally had to be resolved by points after a tiebreaker round failed to resolve the tie. A tiebreaker round was also sailed in the FJ class to break a tie for 4th place between Archbishop Spalding, Toms River, and Patuxent.

2007 Spring Season Team Racing Championship

The top three finishers in the April 28 spring season Team Racing Championship hosted by the Old Dominion University for the 8 teams that qualified from the 14 teams that competed at the previous Naval Academy team racing event, were:

1. Severn School, 2. Annapolis High School, and 3. Norfolk Collegiate School.

Severn School and Annapolis qualified to attend the 2006 Baker Team Racing National Championships.

MID-ATLANTIC ISSA

States: New York, New Jersey, Pennsylvania, Delaware, Maryland and Virginia

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SAISA

This has been one of the better years for SAISA in that our membership continues to grow and is at 70 school teams, an all time high. Our regional reps, Wayne Cutler (AL/TN) also ISSA member at large, Ted Mellnik (NC), George Scarborough (SC), LCDR Robert Spencer (No. FL/GA), & Shep Barrows (Caribbean) have made great strides to get all participants in their area out on the water. John Wright new to ISSA but long established in youth sailing in South Florida completed his first season as ISSA member at large.

With the Cressy and Great Oaks regattas behind us (refer to Vol. 16 Issue 1 of the winter/spring Newsletter for details) and with the help of Wayne Cutler in the overall design, we have now successfully completed our new north format for our doublehanded Mallory Fleet Racing Championship series.

One of the new regattas, completed with the help Robert Spencer and Carrie Rohde and others in the area, was composed of the top 8 North Points (NP) Inland teams and the top 8 Coastal teams. This NP Gold (NPG) Regatta was held at Savannah Yacht Club March 3rd & 4th with the following participants of which 6 moved on to the district championship. Additionally a new North Point Silver Regatta, in which the NPG qualifying teams were not eligible, was inaugurated March 24 at Lake Norman Yacht Club by Ted Mellnik. In our first Silver Regatta designed as a single division regatta in the "new school" format with limits on team size, Thomas Hayward Academy skipper Foster Marshall and crew Wiley Marshall (photo attached) won both first place overall and also won the SAISA Great Oaks Award for the top team with sailors in grades 8 - 11 that participated in the regatta. They qualified to attend the next 9th Annual ISSA Great Oaks Championship this coming November in New Orleans bypassing our district Great Oaks Qualifier held yearly at USF in October.

In the district championship, the top 6 teams that qualified following the NPG regatta met the top 6 South Point teams plus one Caribbean team at the University of South Florida (St. Petersburg) April 14-15.

Pine View followed by H. B. Plant and Antilles moved on to the National ISSA High School Doublehanded Fleet Racing Championship for the Mallory Trophy held at the U.S. Sailing Center, Long Beach, May 12-13. Sailing with 20 teams, Pine View School earned 4th place, H. B. Plant HS was 5th followed by 11th place Antilles School.

The final regatta in our series (following the Cressy, Great Oaks and Mallory) was the District Team Racing Championship held at USF in St. Pete, April 28. This regatta was also the Qualifier for the ISSA Baker Trophy held over Memorial Day weekend (May 27-28) at Southern Yacht Club in New Orleans. Two of the four teams that participated earned a berth to sail in the championship the following month. The participants at USF were:

1St/H. B. Plant HS (Tampa, FL)

2nd/Lakewood (St. Petersburg, FL)

3rd/St. Petersburg HS (St. Petersburg, FL)

 $4^{th}/\text{St.}$ Petersburg Catholic HS (St. Petersburg, FL)

At Southern YC, H. B. Plant earned the bronze medal finish-

ing 3rd with Lakewood HS finishing 12 school teams from across the US.

Regatta details can be found on www.saisa.org.

Top 8 Inland Teams 1/N. Mecklenburg HS (Huntersville, SC) 2/Bearden HS (Knoxville, TN) 3/Lake Norman HS (Mooresville, NC) 4/Forsyth County Day (Lewisville, NC) 5/Chattahoochee HS (Alpharetta, GA) 6/NW Cabarrus HS (Concord, NC) 7/Farragut HS (Knoxville, TN) 8/Green Hope HS

Top 6 Nor Teams

(Cary, NC)

James Island Charter (Charleston, SC) Ashley Hall School (Charleston, SC) Richmond Hill HS (Richmond Hill, GA) Porter-Gaud School (Charleston, SC) Bishop England HS (Charleston, SC) Academic Magnet HS (Charleston, SC)

Top 8 Coastal Teams

8th among the top

1/Ashley Hall (Charleston, SC) 2/James Island Charter HS (Charleston, SC) 3/Richmond Hill HS (Richmond Hill, GA) 4/Porter Gaud HS (Charleston, SC) 5/Wando HS (Charleston, SC) 6/Bishop England HS (Charleston, SC) 7/Academic Magnet HS (North Charleston, SC) 8/Glynn Academy (Brunswick, GA)

Top 6 So Teams

Pine View School
(Osprey, FL)
HB Plant HS
(Tampa, FL)
Lakewood HS
(St. Petersburg, FL)
St. Thomas Aquinas HS
(Ft. Lauderdale, FL)
Community School of Naples
(Naples, FL)
St. Petersburg HS
(St. Petersburg, FL)

Top Caribbean Team

Antilles School

(St. Thomas, USVI)



SOUTH ATLANTIC ISSA

States: North Carolina, South Carolina, Tennessee, Georgia, north Alabama, Florida (except Panhandle), and the island of the Carribean

Contact: District Director Tom Monkus, 727-821-2628

E-mail: tpmonkus@saisa.org District website: <saisa.org>

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ISSA Sailors Continue to Shine

ISSA sailors continued their sailing after the Mallory, Baker carrying their sailing into the summer. The majority of the US Sailing Youth Championship titles were won by ISSA sailors; proof that High School sailing continues to be a force in the development of our top sailors. Here's a list of winners:

US Youth Championship Winners:

29er: Emily Dellenbaugh (Joel Barlow HS) & Briana Provancha (Pt. Loma HS)

Laser: Colin Smith (Pine Crest School)
Radial: Ian Heausler (H.B. Plant)

C420: Tyler Sinks & Morgane Renoir (both Pt. Loma HS)

Bemis:

Brendan Kopp & Michael Costello

Smythe:

Clifford Porter (Loyola Academy)

Leiter:

Carolyn Prioleau (St. Johns School)

Ida Lewis:

Emily Maxwell (The Williams School) & Kelly Stannard (East Lyme HS)

CFJ Nationals:

Chris Segerblom & Kayle McComb (both Newport Harbor)

Governor's Cup:

Michael Menninger, Cole Hatton & Chris Segerblom (all Newport Harbor)

Snipe Jr. Nationals:

Tyler Sinks & Nick Kaschack (both Pt. Loma)

29er European Championship

1st: Emily Dellenbaugh (Joel Barlow HS) & Briana Provancha (Pt. Loma HS)

ISAF Youth World Team

Gold Medal - 29er girls: Emily Dellenbaugh (Joel Barlow HS) & Briana Provancha (Pt. Loma HS)

29er boys: Oliver Toole (Santa Barbara HS) & Willie McBride (San Marcos HS)

Laser: Luke Lawrence (Hidden Oaks)

Silver Medal - Radial: Anne Haeger (Lake Forest HS)



Final Allocations Set for 2006-7 Championship Regattas

District	Mallory	Baker	Cressy full	Cressy Radial	
New England	4	2	4	4	
Mid-Atlantic	3	2	3	3	
South Atlantic	4	2	3	3	
Midwest	2	1	2	2	
Southeast	1	1	1	1	
Northwest	1	1	1	1	
Pacific	5	3	4	4	
	20	12	16	16	

ISSA Annual General Meeting

September 29, 2007 Chicago Yacht Club, Chicago, Ilinois

Friday, September 28 -

Dinner: Chicago Yacht Club, Monroe Station

Cocktails: 6:30 pm

Dinner: 7pm

Saturday, September 29 -

9:00am Annual General Meeting Chicago Yacht Club, Monroe St. Station

> Chicago Yacht Club: 400 East Monroe Street Chicago, IL 60603 Phone:312-861-7777

Hotel information:
The Palmer House Hilton
17 East Monroe Street,
Chicago, IL 50503
www.hilton.com

THESE CAN HELP ...

ISSA offers plenty of material to help organize a sailing team, drum up support, improve competitiveness, run a regatta, etc.

STARTING YOUR OWN HIGH SCHOOL SAILING TEAM Look for this on the ISSA website this fall!

ISSA PROCEDURAL RULES - The official procedures for competing in school sailing and running a regatta; a must for coaches \$5.00

SIMPLIFIED RACE MANAGEMENT - A handbook for race committee chairmen on how to run a regatta \$5.00

COACHING A HIGH SCHOOL SAILING TEAM -

A guide on the role of a sailing coach, organizing practices, descriptions of effective drills - what it takes to coach sailing and what techniques to use.

\$10.00

SAILING DRILLS MADE EASY -

Geoff Becker's complete guide to running effective sailing drills

\$10.00

ISSA 1998 NATIONAL CHAMPIONSHIPS VIDEO -

\$10.00

ISSA BURGEES -

Small: (12"x18:) USA made \$ 30.00 Small: one-sided, unreinforced \$ 15.00

ISSA MEDALS (Gold, Silver, Bronze)each\$20.00ISSA CAPS (embroidered)each\$12.00ISSA MUGSeach\$15.00

-All Prices Post-Paid PLEASE MAKE CHECKS PAYABLE TO ISSA
To Order, write: ISSA, 2812 Canon Street,
San Diego, CA 92106
or, download order form off ISSA website:
www.HighSchoolSailingUSA.org

Newport Harbor High School Sailing Team Wins British International Team Racing Event

The Newport Harbor High School Sailing Team won the British Schools Dinghy Racing Association (BSDRA)
International Team Racing Championship held July 2nd and 3rd in Bough Beech, England. The team was undefeated over the two days of racing, beating 14 British schools. After winning their first four races Monday morning, the Newport team was seeded in the Gold Flight with British school powerhouses Magdalen College School, Tonbridge, SevenOaks and Radley. After winning all four races in the Gold Flight, they were seeded first for the semi-finals. Newport proceeded to dominate the semis against Tonbridge and finals against Magdalen College School continuing their undefeated streak.

The regatta was sailed in breezy, cold weather on a reservoir in southeast England. Although the Americans had never sailed the two person dinghys called Fireflies, used for the event, their team race experience helped them overcome this disadvantage and propel them to victory.

Newport Harbor High School qualified for the event by placing 2nd in the US High School team race championships held in May 2007. The members of the Newport Harbor high school team who traveled to England included: Chris Barnard, Caitlin Beavers, Cole Hatton, Kayla McComb, Michael Menninger and Chris Segerblom. Hatton will be continuing his competitive sailing career at Stanford in the fall, while Menninger joins the top rated college sailing team at St. Mary's in Maryland. The remaining members of the team will be



returning to Newport to defend their national championship victory in fleet racing. The High School team was generously supported by the Newport Harbor Sailing Foundation, California International Sailing Association and US Sailing Foundation which enabled them to make the successful trip possible.

Event Website http://www.bsdra.org.uk/#lat-





above: NHHS sails a perfect combo in Fireflys. below: Cole Hatton & Kayle McComb outside the boat.



right: NHHS' 6 sailors in a British phone booth.

Notice of Race for The Great Oaks Invitational Regatta November 9-11, 2007

Hosted by SEISA at Southern Yacht Club New Orleans, Louisiana

1. Rules

1.1 The regatta will be governed by the Racing Rules of sailing 2005-2008, the Prescriptions of US SAILING, the ISSA Procedural Rules, this Notice of Race and the Sailing Instructions. This regatta is classified as a Category A event.

2. Eligibility

2.1 A school that has been a continuous member of ISSA and has not qualified for the Mallory or Baker regattas in the past four years, or one that joins this year for the first time, is eligible to enter the selection process in its district. Selection of schools is by district initiative. 2.2 A team is comprised of no fewer than two, or more than four sailors who are full time students in the school they represent. Each team will sail one boat. Competing schools must be current members of ISSA. Eighth grade students are eligible to compete. Seventh grade students or below are not eligible. Sailors must be accompanied by a designated adult chaperone, who may be an advisor, coach or parent. 2.3 The regatta has 30 berths which will be allocated by ISSA. 2.4 Entries should be sent to Yvonne Pottharst, Great Oaks Regatta Chair, c/o Southern Yacht Club, 105 N. Roadway Drive, New Orleans, LA. 70124. Cell# 504-421-3819.

e-mail: tern4true@aol.com

3. Entry and Communication

- 3.1 Eligible schools and sailors must enter by filing an entry form with entry fee and damage deposit with Yvonne Pottharst prior to October 13, 2007. Liability and medical release forms will be required at the time of registration. Make one check for entry fee and one check for damage deposit payable to Southern Yacht Club.
- 3.2 ISSA membership will be verified at registration.
- 3.3 Invited teams that are unable to compete must notify Yvonne Pottharst at Southern YC, as well as ISSA as soon as possible. ISSA will reallocate the vacancies.

4. Entry Fee and Damage Deposit

- 4.1 There will be an entry fee of \$100.00 per team. Four food packages are included with the entry fee.
- 4.2 A damage deposit of \$100.00, separate check, must accompany the entry form.

5. Schedule

Friday November 9, 2007

1400-1700 Registration at Southern YC, boats available for practice after completing registration.

Free Evening

Saturday November 10, 2007

Continental breakfast at Southern YC

0830-0900 Last minute registration.

0900 Mandatory skippers meeting.

1030 First warning. Racing throughout the day. Lunch break by Race Committee.

Free evening

Sunday November 11, 2007

0830 Continental breakfast at Southern YC

1030 First warning. Racing throughout the day. Lunch break by Race Committee.

1600 FIRM No race will be started after 1600.

1700 After race snack and trophy presentation.

6. Race Area

6.1 The race area will be on Lake Pontchartrain northeast of the SYC clubbouse

7. Courses

7.1 The Race Committee will determine courses in accordance with ISSA Procedural Rules. Short college style courses are expected.

8 Scoring

8.1 The regatta will be scored using ISSA Procedural Rules. There will be no throw outs. Protest procedures will be per ISSA Procedural Rules with amplifying details outlined in the Sailing Instructions.

9 Housing

9.1 Housing will not be provided. Contact Yvonne Pottharst for Hotel Information.

10. Food and Beverages

10.1 Four packages are included in the entry fee. A food package will be available to additional sailors, coaches and chaperones at \$22.00 each. The package will consist of 2 continental breakfasts, 2 boxed lunches, and a snack after the last race of each day. On the water beverages will be furnished as part of the package as well.

11. Travel and transportation

11.1 New Orleans International Airport is by far the most convenient airport.

Teams are responsible for their own transportation.

12. Coaching

12.1 No coach or parent boats will be allowed. Spectator boats will be provided. If weather conditions will allow, a floating dock will be towed out to the race course to facilitate on the water boat rotation. Once this floating dock is anchored, it is considered an extension of the land. Coaching will be allowed on the floating dock.

13. Prizes

13.1 Prizes will be awarded for teams first thru fifth place.

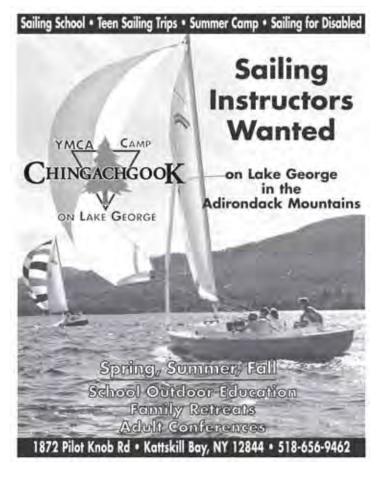
14 Official Notice

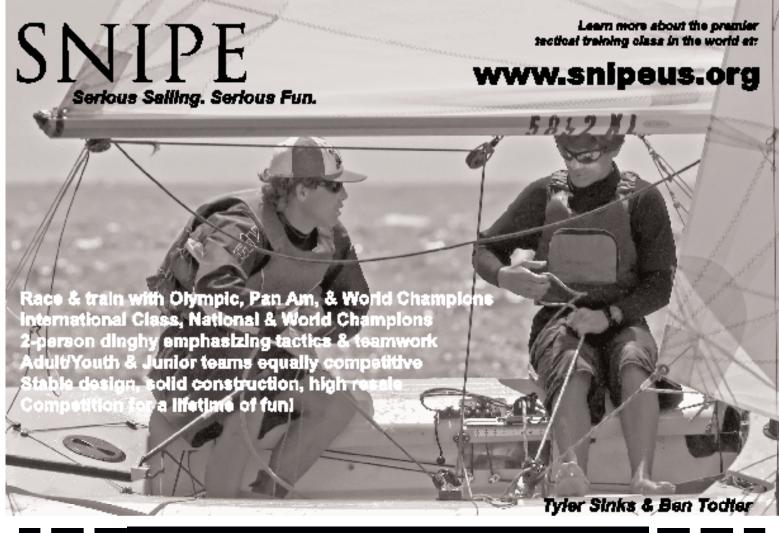
No competitor shall use, either on or off the water, marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841, or alcoholic beverages (distilled spirits, wine and beer, each as defined in chapter 51 of the U.S. Internal Revenue Code and intended for beverage use). An alleged breach of this procedural rule shall not be grounds for a protest. However, when a report is received from any source alleging such a breach, a protest committee consisting of the regatta chairperson, a member of the ISSA Board of Directors and the chairperson of the protest committee, shall follow the process described in RRS 69.1. If a hearing under RRS 69.1 is heal, a competitor found to have breached this procedural rule shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. Additional penalties consistent with RRS 69.1(b) may be imposed on the competitor or the competitor's team.











Individual Membership Coupon - Complete & Mail Today!

Please support school sailing with your individual membership in ISSA for 2008.

Schools belong to ISSA with membership in their district associations. However, individual memberships and donations help ISSA continue to bring the benefits of healthy and sportsmanlike competition to more young people and continue our nationwide growth.

We are exempt from Federal income tax under Section 501 (c)3 of the Internal Revenue Code. Donors may deduct contributions to ISSA as provided in Section 170 of the Code subject to applicable provisions.

Your Name:								
Your Address:								
Your Town:	State: _	Zi	p Code:					
Your Telephone Number(s) Home:		Business:	E-mai	l:				
Are you affiliated with a school? If so,	which one?:							
1	In what capacity	?						
n- h		Individual Dues for 2008:	\$	25.00				
		Individual Dues for 2008: Student Dues for 2008:	\$	5.00				
1	(Note: All Schools Join through their District)							
WE SH	•	Tax Exempt Donation to ISSA	A: \$ ´					
VIII 3		Total enclosed:	\$					
	Complete and return th	is form, with your check payab		2812 Canon Street,				
	,	San Diego, CA 92106 - 619-2		,				
7	ISSA Web site: http://www.highschoolsailingusa.org							

2008 NATIONAL HIGH SCHOOL SINGLEHANDED CHAMPIONSHIPS for the

CRESSY TROPHY

Notice of Race

Hosts

Northwest Interscholastic Sailing Association Corinthian Yacht Club Seattle, WA October 27-28, 2007

RULES:

- 1.1 The regatta will be governed by the Racing Rules of Sailing 2005-2008 (RRS), the prescriptions of US SAILING, the ISSA Procedural Rules, this Notice of Race, and the Sailing Instructions. The regatta is classified as a Category A event with respect to Advertising.
- 1.2 RRS Appendix P will be in effect modified as follows: Delete the word "first" in rule P2.1. Delete rules P2.2 and 2.3. Delete rule P3 and replaced it with: "If a boat has been protested under rule P1 in a race and the race committee signals a postponement, general recall, or abandonment of that race, the penalty is cancelled."

ELIGIBILITY:

- 2.1 Competing schools must be members of ISSA and meet ISSA eligibility rules as prescribed in the Procedural Rules.
- 2.2 Teams must be accompanied by a designated adult team leader, who may be an advisor, coach or parent recognized by the school.
- 2.3 Selection of competing schools will be by district elimination. The regatta has 18 Full Rig and 18 Radial Rig berths.

 Allocations will be determined by the ISSA Board.

 Schools should contact their district directors to find out details on district qualifiers.

3. ENTRY AND COMMUNICATIONS:

- 3.1 Eligible schools and sailors must enter by submitting and official entry form and two separate checks, one for entry fee, and one for boat damage deposit, with the regatta registrar by October 15,2007. ISSA will begin reallocating open slots on Oct. 16. If the elimination for your district is to be held after this date, please have the district director contact the regatta registrar immediately so special arrangements can be made.
- 3.2 Send all forms and checks to the regatta registrar: Burke Thomas 175 Sunset Ave, Eastsound WA 98245.
- 3.3 Teams unable to compete must notify the regatta registrar and ISSA as soon as possible.
- 3.4 ISSA will reallocate vacant district quotas. The first open allocation will go to the host district. A berth becomes vacant when the qualifying district becomes unable to fill the berth.

4. ENTRY FEE:

- 4.1 The entry is \$90 per competitor. This fee includes two continental breakfasts, two box lunches and a dinner. Team leaders, coaches and parents can buy additional meal packages for \$40, which must be indicated and paid with the entry application.
- 4.2 Make checks payable to: NWISA.

5. DAMAGE DEPOSIT:

- 5.1 A damage deposit of \$250 must be submitted with each entry. This is refundable if the boat and gear are returned undamaged. In the event damage cannot be attributed to a particular team, the repair costs will be divided evenly amongst all the competing teams.
- 5.2 Make checks payable to: NWISA.

6. BOATS:

- 6.1 Vanguard will supply 18 Laser Full Rigs, and 18 Laser Radials.
- 6.2 There will be no rotation of boats. Boats will be sailed as supplied.
- 6.3 Competitors may bring telltales for sails, an elastic cord to tie up the hiking strap, and their own tiller and extension.

7. SCHEDULE:

Friday October 26, 2007

1300-1800 Check in at Corinthian Yacht Club
Competitors must check in and pick up packet before their
boats will be made available for practice.
1500 Practice Race

Saturday, October 27, 2007

0800 Rigging of Boats

0830 Competitors Meeting (Mandatory)

1000 First Warning. Racing will continue throughout the day.

1200 A lunch break will be taken on the water around noon. Racing will continue until late, weather permitting.

Sunday, October 28, 2007

0830 Rigging of Boats

0930 First Warning. Racing will continue throughout the day.

1200 A lunch break will be taken on the water around noon.

1600 No warning signal after this time.

1700 Trophy Presentation

Changes to the schedule will be posted on the official notice board located at CYC Clubhouse.

8. RACING AREA:

All races will be sailed on Shilshole Bay, just outside the Shilshole Bay Marina breakwater.

9. COURSES:

Based on conditions, the Race Committee will determine the courses as prescribed in ISSA Procedural Rule 7.7.

10. SCORING:

The regatta will be scored in accordance with ISSA Procedural Rules.

11. WATER TEMPERATURE

Puget Sound is cold. Competitors are strongly urged to come equipped with a wet suit or a dry suit and to bring warm clothes.

12.HOUSING:

Housing is not provided.

Hotel List:

Holiday Inn Express Hotel and Suites Northgate 14115 Aurora Avenue North Seattle, WA 98133 \$99 - 125. 6 miles from Corinthian Y. C.

Harbor Inn & Suites 130 West Dayton Street Edmonds, WA 98020 \$89 - 109. 13 miles from Corinthian Y. C.

University Inn 4140 Roosevelt Way Northeast Seattle, WA 98105 \$116. - 149. 4 miles from Corinthian Y. C.

Best Western Evergreen Inn 13700 Aurora Avenue North Seattle, WA 98133 \$80 - 119.

4 miles from Corinthian Y. C.

Hampton Inn & Suites Seattle-Downtown 700 5th Avenue North Seattle, WA 98109 \$136 - 199. 5 miles from Corinthian Y. C.

13. TRAVEL AND TRANSPORTATION:

Competitors should use the Seattle Tacoma International Airport.

Corinthian Yacht Club address is: 7755 Seaview Ave NW, Seattle, WA.

14. COACHING:

Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area on October 26, 27 or 28 unless explicitly permitted to do so by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

15. PRIZES:

Prizes will be awarded to schools placing 1st, 2nd and 3rd in each class in the regatta. The top school will have its name engraved on the perpetual Cressy trophy.

16. OFFICIAL NOTICE:

No competitor shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which by that competitor is unlawful under 21 US Code 841. An alleged breach of this regulation and/or other discipline expectations occurring during October 26, 27 or 28, 2007 may be the basis for a hearing under RRS 69.1 The protest committee for such a hearing shall be the regatta chairperson, a member of the ISSA BOD, and the protest committee chairperson.

17. REGATTA CONTACTS:

Regatta Contacts:

Regatta Chair:

Peter Shorrett

E-Mail pshorett@gvakm.com

Regatta Registrar

Burke Thomas

Phone 360 376 2926 360 317 6427 (cell)

Fax 360 376 2947

E-Mail Woodsong7@centurytel.net

ISSA CHAMPIONSHIP REGATTA ROTATIONS

ISSA National Championships are rotated through the seven districts. The Mallory and Baker regattas are rotated in an attempt to equalize travel costs and a predictable cycle of assignments. The Cressy rotation follows the college (ICSA) schedule since ISSA shares a fleet of Lasers provided by Vanguard with ICSA. The composite schedule taxes no district with more than one national championship in any school year. Cressy regattas are dates for the school year and sailed in the previous fall and are usually within a week of the collegiate singlehanded championship.

Regatta	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Cressy	PC	NE	NW	МА	SE	SA	MW	PC	NE	NW
Mallory	MW	PC	МА	SA	NE	SE	NW	MW	PC	МА
Baker	NE	SE	MW	PC	MA	NW	SA	NE	SE	MW

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