



NEWSLETTER

OF THE

INTERSCHOLASTIC SAILING ASSOCIATION

Founded 1930

Winter, 2003
VOLUME 11 • NO. 2

LOUISIANA TEAM WINS 2002 GREAT OAKS REGATTA; HAWAII SCHOOLS SECOND, THIRD

Metairie Park Country Day School of Metairie, LA led a fleet of 21 schools in winning the fourth annual Great Oaks Regatta November 16-17 at Southern YC in New Orleans. The Metairie Park crew of Philip Schmalz/Jackson Benvenuti had a comfortable lead over a tightly packed trio of schools battling for second and third. The second time was a

charm for Metairie Park skipper Schmalz, Captain of his school team, who had a fifth in the 2001 Great Oaks.

The runner-up places were taken by two teams from Hawaii, Mary Knoll HS in second and Punahou School two points behind in third. Pine View School of Osprey, FL, missed winning a medal by a single point.

Sailing for Mary Knoll HS were Denise Kobashikawa/Martin Sterling and for Punahou the brother-sister crew of William and Lauren Pochereva.

The Great Oaks Regatta is a national invitational event first sailed in 1999 and open to school teams organized within the preceding three years. The event is intended to encourage new teams not yet strong enough to compete in ISSA national championships.

The first two regattas were won by Florida schools; Berkeley Prep took the inaugural Great Oaks and Community School of Naples won in 2000.



The 61 sailors from 21 schools from 10 states lost the first day of racing to 25-30 knot winds but had ideal conditions — 10-15 knot winds and calmer seas — on Sunday. In all the crews sailed 14 races in the Club 420s provided by Southern YC, Pontchartrain YC, and the Tulane University Sailing Team.

The results:

1. Metairie Park Country Day (LA)
Jackson Benvenuti/Philip Schmalz.....45
2. Mary Knoll HS (HI)
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President's Message



Dear Sailors and Friends,

We're looking Spring right in the eye. It may not seem like it on a gloomy day, but it's right around the corner. What a season we have ahead!

Local leagues are thriving and more are developing. That's more opportunity to participate, to compete and to have fun with friends. In the process we are preparing ourselves for life, which is a set of choices. How we deal with the results of those choices defines who we are. What we accomplish in material terms is less important than how we navigate the events in our path. The choices are not always easy. That's where character comes in, your definition of yourself. That broken rule, that hurled round oath - that's when who we

are, who we want to be slips a bit and we are less than we can be.

Enough philosophy — there's racing ahead.

The nationals are set: the Mallory at Dartmouth College on Lake Mascoma near Enfield, NH hosted by NESSA and organized by Roy Williams with Brian Doyle (Dartmouth sailing coach) as PRO. The Baker will be hosted by PCISA and sailed out of Mission Bay YC (San Diego) organized by Jerelyn Biehl with Brent Boyd as PRO. Brent was PRO at the Baker in Coronado a few years ago. The NORs are summarized in this newsletter issue and are posted in full on the ISSA website highschoolsailingusa.org

As the membership continues to grow we face new challenges, not the least of which is helping teams achieve continuity, building depth so that teams survive graduations. That's not always easy, but well worth the effort. Our overall rate of return is about 90%. A few veteran teams have been with school sailing since the beginning in 1930. On the other end of the curve a few just seem to come and go. It is interesting that many of those who go do come back after a while.

School sailing is such a good idea. Everyone should have an opportunity to enjoy the fun.

These are difficult times. We have learned that the way to deal with all the uncertainty is to live as though there will be a tomorrow and many beyond, but to live each day the best we can. It's kinda like sailing - each moment is "from now on," can't worry about past mistakes. Have a plan, a strategy, but execute based on what's happening now. The technicians sometimes miss a critical shift while they ponder the choices.

Sad to report, school sailing lost one of its dedicated supporters in February with the passing of Fred Kirschner. Seven years ago Fred revived the Coronado HS sailing team at Coronado YC and the teams two national championships in 2001 and 2002 are testaments to his efforts. Fred will truly be missed.

School sailing is a good choice — good for you, fun to do.

Sail fast, sail well.

Larry White, President

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GREAT OAKS REGATTA RESULTS

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ALLOCATIONS SET FOR MALLORY, BAKER, PRELIMINARY FOR CRESSY

Final district allocations for the 2003 Mallory and Baker championship regattas are set based on membership dues received by January 1, 2003. The following are the final allocations plus the preliminary allocations for the 2004 Cressy, the final allocations for which will be determined at the end of the 2002-2003 school year.

As in the past the allocations are based on the number of district members as a proportion of the nationwide membership either by the deadline or in the previous school year, whichever is higher.

District	Mallory	Baker	Cressy Radial	Cressy Full
New England SSA	5	3	4	4
Mid-Atlantic SSA	3	1	2	2
South Atlantic ISA	3	2	2	2
Mid-West ISA	2	1	2	2
Southeast ISA	1	1	1	1
Pacific ISA	5	3	4	4
Northwest ISA	1	1	1	1

The 2003 Mallory doublehanded fleet championship is at Dartmouth College, Hanover, NH May 10-11, 2003.

The 2003 Baker team racing championship is at Mission Bay YC, San Diego, CA May 24-25, 2003

The 2004 Cressy singlehanded championship will be held at Eckerd College, St. Petersburg, FL, November 15-16, 2003. The 2003 Great Oaks Regatta is scheduled for November 8-9 at Southern YC in New Orleans.



Henry Maxwell of The Williams School is awarded the Bullivant Bowl and the Frederick King Award keeper trophy for exemplary sportsmanship by ISSA President Larry White at a ceremony at Henry's school in January.

THESE CAN HELP ...

ISSA offers plenty of material to help organize a sailing team, drum up support, improve competitiveness, run a regatta, etc.

STARTING YOUR OWN HIGH SCHOOL SAILING TEAM —

A booklet with advice, guidelines, and success stories to help get a sailing program into your school \$10.00

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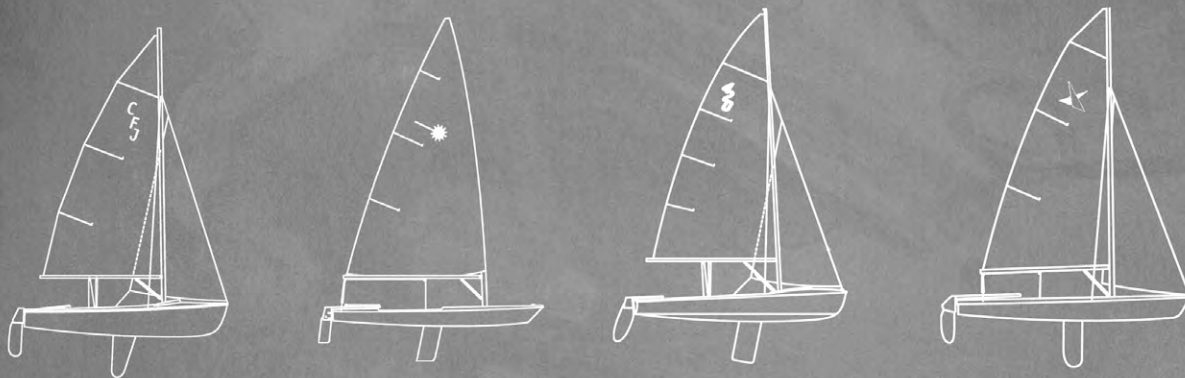
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REPORTS from THE DISTRICTS

SAISA

District Director Tom Monkus in the winter issue of the SAISA newsletter reports that as of January 1 the district had a record 48 member schools, 14 of which are first-time or returning members.

The newsletter goes on to note that district schools have already been racing in separate qualifying series for the district championship and its three berths to the Mallory national championship. Eighteen northern district schools have sailed four of seven regattas with Myers Park HS leading, followed by Wando HS, Porter-Gaud HS and Ashley Hall School. After three regattas for schools in the southern area Lincoln Park Academy is on top of 15 schools followed by H.B. Plant HS, St. Petersburg HS, Ransom-Everglades School and Community School of Naples.

Manatee HS of Bradenton, FL, Jeff and Elyssa Sharp sailing, won the district qualifying regatta for the 2003 Great Oaks Regatta with Pine View School second, the 1999 and 2001 Great Oaks winner Berkeley Prep third, and Naples HS fourth. Barron Collier HS of Naples and Brunswick HS of Brunswick, GA plus Webb School of Knoxville replacing Naples HS made up the rest of the six SAISA teams that went to Great Oaks. The seven-race regatta was sailed October 19 at University of South Florida.

The recently organized Georgia/North Florida League held its second league regatta December 7 at Jacksonville hosted by Florida YC. Jenkins HS of Savannah won with Episcopal HS second, The Bolles School third and Brunswick HS fourth.



SAISA sailors from the qualifying teams for the Great Oaks Regatta have their picture taken at U of South Florida.

PCISA

University of San Diego HS won the annual Anteater Regatta December 14-15 sailed at Newport Harbor YC. University HS was led by a strong overall low-point performance in Division A by Zachary Brown/Cassandra Harris. Point Loma HS finished second, one point behind the leader and The Bishop's School was third. A measure of the closeness of the competition is that no school had a crew in the top

three of both divisions and nine teams had first places in the 14 races. Twenty three teams, 21 varsity and two JV made up the gold fleet. Corona del Mar HS second JV team finished on top in the Silver fleet.

Point Loma HS won the annual Rose Bowl Regatta sailed January 5 at the USC/ABYC/US Sailing Center at Alamitos Bay. In winning, the Pt. Loma crews had the most consistent record for both A and B Divisions even though they only won three of the combined 10 races they sailed. Runner-up was the Newport Harbor HS team and Corona del Mar HS, led by its overall low-point Division B crew, was third. Twenty-two teams plus two JV teams took part.

With three regattas sailed, Newport Harbor HS leads the PCISA standings by a single point over Corona del Mar and by two over The Bishop's School in third. Marin Catholic HS is fourth and Santa Barbara HS fifth, well ahead of the 53 schools behind them. The next regatta in the series is the Cardinal Regatta at Stanford U co-hosted by Sequoia YC and Redwood City. The series culminates in the PCISA district championship.

At the other end of California Scott's Valley HS and Menlo Atherton HS fought it out at the top of the first two Nor-Cal regattas November 23-24 and December 7-8. At the Big Game Regatta Nor-Cal #1 sailed at

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REPORTS from THE DISTRICTS

Continued from Page 5

Redwood City Menlo Atherton won with Scott's Valley second, and Marin Catholic HS third. Menlo Atherton was led by its A Division crew of Chris Williams/Maggie Krummel, Division low-point winners. Ryan Anderson/Mariana Beardsworth sailed B Division for the victors. The overall low-point crew was Marin Catholic's Morgan Gutenkurst/Becky Mabardy. Twenty-one teams plus eight JV teams took part in what were light winds for the 10 races in the two days.

Two weeks later Scott's Valley HS and Menlo Atherton HS swapped places as the Scott's Valley crews survived a couple of poor races and stayed on top against a late drive by Menlo Atherton. Monterey HS took third on a tiebreak with San Francisco University HS. None of the leaders had low-point crews. Overall low-point went to the Marin Catholic HS A Division crew of Cameron McCloskey/Myles Gutenkurst while low-point in Division B was the Redwood HS crew of Rickard Grunnan/Mike Bo-Linn

The Marin Catholic crew then went on to win the third NoCal regatta, The Little Daddy, January 18-19 at Richmond YC. Twenty nine teams in two divisions sailed 11 races as Marin Catholic ran away from the fleet, having won low point in A and overall low point in B. The crew of Morgan Gutenkurst/Becky Mabardy repeated their performance in Nor-Cal #1 by taking low point with an average of second place for the 11 races. Similarly Marin Catholic's Cameron McCloskey,

this time with crew Delaney Lynch, topped A Division.

Meanwhile, Corona del Mar HS with crew Phil Stemler/Adrienne Patterson won the third SoCal Regatta sailed January 18 at Balboa YC, six races in a single division. They easily beat two Newport Harbor HS crews in second and third.

HAWAII SCHOOL SAILING CONTINUES TO GROW

The following is a report from Guy Fleming, an at-large member of the ISSA BOD and a moving force behind sailing in Hawaii:

In addition to a few public schools and a few schools with single sailors, we have organized a very solid set of schools for competition in The Interscholastic League of Hawaii.

It looks like 10 schools will be competing with full-sized teams of eight sailors. For our purposes in Hawaii, eight has been set as a maximum due to a shortage of boats. There will be a varsity one division sailing standard A and B divisions in 420s. We will also be starting a varsity two division in Toppers. This is part of our developmental division so that schools that don't currently have enough sailors will also have an opportunity to learn and compete.

This setup will be officially recognized by The Interscholastic League of Hawaii, the same group that manages all the sports for private schools. The Spring sailing season is actually a short season beginning in mid-February after Canoe Paddling ends and lasting until May 1. This format fits well in the schools' recognition of short sport's seasons. We still have an unrecognized sailing season in the Fall for the Cressy and Great Oaks elimination regattas. In all, it looks like there will be around 140 athletes trying out for the various teams.

Very exciting.

MWISA

The second team from New Trier HS won the 2002 MWISA district Fall championship sailed November 23 at Chicago YC-Belmont. Despite wind shifts as much as 180 degrees 17 teams raced six races in two divisions. The standings at the top were tight. Three teams ended up within three points as the first New Trier HS team finished two points behind their mates for second and St. Ignatius HS another point back for third. Overall low-point was the St. Ignatius B Division crew of DeBoer/Racusen, who had four firsts, one second and one third in their six races. Sailing for New Trier 2 was Smith/Baker, low point in A Division and Turney/Pickens in B.

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REPORTS from THE DISTRICTS

in 420s April 12 at Chicago YC-Belmont. The MWISA district championship and qualifier for the Mallory regatta is on Lake Minnetonka in 420s April 26-27. The district qualifier for the Baker regatta is at Grosse Pointe YC May 3-4 in 420s and the Silver Championships are at Belmont May 11-12.

MASSA

A team composed of Rochester, NY, area schools won the 2002 MASSA Fall regatta at the US Naval Academy October 28-29. In chilly northwest winds of 18-22 knots on Saturday and a bit easier on Sunday 18 teams managed to get in complete round-robins in two divisions despite capsizes and fatigue. Mercy-McQuaid HS captain Mike Wilde (second in 2003 Cressy full rig) with crews Rachel Wright and Joe Labuzetta led A Division. Sailing for Rochester in B were Garrett Lovejoy/Rachel Wright/Sarah Kessler/Graham Lesmier. Together the two crews had but two first places in the 18 races, but their consistency gave them a relatively easy win by 23 points over St. Mary's HS. Severn School finished third. St. Mary's B Division crew of Jose Fuentes/Brendan Healy had the most remarkable record in taking overall low-point honors. They had nine first places in the 18 races they sailed, but St. Mary's just could not muster sufficient consistency in A Division.

MASSA members have been advised that race committees at district-only events may require special clothing for competitors, e.g. wet or dry suits, and that red flags must be flown to signify protests unless a race committee specifies otherwise.

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THE BASIC PRINCIPLE OF THE RACING RULES OF SAILING

This essay by Butch Minson, sailing coach at Maine Maritime Academy, was distributed via e-mail to New England college coaches. What he says is well said and worth reading carefully by all sailing coaches, school and college. I've known Butch a long time and this is the way he sails and coaches. Butch was one of the first college All-Americans, by the way, so he's not a theoretician. This certainly hits the nail squarely.— LW

At many regattas I have observed competitors breaking rules ranging from major collisions to minor alterations of course. The majority of the time, no competitor acknowledges the fouls, observed or committed, by taking a penalty, retiring, or protesting. This damages college sailing as a sport and presents a dilemma to anyone participating as a skipper, crew or team as a whole.

At present there are many competitors gaining an advantage by breaking rules and this poses an ethical question for the other competitors. Should they compromise their ethics by breaking the rules themselves (and thus gain or keep pace) or risk becoming an outcast for frequently protesting the competitors breaking the rules?

To eliminate this dilemma, all competitors must understand how rules are enforced. When a competitor breaks a rule, what should happen? The Basic Principle (RRS, page 2) says "A fundamental principle of sportsmanship is that when competitors break a rule they will promptly take a penalty or retire." It does not say to take a penalty only if a boat hails "protest" or threatens to file the protest.

What should happen if the competitor does not take a penalty or retire? The Basic Principle says "Competitors in the sport of sailing are governed by a body of rules that they are expected to follow and enforce." RRS defines protest as "an allegation made under Rule 61.2 by a boat, a race committee or a protest committee that a boat has broken a rule." The competitors involved in or observing the rule violation are expected to lodge a valid protest to enforce the rule. Rules are enforced by a Protest Committee. ICSA PR 28 says, "The Jury shall take such evidence, as it deems necessary to determine the facts." Competitors observing the rule violation are expected to be available to give evidence as witnesses. RRS 64.1 (a) says, "When the protest committee decides that a boat that is a party to the protest hearing has broken a rule, it shall disqualify her unless some other penalty applies."

What if a competitor does not want to protest or be a witness? ICSA PR Part 1 says, "All regattas within the Inter-Collegiate Sailing Association of North America (ICSA) shall be governed by the Racing Rules of Sailing, 2001-2004 (RRS) as promulgated by the International Sailing Federation (ISAF) and adopted by the United States Sailing Association (US SAILING) and the Prescriptions of US SAILING, except as any of these are changed herein."*

RRS 3 says "By participating in a race conducted under these racing rules, each competitor and boat owner agrees (a) to be governed by the rules..." If you race, you are expected to enforce the rules by protesting and/or witnessing.

What can we do to eliminate this dilemma from ICSA sailing?

Race Committee: Announce at the skippers' meeting that any competitor breaking rules shall promptly take a penalty or retire. Use the eyes of the entire fleet to find violations of the rules. Announce, all competitors shall lodge a valid protest (or witness) whenever a competitor breaks a rule and does not take a penalty or retire. Do not in anyway discourage protests or infer that a competitor that protests is creating the problem. The problem is the presence of competitors who break rules and do not take a penalty or retire. Enforce all rules by penalizing all competitors who break rules and do not take a penalty or retire.

Coaches: Teach compliance with all rules. This includes the Basic Principle (competitors are expected to take a penalty or retire when breaking rules and enforce the rules by protesting and witnessing). Do not tolerate violations of any rule.

Competitors: Follow the Basic Principle — take a penalty or retire every time you violate a rule and lodge a valid protest for all rule violations involving you. Immediately ask boats around the incident to be witnesses. If a competitor asks you to witness, give evidence at the hearing regardless of which competitors are involved. If you do not want to protest or witness, then don't race.

Rules violations will diminish drastically if competitors understand that every other competitor will lodge a valid protest whenever any rule is broken.

Sail smart, sail clean.

**The Introduction to the ISSA Procedural Rules says essentially the same thing.*



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ISSA CHAMPIONSHIP ROTATION

The sites for ISSA championships rotate from district to district on a fixed schedule that permits planning well in advance of the regattas. Recently the schedule of sites was revised in order to make travel particularly across the country as equitable as possible.

The following is the rotation schedule proposed by the Board of Directors and ratified by the districts:

Regatta	2003	2004	2005	2006	2007	2008
Cressy	SE	SA	MW	PC	NE	—
Mallory	NE	SE	NW	MW	PC	MA
Baker	PC	MA	SA	NE	SE	MW

CLASSIFIED ADS

Readers of the ISSA Newsletter are invited to send us ads for our Classified Section. They must be of interest to school sailors, coaches, advisors, etc., and be subject to editing. Classifieds can be used to find or sell boats, give learning opportunities for school sailors, and offer sailing instructor employment. There is no cost to ISSA members for one-time publication of Classified ads. All others: \$25.00 pre-paid per issue.

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IN SUMMARY: NOTICES OF RACE for 2003 MALLORY and BAKER CHAMPIONSHIPS

The following are the highlights of the Notices of Race for the 2003 Mallory fleet championship and the Baker team racing championship. For complete copies of the two notices check the ISSA website highschoolsailingusa.org

THE 2003 ISSA NATIONAL DOUBLEHANDED CHAMPIONSHIP FOR THE MALLORY TROPHY

Date, site, and boats:

The championship will be sailed in Collegiate FJs provided by Dartmouth College. May 9-11, 2003 at the Dartmouth College Allen Boathouse, Lake Mascoma, Enfield, New Hampshire. Hosted by NESSA.

Eligibility:

Competition will be by 20 teams with one crew sailing in each of two divisions. Teams shall consist of a minimum of four and a maximum of eight sailors in grades 9-12 from schools that are members of ISSA and have qualified to represent their district based on eliminations within that district. Teams must be accompanied by a designated team leader/chaperone who may be an advisor, coach or parent and must be recognized by the school. The allocation of entrants from each district is listed elsewhere in this newsletter.

Entry Fees and Deadlines:

Entry forms and an entry fee of \$120 plus a separate check of \$150 as a refundable damage deposit must be filed with the Regatta Chairperson by April 28 unless alternative arrangements have been made with the Regatta Chairperson.

Schedule:

FRIDAY, May 9 1200-1600 Registration
Held at Allen Boathouse
1200-1400 Practice Session
1400-1600 Practice Session
*Two practice sessions based on first come, first served.
Teams must register to get boats for practice.*
1715 Late registration and
mandatory competitors meeting
*To be held at Top of the Hop on Dartmouth campus.
Beverages and hors d'ourves provided.*

SATURDAY, May 10 0915 Rigging of boats
1000 First warning
SUNDAY, May 11 0915 Rigging of boats
0945 First warning
1600 Deadline for starting
last race
1700 Trophy presentation
and snack

Contacts:

REGATTA CHAIRMAN

(to whom all questions should be directed):

Roy Williams, St. George's School, PO Box 1910,

Newport, RI 02840 Phone: 401-846-0884 Email
roy_williams@stgeorges.edu

REGISTRATIONS

Brian Doyle, 6083 Alumni Gym, Hanover, NH 03755
E-mail Brian.Courtland.Doyle@Dartmouth.EDU

THE 2003 ISSA NATIONAL TEAM RACING CHAMPIONSHIP FOR THE BAKER TROPHY

Date, site, and boats: The championship will be sailed in Collegiate FJs provided by PCISA. May 23-25, 2003 at Mission Bay YC, San Diego, California. Hosted by PCISA.

Eligibility:

Competition will be by 12 teams with three boats each. Teams shall consist of a maximum of nine sailors in grades 9-12 from schools that are members of ISSA

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and have qualified to represent their district based on eliminations within that district. Teams must be accompanied by a designated team leader/chaperon who may be an advisor, coach or parent and must be recognized by the school. The allocation of entrants from each district is listed elsewhere in this newsletter.

Entry Fees and Deadlines:

Entry forms and entry fee of \$75 must be filed prior to May 15 unless alternative arrangements have been made with the Regatta Chairperson. Each team will be required to post a \$300 damage deposit check, which will be returned immediately after the regatta if not needed.

Schedule:

FRIDAY, May 23	1200-1800 Registration at Mission Bay YC with boat(s) available for practice
SATURDAY, May 24	0800-0900 Late Registration 0800-0930 Boat rigging

SUNDAY, May 25

0930	Mandatory sailors' meeting
1015	First warning
0800-0930	Boat rigging
0930	Mandatory sailors' meeting
1015	First warning
1600	Deadline for starting last race, unless a race is needed as a sailoff

Contacts:

REGATTA CHAIRMAN

Jerelyn Biehl, 619-226-2490, Fax 619-224-6997,
E-mail scira@cox.net

REGISTRATION

Sharon Brown, 858-270-5258, Fax 858-274-3484,
E-mail srbrown@castergrp.com