**ISSA HIGH SCHOOL (SINGLEHANDED, DOUBLEHANDED, TEAM RACE)**

**CHAMPIONSHIP**

**For the**

**(CRESSY, MALLORY, BAKER) TROPHY**

**(Venue and Dates)**

**SAILING INSTRUCTIONS**

1. **RULES:**
   1. The regatta will be governed by the current Racing Rules of Sailing, **(including Appendix D for the Baker)** the prescriptions of US Sailing, the ISSA Procedural Rules, the ISSA **(Baker, Mallory, Cressy)** Championship Conditions, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.
   2. The Organizing Authority (OA) is the Interscholastic Sailing Association in conjunction with host **(NAME).**
   3. **RRS appendix P is in effect modified per ISSA Procedural Rule 14(c).**
2. **NOTICE TO COMPETITORS:** Official notices including changes to sailing instructions will be posted on the official notice board located **(describe location)**. Changes to the sailing instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.
3. **SCHEDULE:**
   1. Report time for Saturday and Sunday will be **(Times)**. The number of races each day will be at the discretion of the regatta chairperson.
   2. No race will start after **(date, time)**, except for a sail-off if needed.
   3. Rotation schedules and boat assignments will be posted on Tech Score after the skipper’s meeting. **(May not need for Cressy.)**
4. **COURSES AND MARKS:**
   1. Courses will be in accordance with ISSA PR 7.7. **(For Baker, Courses will be in accordance with ISSA PR Appendix 6)**
   2. The race committee may designate course selection orally.
   3. All marks will be **(describe what the marks look like)**.
   4. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).
5. **START, FINISH, AND RECALLS:**
   1. Races will start in accordance with ISSA PR 7.8(a).
   2. Individual recalls will be made in accordance with RRS Appendix S6.
   3. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1). **(For Baker ISSA PR 7.8(b) shall not apply)**.
   4. The start line will be between **(describe line ends)**.
   5. The finish line will be between **(describe line ends)**.
6. **BREAKDOWNS:**
   1. Breakdown requests shall be filed in the same manner as protests.
   2. Breakdowns shall be scored in accordance with **(ISSA PR 9(e) for Cressy and Mallory. ISSA PR 12.2 for Baker)**. Compensation shall be consistent with ISSA PR Appendix 3.
7. **PROTESTS:**
   1. Protests procedure will be in accordance with **(ISSA PR Part VI for Cressy and Mallory. ISSA PR Part VI and RRS Appendix D2.2 or Appendix D2.5 for Baker. Either procedure D2.2 or D2.5 must be stated in the Sailing Instructions as to which procedure will be used.)**.
   2. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.
8. **SCORING:** Scoring will be in accordance with **(ISSA PR 9 for Cressy and Mallory. ISSA PR 12 for Baker)**.
9. **COACHING:**
   1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
   2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore **(or areas designated by the regatta chairperson here)**.
10. **SAFETY:**
    1. Competitors shall wear USCG approved lifejackets as outlined in Procedural Rule 2.2.
    2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
11. **FORMAT:**

**For the Baker, describe the format to be used, for instance, single round robin followed by a top four-school Championship double round robin. All scores carry over. See ISSA Baker Format Options).**

**For the Mallory & Cressy,** The race committee will attempt to complete a full rotation

1. **TROPHIES:**
   1. Prizes will be awarded to schools placing 1st, 2nd and 3rd in the regatta. The top school will have its name engraved on the perpetual **(Mallory, Baker, or Cressy)** trophy.
   2. **(For the Mallory, trophies will also be awarded to first place skipper and crew in A and B divisions.) (The Cressy will award trophies in both the full rig and radial fleets.)**