



High School Sailing

Annual Report 2020



ISSA: Continues to Grow

Our 91st year of high school sailing will be a year to remember. We shortened our season to accommodate safety measures due to the Covid-19 virus. This is the first season without the Mallory and Baker Championships which is very disappointing for everyone from the sailors, teams, parents and all the organizers. A safe environment is our priority and we will probably have very limited sailing in the fall of 2020.

In the Fall season of 2019, we hosted a record of 217 regattas but only sailed 34 regattas in the spring before we discontinued sailing. This is substantially reduced from a normal spring schedule.

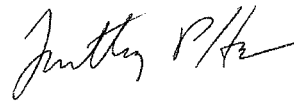
The Cressy Championships (single handed) was sailed at Santa Barbara, California in Lasers and Laser radial rigs. A total of 36 sailors competed in the Cressy with Lucas Sawin from Crown Leadership Academy took the Laser full rig title. In the Laser Radial rig, after 15 races Chapman Petersen from Hotchkiss School and Nicholas Reeser from St. Thomas Aquinas School finished with the same score of 54 points. Chapman Petersen ended up winning with the most first places to break the tie. Laser Performance has provided the 36 new boats and ISSA greatly appreciates their assistance in this event.

The National Invitational Keelboat championship was held at St. Petersburg Yacht Club in J70's. This is the third year that we have hosted this regatta. This year's winning team was The Ransom Everglades School from Miami defeating 9 other schools. The Girls Invitational hosted by San Diego Yacht Club, was sailed in October in CFJ's. Newport Harbor High School defeated 23 schools to win the regatta.

This Spring, ISSA hosted the Masters Coaches Clinic via Zoom classes, with the goal of improving the overall performance of High School Sailing. With the slowdown we had the opportunity to work with Dave Perry, this year's National Hall of Fame recipient and Steve Hunt, the most successful HS coach from Point Loma High School. The clinic was organized into 4 topics: philosophies, methodology and overall team management, developing skills using drills and exercises, short course fleet racing strategies and team racing strategies. We hosted 28 Zoom sessions during May with 300 coaches participating. ISSA will look to expand these meetings to the District hosted coaching roundtable sessions in the future. Our goal is to be able to pass all the knowledge from these top coaches to the sailors.

ISSA is working very diligently in developing a plan for this Fall season. It is very unlikely that we will have any sailing this fall,

I would like to thank everyone for their help and support of High School Sailing and help us provide high quality sailing that is fun, challenging, and safe for all the competitors.

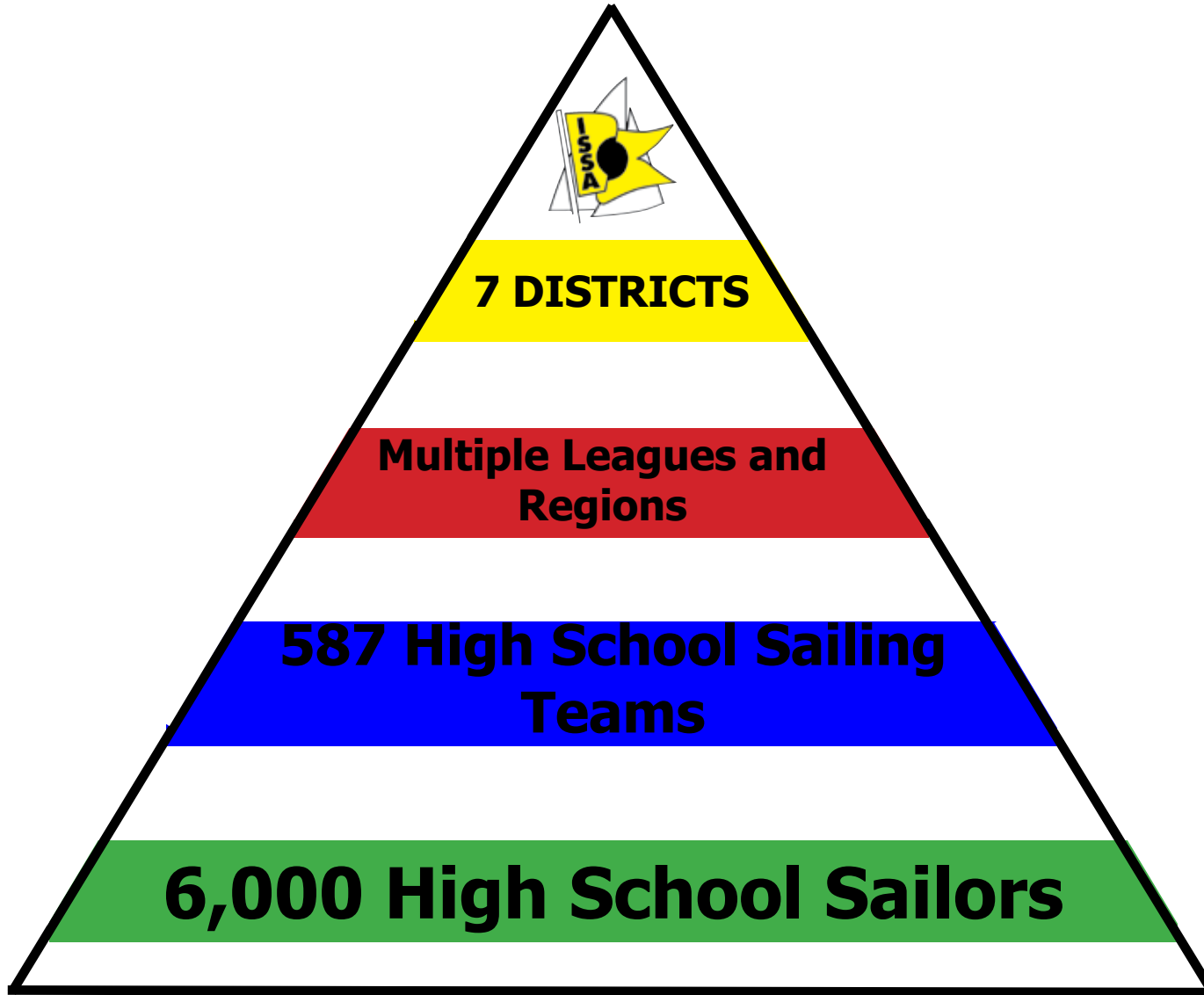


Tim Hogan
President



ISSA

ISSA (Interscholastic Sailing Association) is administered by a Board of Directors who oversee the operations of the Association including the 3 major championships, finances, archives, rules and procedures and regatta guidelines. The all volunteer Board is dedicated to enhancing the sailing experience for youth sailors while encouraging further education beyond their high school years.



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ISSA Districts

Number of Registered Schools
as of June 1, 2020

Mid-Atlantic	89 teams
Midwest	131 teams
New England	78 teams
Northwest	39 teams
Pacific Coast	86 teams
South Atlantic	100 teams
South East	26 teams
	549 total



Master Class High School Coaching



High School sailing (ISSA) was devastated to announce the cancellation of the spring 2020 championship season, intersectionals and other events crushing the dreams of seniors headed into their final regattas before heading off to college.

Enter Dave Perry and Steve Hunt, both renowned sailors and coaches, to save the season. The two have teamed up to offer an amazing opportunity for HS sailing team coaches around the US to get together to Raise the Bar of their coaching skills and knowledge in this time when we can't get out on the water. ISSA President Tim Hogan commented, "ISSA is excited that Steve Hunt and Dave Perry have agreed to be the coaches for this four-part webinar series on raising the bar for all high school sailing team coaches".

The seminars were offered free of charge to the HS coaches, due to the generosity of the US Sailing Foundation, ISSA, NYHC Foundation and the SDYC Sailing Foundation as well as friends of ISSA.

welcome to the
ISSA High School Sailing Team Coaches Master Class
with Steve Hunt & Dave Perry

Raising the Bar
Sponsored by: the ISSA, US Sailing Foundation and Friends of ISSA

Session 1 - Philosophies, Methodologies and Dealing with Differences

Session 2 - Drills and Other Exercises to Accelerate Improvement

Session 3 - Boat Handling, Speed & Tactics in Short Course Fleet Racing

Session 4 - The Keys to Successful 3v3 Team Racing

The recordings and Pre-reads for the four Master Class sessions are available at:

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Comments from the Participating Coaches:

<https://hssailing.org/resources/issa-high-school-sailing-team-coaches-master-class/>

"They were great! Knowledgeable, organized, lots of info for the time given."

"This was wonderfully done; engaging and fun!"

"They focused on key things that they've figured out over the years like using video, practice drills and overall philosophy."

"I am so inspired to get back on the water coaching and feel I'll be much better prepared. The content is a gold mine."

"I have been sailing for over 20 years but am new to HS coaching, this is my first year. Our two presenters were GREAT!! I learned a lot and now I am much better off. Thank you guys for all your help!"

Dave and Steve are clearly pros - extremely knowledgeable and dedicated.



Cressy Trophy

Sponsored by LaserPerformance



Singlehanded Championship

Morton Starr Cressy, Jr. was a 1927 graduate of the U.S. Naval Academy and an avid sailor. The Cressy Trophy was presented to the Naval Academy by his wife in his memory. The Cressy Trophy Regatta was originally a multi-division invitational high school regatta. The Deed of Gift was changed in 1985 to re-dedicate the Cressy Trophy as the National High School Singlehanded Championship trophy, sailed in Lasers.

Cressy 2019

Santa Barbara Yacht Club and the UCSB Sailing Team played host to the HS national sailing championships the weekend of November 2-3 2019. 36 high-school sailors came to compete in the 2019 Cressy High School Singlehanded National Championships, sponsored by LaserPerformance Sailboats.

Sailors came from all corners of the USA. "Our entire sailing community was thrilled about the opportunity to host this event. It's not every day that we have a national championship in our own backyard, and it was fun to share what a special sailing venue Santa Barbara is with young sailors, their coaches and parents" said Brad Schaupeter, SBYC Racing Director and UCSB Head Coach. "It also gave us a chance to showcase UCSB and the UCSB Sailing Team as the high school sailors are thinking about where they would like to go to college. Not many people know that UCSB is one of only two programs west of the Mississippi that compete at the most elite level of college sailing and one of very, very few programs who have that type of success and aren't a varsity program."

Conditions ranged from adequate to epic, and in all cases were better than forecast. It was never too light to sail, and the breeze briefly touched 15 kts for the college event.

Lucas Sawin (Crown Leadership Academy, South Carolina) and Chapman Petersen (The Hotchkiss School, Connecticut) were awarded the Cressy Trophy in the Laser Standard and Laser Radial respectively.



Full Rig - top 5

	School	Team	A	TOT
1	Crown Leadership Academy	Lucas Sawin '20	32	32
2	 Redwood High School	Nicholas Sessions '20	58	58
3	 St. Mary's High School (MD)	James Golden '20	82	82
4	 Redwood High School	Caleb Yoslov '21	88	88
5	 Point Loma High School	Marcus Huttunen '20	91	91

Radial Rig - top 5

* 1	 The Hotchkiss School	Chapman Petersen '22	55	55
* 2	 St. Thomas Aquinas High School	Nicholas Reeser '21	55	55
3	 Antilles School	Mateo Di Blasi '21	80	80
4	 Point Loma High School	Diego Escobar '20	94	94
5	 Severn School	Robby Meek '23	105	105



Great Oaks Trophy

Development Regatta

The Great Oaks Invitational provides a national level regatta for developing teams, creating an opportunity to compete with peers as a team grows in numbers and skill. A system of regattas for new teams within Districts, in local leagues and District-wide, provides for development of skills and attitudes, and identifies teams ready to go forward to a national-level event. The Great Oaks was introduced into the ISSA calendar in 1999, hosted by Southern Yacht Club in New Orleans. All schools that are currently members of ISSA and have not qualified for either the Mallory or Baker in the previous four years, are eligible to enter the selection process in use in their District. A team is comprised of not fewer than two nor more than four sailors who must be full-time students in the school they represent. Each team sails one doublehanded boat.

















2019 Regatta Summary

Racing commenced at 0936 with breeze at about 3-5 knots. Race committee pushed to get races set and started as soon as possible as the wind was expected to die. Wind died at the end of the second race of the day causing a long delay between races.

Just as race committee was making the decision to tow boats to shore and postpone racing, a breeze convinced them to delay in case it stuck. With winds holding at 4, PRO Nathan Adams made the call to stick with it and start racing. The decision paid off and the breeze, although light, stayed constant enough to allow Gold and Silver fleets to sail a total of 7 races each, changing boats every two races.

Winds finally diminished to 1 knot prompting an end to racing at 1540. Overall a beautiful day on the water with excellent sailing by all competitors. First time participants Novi High School won 1st place in Gold Fleet earning them a full sweep of the Great Oaks Perpetual Trophy, the Allstate Sugar Bowl Perpetual Trophy, and the Babs and Larry White Perpetual Trophy Award for the Outstanding Performance for a First Time Team.











		School	Team	A	TOT
1		Novi High School	Varsity	16	16
2		Lake Travis High School	Cavaliers	25	25
3		Bay High School	Varsity	30	30
4		Bethesda - Chevy Chase HS	Battlin' Baron	41	41
5		Pine Crest School	Panthers	44	44
6		Isidore Newman School	Greenies	47	47
7		Lutheran South Academy	Varsity	52	52
8		St. Stanislaus	Rock-A-Chaws	57	57
9		Indian Hill	Braves	61	61
10		Mount Carmel Academy	CUBS	65	65
11		Portland High School	Bulldogs	66	66
12		John Paul II (SC)	Varsity	71	71
13		Marthas Vineyard RHS	Vineyarders	81	81
14		St. Patrick Catholic High School	Fighting Irish	82	82



Keelboat Invitational

Over the weekend of December 14-15, the St Petersburg Yacht Club hosted the annual ISSA Keelboat Challenge. 7 teams earned berths by winning their district qualifier, and 3 additional teams were chosen by resume out of a pool of a dozen teams. Conditions for the weekend were great with the breeze blowing between 8-18 knots. All competitors showed off their keelboat skills, especially in the big breeze with some ripping downwind planing. Stefan Bak-ers team from Ransom Everglades School in Miami sailed a very consistent series, staying out of trouble and winning by 17 points. They were followed by Mater Dei HS in 2nd place and St Georges HS in 3rd.



	School	Team	A	TOT
1	 Ransom Everglades School	Raiders	23	23
2	 Mater Dei High School	Monarchs	40	40
3	 St. George's School	Dragons	47	47
4	 Bay High School	Varsity	51	51
* 5	 Newport Harbor High School	Sailors	52	52
* 6	 Christchurch School	Seahorses	52	52
7	 New Trier HS	Trevian	61	61
8	 Gig Harbor High School	Tides	62	62
9	 Clear Falls High School	Knights	73	73
10	 St. Joseph's Collegiate Institute	Marauders	86	86













Girl's Invitational

24 teams arrived at San Diego Yacht Club over the October 19-20 weekend to compete in the PCISA Girls Invitational. On Saturday, Winds were light and somewhat shifty. Race officials kept things on schedule as much as could be accomplished given conditions. Coaching was provided for our team by an assistant. He reports that the venue set up well for the event and that races were run smoothly until winds became too light.

Sunday shaped up as a perfect day for racing, early, with winds in the 8 knot range from the WNW. The pressure grew throughout the day ultimately getting to the high end of the abilities of some sailors. Race officials and support did an excellent job repairing boats damaged in the wind between sets and keeping the regatta going right up to the end.

Predominant effects early seemed to be a significant geographic left-shift near the shore, lifting the starboard-tack layline quite a bit, with pressure filling in predominantly on the left side of the course. As the winds increased, the pressure on the left provided the greatest advantage though the middle of the day. Eventually, higher pressure became less helpful, and the right side offered more of an advantage.



	School	Team	A	B	TOT
1	 Newport Harbor High School	Sailors 1	31	41	72
2	 Point Loma High School	Pointers 1	62	30	92
3	 Corona del Mar High School	Sea Kings 1	57	62	119
4	 Rumson-Fair Haven	Bulldogs	83	60	143
5	 Olympia High School	Bears	139	43	182
6	 Mater Dei High School	Monarchs	110	96	206
7	 Newport Harbor High School	Sailors 2	110	97	207
* 8	 Point Loma High School	Pointers 2	140	69	209
* 9	 Parker	Parker	92	117	209
10	 The Bishop's School	Knights	44	171	215



Districts

MASSA had a total of 89 active schools for the 2019-20 year, down slightly from last year as expected due to the COVID-19 pandemic and loss of the spring season. MASSA's five leagues are doing well, and in spite of the district's numbers being down overall, the leagues remain strong.

Areas of potential growth remain in the Buffalo and Rochester NY areas, along with the Philadelphia, PA area where there is high school aged sailing going on, but are not fully organized and structured to follow the ISSA PR's to date.

While each league operates autonomously and holds it's own regattas on a regular basis, MASSA regattas this year were limited to the five district events in the fall: the Cressy Qualifier, Fall Team Race Championship, Fall Silver Fleet Championship, Fall Gold Fleet Championship and MASSA Keelboat Qualifier. MASSA also hosts the Atlantic Coast Championship in the late fall which was hosted this year by Toms River Yacht Club with 20 schools representing teams from MASSA, MISSA, NESSA and SAISA attending.

MASSA leadership includes League Directors Liam Faudre NYISA-NW, Gareth Petko-Bunney NYISA-SE, Randall Nunn NJISA, Josh Morrison MDISA and Joan Paterson VISA. Randall Nunn is the District Director and Jane Millman serves as the MASSA ISSA 2nd Representative.

MISSA High school sailing in the Midwest continued to grow this year. The MISSA district had over 130 teams and over 1400 sailors. The district is divided into three leagues: East (Michigan, Ohio, and Kentucky), Central (Illinois and Indiana), and West (Minnesota, Wisconsin, Iowa, and South Dakota). The fall season saw MISSA venues host 47 regattas, leading up to the Great Lakes Championships in November, which was won by Novi High School. Bay High School won the keelboat qualifier, and Minnetonka High School won the Girls Championship. Cressy was won by Jack Baldwin of St. Ignatius Chicago (full rig) and Spencer Barnes of St. Ignatius Cleveland (radial). The spring season was cancelled due to the global pandemic.

NESSA was able to hold all four of its district qualifiers for its Fall 2019 ACC berths. Barrington HS, Falmouth Maine HS, Martha's Vineyard Regional HS and St George's School all

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MASSA	New York Pennsylvania New Jersey Delaware Maryland Virginia
MISSA	Ohio Indiana Illinois Michigan Wisconsin Minnesota Iowa
NESSA	Maine New Hampshire Vermont Massachusetts Rhode Island Connecticut
NWISA	Washington Oregon Idaho Alaska
PCISA	Arizona California Hawaii
SAISA	North Carolina South Carolina Tennessee Georgia Alabama (North) Florida (excluding Panhandle)
SEISA	Alabama (South) Florida (Panhandle) Mississippi Louisiana Arkansas Kansas Oklahoma Texas

qualified for the ACC's. The Great Oaks qualifier advanced Moses Brown School, Martha's Vineyard Regional HS and Portland Maine HS to the GOR at Southern Yacht Club. The singlehanded qualifier held at Hyannis YC qualified sailors for its three spots from Tabor Academy, St George's School and Cape Elizabeth HS in the Laser. In the Radial fleet, sailors from The Hotchkiss School, Brunswick School and Greenwich Academy advanced to the Cressy.

The National Keelboat Invitational qualifier was held in J22's at SailMaine and St George's School qualified to advance to the Invitational at St Petersburg YC.

Numerous other local district fleet racing invitationals were held throughout the district. Spring Season 2020 was cancelled due to Covid19 impact.

PCISA completed several exceptional events this school year with approximately 100 teams. All 5 of our district-wide events were held on schedule, as well as 6 Northern California events and 4 Southern California events. PCISA is particularly proud to host a couple of special events – the ISSA all girls invitational and to host the all girls invitational (won by our own Newport Harbor High School) and the Rose Bowl Regatta, which had 71 teams with participants from many ISSA teams (won by Point Loma High School). We appreciate all of the hosts, both of teams for practice and regattas for competition.



Thank you to all of the organizations, sailors, parents, and individuals that support high school sailing.

SAISA had another successful year with both the North and the South Points series' concluding at the start of March. Unfortunately, due to the Covid 19 Pandemic, the Girls District Championships as well as the SAISA Mallory and Baker Qualifiers were postponed, and then eventually cancelled. The year started off well another huge fleet to start the season as the Cressy Qualifier. The event was held at Ransom Everglades School, a first-time venue for the singlehanded qualifier, and the team at Ransom did a great job.

The High School National Keelboat Challenge was once again hosted by the St Petersburg Yacht and included qualified teams from all 7 districts as well as 3 very strong teams selected by resume. The team from Ransom Everglades, lead by skipper Stefan Baker sailed a great event taking home the title.

SEISA Many thanks to all of our schools, coaches, parents, volunteers, and hosts for an outstanding year!

SEISA Includes 26 schools in Texas, Louisiana, Mississippi, Alabama, and the panhandle of Florida. SEISA has East and West leagues with league leadership taken from the district board of directors. We are pleased to have two new schools in the Jackson Mississippi area – Jackson Preparatory and St. Andrews Episcopal. These new schools kicked the school year off by hosting the Hospitality Regatta at JYC.

The New Orleans area was very active hosting such regattas as the NOYC Girls Regatta, Greater New Orleans High School Championship, Great Oaks Invitational, Sugar Bowl Regatta, and the NOLA Spring Series. New this year were the Louisiana Team Racing Championship and Ursuline Schools Regatta. Ponchartrain Yacht Club has done an outstanding job supporting high school sailing with such regattas as the Back to School Regatta and the Northshore Cup.

The Mississippi area hosted the SEISA Singlehanded Championship, Mississippi and Gulf Coast Fleet Racing Championships, Mississippi Team Racing Championship, Monk Smith Regatta, and Rock the New Year Regatta.

Texas has been very active hosting such regattas as the Lakewood Winter Fling, LTHS Fall Classic, and SEISA West Fall Champs.

Unfortunately many regattas throughout the district were cancelled during the spring season due to COVID-19. SEISA coaches very much enjoyed working with Dave Perry and Steve Hunt this spring in the ISSA Masters Series Coaching Clinics.

In 2020 – 2021, SEISA is looking forward to again hosting the ISSA Great Oaks Regatta at SYC. In 2022, SEISA will host the Baker Team Racing Championship at Lakewood Yacht Club.

NWISA The 2019/2020 season saw an officer shakeup for the NWISA board with Nino Johnson taking over president duties, with Scott Wilson remaining on in an 'at large' capacity. Fall season saw the district successfully implement a new regional format to encourage smaller/younger teams to compete and to diminish the burnout for sailors and coaches who were hoofing around the PNW every weekend the last few seasons. Five regions were established and over two fall weekends each region hosted one-day events which drew many new high school sailors and exposed them to the sport. Singlehanded and Keelboat Quals were both conducted in Seattle, which saw Gig Harbor qualify for both events (Full and Keelboat) and Benson Polytechnic (Radial). Three NWISA teams attended the PCISA Girls Invitational with Olympia placing 5th out of 24 teams.

While the spring season ended before it really started, NWISA still was able to complete two of our three fleet race ranking regattas (Fall Champs and Island Cup) with 20+ high schools competing at each event. Roosevelt, Ingraham and Ballard (all Seattle public high schools) took top honors in the incomplete season rankings, but we'll never know which teams would have tangoed for the Mallory, with strong squads from Gig Harbor, Olympia, Bainbridge and Lincoln also in the hunt. After the season was suspended in WA/OR during week 7, many teams finished out the season virtually, brushing up on theory, watching videos, and eventually honoring their graduating seniors.

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Fundraising

ISSA continues to operate with the generous support of individuals and corporations who sponsor high school sailing throughout the year. If you're interested in donating to high school sailing, please go to:

www.hssailing.org

ISSA is a 501 (c) 3 of the Internal Revenue Code. Donors may deduct contributions to ISSA as provided in Section 170 of the Code subject to applicable provisions. For more information, please contact the ISSA office: 619-222-0252.

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