

**SEISA District 2016 Single Handed Championship Regatta  
Qualifier for the  
ISSA CRESSY TROPHY  
10/1/16 - 10/2/16  
Sea Scout Base Galveston (SSBG)  
Galveston, TX**

## **SAILING INSTRUCTIONS**

**1. RULES:**

- 1.1. The regatta will be governed by the Racing Rules of Sailing 2013-2016, the prescriptions of US Sailing, the ISSA Procedural Rules, the Cressy Conditions, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.
- 1.1. The Organizing Authority (OA) is SEISA in conjunction with host SSBG.
- 1.2. RRS appendix P is in effect modified per ISSA Procedural Rule 14(c).

**2. NOTICE TO COMPETITORS:**

Official notices including changes to sailing instructions will be posted on the regatta notice board. Location of regatta notice board will be announced at the competitors meeting on Saturday morning.

**3. SCHEDULE:**

- 3.1. Saturday:
  - 3.1.1. - 0930 - Check-in and rigging
  - 3.1.2. - 1030 - Mandatory competitors meeting
  - 3.1.3. - 1130 - Warning for first race
  - 3.1.4. - Lunch Break ashore will be given with time to be determined by Race Officials and will be announced on the water. **(Competitor's provide their own lunch)**
- 3.2. Sunday:
  - 3.2.1. - 0900 - Mandatory competitors meeting
  - 3.2.2. - 1000 - Warning for first race
  - 3.2.3. - 1300 - No warning will be made after this time

**4. COURSES AND MARKS:**

- 4.1. Courses will be in accordance with ISSA PR 7.7.
- 4.2. The race committee may designate course selection orally.
- 4.3. All marks of the course will be red balls. Any changes to this will be announced at competitors meeting.
- 4.4. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

**5. SHORTENING AND ABANDONING RACES:**

In accordance with ISSA PR 7.7(d) races will not be shortened. They will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee.

**6. START, FINISH, AND RECALLS:**

- 6.1. Races will start in accordance with ISSA PR 7.8(a).

- 6.2. Individual recalls will be made in accordance with RRS Appendix S6.
- 6.3. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).
- 6.4. The start line will be between an orange flag on the committee boat and a mark to the port side of the committee boat.
- 6.5. The finish line will be between a green flag on the committee boat and a mark to the starboard side of the committee boat.
- 6.6. The finish line will be restricted at all times. Competitors may cross the finish line only when finishing. The race committee may disqualify any boat violating this rule without a hearing.
- 6.7. The start line is not restricted

7. **PROTESTS:**

- 7.1. Protest procedure will be in accordance with ISSA PR Part VI as well as ISSA PR Appendix 4 (ON THE WATER JUDGING).
- 7.2. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

8. **SCORING:**

Scoring will be in accordance with ISSA PR 9.

9. **COACHING:**

- 9.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 9.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or from the SSBG docks between races.

10. **SAFETY:**

- 10.1. Per Procedural Rule 2.2, all competitors shall wear USCG approved Type III or V lifejackets. Inflatable type lifejackets are not permitted.
- 10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

11. **TROPHIES:**

- 11.1. Prizes will be awarded to schools placing 1st, 2<sup>nd</sup> and 3<sup>rd</sup> in Laser Radials and 1st and 2nd in Laser Full Rig.
- 11.2. First place in each fleet will qualify for the 2016-2017 ISSA NATIONAL HIGH SCHOOL SINGLEHANDED CHAMPIONSHIPS for the CRESSY TROPHY, Hosted by Sea Scout Base Galveston Oct. 28-30, 2016 .

12. **WAIVER OF LIABILITY:**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.