



# The Cressy High School Singlehanded Championship

Sponsored by



**LaserPerformance**

Hosted by Old Dominion University  
Norfolk, Virginia

October 30- November 1, 2015



## Notice of Race

### 1. RULES

- 1.1. The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS) 2013-2016, the Prescriptions of US Sailing, the Inter-Scholastic Sailing Association (ISSA) Procedural Rules (PR), the ISSA Cressy Championship Conditions, this Notice of Race, and the Sailing Instructions.
- 1.2. The Organizing Authority is the ISSA in conjunction with host Old Dominion University Sailing.
- 1.3. RRS Appendix P is in effect modified per ISSA Procedural Rule 14(c).

### 2. ELIGIBILITY

- 2.1. Competing schools must be members of ISSA and meet ISSA eligibility rules as prescribed in the Procedural Rules.
- 2.2. Teams must be accompanied by a designated adult team leader, who may be an advisor, coach, or parent recognized by the school.
- 2.3. Selection of competing schools will be by district elimination. Allocations will be determined by the ISSA Board. Schools should contact their district directors to find out details on district qualifiers.

### 3. REGISTRATION AND ENTRY FEE

- 3.1. The Entry Fee is \$120 per competitor payable during online registration via credit card. Entry fee includes racing, provided Laser Standard or Laser Radial. One dinner on Saturday, post racing food on Sunday, and a regatta t-shirt.
- 3.2. Additional regatta dinner tickets may be purchased during registration for \$25.00 ea and t-shirts for \$25.00.
- 3.3. Eligible schools and sailors must register by submitting an official online entry form at <http://hssailing.org/event/home/cressy>, making payment, and supplying a credit card number for boat damage deposit.
- 3.4. The entry deadline is October 20, 2014.
- 3.5. Teams unable to compete must notify the Regatta Chairperson and ISSA as soon as possible. ISSA will reallocate vacant district quotas. The first open allocation will go to the host district. A berth becomes vacant when the qualifying district becomes unable to fill the berth.

#### **4. BOATS**

- 4.1. Boats and sails and complete rigging will be provided by LaserPerformance. Competitors may provide and use temporary telltales and wind indicators. There will be no rotation of boats.
- 4.2. A fully completed “Conditions of Charter” agreement must be on file with the LaserPerformance representative before receiving a charter boat. This form includes the requirement of a valid credit card (MasterCard, Visa, or Discover) that can be used for paying for loss or damage. This form also requires the signature of a Parent or Guardian for anyone under 18. Please see and complete the “Conditions of Charter” agreement on the event website for details.

#### **5. SCHEDULE OF EVENTS**

##### **Friday October 30, 2015**

1:00-5:00pm Registration, Boat Assignment, and optional practice

##### **Saturday October 31, 2015**

9:00am Report Time

9:15am Competitors’ Meeting

10:15am First Warning

7:00 pm Regatta Dinner, Norfolk Yacht and Country Club

##### **Sunday November 1, 2015**

Standard time starts today – move clocks back 1 hour

9:00am Report Time

9:30am Launch

10:30am First Warning

3:00pm No Warning Signal will be sounded after this time.

Trophy presentation and pizza will be ASAP after racing concludes. Boats shall be properly checked in by the manufacturer’s representative prior to departure from the venue.

#### **6. SAILING INSTRUCTIONS**

- 6.1. Sailing Instructions will be available at Registration.

#### **7. RACING AREA**

- 7.1. The Racing Area will be in the Elizabeth River west of the Old Dominion University campus near the mouth of the Lafayette River.

#### **8. EVENT SITE**

Physical address:

[Old Dominion University Sailing Center](#)  
[4601 Powhatan Avenue](#)  
[Norfolk VA 23529](#)

Mailing Address:

Old Dominion University Sailing  
Athletic Administration Building  
Norfolk, VA 23529

#### **9. PRIZES**

Prizes will be awarded for 1st, 2nd, and 3rd in the regatta for each fleet. The top school will have its name engraved on the perpetual Cressy Trophy.

## **10. TRANSPORTATION AND HOUSING**

Two room blocks have been reserved at convenient hotels in Norfolk, with a discounted rate (not including taxes) under "High School Sailing National Championships". ODU is not responsible for reservations or payment.

### **Springhill Suites by Marriott Norfolk (On Campus)**

4500 Hampton Blvd. Norfolk VA 23508 Phone: 757-423-4100 ext 7102 (Tom Gabriel)

Rate: \$119.00/per night

Reservations for Room Block end September 29<sup>th</sup>, 2015

### **Sheraton Norfolk Waterside (Downtown Norfolk, 5 miles away)**

777 Waterside DR Norfolk, VA 23510 Phone:(757) 622-6664

Rate: \$104.00/per night with breakfast

Rate: \$87.00/per night without breakfast

Complimentary meeting space

Reservations for Room Block end October 20<sup>th</sup>, 2015

The Norfolk International Airport (ORF) is 9 miles from ODU's campus.

Newport News Airport (PHF) is 27 miles from ODU's campus.

Parking at the ODU Sailing Center will be limited to one vehicle per team on Saturday, due to a home ODU Football game. Additional parking will be available one block south on Powhatan Ave. Parking will be open on Sunday.

## **11. COACHING**

Coaching may only take place from a designated area or host provided boat.

## **12. PHOTOGRAPHY CONSENT**

By entering the Championships competitors accept that they may be photographed and/or videotaped participating in the races and/or using the host's facilities and they consent to taking of such images and to the use, reuse, publication and republication of such images in any media, in conjunction with the competitors name or not, without compensation and without competitors approval of such images or any use thereof. Boats may be required to carry cameras, sound equipment or positioning equipment.

## **13. OFFICIAL NOTICE**

No contestant shall use, either on or off the water, marijuana or any other controlled substance, as defined in 21 U.S. Code 802, the possession of which is unlawful under U.S. Code 841, or alcoholic beverages (distilled spirits, wine, and beer, each as defined in Chapter 51 of the U.S. Internal Revenue Code and intended for beverage use). An alleged breach of this procedural rule shall not be grounds for a protest. However, when a report is received from any source, alleging such a breach a protest committee consisting of the regatta chairperson, a member of the ISSA Board of Directors, and the chairperson of the protest committee, shall follow the process described in RRS 69.1(b). If a hearing under RRS 69 is held, a competitor found to have breached this procedural rule shall be excluded from the remaining races of the series and, where practical, be removed from the regatta venues and sent home. Additional penalties consistent with RRS 69.2 may be imposed on the competitor or the

competitor's team. This regulation is in effect during the entire event from the date and time of arrival through the date and time of departure from the regatta site.

#### **14. WAIVER OF LIABILITY**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

#### **15. REGATTA CONTACT**

Mitch Brindley  
Head Coach Old Dominion University  
757-683-3387  
mbrindle@odu.edu