

NWISA South Regional Regatta
Eagle Harbor, Bainbridge Island, WA
March 14, 2015

1. Rules

1.1 The regatta will be governed by the Racing Rules of Sailing for 2013-2016, the prescriptions of US Sailing, the ISSA procedural Rules. This Notice of Race, and the Sailing Instructions. However,

A. The US Sailing prescriptions to rules 60, 63.2, and 63.4 will not be in effect, and

B. Under rule 70.5(a), the right of appeal is denied.

2. Eligibility

2.1 A responsible adult must accompany teams at all times

2.2 Teams shall be comprised of 4-8 sailors who are full time students in the 8th grade or higher. Multiple teams per school are allowed. Conglomerate teams made up of sailors from multiple schools are allowed provided those teams are unable to make a team of 4 sailors.

2.3 Sailors shall be from the SOUTH region as designated below:

Bainbridge	Catlin Gabel
Central Kitsap	Gig Harbor
Kingston	Klahowya
Lakeridge	Lincoln
North Kitsap	Olympia
Olympic	Port Townsend
Sequim	Wilson
Oregon City	Port Angeles
Wilsonville	

Schools from the South region wishing to compete but not on this list shall notify the Regatta Chair Pat Mitchell mitchellmail3@gmail.com

3. Entry and Communications

3.1 Eligible schools shall email mitchellmail3@gmail.com their intent to participate and total number of sailors attending no later than 3/10/2015

3.2 Teams unable to compete shall notify mitchellmail3@gmail.com as soon as possible

3.3 Entry fee is \$5.00 per sailor. Sailors shall bring lunch and water bottles to fill
Lunch for up to 2 coaches per team will be provided.

3.4 Damage deposit \$150 per team.

3.5 Entry fee and damage deposit to be paid in two separate checks payable to Friends of Bainbridge Island High School Sailing (FBIHSS)

3.6 Registration will be at the kiosk near the launch ramp in Waterfront Park.

4. Boats

4.1 Races will be sailed in FJs

4.2 Teams shall plan on bringing additional boats if possible

5. Schedule

0830 Report time and final registration

0930 Competitors' meeting

1015 First warning

Racing will continue throughout the day, no lunch break, eat between rotation

1700 No warning after this time

Any changes to this schedule will be posted on the official notice board.

6. Racing Area

6.1 The racing area will be Eagle Harbor

6.2 Rotations for both fleets will be at the Eagle Harbor Marina Floats.

7. Format

7.1 The format will consist of 2 races in A division followed by boat rotation, then 2 races in B division

7.2 Results from this regatta will determine seeding for Gold and Silver fleets for the March 22-23, 2015 NWISA District Combined Regatta. Based on the final results, the top half teams will be placed in Gold and the bottom half in Silver.

7.3 If an uneven number of teams competes, there will be one more team seeded in Gold than Silver

8. Regatta contacts

Pat Mitchell, Regatta Chair mitchellmail3@gmail.com

Susan Kaseler, Coach, Bainbridge kaselers@q.com 206 842 6840



Athletic Release Form



NWISA South Regional Regatta Eagle Harbor, Bainbridge Island, WA March 14, 2015

Student's Name: _____ Date of birth: _____

School: _____
(Please Print)

As the parent/guardian of the above named student I hereby acknowledge my child's participation in a Sailing Regatta at Eagle Harbor, Bainbridge Island on March 14, 2015 and that the risk of injury, including serious debilitating injury, is involved in athletic participation. I recognize that ISSA, NWISA, Bainbridge Island Metro Park & Recreation District, Bainbridge High School, and their representatives make every effort to reduce these risks, but further recognize their efforts cannot and will not eliminate all such risks. I am aware that ISSA, NWISA, Bainbridge Island Metro Park & Recreation District, Bainbridge High School and their representatives do not carry medical insurance for students and that medical insurance coverage will be provided by the parent/guardian. I hereby release and hold harmless ISSA, NWISSA, Bainbridge Island Metro Park & Recreation District, Bainbridge High School and the race organizers/administration from any and all liability for such accidents and injuries.

Signed : _____ (Parent/Legal Guardian) Date: _____

Printed Name: _____ Phone: _____