



**2016 Cascadia Cup
October 8-9, 2016
Sail Sand Point**

Notice of Race

1. HOST

The event will be hosted by Sail Sand Point and the University of Washington Sailing Team.

2. DATES

Saturday the 8th through Sunday the 9th of October 2016

3. RULES

The regatta will be governed by the current ICSA/ISSA Procedural Rules, the Racing Rules of sailing, the prescriptions of US Sailing, the Sailing Instructions and Notice of Race.

4. FORMAT AND ELIGIBILITY

All NWISA and NWICSA sailors are eligible to compete. This is an 'open' event for high school sailors; teams can be 'active' or 'mixed.' High School and Collegiate Sailors will race alongside each other in an A/B division fleet racing format. It is our hope that NWISA sailors will have the opportunity to sail and speak with NWICSA teams about their programs and college sailing in the NW in general. College sailors plan to give a 5-minute presentation about your team during the College Sailing Forum tentatively scheduled for Saturday after racing.

There is NO entry fee for this event for high school or college teams. A food truck will be onsite each day for sailors, coaches and parents to purchase lunches. Otherwise pack your own. Lite snacks and refreshments will be provided after racing each day.

4. VENUE

The event will be held at Sail Sand Point
7861 62nd Ave NE, Seattle, WA 98115

5. BOATS

This regatta will be sailed in FJs. Boats will be shared between teams in a rotational format for High School. Sail Sand Point boats are being split between host teams, and HS and College teams so boat availability at the host venue will be VERY limited. All teams able to bring FJs should!

6. RSVP

High School team leaders, please RSVP on the NWISA registration google doc with attending number of sailors, chaperones, number of boats being brought and sail numbers.
College teams RSVP to UW Team Captain Cassidy Lynch at cjlynch@uw.edu.



7. SCHEDULE OF EVENTS

Saturday, October 8, 2016

0900 Registration and rigging

1045 Competitor's Meeting

1130 First Warning

1700 College Sailing Forum (tentative)

Sunday, October 9, 2016

1000 First Warning

1500 No Starting Signal After

8. DOCUMENTATION

Each sailor competing needs to complete a Sail Sand Point boat use and liability waiver if they have not completed one already this calendar year. These can be found on the Sail Sand Point website.

9. HOUSING

No housing will be available for High School Sailors at SSP or in Magnuson Park. Limited housing will be available with local sailing families. Each High School team must be accompanied by a responsible adult. Limited college will be provided housing with UW team members.

10. CONTACT INFORMATION

Contact Nino Johnson with questions about the HS or College fleet, and high school housing at nino@sailsandpoint.org or at (206) 525-8782, no later than October 5th.

College teams contact Cassidy Lynch for college RSVPs and housing requests at cjlynch@uw.edu.