



2016 Halloween Spectacular!
Lake Forest Sailing Center
29-30 October 2016



1. Rules

- 1.1. The regatta will be governed by the 2013-2016 Racing Rules of Sailing (RRS), the prescriptions of the United States Sailing Association, and the Sailing Instructions.
- 1.2 The High School division is also governed by the Interscholastic Sailing Association Procedural Rules and MISSA By-laws and District Rules

2. Eligibility

- 2.1 The High School division is a Tier 2 regatta for the competing varsity high school teams or clubs. These teams must be members of the Midwest Interscholastic Sailing Association and the Interscholastic Sailing Association. No student below the level of 9th grade shall be eligible to compete in the HS fleet. There will be a limit of 2 teams per school in the HS fleet. There is a limit of 18 teams for the HS fleet.
- 2.2 There will be a junior 420 fleet. This is an open division, nonrotating. Crew substitutions may be made. The junior 420 fleet will sail jib and main.
- 2.3 There will be an Optimist fleet. Optimist sailors must adhere to Optimist class rules for competition.
- 2.4 There will be an Optimist Green Fleet.
- 2.4 Teams must be accompanied by an adult advisor, parent, or coach.

3. Boats

- 3.1 High School will sail 420's. Lake Forest Sailing has a limited amount of boats for use. Nearby teams will likely have to supply a 420 for each team they bring. Team leaders must request a 420 for their team to Will Howard (HowardW@cityoflakeforest.com).
- 3.2 Junior division jib and main nonrotating. Bring your own boat.
- 3.3 International Optimist Dinghies. Bring your own boat.
- 3.4 Coaches for the high school division will be expected to bring a power boat capable of rotating their sailors on the water.

4. Entry and Communication

- 4.1 Eligible schools or sailors must enter by emailing or hand delivering an **entry form** to Morgan Collins and or Will Howard prior to **October 12, 2016**. Teams competing in the high school division will receive confirmation of their spot based on the order of entry forms received.
- 4.2 Registration is done day of the event. Team leaders must turn in packets including Waivers (All Sailors and Coaches), Damage Deposits, and registration fees for all of their sailors (by team) at the time of registration. All checks should be made payable to: Lake Forest Rec. **Credit cards cannot be accepted.**
- 4.3 A team is only registered when they have paid their registration fees on the first day of the event.

5. Entry Fee and Damage Deposit

- 5.1 There will be an entry fee of **\$50.00 per sailor**.
- 5.2 A late fee of \$25 per sailor will apply after October 12, 2016.
- 5.2 A damage deposit of \$250.00 per team, on a separate check, must accompany the entry form (HS fleet only).

6. Schedule

Saturday October 29, 2016

0800 Check in.

0900 Mandatory Competitors Meeting at Boat Launch Pavilion.

1000 First warning. Racing throughout the day. There is no set end time for Saturday.

Lunch on the water.

Sunday October 30, 2016

0900 Costume Contest with Prizes! All 420s must be ready to launch.

1000 First warning. Racing throughout the day. Lunch on the water.

1500 No race will be started after 1500.

Immediately following racing will be the trophy presentation.

7. Race Area

7.1 The race area will be on Lake Michigan southeast of the Lake Forest Launching Basin.

7.2 There will be 3 race circles: high school division, junior 420 + opti division, and opti green.

8. Courses

8.1 The Race Committee will determine courses in accordance with ISSA Procedural Rules.

9. Housing and Parking

9.1 Housing will not be provided.

9.2 You may park at the South Lot of Lake Forest Beach.

9.3 There is a ramp for easy drop in of your safety boat.

9.4 You may leave your boats, trailers and vehicles in the lot overnight.

9.5 You may arrive as early as 9:00 AM on Friday, October 28.

9.6 The lot is not guarded or supervised. This is at your own risk.

10. Food and Beverages

10.1 Delicious breakfast, lunch and snacks will be provided. Drinks, not so much, so all competitors and coaches shall provide their own re-fillable water bottle.

11. Coaching

11.1 On the High School line: Coaching will be allowed on the water by registered ISSA coaches only.

11.2 Coaches are welcome on the Junior and Optimist line. However, coaches on those lines shall act as safety boats for all racers, and shall adhere to best coaching practices

11.3 Coaches may be removed from any line by the PRO.

11.4 Coaches will be responsible for the rotation of their team, which may take place on the water.

12. Prizes

12.1 Prizes will be awarded for teams first thru third place.

12.2 The High School division of this regatta is a qualifier for the Great Lakes Championship hosted by Chicago Yacht Club November 5-6. The top two teams that have not already qualified will earn berths. Qualifying schools must accept their berths in accordance with MISSA District rule 15.2

13. Number of Races

13.1 One race will constitute a series.

14. Official Notices

No competitor shall use, either on or off the water, marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841, or alcoholic beverages (distilled spirits, wine and beer, each as defined in chapter 51 of the U.S.

Internal Revenue Code and intended for beverage use). An alleged breach of this procedural rule shall not be grounds for a protest. However, when a report is received from any source alleging such a breach, a protest committee consisting of the regatta chairperson, a member of the ISSA Board of Directors and the chairperson of the protest committee shall follow the process described in RRS 69.1. If a hearing under RRS 69.1 is held, a competitor found to have breached this procedural rule shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. Additional penalties consistent with RRS 69.1(b) may be imposed on the competitor or the competitor's team.

15. Costumes

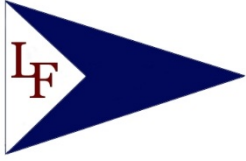
15.1 Everyone should wear a costume! Contest on Sunday! It's fun. Prizes are involved!

15.2 Costumes should be appropriate and in good taste. Team leaders, parents and coaches hold responsibility for their sailors wearing appropriate costumes. This is a family event and many young sailors will be in attendance.

Contact Information for LFS

Morgan Collins
Sailing Supervisor
(847) 810-3664
CollinsM@cityoflakeforest.com

William Howard
Head Coach/ Assistant Supervisor
(847) 810-3666
HowardW@cityoflakeforest.com



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ENTRY FORM

Entry fee \$50/sailor

VARSIY High School: _____

Coach: _____ Mobile: _____

Sailors (max 8)

Name: _____ Year: _____ Name: _____ Year: _____

Name: _____ Year: _____ Name: _____ Year: _____

Name: _____ Year: _____ Name: _____ Year: _____

Name: _____ Year: _____ Name: _____ Year: _____

JV FLEET (BYO Boat):

SAIL NUMBER: _____

Skipper: _____ Crew: _____

Alt: _____ Alt: _____

SCHOOL: _____

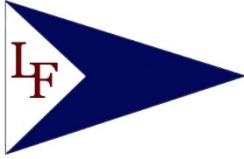
OPTIMIST FLEET:

SAIL NUMBER: _____

SKIPPER NAME: _____ FLEET: _____

YAHCT CLUB: _____

Please make checks payable to LFRc and bring to event. Remember that the damage deposit check (HS Fleet) must be separate from the registration check.



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Participant Liability Waiver And Hold

Harmless

Agreement

Please read this form carefully and be aware that by registering for and participating in this regatta, or by registering your minor child/ward for participation in this regatta, you will be waiving your rights and/or the rights of your minor child/ward to all claims for injuries you or your minor child/ward might sustain arising out of this regatta and you will be required to indemnify, hold harmless, and defend the Lake Forest Recreation Department and the City of Lake Forest for any claims arising out of participation in said regatta.

Risk of Injury

“As a participant in the regatta, or as a parent or legal guardian of a participant under 18 years of age, I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of injuries, including death, damages, or loss which I may sustain as a result of participating in any and all activities associated with this regatta.”

Waiver of Injury Claims

“I agree to waive and relinquish any and all claims I may have arising out of, connected with, or in any way associated with the activities of this regatta.”

Release from Liability

“I do hereby fully release and discharge the Lake Forest Recreation Department and the City of Lake Forest and its officers, agents, and employees from any and all claims from injuries, including death, damage or loss which I or my minor child/ward may have or which may occur on account of participation in the regatta.”

Indemnity and Defense

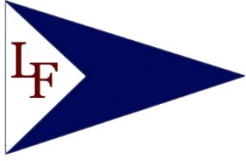
“I further agree to indemnify, hold harmless and defend the Lake Forest Recreation Department and the City of Lake Forest and its officers, agents, and employees from any and all claims from injuries, including death, damages and losses sustained by me or my minor child/ward and arising out of, connected with, or in any way associated with the activities of the regatta.”

In the event of any emergency, I authorize the Lake Forest Recreation Department to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed reasonable and necessary for my minor child’s immediate care and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand and agree to the above Participant Liability Waiver and Hold Harmless Agreement.

Participant’s signature _____ Date _____

Parent’s signature _____ Date _____



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COACH Liability Waiver And Hold

Harmless

Agreement

Please read this form carefully and be aware that by registering for and coaching this regatta you will be waiving your to all claims for injuries you might sustain arising out of this regatta and you will be required to indemnify, hold harmless, and defend the Lake Forest Recreation Department and the City of Lake Forest for any claims arising out of participation in said regatta.

Risk of Injury

“As a Coach participating in the regatta I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of injuries, including death, damages, or loss which I may sustain as a result of participating in any and all activities associated with this regatta.”

Waiver of Injury Claims

“I agree to waive and relinquish any and all claims I may have arising out of, connected with, or in any way associated with the activities of this regatta.”

Release from Liability

“I do hereby fully release and discharge the Lake Forest Recreation Department and the City of Lake Forest and its officers, agents, and employees from any and all claims from injuries, including death, damage or loss which I or my minor child/ward may have or which may occur on account of participation in the regatta.”

Indemnity and Defense

“I further agree to indemnify, hold harmless and defend the Lake Forest Recreation Department and the City of Lake Forest and its officers, agents, and employees from any and all claims from injuries, including death, damages and losses sustained by me or my minor child/ward and arising out of, connected with, or in any way associated with the activities of the regatta.”

In the event of any emergency, I authorize the Lake Forest Recreation Department to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed reasonable and necessary for my minor child’s immediate care and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand and agree to the above Participant Liability Waiver and Hold Harmless Agreement.

Coach’s signature _____ Date _____

DIRECTIONS TO LAKE FOREST SAILING:

From North:

Take I-94 East from Milwaukee, WI to Illinois 60 (Townline Road). Exit and Turn left (East) on Illinois 60. Turn left (north) on Illinois 41. Immediately exit to the right at Deerpath Road. At the end of the ramp, turn right, heading east toward the town and Sailing Center...

From West and Southwest (including from O'Hare Airport):

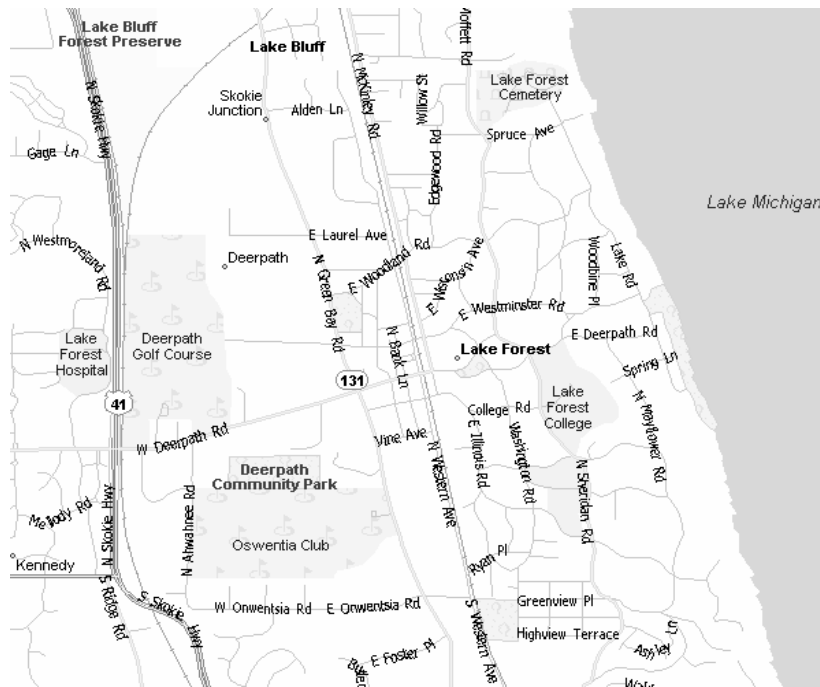
Take I-294 (the Tri-State Tollway), which becomes I-94, north to Illinois 60 (Town Line Road). Exit and turn right (east) on Illinois 60 and follow the above directions...

From Chicago:

Take I-94 (Edens Expressway) north toward Waukegan. When I-94 splits off toward Milwaukee, stay left towards Waukegan/US 41. Exit at Deerpath Road in Lake Forest and turn right (east) at the end of the ramp...

From Midway Airport:

Take Cicero Avenue north to I-55 North to I-94 West and follow the above directions...



...To Get to the Sailing Center:

Once in Lake Forest on Deerpath Road, proceed east through the Lake Forest business district and across the railroad tracks.

Continue East on Deerpath road until it dead-ends into Lake Road.

Turn right (south) onto Lake Road.

Follow Lake Road all the way down the hill where it will deposit you into the Sailing Center.